



# THE HEARTBEAT OF Lakewood

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## President's Update



Welcome to the fifth edition of the Heartbeat of Lakewood newsletter. The fourth issue contained a lot of great content from the Lakewood tournament. In this issue, I will discuss the Lakewood Value of "Attitude". The dictionary definition of attitude is "a settled way of thinking or feeling about someone or something, typically one that is reflected in a person's behavior". A big part of attitude is how you behave and how you treat other people; teammates, coaches, referees, parents and spectators to name a few. Treating other people as we would want to be treated ourselves will follow the Lakewood values.

Have a Lakewood H.E.A.R.T story?

Let us know at:  
heartbeat@lakewoodsoccer.com

## SYSI Boundary Changes to take effect for Indoor 2023-24

The change to the SYSI (Saskatoon Youth Soccer Inc.) boundaries was announced in January and these changes will take effect for the indoor 2023-24 season. This means the new boundaries will be used for the next soccer registration period which will start in mid-June 2023.

Changes that impact Lakewood are:

College Park and East College Park will move from Lakewood and become part of Aurora.

Eastview, Holliston, Nutana Suburban Centre and Nutana Park will move from Eastside to become part of Lakewood.

**Why is this being done?** It is to balance the soccer registration numbers across the 5 youth soccer organization in Saskatoon. Details can be found here: <http://saskatoonyouthsoccer.ca/article/81106>

Information on the process to request permission to play out of zone is here: <http://saskatoonyouthsoccer.ca/content/permission-to-play-out-of-zone>

The link to the form for permission to play out of zone is here. This form should be submitted at the same time

the player registration is completed. <http://www.saskatoonyouthsoccer.ca/form/4177>

If you have questions about these changes or the process to request permission to play out of zone, please send an email to : [info@lakewoodsoccer.com](mailto:info@lakewoodsoccer.com)

## Support Lakewood with SARCAN Donations!!

For those of you with recycling (cans and bottles), Lakewood has set up an account with Sarcana. This can be at any location in Saskatchewan.

Sarcana will issue payment to Lakewood Soccer and we will use this to help sponsor players that need help with registration fees.

Leave your cans and bottles at the Sarcana Drop and Go and write "LW Soccer" on the tag(s) attached to the recycle. Sarcana looks after everything else. And you feel good about helping out!



Follow Lakewood Soccer on Facebook and Instagram for more Lakewood info and updates: [LakewoodSoccerYXE](#)

## Lakewood Coach Education with FSQ Sport – the 5C's

The objective of this education is to move into training the 5C's of player development. This is an effort to move beyond the focus on "Competence" (physical, technical, tactical) and to include "Confidence" (mental, psychological), "Character" (mental, leadership), "Connection" (social, emotional) and "Culture" (team, organization).

This newsletter will expand on the "Character" trait. What does this mean and what does it look like for youth at different ages? For our youngest players (5-8 years old) this might be happiness and trying your best. As the players get older (9-11 years old), this will include honesty, integrity and respect. In the 12-14 year old age group, this will also include self-motivation, work ethic and commitment of follow through. Older players (13-15 years old) will also include how to deal with setbacks and understanding how to learn from criticism. The oldest youth players (16-19 years old) will also include dealing with stress and how to maintain focus on goals while dealing with distractions. All of this could require guidance or direction from a coach or parent.



# Lakewood On The Pitch

## U17G Marvel Heading to the EWZSA Spring Challenge in Edmonton

Lakewood Marvel was formed with three age groups U15,U17,U19. At the start of the season the girls struggled, losing their first three games in the Saskatoon Zone Alliance U17 Division. The girls had a team BBQ and bonding event at one of the player's acreages so they could get to know each other better. They have now gone on a two game win streak!

Coming up next for Marvel is a trip to the EWZSA Spring Challenge in Edmonton starting tomorrow (June 2). The team has three games against teams from Alberta this weekend. Should be a fun time! Oh, and the girls are super pumped to get some shopping in as well! Good luck girls, on the pitch and at the mall :)



## U11 Boys A Dynamo gives a stellar performance, mastering slippery conditions!



Lakewood U11-Boys A Dynamo exhibited remarkable growth and skill in their second tournament, The Hollandia Cup, held on May 26th and 27th. The team's outstanding performance, positivity, and sportsmanship were guided by Coach Dwayne and Assistant Coaches Jenna and Henry. Thanks to some rainy conditions, the boys were able to get a taste of slipping and sliding on the field! They all demonstrated great effort and focus, with Goalkeeper #6 William Hernandez making many impressive saves and the team executing plenty of great passes. Their overall performance was well-balanced with one win, one loss, and one tie. At the conclusion of the tournament, the players were excited to receive personalized swag - water bottles customized by The Soccer Locker!

