



Lakeland District Soccer Association
Spring Planning Meeting Minutes
Telus Team Meeting
February 26, 2023 @ 9:30

1. Call to Order: 9:32 am

Roll Call: Those in attendance

LDSA:

Josh Phillips - LDSA President, BV Tech. Dir.

Darlene Larocque - LDSA Secretary

Tim Urlacher – LDSA 1st Vice President

Melissa Foglietta - LDSA Exec. Dir., BV Registrar

Glenda Bouvier – absent

Jose Teixeira - absent

Bonnyville: Curtis Conrad – Vice President

Cold Lake: Ryan Cote – President; Lori Flanders - VP

Elk Point: *Absent*

Hardisty: *Absent*

Kitscotty: *Absent*

Lac La Biche: Etienne Vaillancourt – Vice President

St. Paul: Charmaine Cote - Registrar

Sedgewick: *Absent*

Vegreville: Al Bohrsen – President; Shelley Berry – Registrations & Communications;
Lara Chilibecki – Technical Director

Vermillion: *Absent*

Guest *n/a*

2. Additions to the Agenda: Add point 5.c. Summer Games

Approval of Agenda: 1st Bonnyville, 2nd Vegreville

3. Approval of Previous Meeting Minutes: 1st St. Paul, 2nd Lac La Biche

4. Unfinished/Ongoing Business/Reports:

a. Administrative:

i. **Outstanding Invoices:** There are no outstanding invoices

ii. **Bookkeeping:** All books are up to date as of Feb. 19, 2023

b. Referee:

i. Field Marshals:

- This topic was previously tabled until the new DRA was in place, however with the recent absence we do not have a motion to bring forward

- Will have a motion by the Fall Operational Meeting regarding the requirement to have a Field Marshal at all games

ii. DRA Update:

- The person identified to take on the DRA position has since been posted to Ontario.
- Jose Teixeira is willing to stay on through the outdoor season

c. Technical:

- Coaching course requirements are covered in the SQS Update

d. Indoor Lakeland Cup Report:

- U13 Boys: Bonnyville (1st), Cold Lake (2nd) and St. Paul (3rd).
- U13 Girls: Bonnyville (1st) and Cold Lake (2nd).
- U15 Boys: Bonnyville (1st) and Cold Lake (2nd).
- U15 Girls: There were no teams declared in this division.
- U17 Boys: The U17 Boys United was the only team to declared in this division.
- U17 Girls: Cold Lake (1st) and Bonnyville (2nd).
- U19 Boys: There were no teams declared in this division.
- U19 Girls: There were no teams declared in this division.

e. Indoor Provincials Update:

- Scheduled for March 17 – 19, 2023 in Edmonton
- Rosters and relevant forms must be submitted by March 6th, 2023
- Teams heading to provincials:
 - U19B Lakeland
 - U19G Cold Lake
 - U17B United
 - U17G Cold Lake
 - U15B Bonnyville
 - U13B Bonnyville
 - U13G Bonnyville

f. SQS:

- Policies for review and motion to adopt are under New Business 5.a.ii
- Coaching requirement update (See [Appendix I](#))
 - There are now 2 streams identifying minimum coaching requirements:
 - Community and Competitive

➤ **Community Stream:**

- For all U11 and below teams that do not leave the district for games/tournaments
- The following to be completed by all Coaches and Assistant Coaches:
 1. Criminal Record Check with Vulnerable Sector Screen
 2. Canada Soccer Grassroots Coach Education-Coaching Soccer in Canada Module*
+ must purchase one of the 'Active Start' courses to have the Coaching Soccer in Canada Module
 3. Respect in Sport Activity Leader Program

- Team Managers will be required to complete 1 & 2 noted above
- Bench Parents will be required to complete 1 noted above
(Up to the communities to police their sector checks, LDSA will not be policing this)
- **Competitive Stream:**
 - For all U13 and above teams, in addition to U11 and below that leave the district for games/tournaments
 - The following to be completed by all Coaches and Assistant Coaches:
 1. Criminal Record Check with Vulnerable Sector Screen
 2. Stage-appropriate Canada Soccer Grassroots Coach Education – Theory Module
 3. Stage-appropriate Canada Soccer Grassroots Coach Education – Practical Module
 4. NCCP Make Ethical Decisions Module and/or Online Evaluation
 5. Respect in Sport Activity Leader Program
 6. NCCP Making Headway Module
 7. NCCP Emergency Action Planning Module
 8. NCCP Rule of Two Module
 - Team Managers will be required to complete 1 & 5 noted above
Stronger encouraged to take the Rule of Two Module as well
 - **LDSA will not sign off on ASA rosters when coaches do not meet the requirements**
(if the Asst. Coaches do not have the practical portion, these may be reviewed for possible exception)

