



## President's Update: Leonard Lewko



Welcome to the eighth edition of the Heartbeat of Lakewood newsletter – the mid-summer version.

In this issue, I will discuss drop-in Soccer, Lakewood summer camps and the upcoming indoor season.

### Lakewood Drop-in Soccer

Lakewood held three drop-in soccer sessions each week from July 4 until July 26. There were anywhere from 15 to 35 players at these sessions. Last night, there were over 55 kids, which was amazing to see!

These sessions were not for skill development, but as a way to organize games for the players that were available and wanted to play soccer in July. We hope that those of you that attended had fun, whether you attended only 1 session or whether you attended all of them.

Due to the drop-in soccer popularity, we are adding two more sessions for all ages on Wednesday August 2nd and Wednesday August 9th.

### Lakewood Summer Camps

The Lakewood FUN camp will take place August 15-17 from 5:00 to 7:00 at Sid Buckwold. The cost is \$75 for U7/U9 players and \$100 for U11 and older players. This camp will focus on organized mini games.

The Lakewood Development camp will take place August 21-24 from 5:00 to 7:00 at Sid Buckwold. The cost is \$125 for U7/U9 players and \$150 for U11 and older players. This camp will focus on technical skill development with some game play.

The summer camp registration link is here: <https://www.rampregistrations.com/login?v3=67e59bbbedf>

### Lakewood Indoor Evaluations

Lakewood indoor evaluations will start on August 28 and finish on September 10, all at Sid Buckwold. See our website for the detailed schedule. Then starting September 11, we will hold pre-season training which will run for the rest of September and wrap up just before we move indoors for the winter in early October.

### New Training Fields Coming Next Spring

We are still using Sid Buckwold for the summer camps, indoor evaluations and for pre-season training in September and early October. Since Sid Buckwold is in East College Park and this will now be part of Aurora, we plan to say goodbye to Sid Buckwold and move to a field within the newly defined Lakewood area. We have several options we are considering and we will need to get permission from the City of Saskatoon for this new field. If you have thoughts about which field we should move to, send us a message with your suggestion and a brief reason why you feel this should be the new Lakewood training field. Send this to [info@lakewoodsoccer.com](mailto:info@lakewoodsoccer.com) with the heading "Sid Buckwold Replacement".

**Due to the overwhelming success of the Lakewood Soccer Drop-ins we have added two more free Drop-in sessions!! Wed Aug 2 and 9!!**

**All ages and abilities. 6:00pm to 7ish. Sid Buckwold Park.**

The Heartbeat of Lakewood goes to VAR every other Thurs during the season. Want your team featured? Drop us a line!  
Coaches, managers and/or parents: please email team updates and photos to: [heartbeat@lakewoodsoccer.com](mailto:heartbeat@lakewoodsoccer.com)

# Off The Bench with Lewis O



It's basically mid-summer and the preparations for the Indoor Season are in full swing. We have had a lot of questions and interest the past few weeks and the registration numbers are looking great so far! Really looking forward to what the Indoor season is shaping up to be.

The interest and participation as well for our drop-in soccer sessions this past month have been incredible. The goal of the drop-in sessions was to set up some fields, throw some soccer balls on the pitch, and let the kids enjoy themselves and play some soccer. Stay tuned as we will be adding some more times over the next couple of weeks!

One of the main reasons I am personally looking forward to the upcoming Indoor season is the return of some amazing members from our Technical team (announcement soon regarding a new addition to the Tech team!)

We also have some very capable and engaging volunteer coaches and some incredible team managers returning this season. I believe that every season, success is dependent on the environment that is created for our players. This can only be done in essence if we have the right peo-

ple. People that are creative, engaging, responsible, knowledgeable and most importantly – Fun! If you have the best, most passionate coaches, the teams, players and the club wins in the end.

Coaches, Managers, Parents that are willing to buy in to what we at Lakewood believe is the right path for kids to have as much fun and enjoyment as they can playing the game of soccer. It's a team sport! It takes individuals to put the effort in to create a positive environment to be successful. And success does follow when kids are having fun and invested. The development of a player reaches new levels when they understand that it takes each of them to work together to be successful as a team.

