



THE HEARTBEAT OF Lakewood

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President's Update



Welcome to the inaugural edition of the Heartbeat of Lakewood newsletter. This name is derived from Lakewood's Purpose, Vision, Mission and Values (PVMV).

Our Purpose – to build a better soccer community.

Our Vision - developing champions in sport and in life.

Our Mission – providing a safe, inclusive and fun soccer environment.

Our Values – Lakewood HEART!

Humble: modest, yet confident.

Effort: determined and tireless.

Attitude: positive and supportive.

Respect: respect everyone and every decision.

Team: team first commitment.

Appropriately, "HEART" is the root for "Heartbeat" which becomes the name of our newsletter.

One of my key methodologies over the past several years is that without change, we fall behind the competition. The sport of soccer is always in a rivalry with other activities. How do we keep existing players and parents with Lakewood Soccer and how do we attract new participants?

One year ago, Lakewood started working with FSQ Sport to refine our strategic objectives. Although this has taken longer than anticipated, we are starting to roll out some changes with the goal of improving the experience for all Lakewood participants. One recent example was to use U of S soccer players to evaluate our U11 and U13 players. Another is to move Tim Mangan into a new role as the Lakewood Technical Director. And one more is to begin the rollout of the 5C's of player development. Details on these last two changes are included in this newsletter.

I look forward to your feedback on these transformations and recommendations for any other changes.

Tim Mangan Announced as Lakewood Technical Director



On March 29, 2023, Lewis Oteruelo announced Tim Mangan as the new Technical Director for Lakewood Soccer, reporting directly to Lewis. Lewis will now focus more on his General Manager role with Tim moving into the technical aspects of player and coach development.

The duties of the Technical Director include leading coach and player education and training for Lakewood Soccer. This will include coordinating coach workshops and player training sessions. Along with frequent communication with Saskatoon Youth Soccer and the other four Saskatoon youth soccer clubs to help provide a consistent message to all coaches and players in the city.

Tim is a National B License and National Youth License certified coach. He has been coaching with the Saskatoon Alliance for 3 years, coaching with Walter Murray High School for 8 years and coaching soccer with Lakewood for much longer.

Please welcome Tim Mangan into his new role with Lakewood Soccer.

Lakewood Soccer Association

TOWN HALL MEETING

Tues Apr 18
OR
Thur Apr 20

6:30 pm U7 & U9 Families
7:15 pm U11 Families
8:00 pm U13 Families
8:30 pm U15/17/19 Families

Saskatoon Sports Centre Board Room

Uniform pick-up for players who ordered new PUMA kits

Board Meet and Greet

Opportunity to ask questions about Zone soccer and the Outdoor Season

For more information contact info@lakewoodsoccer.com

Did you know?

Lakewood registration for this outdoor season is currently at 445 players! This compares to 376 on the same date last year and 362 in 2021.

Lakewood is on track to have one of our highest enrollments ever!!



On The Pitch

Lakewood Arsenal wins U13A Boys City Championship

The Lakewood U13A Arsenal team was in the City Finals on Mar 19 and won! They were up against Aurora Borealis, a team that they have been back and forth with all season. Aurora had only been defeated once in regular season play (by Lakewood!). The lads had beat Aurora in some previous tournament games during the season. The final lived up to the hype - Lakewood scored first, and Aurora matched it; Aurora scored next, and Lakewood tied it up final seconds of the game. The game ended level and went into extra time after which the two teams were still level, forcing penalty kicks. Lakewood Arsenal prevailed on the third penalty kick! Congratulations boys!!



SYSI U15A Boys City Champions: Lakewood Galaxy



The Lakewood Galaxy U15 Boys Alliance A team won the Saskatoon City Championships over Hollandia Hoff by a count of 3-1.

Lakewood Galaxy had lost every league game to Hollandia this season. The Galaxy defeated Hollandia in the Regina Tournament earlier in the year, however. The boys knew Hollandia were beatable.

The championship game itself started with Lakewood scoring in the first 28 seconds, even before the coaches could sit down on the bench. Coach Gavin Doran noticed in league games a weakness in the Hollandia team, so the coaches talked about it made training sessions up to take advantage of that weakness. Lakewood executed flawlessly in their first possession. They never lost the lead after that going 2-0 up then 2-1 at halftime. Three minutes into the second half Lakewood went up 3-1. The keeper, who was called up from the Div 2 team, made three excellent saves and the Galaxy really cruised to the end. The team did exactly what we planned and were rewarded for their efforts.

“Coach Gavin and myself are very proud of the team and what they accomplished this season,” said Coach Colin Melnyk. “The team won two tournaments and then went on to win the SYSI City Championship. They were a great group and worked hard all winter.”



Just Kick It Cup Champions



Edmonton Slush Cup Champions

Lakewood Marvel U17A Girls Take Second in City

The Lakewood Marvel U17A Girls team lost a close game to Eastside Celtic by a score of 4-2 in the City Final. Celtic were undefeated all season in the U17G Alliance League.

Marvel played well against a very strong team. Lakewood kept Eastside from scoring for the last 8 minutes of the first half, and the entire second half. Lakewood was missing 3 strong players and one player had to sit out the second half due to injury. The girls had only one sub by the end.