5. New Business:

a. Administrative

i. LDSA Meeting Minutes

- Currently the full meeting minutes are public, including the financial statement
- Looking to have the financial statement excluded from public access but available to clubs

MOTION: Financial information (i.e. Financial Statement) to be excluded from the meeting minutes published on the website. Financials will be made available on a private page to which the clubs will be given a login access to view as needed.

Motion to approve: 1st LLB, 2nd CL; All in Favour

ii. SQS Policies

- Discipline & Complaints Policy is 'under review' and will be presented at the Operational Meeting

➤ **Code of Conduct and Ethics**

Update the following sections as noted below:

- 1(f)(c)(c) UCCMS: Universal Code of Conduct to Prevent and Address Maltreatment in Sport
- 8(f) CCES: Canadian Centre for Ethics in Sport
- 8(i) Refrain from consuming tobacco products, cannabis, or recreational drugs outside of the designated smoking area while participating in the programs, activities, competitions, or events of the Organization;

- 8(j) In the case of Minors, not consume alcohol, tobacco, cannabis, or recreational drugs at any competition or event;
- 9(a) Function primarily as a Director or Committee Member or staff member of the Organization (as applicable) and not as a member of any other organization or constituency

Motion to approve Code of Conduct with proposed adjustments: 1st St. Paul, 2nd Veg.; Passed: All in favour

➤ ***code of Conduct to Protect Children***

Update the following sections as noted below:

- 1. **Inappropriate Communication.** Communication with a child or his/her family outside of the context of duties for the organization, regardless of who initiated the exchange. Any communication with a minor must follow the Rule of Two.
- See **Appendix A** for:
 - Steps for Reporting Inappropriate Conduct for Coaches
 - Guide for Reporting Child Abuse and Misconduct for Parents
 - Guide for Adults Interaction with Children in Sport
 - Resources for Children
- Added Appendixes will be added to LDSA/s website separately

Motion to adopt the Code of Conduct to Protect Children with proposed adjustments and housekeeping items: 1st BV, 2nd CL.; Passed: All in favour

➤ ***Athlete Protection Policy***

Update the following sections as noted below:

- Left out Anti-bullying template, the Athlete Protection and Social Media covers it
- 5(e) ~~When observing the Rule of Two is not possible due to training or competition circumstances, Persons in Authority and Athletes should take additional steps to achieve transparency and accountability in their interactions. For example, a Person in Authority and an Athlete who know they will be away from other Individuals for a lengthy period of time must inform another Person in Authority where they are going and when they are expected to return. Persons in Authority should always be reachable by phone or text message.~~
- 6(e) All communication between a Person in Authority and Athletes must be between the hours of 8:00 a.m. and midnight 10:00 p.m. unless extenuating circumstances justify otherwise.
- 7(a) Teams or groups of Athletes shall follow the Rule of Two. always have at least two Persons in Authority with them.

Motion to adopt the Athlete Protection Policy with proposed adjustments and housekeeping items: 1st St. Paul, 2nd BV.; Passed: All in favour

Discussion:

Veg: with point 7(d) parents giving permission to a coach would be fine

Pres: it's a risk, not necessarily something that will be an issue but if something happens and a complaint comes forward this policy is what it comes down to.

➤ ***Social Media Policy***

Update the following sections as noted below:

- 1(b) ***Social Media*** – The catch-all term that is applied broadly to new computer-mediated communication media such as **but not limited to**, texting, blogs, Facebook, Instagram, Snapchat, TikTok, Tumblr, Twitter, and YouTube

Motion to adopt the Athlete Protection Policy with housekeeping items: 1st BV, 2nd St. Paul.; Passed: All in favour

Discussion:

CL: with point 4(d) what are the limitations? If someone emailed someone saying you were an '@##' yesterday' will it fall under this policy?

