



THE HEARTBEAT OF Lakewood

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www.lakewoodsoccer.com

President's Update: Leonard Lewko



Welcome to this edition of the Heartbeat of Lakewood newsletter as we prepare for the outdoor season.

I want to let all of you know about K-Go. This is a new company that offers secure rides for youth aged 5 to 17 anywhere in the City of Saskatoon. For those of you that have conflicts and have trouble getting your children to and from sporting activities, consider K-Go. The following is a description explaining what K-Go is and how to use it. The biggest current use is transporting children to and from schools in Saskatoon.

K-Go

Being part of a growing and caring community is what every parent hopes for. That is why we are pleased to let you know that there is a new way in Saskatoon to ensure that your kids can get to their practices and activities all year long!

K-Go is a homegrown transportation service just for kids. Designed by parents, they understand how challenging it is can be to juggle work and family and how complicated it is to get your kids to and from school, to hockey, soccer, dance, or other events.

The K-Go Driver Community is unique as drivers are handpicked and go through extensive background checks, certification and training, and are ready to help with any transportation needs you may have.

You can book single rides for your kids or create a carpool with their friends for great discounts. Their number one priority is to keep kids safe and give you peace of mind knowing they are on their way safely and securely. **BOOK A RIDE NOW** (you can even watch those rides live in their app!).

Reach out to them with any questions at Support@DriveKGO.ca. You can also find questions to commonly asked questions on their website at: <https://drivekgo.ca/faq-for-families>

Attention Parents

Lakewood Soccer merch is now on sale! A huge selection of bunny hugs, beanies, hats, bags, sweats, toques and more! All through our fave store, The Soccer Locker. Order on-line by May 1 to get your goods for during the first few weeks of the outdoor season. Lakewood clothing is perfect for the pitch and in the stands (hint, hint, parents!!). Oh, and parents, show your colours by wearing Lakewood merch in your lawn chairs!!

<https://soccerlocker.ca/collections/lakewood-team>

**LAKEWOOD
MERCH**

Sale Closes May 1
<https://soccerlocker.ca/collections/lakewood-team>



Lakewood in your school!

Lakewood has just started a new program where we are delivering soccer training as part of the physical education classes at several elementary schools in the Lakewood area. This started April 24 and will continue until the end of the school year. This program is being coordinated by our Developmental Soccer Coordinator, Erica Hindmarsh. Erica is working with the elementary school administrators to schedule the days when we will be at each school. We are trying to schedule 5 days at each school. We have two Developmental Soccer Specialists, Keisuke Johnston and Leah Rioux who will be delivering the in-school soccer programming. The programming will take place during the regular physical education classes at these schools.

There are 14 elementary schools in the Lakewood area of Saskatoon, and we plan to deliver programming to 7-9 of these schools during the April 24 to June 27



period. We will resume this program in September, and we will visit the remaining Lakewood area schools during the next school year.

Current schools this spring are: St Luke, Colette Bourgonje, St. Bernard, Bishop Pockock, Wildwood, and Lakeview.



Attention Girls: Unlock Your Potential with Coach Erica Hindmarsh!

We're thrilled to announce the upcoming girls Lakewood Soccer Skills Camp under the expert guidance of Coach Erica Hindmarsh. Known for her remarkable soccer career with the University of Saskatchewan Huskies and stint at Foothills FC, Coach Erica brings unparalleled expertise to this camp.

This girls-only camp is designed to sharpen your technical skills, including dribbling, passing, and shooting. With a commitment to providing intensive coaching, we're capping each session at just 8 participants. This is the perfect addition for any girl who wants a little bit more soccer this spring. All skill levels welcome!

Camp Details:

Age Groups:

U9G: Wednesdays at 5:30 PM

U11G: Mondays at 5:30 PM or 6:45 PM

U13G: Wednesdays at 6:45 PM

Duration: 8 one-hour sessions over 8 weeks, from May 6 to June 24

Cost: \$125 per participant

Where: Sid Buckwold Field

Don't miss this unique opportunity to train with one of Lakewood's finest coaches and elevate your soccer skills. Secure your spot today and get ready to hit the ground running!