The Marvel girls played very hard all season and improved each week which resulted in them qualifying for the city playoff spot.



Two Lakewood boys teams make the SYSI City Finals



The Lakewood Revolution U15B Boys finished their season in second place. They played Hollandia Joslin in the finals. Hollandia had not lost a league game all season. The Revolution played tough but ended up on the wrong end. It was a good season for the team as they improved every week.



The Lakewood Rangers U13B Boys team finished the indoor season with 19 wins, three draws and only three losses. In the City Final, they lost in a hard fought game to SUSC Spurs. Great job boys, on an amazing season!

Lakewood Coach Education with FSQ Sport – the 5C's

On March 25, 2023, Saskatchewan Soccer and Lakewood Soccer hosted a coach education workshop delivered by Matt Young from FSQ Sport. Out of the 15 coaches attending the workshop, 5 were Lakewood coaches: Jason Crone, Chris Knievel, Ryan Lejbak, Leonard Lewko and Victor Urrutia.

In the past, the focus has been on the “Competence” portion of player development (physical, technical, tactical). The new training will also encompass “Confidence” (mental, psychological), “Character” (mental, leadership), “Connection” (social, emotional) and “Culture” (team, organization).

Additional training modules will be available soon for other Lakewood coaches. Our plan is to introduce this with some players during the outdoor 2023 season and to have it fully implemented with all Lakewood teams by the outdoor 2024 season.



Throwback Thursday: Oct 2021

U9 and U11 Girls who were coached by Coach Ali Schneider attended the University of Saskatchewan Huskies vs The University of Regina Cougars uSports soccer game. Coach Ali was a captain of the Cougars and one of Canada West's Top midfielders.

The Lakewood girls could be heard cheering every time Coach Ali touched the ball! Ali played a great game and led her squad to a win over the Huskies.

The girls waited in line for 20 minutes for Ali's autograph, which delayed her team bus from leaving. Two weeks later the uSport season ended and Ally returned to Lakewood training. Not one girl asked for her autograph as she became a coach instead of a player :) Cute.





Lakewood Schedule

Town Hall for Families Apr 18 or Apr 20

Saskatoon Sports Centre Board Room

6:30pm for U7 and U9 families

7:15pm for U11 families

8:00pm for U13 families

8:30pm for U15/U17/U19 families

Uniform pick-up for players who ordered new PUMA kits

Do you have questions about the upcoming Outdoor Season? Are you wondering what the differences are between Community and Zone soccer? Would you like the chance to meet the Board and Staff? Do you have a great idea for a fundraiser, or access to potential sponsors? We invite you to attend our Town Hall and have your voice heard!

The Heartbeat of Lakewood

The Heartbeat lands every other Thursday.

Coaches and Managers: please email team updates and photos to: heartbeat@lakewoodsoccer.com

Feedback? Suggestions? Comments? Email us!

SYSI Outdoor Coach Info Night, Apr 19

6:30 to 7:30 PM, Centennial Collegiate Theatre

Overview of the Coaches Information Package for the season (available online April 17th, along with team schedules). Great opportunity to ask questions for the season ahead, get clarification on how to fill in and manage Game Sheets, address guidelines for Inclement Weather procedures, etc.

Coaches/Managers Meeting, April 19th

7:30 to 08:30 PM, Saskatoon Sports Centre Board Room

Info night for all Lakewood Coaches and Managers. Held right after SYSI Coaches Meeting.

Lakewood "Just Kick It" Cup, May 12-14

Coaches and Managers: Registration Deadline is April

The Lakewood "Just Kick It" outdoor tournament will run May 12-14. Team registration will close on April 17 so please register your team now. Volunteer Sign-Up to be released May 1. For more information, visit www.lakewoodsoccer.com.



April 19 at 7:30 PM
Immediately following SYSI Zone Coaches Night, in the Board Room

RAMP REGISTRATION
www.lakewoodsoccer.com

Questions to info@lakewoodsoccer.com

LAKEWOOD
COACH & MANAGER
INFO NIGHT

Did you know?



Two Lakewood Soccer coaches have been recruited by the University of Regina Cougars and will be playing Women's uSport soccer this fall! Coach Abby Konanz, a right back and Ashlyn Paquin, a centre back recently committed to join Cougars Head Coach Astrid Baecker's squad for the coming season. They will be playing alongside former Lakewood Coach Ally Schneider!



Support Lakewood with SARCAN Donations!!

For those of you with recycling (cans and bottles), Lakewood has set up an account with Sarcán. This can be at any location in Saskatchewan.

Sarcán will issue payment to Lakewood Soccer and we will use this to help sponsor players that need help with registration fees.

Leave your cans and bottles at the Sarcán Drop and Go and write "LW Soccer" on the tag(s) attached to the recycle. Sarcán looks after everything else. And you feel good about helping out!



The Near Post: Player Spotlight

Geneviève

Lakewood Fire U11G

Favourites

Activities: reading, drawing, listening to music
Food: Steamed shrimp rice wraps
Movie: Series of Unfortunate Events
Number: 5
Colour: Pink
Animal: Pug

Personal
Speaks French, English
and some Cantonese
Youngest of six kids
Plays Piano

Interesting Fact

Gave up Commets hockey to play Lakewood soccer this past winter

