



# THE HEARTBEAT OF Lakewood

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## President's Message: Leonard Lewko



Welcome to this edition of the Heartbeat of Lakewood newsletter as the indoor season is nearing the end while outdoor registration is open and we prepare for the outdoor season in a few short weeks.

I want to let all of you know about **K-Go**. This is a new company that offers secure rides for youth aged 5 to 17 anywhere in the City of Saskatoon. For those of you that have conflicts and have trouble getting your children to and from sporting activities, consider K-Go. The following is a letter explaining what K-Go is and how to use it. The biggest current use is transporting children to and from schools in Saskatoon.

Being part of a growing and caring community is what every parent hopes for. That is why we are pleased to let you know that there is a new way

in Saskatoon to ensure that your kids can get to their practices and activities all year long!

K-Go is a homegrown transportation service just for kids. Designed by parents, they understand how challenging it can be to juggle work and family and how complicated it is to get your kids to and from school, to hockey, soccer, dance or other events.

The K-Go Driver Community is unique as drivers are handpicked and go through extensive background checks, certification and training, and are ready to help with any transportation needs you may have.

You can book single rides for your kids or create a carpool with their friends for great discounts. Their number one priority is to keep kids safe and give you peace of mind knowing they are on their way safely and securely. **BOOK A RIDE NOW** (you can even watch those rides live in their app!) Reach out to them with any questions at [Support@DriveKGO.ca](mailto:Support@DriveKGO.ca). You can also find questions to commonly asked questions on their website at: <https://drivekgo.ca/faq-for-families>



## Outdoor Registration Now Open!!

Lakewood Soccer announces that registration for the upcoming outdoor soccer season is officially open! We are inviting boys and girls of all skill levels, from U7 through U19, to join us for an exhilarating season of soccer. **This year, we are expecting over 500 young athletes to register (over 400 have already signed up)**, making it an incredible opportunity for your child to be part of a vibrant and diverse soccer community. Whether your child is looking to try soccer for the first time or hoping to further develop their skills, Lakewood Soccer offers a supportive and dynamic environment for all.

To make the deal even sweeter, we're offering **Early Bird savings for those who register by March 17th**. This is a fantastic opportunity to save on registration fees and secure a spot for your child in what promises to be an unforgettable season. Early registration not only helps us

in planning and ensuring a smooth season ahead but also guarantees your child a place on a team. We strongly encourage you to take advantage of these savings and ensure your child's participation.

Please note that the early bird registration deadline is March 17th. To ensure your child is placed on a team, it's crucial to register before this date. Unfortunately, we cannot guarantee placement after the early bird deadline.

For more details about the registration process, age divisions, schedules, and more, **please visit our website at [LakewoodSoccer.com](http://LakewoodSoccer.com)**.

Don't miss out on this opportunity for your child to engage in physical activity, learn new skills, make friends, and be part of a team. Register today and be a part of the Lakewood Soccer family this outdoor season!



# Lakewood Team Updates

## Lakewood Celtic - U13A Boys

The Lakewood U13 Celtic team had another fun and successful weekend. A road trip to Edmonton, games in the Scottish Dome, a pizza supper followed by fun at Activate and another gold medal are a few of the weekend highlights. Some families opted to stay an extra night because of the weather, so there was also pool time with some of the U11s and U15s. All-in-all, it was another great weekend of teamwork, bonding, and making memories.



## Lakewood Blue Thunder - U13A Girls

Lakewood Blue Thunder got the Silver Medal in the Slush Cup in Edmonton last weekend. It was a perfect combo of soccer, fun and team building. The girls won three of their last four games to end the season on Tuesday night. The girls improved a lot over the season. They were the only team to score on Aurora this year. They played tight games and won most of their tournament game. But most importantly, they had fun! The girls all get along great and can't wait for evaluations next week!





# Keeper Training

The Lakewood Keeper Academy in Saskatoon is a top-tier training program for soccer goalkeepers of all ages and skill levels, focusing on their abilities through a mix of advanced coaching, state-of-the-art facilities, and personalized training. It offers a comprehensive curriculum that includes everything from basic techniques to advanced strategies, all taught by experienced coaches in a supportive environment. This program is ideal for both novice and experienced goalkeepers aiming to improve their skills, mental toughness, leadership, and teamwork. Open to youth keepers across various levels (U11 to U17) who are registered with Saskatoon Youth Soccer (SYSI) or Saskatchewan Soccer (SSA), it promises a challenging yet enjoyable experience tailored to age-specific development.