Pres: Yes

CL: with point 9, if I think someone is being inappropriate, what does the process look like? Do you need proof? And what is the review process?

Pres: You'd put in a complaint. There's nothing in our policy saying 'under review' must be suspended. Any complaints without proof would be tough.

CL: Any repercussions to the one making frivolous complaints without proof?

Pres: We may need to address this within the Discipline & Complaints Policy

Veg: We can always expand on this at our club level adoptions of these policies

➤ ***Team Names and Logos Policy***

Motion to adopt the Team Names and Logos Policy: 1st St. Paul, 2nd CL; Passed: All in favour

Discussion:

CL: with point 2(e) what does 'negative references to religion' entail?

Pres.: If you question it, then suggest not to use it.

Pres: clarified that this policy is at the district level, clubs can adjust as needed

➤ ***Diversity Equity and Inclusion Policy***

Update the following sections as noted below:

- 3(a) Provide this Policy to staff and Directors and provide education **and/or resources** on the importance of diversity, equity, and inclusion and what this entails in terms of practices, policies, procedures, and norms of behavior
- 4(g) **Create special Support** opportunities to advance the number and levels of women in coaching
- 7 As part of its commitment to the use of equitable human resource management practices, the Organization will, **where applicable:**

**Motion to adopt the Diversity Equity and Inclusion Policy with adjustments and housekeeping items:
1st BV, 2nd St. Paul.; Passed: All in favour**

Discussion:

CL: what happens to boys/girls mixed teams?

Pres: we could exclude the teams as 'male' or female', or you can simply indicate the team you want to be on, what they identify with

Veg: Is there a policy for the rest of the players? What if players wanted to play with an 'all male' team?

Pres: We want equal rights and equal rights without repercussions. LDSA can ask ASA for some guidance and training on how to deal with this.

May be simpler to have the players select a team and not us assigning a team

➤ ***Screening Policy***

Update the following sections as noted below:

- Added Preface: This document applies to the district level and does not supersede club screening policies.
- 4 (level 2)(c) Coaches who are typically under the supervision of another coach
- 18(d) Acceptable E-PICs and Criminal Record Checks must be no more than ~~three (3)~~ six (6) months old.
- 21 Unless the Screening Committee determines, on a case-by-case basis, to modify the submission requirements, individuals who are required to submit a Police Record Check or Screening Disclosure Form are required to submit the documents ~~annually~~ every three years.
- Appendix A – Screening Matrix ([Appendix II](#))
 - Level 1: Screening Points 1 & 2 suggested removing at the club levels. It doesn't impact the district so we'll leave it in
 - Level 2: club levels adjust to your needs, the district will leave it in for FC purposes

**Motion to adopt the Screening Policy with adjustments and housekeeping items: 1st CL, 2nd BV;
Passed: All in favour**

➤ ***Safe Sport Policy***

Update the following sections as noted below:

- 12 The Organization ~~will~~ may engage with athletes to determine the level of success of their athlete protection measures as well as to identify any gaps or athlete concerns. This engagement may take the form of:
- 13 The Organization will have a comprehensive suite of dispute resolution policies that will include:
 - a) Discipline and Complaints Policy (*under review*)
 - ~~b) Appeal Policy~~
 - ~~c) Dispute Resolution Policy~~
 - ~~d) Investigations Policy~~
 - e) Event Discipline Policy (*in development*)

- 17 The Organization will adopt a *Risk Management Policy* that will describe how the organization will address risks ranging from 'Unlikely' to 'Almost Certain' and from 'Minor' to 'Catastrophic'. The Organization will contemplate risk management strategies that retain, reduce, transfer, and/or avoid the risk. Risks can occur in the following areas:

- a) Operational/Program
- b) Compliance
- c) Communication
- d) External
- e) Governance
- f) Financial
- g) Health and Safety

**Motion to adopt the Safe Sport Policy with adjustments and housekeeping items: 1st St. Paul, 2nd CL;
Passed: All in favour**