We call this Heart.

Come see for yourself this weekend as many Lakewood players and coaches will be playing for the provincial championships this weekend as the Saskatoon Alliance U15B, U15G and U17B teams play to represent the province at the National Championships in October! Games are Sunday at the Soccer Centre. Good Luck Alliance teams!

Lakewood Soccer Summer Camps start in August, get registered!

**Lakewood Soccer will soon be announcing an addition to the Technical Staff in the position of Female Technical Lead.**

## Indoor registration open!

Lakewood Soccer announces the opening of registration for the highly anticipated 2023-24 indoor season. From October to March, young soccer stars aged U7 to U19 will have the opportunity to showcase their skills and passion for the beautiful game. What's more, kids of all skill levels and abilities are warmly welcomed to join the Lakewood Soccer family!!

To add an extra touch of excitement, Lakewood Soccer is offering early bird registration savings until Sept 4!! This limited-time offer allows eager participants to secure their spot in the upcoming season while enjoying incredible savings.

It's the perfect opportunity to plan ahead, save some cash, and ensure a thrilling indoor soccer experience for young athletes.

Be sure not to miss out on this fantastic chance to be part of Lakewood Soccer's indoor season. Head over to the website to secure your spot.

With the early bird savings, you won't want to wait! Get ready to kick off the 2023-24 indoor season with a bang and make lifelong memories on the field!!

Age	Register by Sept 4 for Early Bird Fees	Register after Sept 5 for Regular Fees
U7	\$400	\$450
U9	\$500	\$550
U11	\$775	\$825
U13	\$775	\$825
U15	\$825	\$875
U17/U19	\$825	\$875
City	\$550	\$600



# Lakewood On The Pitch

Over 55 soccer stars attended last night's Lakewood Drop-in Soccer!



We're thrilled to announce that the Lakewood Summer Soccer Drop-ins have been an overwhelming success! Last night's session saw a remarkable turnout, with over 55 enthusiastic kids joining the fun, and the average attendance consistently exceeding 30. It's been a delight to witness the joy and camaraderie among the young participants as they learn essential soccer skills, bond with friends, and make the most of their summer evenings. Remember, these free sessions are open to all Lakewood families, so spread the word and let the soccer excitement continue to flourish! Two more sessions to go: Wed Aug 2 and 9.

## Lakewood Summer Soccer Camps

Lakewood Soccer Summer Soccer Camps are designed for kids of all abilities who want to enhance their soccer skills, have fun, and make lasting memories. Join us at Sid Buckwold Field for an exciting August filled with soccer drills, games, and technical sessions.

### Benefits of Lakewood Summer Soccer Camps

Participating in Lakewood summer soccer camps offers numerous advantages for kids, including:

**Skill Development:** Our camps provide a structured environment where players can focus on improving their technical abilities, such as passing, shooting, dribbling, and ball control. Our experienced coaches will guide participants through various drills and exercises tailored to their skill level, helping them develop and refine their soccer skills.

**Game Understanding:** Summer soccer camps offer opportunities for players to learn about game strategies, positioning, and teamwork. Through engaging game sessions, kids will develop a deeper understanding of the sport and enhance their decision-making abilities on the field.

**Fitness and Conditioning:** Regular physical activity is a crucial component of a healthy lifestyle. Our camps incorporate fitness exercises and conditioning drills to improve participants' endurance, agility, and overall fitness levels. Through soccer-specific drills, kids will develop their strength, speed, and stamina, which are vital for excelling in the game.

**Friendships and Social Skills:** Lakewood soccer camps bring together kids with a shared passion for the sport, creating an environment for forming new friendships and building social skills. Working together as a team, communicating on the field, and developing camaraderie fosters valuable social interactions and enhances interpersonal skills.

**Fun and Positive Experience:** Our camps prioritize creating a fun and positive atmosphere where kids can enjoy themselves while engaging in soccer activities. We aim to cultivate a love for the game and create lasting memories for all participants, ensuring that they have an enjoyable and rewarding summer camp experience.