## Weekend Keeper Camp

April 20-21

### U11/U13 Keeper Camp

Two Sessions

\$90 (includes camp shirt)

### U15 and older Keeper Camp

Three Sessions

\$130 (includes camp shirt)



## Lakewood Keeper Academy

May 5 - June 19

12 Sessions

Sundays and Tues or Wed

\$160 (includes academy shirt)



# Need To Know...

|           |                                      |      |                         |
|-----------|--------------------------------------|------|-------------------------|
| Mar 17    | Early Bird Registration Ends         |      |                         |
| Mar 26    | U11 and Under Coaches Meetings       | 7:00 | Saskatoon Soccer Centre |
| Mar 27    | U13 and Over Coaches Meetings        | 7:00 | Saskatoon Soccer Centre |
| Apr 12/13 | Outdoor Teams first training session | TBA  | Saskatoon Soccer Centre |
| Apr 12/13 | Town Hall and Outdoor Team meetings  |      | Centennial Collegiate   |
| Apr 20/21 | Keeper Camp (2 sessions for U13 &U)  | TBA  | Saskatoon Soccer Centre |
| Apr 20/21 | Keeper Camp (3 sessions for U15 &O)  | TBA  | Saskatoon Soccer Centre |
| Apr 26    | Outdoor Season Begins                | TBA  | Various Fields          |



# Lakewood Evaluation Schedule

Alliance League evaluation times have been confirmed. TeamLinkt will be updated.

## Monday, March 11, 2024 (Alliance League)

5:30pm - U11B Group 1  
6:30pm - U11B Group 2  
5:30pm - U11G Group 1  
6:30pm - U11G Group 2

## Tuesday, March 12, 2024 (Alliance League)

5:30pm - U11B Group 3  
5:30pm - U13B Group 1  
6:30pm - U13B Group 2  
6:30pm - U13G Group 1

## Wednesday, March 13, 2024 (Alliance League)

5:30pm - U13G Group 2  
5:30pm - U11G Group 1 - R2  
6:30pm - U11B Group 1 - R2  
6:30pm - U11G Group 2 - R2

## Thursday, March 14, 2024 (Alliance League)

5:30pm - U11B Group 2 - R2  
5:30pm - U13B Group 1 - R2  
6:30pm - U11B Group 3 - R2  
6:30pm - U13B Group 2 - R2

## Sunday, March 17, 2024 (Alliance League)

4:15pm - U13G Group 1 - R2 (Sherwood)  
5:15pm - U13G Group 2 - R2 (Sherwood)  
3:15pm - U15G (Kavia)  
4:15pm - U15B (Kavia)

## Sat/Sun, March 24/25 2024 (Alliance League)

U7 and U9 players and U17 players - times TBD

## Kids Registered in City League

Dates and times confirmed in mid-April

At Lakewood Soccer, our purpose is to build a better soccer community. With a vision of developing champions in sport and life, we strive to provide a safe, inclusive, and fun soccer experience for all. As Zone 4 under Saskatoon Youth Soccer Inc., we are committed to fostering balance, growth, and parity within the leagues, serving the City of Saskatoon and surrounding region. With 16 Community Associations in our area, Lakewood Soccer offers one of the largest selections of soccer programs in the city. From U7 to U19, boys and girls of all skill levels are welcome to join our teams. With our tagline "Always Play with Heart," we aim to become the club of choice for families looking to develop and enjoy the beautiful game of soccer.

Soccer is not just a game, it's a journey that fosters growth and development in children. When you play soccer as a kid, you're not just participating in a sport, you're embarking on a lifelong adventure of fitness, teamwork, and fun.

The first benefit of playing soccer is the physical development it offers. Soccer is a high-intensity sport that improves cardiovascular health, increases stamina, and boosts strength. It's a full-body workout that enhances motor skills and coordination, all while having a blast on the field.

But soccer's benefits aren't just physical. It's a sport that promotes teamwork and camaraderie, teaching kids the importance of cooperation and mutual respect. Plus, it's a game that encourages strategic thinking and problem-solving, making it a great tool for cognitive development. So, whether you're scoring goals or helping your team defend, soccer is a sport that nurtures the whole child.



