

### THE HEARTBEAT OF Lakewood

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### Lakewood HEART

Lakewood Soccer developed a strategic plan about two years ago. One of the pillars was how the coaches, managers, and kids develop their skills. From this, Lakewood Soccer created Lakewood HEART, which is Humility, Effort, Attitude, Respect and Team.

As we lace up our boots and take to the field, we carry with us more than just our skills and tactics. We embody the essence of Lakewood HEART— a philosophy that defines who we are as players, teammates, and members of this soccer community.

At the core of Lakewood HEART lies **Humil**ity. We approach the game with a modesty that speaks volumes, yet with an underlying confidence that propels us forward. It's about recognizing our strengths while remaining grounded, knowing that there's always room to grow and learn.

But it's not just about what we bring individually; it's about the collective **Effort** we invest in every game, every practice. With determination and tirelessness, we leave no stone unturned in our pursuit of excellence. We understand that success is not handed to us but earned through sweat, sacrifice, and unwavering commitment.

Our **Attitude** sets us apart. In the face of challenges, we choose positivity. We lift each other up, offering support and encouragement every step of the way. Because we know that

a positive mindset breeds resilience and fuels our drive to overcome obstacles, no matter how daunting they may seem.

**Respect** is the cornerstone of our interactions, both on and off the pitch. We respect our opponents, our teammates, our coaches, and every decision made, understanding that mutual respect fosters an environment of trust, collaboration, and camaraderie.

Above all, we are guided by the principle of **Team-first** commitment. We understand that individual accolades pale in comparison to the joy of collective triumph. It's not about one player shining brighter than the rest, but about each member of the team playing their part, for the greater glory of the collective.

As we continue on another season filled with challenges and opportunities, let us carry the spirit of Lakewood HEART with us every step of the way. Let it be our guiding light, illuminating the path to victory, unity, and excellence.

Together, let's show the world why we play with Lakewood HEART.



# **Summer Soccer Need To Know...**

Registration for the 2024-25 indoor soccer season opens on June. Super Early Bird pricing goes until July 14, where you can save up to \$100. So register early and save big!!

Summer drop in sessions were so popular last summer that we have added more (many nights over 40 kids stopped by)!! Starting the first week of July, U11s and up can drop in Monday and Wednesday while U9s and younger can drop in

Tuesday and Thursday. These are open to all Lakewood families and are super fun!

There will also be skills camps in July for the first time in many years. These will be for boys and girls of all ages and led by some of our tech staff. More details will be announced next week.

And don't forget about our August Fun Camps and Skills Camps that will get you prepped for the indoor season!



### Summer and Fall Soccer News

### Summer Soccer

For those of you in town for part or all of the summer, Lakewood Soccer will be offering Summer Drop in Soccer during July!

Come once, come every time, the choice is yours!! It's a great way to see your friends, learn some new skills and have a lot of fun! And best of all, there is no registration fee!!

All events will be 6:00-7:00 PM at Sid Buckwold Field.

Monday & Wednesday is for U11 and older players.

Tuesdays and Thursdays is for U7 and U9 players.

July 3, 4

July 8, 9 10, 11

July 15, 16, 17, 18

July 22, 23, 24, 25

July 29, 30, 31, Aug 1

Lakewood technical staff will be on hand to lead kids through some fun and games. The focus is on fun, but the kids will learn some soccer skills too!

Sessions will be canceled if it is raining or too wet to play.

> For more information on all **Lakewood Programs, visit:** www.lakewoodsoccer.com

### **Indoor registration opens June 17!**

Lakewood Soccer announces the opening of registration for the highly anticipated 2024-25 indoor season. From October to March, young soccer stars aged U7 to U19 will have the opportunity to showcase their skills and passion for the beautiful game. What's more, kids of all skill levels and abilities are warmly welcomed to join the Lakewood Soccer family!!

To add an extra touch of excitement. Lakewood Soccer is offering super early bird registration savings until July 14!! This limited-time offer allows eager participants to secure their spot in the upcoming season while enjoying incredible savings. It's the perfect opportunity to plan ahead, save some cash, and ensure a thrilling indoor soccer experience for young athletes.

Be sure not to miss out on this fantastic chance to be part of Lakewood Soccer's indoor season. Head over to the website to secure your spot.

With the super early bird savings, you won't want to wait! Get ready to kick off the 2024-25 indoor season with a bang and make lifelong memories on the field!!