### Lakewood Summer Soccer Camp Schedule

#### Fun Camp (fun and games): August 15, 16, 17

U7 and U9 Players: Time: 5:00 PM - 6:30 PM each day Cost: \$75 per player

U11 and Older Players: Time: 5:00 PM - 7:00 PM each day Cost: \$100 per player

#### Development Camp (focusing on technical skills & games): August 21, 22, 23, 24

U7 and U9 Players: 5:00 PM - 6:30 PM each day Cost: \$125 per player

U11 and Older Players: Time: 5:00 PM - 7:00 PM each day Cost: \$150 per player

COMPLETE DETAILS AVAILABLE AT: <http://lakewoodsoccer.com>



## Throwback Thursday: 2020

The girls had a rough year the previous season, transitioning to U11. In 2020, they had a phenomenal season winning this tournament in PA, the Lake-wood Just Kick it Cup, the SISCO cup, and finishing runner up in Regina in the QC Cup after penalty kicks in the final.

Of the girls in the photo, all are still playing soccer. Marlee, Jovie, Jaycee, and Emily just finished their season in U15 PSL with the Saskatoon Alliance. Juliette, Emma D., Addie, and Natasha (injured) play with the Astra PSL squad.

Back row, Emma D'Souza, Marlee Hoehn, Juliette Smith (guest player from Eastside), Addie Hanson, Natasha Cowan, Jovie Gelowitz.

Front Row: Emma Keller, Jaycee Unterschute, Emily Todd, Elizabeth Lingard, Londyn Haimanot



Join us in Saskatoon from July 28-30 for Saskatchewan Soccer's Annual Soccer Day in Saskatchewan



## SASKATCHEWAN SOCCER ASSOCIATION

Friday, July 28

### Adult 7v7 Tournament

Saskatoon Soccer Center  
Outdoor Turf Field  
5:30 - 10:30 PM  
3 - 30 minutes games  
\$75.00 Team Entry

### Youth 3v3 Festival

Saskatoon Soccer Center  
Outdoor Turf Field  
6:00 - 10:00 PM  
3 - 15 minutes games  
Divisions Boys/Girls : Under 9,  
Under 11, Under 13, Under 15-17  
\$25.00 Team Entry

Saturday, July 29

### Mini & Youth Coed Soccer Camps

Forest Park 5 Grass Field  
Mini Age: 10 - 11:30 AM  
Youth Age: 1 - 2:30 PM  
Drop in Skill Competition 12 - 2:00 PM  
Free

### Girls Only Soccer Camp

Saskatoon Soccer Center  
Sherwood Field - Indoor Turf  
Mini Age: 10 - 10:45 AM  
Youth Age: 11 - 12:00 PM  
Free

### Soccer For All Camps

Saskatoon Soccer Center  
Walking Soccer Festival 12 - 2:00 PM  
Powerchair Soccer Festival 1 - 3:00 PM  
Free

Sunday, July 30

### Provincial Soccer League Finals

Saskatoon Soccer Center  
Kinsmen Outdoor Turf Field



9 AM - Under 15 Girls  
11:30 AM - Under 15 Boys  
2 PM - Under 17 Girls  
4:30 PM - Under 17 Boys

### 2023 Masters Competitions

Saskatoon Soccer Center  
West Outdoor Turf Field  
2 PM - Women's Final  
4:30 PM - Men's Final

### 4 Corners Rural Championship

Forest Park 6  
1 PM - Final

For more information including registration visit: [sasksoccer.com](http://sasksoccer.com)

• Daily 50/50 • Soccer Market • Free Skills Competition • Concession and BBQ  
Interested in being a part of our Soccer Market contact: [m.mathews@sasksoccer.com](mailto:m.mathews@sasksoccer.com)



# Lakewood In The Community

## Lakewood U13 Girls Teams Canada World Cup Watch Party



With Canada playing in the FIFA Women's World Cup, it was the perfect opportunity for girls who will be playing U13 in the fall to get together for a team(s) event and watch the opening game! Represented was the 2022-23 teams from U11 A Lakewood Pride, U13 B Lakewood Blue Thunder and U13 A Lakewood Thorns. The girls watched most of the game, and also got some ping pong and hoops in. Go Canada Go!