NOTE: Will have 13 a & e policies available for voting at the Spring Operational Meeting

b. Competitions

i. Outdoor League Play

a. Referee Scheduling

- Community Referee Directors (or designate) to schedule
- Neutral Site Games: Home community to schedule with assistance from the hosting community

b. Teams

- Proposed Team Balancing Policy

Team Balancing Policy – U13+

If a community forms more than one team of the same age, gender, and tier, they must balance the teams on the basis of equal playing ability. The clubs must set up a player evaluation session to evaluate players before making teams. The District will provide an evaluation form (Appendix A) which must be submitted back to the District prior to the first league game, for record keeping. The process should be overseen by an impartial third party with no affiliation to the team(s). It is recommended that coaches of the involved teams be involved in the evaluation process but cannot oversee the process. If requested, the District can appoint a qualified individual from within the district to observe (not oversee) the evaluation process. If complaints are raised, the Executive Committee can take action against the offending team and club, including restricting the team from participating in Lakeland Cup as well as Provincials.

*Evaluation form would be created by the Spring Operational Meeting. The form could also be used for Lakeland FC evaluations.

**Motion to adopt the Team Balancing Policy for U13+ as proposed: 1st BV, 2nd CL;
NOT PASSED; 3 against, 1 abstention**

Discussion:

Veg.: Why is this policy needed? Vegreville had created their own policy that is in use and effective. When would this be done? There isn't a lot of time to complete and who would cover costs?

Pres.: This policy is in anticipation as our clubs grow, especially for those communities without a current policy in place, not as the result of any conflicts today. The district wouldn't oversee the selection or need to be involved with the evaluation but would provide evaluation forms and record keeping. Acknowledge the fact that it would be a short timeline and that the quality of coaching will/may tip the favour of one team vs. another.

Cold Lake: Similar to Veg., don't think the district should direct how communities create their teams. Having to complete a form for every team and all the players is not feasible.

St. Paul: In agreement with Veg and CL, haven't had many instances at this time but previously have been a part of it. No matter how equal/fair you try to make it there are times when one team will decimate the other.

c. Start Date

- After the first weekend in May, potential start date May 8th.
- # of games per team will be decided once league declarations are in

d. Tri-County Teams

- LDSA was contact by Tri-County to include them in our League Play
- A lot of logistics involved if being considered for game play
- No motions brought forward to be included
- LDSA President may reach out to them to include them outside of league play

i. Outdoor Lakeland Cup:

▪ **Hosting**

- Who would like to host?
 - i. BV does not want to host
 - ii. LLB not interested
 - iii. CL & Veg hosted last year
 - 1. Both indicated they can host again
 - iv. St. Paul has expressed an interest in hosting
 - v. Verm. will discuss and confirm their interest to both CL & Veg.
- Lac La Biche penciled in to host next year

▪ **Dates**

- Possible dates are June 16 – 18 and June 23-25, 2023
 - i. Final decisions will be made via email once hosts are confirmed
- U13/U17
- U15/U19

ii. Provincials

- Submissions to host due to LDSA by March 6th
 - Due March 7th to ASA

- CLMSA has expressed an interest in hosting Tier IV Rural Provincials
 - If any other communities are interested in hosting, email ED immediately

iii. Tournaments

a. Hosting Communities

- LLB looking at possibly hosting SURF, the weekend before May long weekend
- CL – U11 minis tournament
 - Logistics to be determined re: June is completely blocked with other community tournaments
- Veg discussing a mini tournament
 - Would like to put it out for consideration, extending the soccer league season

b. Sanctioning

- Get dates and info to LDSA ASAP if tournament require sanctioning by ASA (i.e. inviting out of district teams)

iv. Out of District Participation

- ASA has a travel permit that will cost players money for out of Province travel.
- All players/teams travelling out of District should have notified the Lakeland office prior to leaving

v. Mini Programs (see [Appendix IV](#))

CSA Grassroots Standards

- What our communities should be following:
 - U5 – in our own communities
 - U7
 - i. 3v3: encouraged at the community level
 - ii. 5v5: this year will keep this format, with goalkeeper, in tournaments
 - U9 – 5v5 with keepers
 - U11 – 7v7
 - U13 – 11v11 (until ASA changes)
- Playing formats would be nice to have it uniform across all
- ASA is not enforcing the net sizes as yet
 - a. For league play larger and/or smaller nets are permitted
- Throw ins are not recommended for U11 & under

Discussion:

Veg: is there a timeframe for when ASA would like us to follow these standards? And how long will these changes last?

Pres: SQS Standards are adopting this season, however they realize communities are not meeting it day 1. If you are updating your nets, then go by the guidelines.