Age	Register by July 14 for Super Early Bird Fees	Register by Sept 3 for Early Bird Fees	Register after Sept 3 for Regular Fees
U7	\$375	\$425	\$475
U9*	\$500	\$550	\$600
U11	\$750	\$800	\$850
U13	\$750	\$800	\$850
U15	\$800	\$850	\$900
U17/U19	\$800	\$850	\$900
City	\$525	\$575	\$625

<sup>\*</sup>U9 Fees include automatic entry into the Lakewood Tournament.

### **Lakewood Summer Soccer Camps**

August 12, 13, 14 Fun Camp - mostly games

U7 & U9: 5:00-6:30 PM each day - \$75 per player.

U11 and up: 5:00-7:00 PM each day - \$100 per player.

August 19, 20, 21, 22

**Development Camp - technical sessions with some games** 

U7 & U9: 5:00-6:30 PM each day - \$125 per player.

U11 and up: 5:00-7:00 PM each day - \$150 per player.



# **30** Anniversary Community Day

Lakewood Soccer celebrated its 30th anniversary in grand style at Sid Buckwold Field, drawing a crowd of about 450 people throughout the day. From youngsters honing their skills on the field to families enjoying face painting, snacks, and drinks, the festivities were nothing short of exhilarating. The day kicked off with a heartwarming community event, inviting newcomers to Canada and the Lakewood zone to experience the joy of soccer. Children aged 2 to 17 participated, with some joining Lakewood on the spot and others gearing up for the upcoming fall season. As a token of appreciation, everyone went home with a free soccer ball, a symbol of unity and passion for the beautiful game. With perfect weather, lively music, and an abundance of camaraderie, May 25th marked a memorable milestone in Lakewood Soccer's rich history, showcasing the power of sport to unite, inspire, and uplift communities.



# After School Program

### **Check out FREE Lakewood soccer in your park!!**

Lakewood Soccer is ready for a fantastic after-school soccer program, and we can't wait for you to join us! This year, we're bringing soccer action to four awesome outdoor locations in the Lakewood area: Wildwood Park, Lakeview Park, Crocus Park, and the Rosewood green space right behind Colette Bourgonje and St. Therese of Lisieux schools. Over 40 kids joined the fun yesterday!!

The program will run from May 1 to June 21, 2024, before taking a summer break and resuming for four weeks from September 9 to October 5, 2024. Our amazing Lakewood coaches—Keisuke, Leah, and Charlie—will lead the activities and ensure that every session is packed with fun. They'll guide you through 2-4 engaging soccer drills and training activities before wrapping up with exciting mini-games every weekday after school. The program will start right after school and run until 5:30 p.m. You can come and go as you like, so feel free to arrive late or leave early if you need to. And you don't have to play for Lakewood to join, everyone is welcome!!

#### Dates:

Jun 6, 7 - Lakeview Park

Jun 10- – Rosewood (Glen Penner Park)

Jun 11 - Wildwood Park

Jun 12 - Lakeview Park

Jun 13 - Wildwood Park

Jun 14 - Lakeview Park

Jun 17 - Lakeview Park

Jun 18 - Wildwood Park

Jun 19 - Lakeview Park

Jun 20 - Wildwood Park

Jun 21 - Lakeview Park

This free, drop-in program is designed for kids of all ages and skill levels. So, grab your school friends and bring them along to share the soccer love!







This exciting program, in partnership with the Wildwood, Rosewood, Lakeview, and Lakeridge Community Associations and the Saskatoon Open Door Society, is designed to spread the joy of soccer far and wide. Lace up your sneakers, grab your friends, and get ready to show off your soccer moves. We can't wait to see you on the field!



# Lakewood Coach Profile

### **Spotlight on Tim Wong!**



Tim has been a long-standing coach with Lakewood Soccer. It started nearly 25 years ago when his son was 6 years old. His son's team needed a coach and even though Tim never played soccer in an organized league, he stepped up and took on the challenge. Throughout the years, Tim has become a student of the sport. Bit-by-bit, he grew his knowledge of the game by watching other coaches and teams and doing his own research.

He has coached numerous teams and an uncountable number of players over the years. Tim's main emphasis as a coach is for players to develop a love of soccer. The best way he knows how to do this is to focus on the players getting along and working as a team. This philosophy has translated into success on the pitch. Tim discovered that his philosophy was even more effective with the girls' teams. Since moving over to the girl's side, he has racked up several gold and silver provincial medals as a coach. He has emphasized with his teams that he is not there to make them superstars. More important is that they are all friends and that they have fun playing together.