## Lakewood Soccer Indoor Evaluations

All players in U11, U13 and U15 will be evaluated before the indoor season begins. At Lakewood Soccer, we prioritize inclusivity and equal opportunities for all players, regardless of their gender, race, national origin, or religious affiliation. Our aim is to create teams that maximize both enjoyment and development by bringing together athletes with similar aspirations and objectively assessed abilities.

Each player will be invited to attend a minimum of two evaluation sessions, alongside other players in the same age group and gender. During the first session, players of varying skill levels will participate without any prior sorting. After this initial evaluation, a preliminary sorting will be conducted to group players with similar abilities for the second evaluation session.

Each evaluation session will be led by the Lakewood Technical Team, with a minimum number of evaluators present. Each evaluator will independently complete an evaluation form for every player. Before the session concludes, the group of evaluators will reach a consensus on the ratings for each player.

Once the session is completed, the Technical Director will compile the results for the next evaluation session or final team selection.

Lakewood Soccer strives to create teams and place players in the most suitable environment, primarily for the benefit of each individual player. This approach ensures that players have the best opportunity to succeed at their current stage of development and feel comfortable, enabling them to fully enjoy the game.

For more information, please visit the Lakewood Soccer Website at: [www.lakewoodsoccer.com](http://www.lakewoodsoccer.com)

# SYSI Boundary Changes to take effect for Indoor 2023-24

The change to the SYSI (Saskatoon Youth Soccer Inc.) boundaries were announced in January. These changes take effect for the indoor 2023-24 season, which is starting now.

## The changes that impact Lakewood are:

College Park and East College Park will move from Lakewood and become part of Aurora.

Eastview, Holliston, Nutana Suburban Centre and Nutana Park will move from Eastside to become part of Lakewood.

**Why is this being done?** It is to balance the soccer registration numbers across the 5 youth soccer organization in Saskatoon. Details can be found here:

<http://saskatoonyouthsoccer.ca/article/81106>

Information on the process to request permission to play out of zone is here:

<http://saskatoonyouthsoccer.ca/content/permission-to-play-out-of-zone>

The link to the form for permission to play out of zone is here. This form should be submitted at the same time the player registration is completed.

<http://www.saskatoonyouthsoccer.ca/form/4177>



Present the 16th Annual



## 2023 DROP-IN SOCCER PROGRAM

**WHAT:** Drop-in Soccer program FREE for any age and gender.  
**WHERE:**

- Brevoort Park (Brevoort Park, 3 Webb Cres)
  - Mon 2:45 PM - 3:45 PM (Jul 10, 17, 24, 31 & Aug 14)
- Briarwood (Briarwood Park, 602 Briarwood Rd)
  - Tues 1:00 PM - 2:00 PM (Jul 4, 11, 18, 25 & Aug 1, 8, 15)
- Eastview (James Anderson Park, 1100 East Centre)
  - Thurs 4:00 PM - 5:00 PM (Jul 6, 13, 20, 27 & Aug 3, 10)
- Greystone (Greystone Heights Park, 2711 Main St)
  - Mon 1:00 PM - 2:00 PM (Jul 10, 17, 24, 31 & Aug 14)
- Lakeridge (Crocus Park, 305 Waterbury Rd)
  - Tues 4:00 PM - 5:00 PM (Jul 4, 11, 18, 25 & Aug 1, 8, 15)
- Lakeview (Lakeview Park, 203 Whiteshore Cres)
  - Tues 10:30 AM - 11:30 AM (Jul 4, 11, 18, 25 & Aug 1, 8, 15)
  - Wed 4:00 PM - 5:00 PM (Jul 12, 26 & Aug 9)
- Rosewood (Colette Bourgonje School, 169 Olson Lane West)
  - Tues 2:45 PM - 3:45 PM (Jul 4, 11, 18, 25 & Aug 1, 8, 15)
- South Nutana (Harold Tatler South Park, 2520 Jarvis Dr)
  - Thurs 2:45 PM - 3:45 PM (Jul 6, 13, 20, 27 & Aug 3, 10)
- Wildwood (Wildwood Park, 203 Rosedale Rd)
  - Tues 11:45 AM - 12:45 PM (Jul 4, 11, 18, 25 & Aug 1, 8, 15)

Program travels to 44 different locations for a full schedule visit our website!