CL: Is there any indication that the age groups will go back to past age ranges?

Pres: No

There have been multiple issues with the conduct of the U11 coaches, from concerning to appalling. LDSA asks all clubs to remind teams/coaches that this level is a non-competitive level, it's developmental.

St. Paul: Any potential for U11 league games?

Pres: We have festival format with our tournaments, which is CSA recommended. U11s won't be involved with league play. With indoor, we may book U11 festival weekends but they wouldn't qualify as league play

CL: What about building competitive U11 TIII/TII?

Pres: There are tournaments for that level in the city. There's nothing that we can do to prevent those teams forming competitive teams outside our season.

vi. Mini Tournaments

- May 27-28 (traditionally Vermillion)
 - St. Paul expressed interest in changing weekends to this weekend
 - LDSA will discuss with Vermillion outside this meeting
- June 3-4 (traditionally St. Paul)
- June 10-11 (traditionally BV)
 - BV would like to host again. They are open to swapping if LLB doesn't want the weekend before.
 - Discussions will be had offline regarding swapping weekends with all communities
- LDSA has had conversations with Wainwright, they had communicated the issue with availability to host mini weekends

vii. ASA AGM

- No longer permitted to bring replacement players from the same age group or tier
- All must be from a lower level

viii. Tier II/III

- Would like to run FC teams this summer
- More discussion to be had at the Operational Meeting

ix. Summer Games (see [Appendix V](#))

- 2009-2010 players
- We are Zone 7
- Includes us and Fort McMurray
- Coaches have been selected (all from Fort McMurray)
- Tryouts set: 1 in Lakeland (LLB) & 1 in Ft. McMurray

c. Calendar of Events:

i. Outdoor Admin: (see [Appendix III](#))

- Player Registration COMPLETE to LDSA: MAY 15, 2023
 - Those using RAMP will not need to submit
- Player Registration Fees to LDSA: MAY 22, 2023
 - To be invoiced by LDSA
- Lakeland League Declarations: APRIL 15, 2023
- Lakeland Cup Declarations: June 1, 2023
- Lakeland Cup Roster Submissions: 7 DAYS PRIOR to the tournament (TBD)
- Tier IV Provincial Team Declarations: June 1, 2023
- Tier IV Roster Submissions: June 29, 2023

- Tier III Provincial Team Declaration: June 17, 2023
- Tier II Roster Submissions: August 3, 2023
- New Player Registrations: May 31, 2023
- Adult Provincial Declarations: June 9, 2023
- Adult Provincial Roster Submissions: July 31, 2023
- Provincial Tournament
 - Youth Tier IV: July 7-9, 2023
 - Youth Tier II/III: August 11-13, 2023
 - Senior: September 1-4, 2023
- ii. **Out of District Tournaments**
 - Camrose Night Classic: June 2-4, 2023
- iii. **Referee Courses**
 - If requesting a course, email Jose Teixeira and cc Executive Director
 - LLB requests one session
 - If CL hosts Provincials, we will be short on referees
 - CL noted they spoke with ASA and they indicated they could provide refs
- iv. **Coaching Courses**
 - Available within the next week or two
 - LDSA Pres. noted a survey will be sent to each club to see how many coaches need the on-field courses. Will reach out to ASA for support, to see if we can make it work.

7. Next Meeting: April 10th, 2023 @ 6:30 pm

8. Adjournment: 1:22 p.m.

1st by BV, 2nd by CL

Appendix I

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Coaching Education Minimum Standards

All member organizations (clubs and academies) that offer youth soccer programming in a Canada Soccer Member Association Province and Territory will be required to meet the minimum Standards of Quality Soccer to be recognized as Quality Soccer Provider within the Canada Soccer Youth Club Licensing Program and in support of the guiding principles of the Safe Sport Roster. Within the Standards for Quality Soccer, it is required that coaches are trained and/or certified appropriately for the program(s) in which they coach and aligned to the Canada Soccer Safe Sport Roster. The minimum standards are further defined below.

Community

Definition:

- All U11 and below teams who do not leave the district for games or tournaments.
- **Coaches** and **Assistant Coaches** to be certified to the Modified Safe Sport Roster standards listed below.
- In this category, typically players are young and parents observe the entirety of the soccer event, in house programming (training and games), "local" travel (travel where parents are taking the kids and present for the events/games/festivals, etc.).