# Lakewood Marketplace

Exciting news for all Lakewood Soccer supporters! We're thrilled to introduce a brand-new marketplace feature in The Heartbeat of Lakewood, designed for anyone looking to buy or sell gently used soccer-related items. To list your items, please email: [heartbeat@lakewoodsoccer.com](mailto:heartbeat@lakewoodsoccer.com)

## For Sale:

Nike Phantom VSN indoor soccer shoes youth size 5. Great condition \$40. Text Kurtis @ 306-202-8074 if interested.



## For Sale:

Adidas Predator Edge 3 indoor soccer shoes men's size 7.5. Great condition \$50 Text Kurtis @ 306-202-8074 if interested.



## For Sale:

Adidas X Speedportal 3 men's size 8 - firm ground cleats great for natural grass. Great condition \$50. Text Kurtis @ 306-202-8074 if interested.



## For Sale:

Adidas indoor turf soccer shoes men's size 7. Great condition \$40. Text Kurtis @ 306-202-8074 if interested.





# Lakewood Team Updates

## Lakewood Thorns - U15 Girls

What an adventure our Lakewood U15G Thorns had this past weekend! We got to face some strong new teams we've never played before. The girls showed their competitive spirit and played some great games! We had a blast at our team supper and activities afterwards. The team spirit was high, and it was a night to remember!

A storm back home extended our stay in Edmonton by a day. It was a bit of a rush, but we made it to our final league game on Monday night!

We're so proud of our team's performance and resilience. The experiences they gained will help them grow as players and individuals.



## Lakewood Team Sponsors

### Lakewood Celtic U13 Boys:

- Lingard + Dreger
- NuTech Industries

### Lakewood Dynamo U13 Boys:

- Cloverdale Paint

### Lakewood Galaxy U15 Boys:

- Butler Buyers
- Final Draft Co. Ltd.
- Plan2Build Homes Inc.
- Top of Mind Gifts
- Wellington-Altus Private Wealth

### Lakewood Blue Thunder U13 Girls:

- Rivercity Technology Services
- zu

### Lakewood Revolution U15 Boys:

- Blue Collar Construction
- Korre Mechanical
- Morrison Realty '87
- Oxbow Architecture
- Professional Computer Services
- The Cave
- Titan Marketing Solutions
- Walkers Drug Store
- Wallace Construction Specialties

Lakewood Soccer would like to thank the Lakewood Team Sponsors for their contributions. The funds help offset the cost of tournament fees, travel, clothing and team building activities. Thank You!!  
Coaches, managers: if we missed any sponsors, email [heartbeat@lakewoodsoccer.com](mailto:heartbeat@lakewoodsoccer.com) and we will list in next issue.



## Lakewood Sponsors!!

**clip 'n  
climb**®  
SASKATOON



**Book now at: <https://cncyxe.ca> or 306-38-CLIMB**

Clip 'n Climb is climbing reinvented! Our locally-owned, family-friendly gym is perfect for climbers of all ages. New and seasoned climbers can find their fit on our 26 colourful and funky climbing walls. All our walls are equipped with autobelay technology, making it easy and safe for everyone to join in the fun. No climbing experience necessary! Come for drop-in climbing, or

book your birthday party, team wind-up or work event with us!

Clip 'n Climb Saskatoon is proud to support numerous not-for-profit organizations in our city, especially those helping kids and promoting youth sport. We wish all Lakewood Soccer players, their families, and all Lakewood staff and volunteers a fantastic indoor season!

## How are we doing?

If you have ideas, suggestions or comments about The Heartbeat of Lakewood, let us know at: [heartbeat@lakewoodsoccer.com](mailto:heartbeat@lakewoodsoccer.com)



# 2024 Slush Cup Memories

**EDMONTON MARCH 1, 2023**

2 KATE BISHOP  
7 JONI POELZER  
10 MILLY REDEKOPP  
21 SUMMER CHOW  
26 ELLIOT JANZEN  
26 CELIA JARDINE  
28 SUMMER LAPSIUK

SUBSTITUTES  
GERANSKY, HUNTLEY  
LANDINE

**LAKESIDE**

**SLUSH CUP**  
EDMONTON, ALBERTA

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