Tim has always liked working with children including being a Sunday school teacher for a time. Lakewood Soccer is very lucky that Tim decided to give coaching a try. To Tim. there is nothing better than watching the reaction of players and their families when they score their first goal. Many thanks to Tim for his commitment to Lakewood Soccer. We hope that Tim continues to coach for many years to come.



### Saskatchewan Summer Games



Several Lakewood girls and boys made the Saskatchewan Summer Games team in their region. This is the first in a series of features that will spotlight these players!

Congratulations to Maya Geransky, a budding talent who plays as a midfielder for the Lakewood Blue Thunder U13 Girls Alliance A soccer team. Maya's dedication, skill, and passion for the game have not gone unnoticed, as she has been named to the Prairie Central Soccer Team for the upcoming Saskatchewan Games in Lloydminster from July 24th to 27th!! Maya's commitment to excellence both on and off the field is commendable, and her selection to represent her region is a testament to her hard work. As a grade seven student at Clavet School, Maya exemplifies determination and leadership, setting a positive example for her peers. We are proud of Maya's achievements and wish her the best of luck as she embarks on this exciting journey to showcase her skills at the Saskatchewan Games. Go Maya, go!

# Lakewood Dynamo Wins!!

# Lakewood Dynamo - U13B Boys

Team Dynamo faced stiff competition at the 2024 Hollandia Cup tournament two weekends ago.

The boys won their first game and tied the second game. In their third game, the opponent was an undefeated team in the tournament from Battleford. The Lakewood boys were firing on all cylinders! They shut out and defeated this great team from Battleford 1-0.

The final game was against Aurora Titans a team that Dynamo had not defeated in the regular season. After a hard-fought match, Team Dynamo was victorious 3-1. With their last win, Lakewood Dynamo sealed their fate, hoisted up the Hollandia Cup and were crowned Champions!! Whoohooo!





### **Lakewood Team Sponsors**

#### Lakewood Celtic U13 Boys:

- Lingard + Dreger
- NuTech Industries

#### Lakewood Dynamo U13 Boys:

• Cloverdale Paint

#### Lakewood Galaxy U15 Boys:

- Butler Buyers
- Final Draft Co. Ltd.
- Plan2Build Homes Inc.
- Top of Mind Gifts
- Wellington-Altus Private Wealth

#### Lakewood Blue Thunder U13 Girls:

- Rivercity Technology Services
- zu

#### **Lakewood Pumas U11 Girls:**

- The Cave
- Select Roses
- Boulevard Dental Centre
- '87 Morrison Realty
- Wallace Construction
- Centennial Plumbing, Heating and Electrical

#### **Lakewood Revolution U15 Boys:**

- Blue Collar Construction
- Korre Mechanical
- Morrison Realty '87
- Oxbow Architecture
- Professional Computer Services
- The Cave
- Titan Marketing Solutions
- Walkers Drug Store
- Wallace Construction Specialties

Lakewood Soccer would like to thank the Lakewood Team Sponsors for their contributions. The funds help offset the cost of tournament fees, travel, clothing and team building activities. Thank You!! Coaches, managers: if we missed any sponsors, email heartbeat@lakewoodsoccer.com and we will list in next issue.



#### Lakewood Dash U11 Girls

The Lakewood U11 Dash played the Hollandia Cup May 24 and 25, finishing 1-1-1. The team had a lot of fun and played great! Check out those smiles!!





### Lakewood Pride U11A Girls

#### **Lakewood Pride U11G**

The Lakewood Pride U11 Girls played awesome at the Hollandia Cup, a definite showcase of their hard work, dedication and growth throughout indoor/outdoor season.

The scores didn't really show that as they were in a tough pool but tied Eastside, beat SC United and lost a nail biter to FCR.

Congratulations to coach Joel Decker and Craig Yeung on a successful year with the girls!! They will be moving up to U13 in the fall.





#### Lakewood Dash U11 Girls

Lakewood Fire has had a great growth year as a Junior U11A squad and will be continuing in U11 (minus Ariah and Gloreyas) in the fall. The girls have battled hard as the underdogs and have proven themselves to be one of the top teams in the league. Coached by Becky and Tony, this team has lots of fun off and on the pitch!





### Lakewood U11G Azzurri

#### Lakewood Azzurri U11 Boys B1

Lakewood Azzurri had a very successful run at the Hollandia Cup, winning all four of their games! Great work, fellas!

Predominantly made up of U9s, the team has only three senior players. The growth of this team has been astounding in this short season!

The boys work hard and train harder! Coaches Keisuke, Ian, Marty, Mike and Gerrit have them playing high level soccer in their age group.