Grassroots – Community/Community Streams*

Modified Safe Sport Roster – Required Training

1. Criminal Record Check with Vulnerable Sector Screen
2. Canada Soccer Grassroots Coach Education – Coaching Soccer in Canada Module
3. Respect in Sport Activity Leader Program

Highly Recommended Training:

4. Stage-appropriate Canada Soccer Grassroots Coach Education – Theory Module (Active Start, Fundamentals, Learn to Train, Soccer for Life)
5. Stage-appropriate Canada Soccer Grassroots Coach Education – Practical Module (Active Start, Fundamentals, Learn to Train, Soccer for Life)

Recommended Training:

6. Other requirements of the full Safe Sport Roster

Notes:

1. *Coaching Soccer in Canada Module* can only be obtained by purchasing a Stage Appropriate Theory Module as it is not available on its own.
2. **Team Managers** will be required to obtain *Criminal Record Check with Vulnerable Sector Screen* and *Respect in Sport Activity Leader Program*. Managers would also be encouraged to take the NCCP Emergency Action Plan Module although not mandatory.
3. **Bench Parents** will be required to obtain *Criminal Record Check with Vulnerable Sector Screen*.

Competitive

Definition:

- All U13 and above teams.
- All U11 and below teams who leave the district for games or tournaments.
- **Coaches and Assistant Coaches** to be certified to the Full Safe Sport Roster standards, listed below.
- In this category, parents may or may not be always observing what's going on (drop kids off and leave), tournaments are involved, qualification for championships are involved (ASA events or regional events), and there is travel that is not fully supervised by parents (e.g., chaperones, etc.)

Grassroots/Competitive Streams
Full Safe Sport Roster – Required Training
1. Criminal Record Check with Vulnerable Sector Screen
2. Stage-appropriate Canada Soccer Grassroots Coach Education – Theory Module (Active Start, Fundamentals, Learn to Train, Soccer for Life)
3. Stage-appropriate Canada Soccer Grassroots Coach Education – Practical Module (Active Start, Fundamentals, Learn to Train, Soccer for Life)
4. NCCP Make Ethical Decisions Module and/or Online Evaluation
5. Respect in Sport Activity Leader Program
6. NCCP Making Headway Module
7. NCCP Emergency Action Planning Module
8. NCCP Rule of Two Module

Notes:

1. **Team Managers** will be required to obtain *Criminal Record Check with Vulnerable Sector Screen* and *Respect in Sport Activity Leader Program*. Managers would also be encouraged to take the NCCP Emergency Action Plan Module although not mandatory.

Where to Find Your Courses:

Respect in Sport for Activity Leaders: https://albertasoccer.respectgroupinc.com/koala_final/

NCCP Courses: <https://thelocker.coach.ca/account/login>

1. Register to obtain an NCCP Number
2. NCCP Rule of Two Module
3. NCCP Emergency Action Plan Module
4. NCCP Making Headway Module
5. NCCP Make Ethical Decisions Module and/or Online Evaluation

Canada Soccer Grassroots Coach Training (each one includes Coaching Soccer in Canada Module):

<https://canada-soccer.myshopify.com/collections/grassroots-coaching-education-program>

1. **Active Start:** Designed for coaches of U5-U7 players and consists of completing 1.5 hours of online training followed by a 2-hour Practical On-Field Workshop. No pre-requisites required.
2. **Fundamentals:** Designed for coaches of Boys and Girls U7-U9. It consists of completing 1.5 hours of online training followed by a 3-hour Practical On-Field Workshop.
3. **Learn to Train:** Designed for coaches of Boys and Girls U9-U11. It consists of completing 2 hours of online training followed by a 4-hour Practical On-Field Workshop.
4. **Soccer for Life:** Designed for coaches of Boys and Girls U13+. It consists of completing 2 hours of online training followed by a 4-hour Practical On-Field Workshop.