Register now and take your game to the next level! Lakewood will create a wait-list when sessions fill up. This is expected to be a very popular camp, so sign up now!

For registration and more information, visit www.lakewoodsoccer.com

Let's make this a season to remember!

LAKWOOD SKILLS CAMP
WITH COACH ERICA
U9, U11, U13 GIRLS

Limited to 8 girls per session to provide better instruction
 Focus on technical skills (dribbling, passing)
 Coached by Erica Hindmarsh
 8 one-hour sessions over 8 weeks
 May 6 to June 24
 U9: 5:30 Wednesdays
 U11: 5:30 or 6:45 Mondays
 U13: 6:45 Wednesdays
 \$125 per girl

Register at:
www.lakewoodsoccer.com

Need To Know...

Apr 26	Outdoor Season Begins for U11 and Up	TBA	Various Fields
Apr 26/27	Tryouts for Team Saskatoon for 2010s and 2011	Sat/Sun	Soccer Center
May 6	Outdoor Season Begins for U7 and U9	TBA	Various Fields
May 10-12	Lakewood Just Kick-It Cup	Fr--Sun	Various Fields
May 25	Lakewood's 30th Anniversary Fun Day in the Park	10am-2pm	Sid Buckwold



NEW! After school program

Check out FREE Lakewood soccer in your park!!

Lakewood Soccer will conduct after-school soccer programming offered in four outdoor locations in the Lakewood area of Saskatoon. It will alternate between Wildwood Park, Lakeview Park, Crocus Park and the Rosewood green space (area immediately behind Colette Bourgonje and St. Therese of Lisieux schools). We will alternate between these four locations. The program will run from May 01 to June 28, 2024, take a break over the summer and resume for 4 weeks from September 09 to October 05, 2024. Lakewood coaches Keisuke, Leah, Charlie Denis will deliver this program.

The program will be no charge drop-in soccer right after school on weekdays. It will be 2-4 soccer activities (drills, training activities) followed by mini soccer games. The program will be conducted in partnership with the Wildwood Community Association, the Rosewood Community Association, the Lakeview Community Association, the Lakeridge Community Association and the Saskatoon Open Door Society.

Tentative Dates:

- May 01 – Rosewood
- May 02 – Wildwood Park
- May 03 – Rosewood
- May 06 – Wildwood Park
- May 07 - TBD
- May 08 – Wildwood Park
- May 09 – TBD
- May 10 - TBD
- May 13 to 17 – Crocus Park



Arrive at the park a few minutes after school and stay until 5:30. It is come and go, so you can arrive late or leave early if you want. You can wear your Lakewood clothes or whatever you wore to school. Kids can go to any sessions in any park!!

Bring your school friends so they can learn more about why you love soccer! Kids of all ages and skill level are invited!

This is going to be a really exciting program which will allow more kids to take part in soccer. We can't wait to see everyone there!!



Lakewood Team Updates

Lakewood Valencia - U11B Boys

U11BB Valencia had a pre-season meet and greet at DQ after our second practice. It was great for the boys to hang out and get to know each other more! We're looking forward to a great season.



Lakewood Team Sponsors

Lakewood Celtic U13 Boys:

- Lingard + Dreger
- NuTech Industries

Lakewood Dynamo U13 Boys:

- Cloverdale Paint

Lakewood Galaxy U15 Boys:

- Butler Buyers
- Final Draft Co. Ltd.
- Plan2Build Homes Inc.
- Top of Mind Gifts
- Wellington-Altus Private Wealth

Lakewood Blue Thunder U13 Girls:

- Rivercity Technology Services
- zu

Lakewood Pumas U11 Girls:

- The Cave
- Select Roses
- Boulevard Dental Centre
- '87 Morrison Realty
- Wallace Construction
- Centennial Plumbing, Heating and Electrical

Lakewood Revolution U15 Boys:

- Blue Collar Construction
- Korre Mechanical
- Morrison Realty '87
- Oxbow Architecture
- Professional Computer Services
- The Cave
- Titan Marketing Solutions
- Walkers Drug Store
- Wallace Construction Specialties

Lakewood Soccer would like to thank the Lakewood Team Sponsors for their contributions. The funds help offset the cost of tournament fees, travel, clothing and team building activities. Thank You!!
Coaches, managers: if we missed any sponsors, email heartbeat@lakewoodsoccer.com and we will list in next issue.