CONTACT US:

[saskatoonyouthsoccer.ca](http://saskatoonyouthsoccer.ca)

306-975-3413

FUN FOR ALL AGES! STAY ACTIVE!

CERTIFIED COACHES • FREE DROP-IN!



## Did you know?



Lakewood Soccer updates its social media channels almost every day?

Following them is a good way to keep up-to-date on all things Lakewood!

Facebook: LakewoodSoccerYXE  
Insta:: LakewoodSoccerYXE  
YouTube: LakewoodSoccerYXE

## Lakewood Soccer at Saskatchewan Soccer Day

Lakewood Soccer will have a display booth set up at Saskatchewan Soccer Day on Saturday July 29th, in the Soccer Marketplace. Come by to test your skills, say Hi and maybe will a prize!!



Indoor Soccer Starts in October: Registration is Mid-June to August  
Visit our website at [saskatoonyouthsoccer.ca](http://saskatoonyouthsoccer.ca) or phone (306)975-3413



# Lakewood Evaluation Schedule

## Monday August 28, 2023

5:00-6:00 U11B-Group 1 (A-H) U11G-Group 1 (A-L)  
6:00-7:00 U11B-Group 2 (I-P) U11G-Group 2 (M-Z)

## Tuesday August 29, 2023

5:00-6:00 U11B-Group 3 (Q-Z)  
6:00-7:00 U13B-Group 1 (A-H)

## Wednesday August 30, 2023

5:00-6:00 U13B-Group 2 (I-P)  
6:00-7:00 U13B-Group 3 (Q-Z)

## Thursday August 31, 2023

5:00-6:00 U13G-Group 1 (A-L)  
6:00-7:00 U13G-Group 2 (M-Z)

## Tuesday September 05, 2023

5:00-6:00 U11B-Group 1 (A-H) U11G-Group 1 (A-L)  
6:00-7:00 U11B-Group 2 (I-P) U11G-Group 2 (M-Z)

## Wednesday September 06, 2023

5:00-6:00 U11B-Group 3 (Q-Z) U15G-All Players  
6:00-7:00 U13G-Group 1

## Thursday September 07, 2023

5:00-6:00 U13G-Group 2 U15B (A-L)  
6:00-7:00 U13B-Group 1 U15B- (M-Z)

## Friday September 08, 2023

5:00-6:00 U13B-Group 2 (TBD)  
6:00-7:00 U13B-Group 3 (TBD)

## Saturday September 09, 2023

10:00-11:00 U11B-Group1 Drop in for mini players  
11:00-12:00 U11B-Group2 All U7 players  
12:00-1:00 U11B-Group3 All U9 girls  
**Break**  
1:30-2:30 U11G-Group1 All U9 boys  
2:20-3:30 U11G-Group2

## Sunday September 10, 2023

10:00-11:00 U13B-Group1 Drop in for mini players  
11:00-12:00 U13B-Group2 All U7 players  
12:00-1:00 U13B-Group3 All U9 girls  
**Break**  
1:30-2:30 U13G-Group1 All U9 boys  
2:30-3:30 U13G-Group2

## The Near Post: Player Spotlight

# Londyn Haimanot

**U15 Girls  
Lakewood Leeds  
and Saskatoon  
Alliance White**

What is your pregame routine?  
**Stretching**

Favourite Movies  
**Marvel**

Fav soccer moment:  
**Winning tournaments!**

Fav school subject:  
**Science**

Fav artist: **Kendrick Lamar,  
Drake, Taylor Swift**

Favourite Players?  
**Alex Morgan and Jessie Fleming**

Fav food: **Raspberries**