Appendix II

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Risk Level	Roles (Note Young People Exception Below)	Training Recommended/Required	Screening
Level 1 Low Risk	a) Parents, youth, or volunteers acting in non-regular or informal basis	Recommended: <ul style="list-style-type: none"> Respect in Sport for Activity Leaders Coaching Association of Canada (CAC) Safe Sport Training 	<ul style="list-style-type: none"> Complete an Application Form (Error! Reference source not found.) Complete a Screening Disclosure Form (Error! Reference source not found.C) Participate in training, orientation, and monitoring as determined by the organization
Level 2 Medium Risk	a) Non-coach employees or managers b) Directors c) Coaches who are typically under supervision of another coach d) Officials	Recommended: <ul style="list-style-type: none"> Respect in Sport for Activity Leaders Commit to Kids for Coaches CAC Safe Sport Training Required: <ul style="list-style-type: none"> National Coaching Certification Program (NCCP) Make Ethical Decisions (MED) Certified (Coaches) 	<ul style="list-style-type: none"> Level 1 Requirements Provide an E-PIC or Criminal Record Check Provide one letter of reference related to the position Provide a driver's abstract, if requested
Level 3 High Risk	a) Full-time coaches b) Coaches who travel with Athletes c) Coaches who could be alone with Athletes d) Athlete support personnel	Recommended: <ul style="list-style-type: none"> Respect in Sport for Activity Leaders Commit to Kids for Coaches CAC Safe Sport Training Required: <ul style="list-style-type: none"> NCCP MED Certified (Coaches) 	<ul style="list-style-type: none"> Level 2 Requirements Provide a VSC

Young People

The Organization defines a young person as someone who is younger than the age of majority. Young people may not be able to obtain an E-PIC, Criminal Record Check, or VSC. In such cases, the Organization will require the young person to submit up to two (2) letters of reference instead.

Appendix III

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Lakeland District Soccer Association

IMPORTANT DATES 2022-23

INDOOR 2022-23	
Community Registrations	November 25, 2022
Community Registration Fees	December 1, 2022
Lakeland League Declarations	October 15, 2022
Lakeland Cup Declarations	January 10, 2023
Lakeland Cup Roster Submissions	January 28, 2023 (7 days prior to tournament)
Lakeland Cup Tournament	February 4 & 5, 2023
Provincial Hosting Declarations	December 5, 2022
Provincial Team Declarations:	
Youth Tier IV	January 13, 2023
Youth Tier II-III	January 13, 2023
Senior	January 13, 2023
Provincial Roster Deadlines:	
Youth Tier II-IV	March 7, 2023 (10 days prior to tournament)
Senior	March 20, 2023
Provincial Tournament Dates:	
Youth Tier II-IV	March 17-19, 2023
Senior	March 24-26, 2023

OUTDOOR 2023	
Community Registrations	May 15, 2023
Community Registration Fees	May 22, 2023
Lakeland League Declarations	April 15, 2023
Lakeland Cup Declarations	June 1, 2023
Lakeland Cup Roster Submissions	TBD (7 days prior to tournament)
Lakeland Cup Tournament	TBD
Provincial Hosting Declarations	March 7, 2023
Provincial Team Declarations:	
Youth Tier IV	June 2, 2023
Youth Tier II-III	June 17, 2023
Senior	June 9, 2023
Provincial Roster Deadlines:	
Youth Tier IV	June 29, 2023 (10 days prior to tournament)
Youth Tier II-III	August 3, 2023
Senior	July 31, 2023
Provincial Tournament Dates:	
Youth Tier IV	July 7-9, 2023
Youth Tier II-III	August 11-13, 2023
Senior	September 1-4, 2023

Appendix IV

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CANADA SOCCER GRASSROOTS STANDARDS

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	U5-U6	U7	U8-U9	U10-U11	U12-U13
Match format (maximum)	No formal matches	3v3	4v4 (no GK) or 5v5 (with GK)	7v7	9v9 (U12) 9v9 or 11v11 (U13)
Coaching qualification	Active Start + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP
Maximum match duration	Informal play	30 minutes	40 minutes	50 minutes	70 minutes (U12) 80 minutes (U13)
Maximum match time per player per day	N/A	60 minutes	60 minutes	80 minutes	100 minutes
Minimum rest time between matches	N/A	Duration of one (1) match	Duration of one (1) match	Duration of one (1) match	Duration of one (1) match
Maximum goal size	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	5ft (1.52m) x 8ft (2.44m)	6ft (1.83m) x 16ft (4.88m)	6ft (1.83m) x 18ft (5.49m)
Field size	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	9v9 Width: 42-55m Length: 60-75m 11v11 Width: 45-90m Length: 90-120m
Ball size	3	3	3 or 4 (or 4 super light)	4 (or 5 light)	9v9: 4 (or 5 light) 11v11: 5 (or 5 light)
Number of memorable events (maximum)	N/A	N/A	Two (2) per year	Two (2) per year	Four (4) per year *One (1) event may be overseas
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee	Game Leader or Referee	Referee
Restarts from Sidelines	N/A	Pass in or dribble in	Pass in or dribble in	Pass in or dribble in	Throw-in