Team Dynamo is now well-equipped for hydration (and water bottle squirt fights) and is eagerly anticipating the chance for more competition and fun in their next two tournaments.

## U13 Boys B Rangers win the Hollandia Cup!



The U13BB Rangers faced three Regina QC United teams at the Hollandia Cup this past weekend, winning two of the three games and tying the third, on their way to the final against an undefeated VUSC. Not only did the Rangers win the final 2-1, but they only allowed 2 goals the entire weekend.





# Lakewood In The Community

## U13A Boys Lakewood Celtinal Held Fundraising Bottle Drive

The Lakewood U13A boys' Celtinal team (combination of the Celtic and Arsenal teams) held a fundraising bottle drive on Sunday May 28. ALL 25 PLAYERS on the team participated, even though some needed to come later after they competed in MaraFun and others played soccer games later in the day. They filled two full trailers - one enclosed and one covered. The kids and families demonstrated their Lakewood Heart: humility in asking for fundraising support from our community, effort in collecting door-to-door and sorting, attitude in enjoying the fun of being together while working to help the team, respect by showing appreciation to people approached with thank-you's, and team by ensuring everyone stayed safe and showed up for each other.



### Unclaimed Raffle Prizes!

Did you buy tickets for the Just Kick It Cup raffle? We still have some prizes that have yet to be claimed. Check the Lakewood Facebook page to see if you're a winner!

The Heartbeat of Lakewood throws-in every other Thursday. Want your team featured? Drop us a line! Coaches, managers and/or parents: please email team updates and photos to: [heartbeat@lakewoodsoccer.com](mailto:heartbeat@lakewoodsoccer.com)



## Sponsorship Opportunities

### Title Sponsors (starting indoor 2023-24)

**The opportunity:** get your business name/logo on every Lakewood player's jersey (400 jerseys for indoor plus 200 for outdoor = 600 jerseys).

**Small logo on sleeves** - \$5,000 max 2 sponsors allowed

**Large logo on front of jersey** - \$15,000 only one sponsor  
Lakewood is willing to discuss multi-year options with any sponsor and to negotiate the cost of the sponsorship.

The sponsorship business name and logo will be posted on Lakewood social media (Facebook and Instagram) once per week during the indoor and outdoor seasons (early September to the end of

June). There is an opportunity for the sponsor to add their message to the posting.

Plus the opportunity to add your business logo on one Lakewood roll up banner to be displayed on the field at the indoor training session days at the Saskatoon Sports Centre and at Sid Buckwold field for outdoor training weekends.

Plus the opportunity to hand out your business material to Lakewood players. The jerseys will be used for one full indoor plus one full outdoor season.

Contact Leonard Lewko at [president@lakewoodsoccer.com](mailto:president@lakewoodsoccer.com) if you have questions or want to become a sponsor.

Follow Lakewood Soccer on Facebook and Instagram for more Lakewood info and updates: [LakewoodSoccerYXE](#)



# Lakewood On The Pitch

## U11 Boys B Lakewood Earthquakes finished Hollandia Cup strong

The Lakewood U11 Boys B Earthquakes got off to a slow start at the Hollandia Cup last weekend, dropping their first game of the tournament on Friday evening. However, they came back strong on Sunday, winning both games. The boys are improving each week due to good training and focus!!!



## Throwback Thursday November, 2017

The Lakewood U13 Girls Fire at the Lakewood Kick-start tournament in November of 2017.

Six years later, this photo includes two members of the 2022 Summer Games Saskatchewan Soccer Team, three current U17 Alliance PSL players, three members of the REX program, and one player committed to Lakeland College.

Many of the girls are still good friends!



## The Near Post: Player Spotlight Isaiah Masiowski

What do you like most about soccer?  
It's fun to have the ball at your feet.

What do you do outside of soccer?  
Playing with my friends, especially soccer.  
I also like to play chess and I like maps.

What is your pregame routine?  
Just thinking about what to do in different game situations.

Fav soccer moment:  
Scored a goal in a U9 tournament off a free kick from our side of half. Curled it with my right foot and it went in the top corner. The other team's coach didn't allow it but it was a good goal.

What do you like to do outside of soccer?  
Playing with my friends, especially playing soccer.  
I also like to play chess and I like maps.

Fav player: CR7  
Fav colour: Blue  
Fav food: Sushi

Fav subject: Math, because it's easy  
Fav song: Whatever my brother plays  
Fav movie: Boy and the Beast (Japanese anime)

### U11B Earthquakes