# Spring Safety Tips

Spring is in full swing, and it's the perfect time to head outdoors and enjoy the fresh air! Whether you're biking, playing soccer, or hanging out at the park, it's important to stay safe while having fun. Here are some friendly reminders to help you enjoy the season responsibly:

#### 1. Watch Out for Cars

**Stay Alert:** Always be aware of your surroundings, especially near driveways and parking lots.

**Use Crosswalks:** Cross streets at designated crosswalks or traffic signals. **Look Both Ways:** Before crossing the street, look left, right, and left again.

#### 2. Don't Talk to Strangers

**Stay Close to Friends or Family:** If you're with a group, stay together.

Seek Help from Safe Adults: If you need assistance, approach a trusted adult, such as a police officer or soccer coach.

Never Accept Gifts: Don't accept treats, toys, or rides from people you don't know.

#### 3. Look Around for Danger

**Be Aware of Your Environment:** Avoid playing in secluded or unfamiliar areas.

**Stay Visible:** Wear bright or reflective clothing to make yourself more visible to others.

**Trust Your Instincts:** If something feels off, head to a safe place immediately.

#### 4. Stay Put if You Get Lost

**Find a Landmark:** If you're lost, stay near a recognizable landmark like a playground or picnic table.

**Don't Wander Off:** Stay in one spot so your parents can find you more easily.

**Ask for Help:** Look for a safe adult who can help you find your way back.

#### 5. Other Tips to Keep in Mind

**Hydrate:** Bring a water bottle and drink plenty of water to stay hydrated.

**Apply Sunscreen:** Protect your skin with sunscreen, especially on sunny days.

**Wear a Helmet:** Always wear a helmet when biking, skateboarding, or rollerblading.



# Support Lakewood with SARCAN Donations!!

For those of you with recycling (cans and bottles), Lakewood has set up an account with Sarcan. This can be at any location in Saskatchewan. Sarcan will issue



payment to Lakewood Soccer and we will use this to help sponsor players that need help with registration fees.

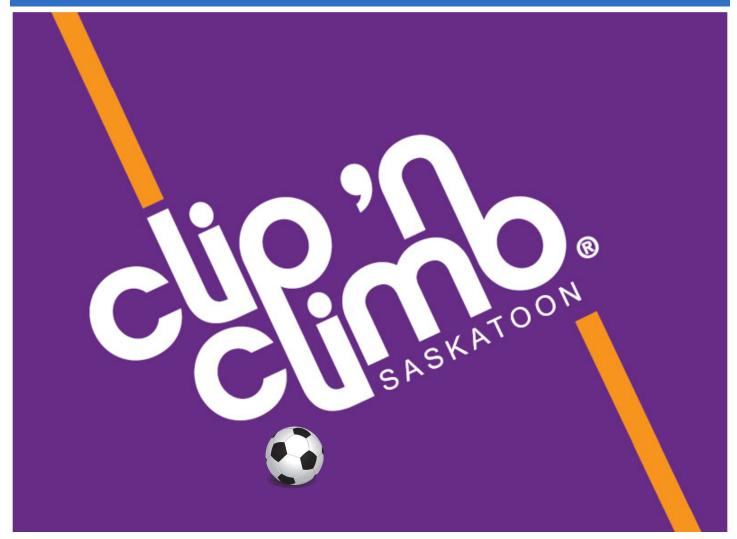
Leave your cans and bottles at the Sarcan Drop and Go and write "LW Soccer" on the tag(s) attached to the recycle. Sarcan looks after everything else. And you feel good about helping out!

The Heartbeat of Lakewood free throws every other Thursday during the season. Want your team featured? Drop us a line!

Coaches, managers and/or parents: please email team updates and photos to: heartbeat@lakewoodsoccer.com



### Lakewood Sponsors!!



### Book now at: https://cncyxe.ca or 306-38-CLIMB

Clip 'n Climb is climbing reinvented! Our locally-owned, family-friendly gym is perfect for climbers of all ages. New and seasoned climbers can find their fit on our 26 colourful and funky climbing walls. All our walls are equipped with autobelay technology, making it easy and safe for everyone to join in the fun. No climbing experience necessary! Come for drop-in climbing, or

book your birthday party, team wind-up or work event with us!

Clip 'n Climb Saskatoon is proud to support numerous not-for-profit organizations in our city, especially those helping kids and promoting youth sport. We wish all Lakewood Soccer players, their families, and all Lakewood staff and volunteers a fantastic indoor season!

How are we doing?
If you have ideas, suggestions or comments about The Heartbeat of Lakewood, let us know at: heartbeat@lakewoodsocccer.com