CANADA SOCCER GRASSROOTS STANDARDS

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	U5-U6	U7	U8-U9	U10-U11	U12-U13
Offside	N/A	N/A	No	No	Yes
Retreat line	N/A	Yes (halfway line)	Yes (halfway line)	Yes (one third)	Optional (one third)
Substitutions	N/A	Unlimited (any stoppage or on the fly)	Unlimited (any stoppage or on the fly)	Unlimited (any stoppage)	Unlimited (any stoppage)
Season or block length (indoor/outdoor)	6-16 weeks	6-16 weeks	6-22 weeks	10-22 weeks	10-22 weeks
Team travel time	Within organization	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way
Playing time (players encouraged to try all positions)	Players all play	Fair playing time for all players	Fair playing time for all players	Fair playing time for all players	Fair playing time for all players
Player-to-coach ratio	Ideal: 4:1 Maximum: 8:1	Ideal: 6:1 Maximum: 8:1	Ideal: 8:1 Maximum: 10:1 (5v5)	Ideal: 10:1 Maximum: 12:1	9v9 Ideal: 12:1 Maximum: 16:1 11v11 Ideal: 16:1 Maximum: 18:1
Practice-to-match ratio	N/A	1:1	1:1 or 2:1	2:1 or 3:1	2:1 or 3:1
Structured practice duration	30-45 minutes	30-45 minutes	45-60 minutes	60-75 minutes	60-75 minutes
Match day roster guidelines (game day only)	N/A	Ideal: 6 players	Ideal: 8 players	Ideal: 10 players	9v9 Ideal: 14 players 11v11 Ideal: 16 players
Match day format	N/A	Festival format	Festival format	Festival format	Festival or league format
Number of match days (Festival or league play) per week	N/A	One (1)	One (1)	One (1)	One (1)

ZONE 7



● Fort McMurray ● Lac La Biche ● Cold Lake ● St. Paul ● Wainwright
● Provoost ● Viking ● Tofield ● Vegreville ● Mundare ● Lamont
● Lloydminster ● Smoky Lake ● Bonnyville

For more information on Zone 7 Districts visit: <https://albertasoccer.com/competitions/alberta-summer-games/>

1st Round Tryouts

To register go to: <https://bit.ly/3xGKCPc>
~ Must attend **ONE of the 1st Round Weekends** for Selection to the Final Tryouts ~

~ Must attend Final Tryouts (May 6th & 7th in Fort McMurray, AB) if selected in Round 1 ~

~ If selected there will be further registration required and a final training camp, details to follow ~

NEW Date & Times in Ft McMurray!

April 22nd (1st Round)

Location: Fort McMurray, AB

Venue: Syncrude Sport & Wellness Centre
9908 Penhorwood St, Fort McMurray, AB

U14 Girls (Born 2009 - 2010)

Saturday, April 22nd : 9:00 - 10:30am

Saturday, April 22nd : 2:00 - 3:30pm

U14 Boys (Born 2009 - 2010)

Saturday, April 22nd: 10:30 - 12:00pm

Saturday, April 22nd: 3:30 - 5:00pm

April 15th (1st Round)

Location: Lac La Biche, AB

Venue: Bold Centre (Cenovus Fieldhouse #1)
#100, 8702-91 Ave, Lac La Biche, AB

U14 Girls (Born 2009 - 2010)

Saturday, April 15th: 11:30 - 1:00pm

Saturday, April 15th: 3:30 - 5:00pm

U14 Boys (Born 2009 - 2010)

Saturday, April 15th: 10:00 - 11:30am

Saturday, April 15th: 2:00 - 3:30pm

To register go to: <https://bit.ly/3xGKCPc>



For more information for Zone 7 Participants contact Tiffany at fmysafury@gmail.com