Lakewood Team Updates

Lakewood Meet Your Teams Day

Lakewood Soccer's annual "Meet Your Team Day" brought an exciting start to the outdoor soccer season on April 14th, gathering players, parents, and coaches for a community-centered event. Held at the Centennial Collegiate theatre, approximately 40 of the 51 registered teams came together to receive crucial updates and information about the upcoming season from Lakewood Soccer officials. The atmosphere was filled with anticipation and excitement as families converged, ready to engage with the event's activities and learn more about what the season holds.

Following the initial assembly, families branched out into their respective teams, where coaches took the lead in setting the tone for the months ahead. Most coaches discussed the structure of the season, planned upcoming tournaments, and set clear expectations for both players and parents. However, the highlight of the day was undoubtedly the children meeting with their teammates. Kids reveled in the opportunity to reconnect with old friends and welcomed the chance to make new ones. This social interaction not only fostered a sense of team spirit but also set a positive tone for the upcoming soccer season, promising a series of fun and competitive play.



Lakewood Keeper Camp

Last weekend, 31 Keepers attended the Lakewood Keeper Camp. Both Girls and Boys from U9 up took part in two sessions, while those over U15 had three sessions. Thanks to all of the Lakewood Keeper coaches for putting this on! Lakewood is looking at a mid-season weekend camp, so stay tuned for that!!



The Near Post: Player Spotlight

Carter

Midfielder
U15 Lakewood Galaxy

Joined Lakewood:
2019, at 8 years old

Pregame routine:
Listen to music and relaxing.

Favourite Player:
Kylian Mbappe

Fav soccer moment: Scoring the game tying goal in the 2022-23 Just Kick It Cup final. Then winning the Championship in extra time.

Hobbies:
PlayStation, hockey

Favourite Music:
Rap

Favourite Movie:
Red Notice, The Hunger Games

Fav food:
Chicken Burgers

Lakewood Sibling:
Beckett

Beckett

Striker/Winger
U15 Lakewood Galaxy

Joined Lakewood:
2019, at 8 years old

Pregame routine:
Listening to music and stretching.

Favourite Player:
Cristiano Ronaldo

Fav soccer moment: Scoring a big goal in the 2022-23 Just Kick It Cup indoor tournament.

Fav school subject:
Math and Band.

Hobbies:
Hockey, golf and video games.

Favourite Music:
Rap

Favourite Movie:
All The Jumanji movies

Fav food:
Steak

Lakewood Sibling:
Carter





Lakewood Sponsors!!

**clip 'n
climb**®
SASKATOON



Book now at: <https://cncyxe.ca> or 306-38-CLIMB

Clip 'n Climb is climbing reinvented! Our locally-owned, family-friendly gym is perfect for climbers of all ages. New and seasoned climbers can find their fit on our 26 colourful and funky climbing walls. All our walls are equipped with autobelay technology, making it easy and safe for everyone to join in the fun. No climbing experience necessary! Come for drop-in climbing, or

book your birthday party, team wind-up or work event with us!

Clip 'n Climb Saskatoon is proud to support numerous not-for-profit organizations in our city, especially those helping kids and promoting youth sport. We wish all Lakewood Soccer players, their families, and all Lakewood staff and volunteers a fantastic indoor season!

How are we doing?

If you have ideas, suggestions or comments about The Heartbeat of Lakewood, let us know at: heartbeat@lakewoodsoccer.com