



President's Update: Leonard Lewko



President's Message

Welcome to this last edition of the Heartbeat of Lakewood newsletter for the outdoor season. We plan to run one issue in early July and one issue in mid August. We will resume regular newsletters in September.

After-School Soccer Programming

Lakewood has been running an after-school soccer program. We operated the program in the parks beside the schools where we ran the in-school program. The program was no charge drop-in soccer right after school on weekdays. There were anywhere from 15 to 40 players at these sessions where we coordinated mini soccer games. The program was operated by Keisuke, Leah and Charlie Denis. We plan to pick up this program again in September.

For our last week we will be at Wildwood Park behind Bishop Pocock school on June 24 and 25, then in Crocus Park behind St. Luke school on June 26 and 27.

In-School Soccer Programming

Lakewood has also been running an in-school program, where we are delivering soccer training as part of the physical education classes at elementary schools in the Lakewood area. This started April 24 and will conclude on June 21. This program has been coordinated by our Developmental Soccer Coordinator, Erica Hindmarsh. We have two Developmental Soccer Specialists, Keisuke Johnston and Leah Rioux who have been delivering the

in-school soccer programming. The programming took place in the school gyms for the first sessions and has been mostly outdoors, weather permitting, for the last few weeks.

There are 14 elementary schools in the Lakewood area of Saskatoon, and were able to deliver programming to 6 of these schools; Bishop Pocock (5 days), Colette Bourgonje (6 days), St. Luke (5 days), Lakeview (8 days), St. Bernard (5 days) and Wildwood (4 days). We will resume this program in September, and we will try to visit all 14 Lakewood area elementary schools during the next school year. Verbal feedback from the school teachers has been very positive and we will be sending out a survey to these 6 schools and adjust the program as necessary.

Adaptive Soccer

Lakewood Soccer has been working with SYSI to initiate an adaptive soccer program for Saskatoon. Many of you might be asking what this means. Adaptive youth sports are sports that are modified to allow youth with physical and sometimes mental disabilities to participate. The activities will be adjusted based on the abilities of the players that register. The plan is to run 2 separate groups early Saturday afternoons at the Saskatoon Kinsmen Henk Ruys Soccer Centre starting in October. There will be a mentor coach with every player. The separate groups will be Active Start (younger than about 8 years old) and Youth (8 years of age and older).

More details around the schedule and the cost will be available over the next few weeks.



Updated: Lakewood Programs

Summer Drop in

For those of you in town for part or all of the summer, Lakewood Soccer will be offering Summer Drop in Soccer during July!

New this year, drop-ins will rotate parks so that some sessions will be even closer to your home!

Come once, come every time, the choice is yours!! It's a great way to see your friends, learn some new skills and have a lot of fun! And best of all, there is no registration fee!!

All events will be 6:00-7:00 PM at various locations.

Monday & Wednesday is for U11 and older players.

Tuesdays and Thursdays is for U7 and U9 players.

July 3, 4

July 8, 9 10, 11

July 15, 16, 17, 18

July 22, 23, 24, 25

July 29, 30, 31, Aug 1

Lakewood technical staff will be on hand to lead kids through some fun and games. The focus is on fun, but the kids will learn some soccer skills too!

Sessions will be canceled if it is raining or too wet to play.

For more information on all Lakewood Programs, visit: www.lakewoodsoccer.com

Indoor registration opens June 24!

Lakewood Soccer announces the opening of registration for the highly anticipated 2024-25 indoor season. From October to March, young soccer stars aged U7 to U19 will have the opportunity to showcase their skills and passion for the beautiful game. What's more, kids of all skill levels and abilities are warmly welcomed to join the Lakewood Soccer family!!

To add an extra touch of excitement, Lakewood Soccer is offering super early bird registration savings until July 14!! This limited-time offer allows eager participants to secure their spot

in the upcoming season while enjoying incredible savings. It's the perfect opportunity to plan ahead, save some cash, and ensure a thrilling indoor soccer experience for young athletes.

Be sure not to miss out on this fantastic chance to be part of Lakewood Soccer's indoor season. Head over to the website to secure your spot.

With the super early bird savings, you won't want to wait! Get ready to kick off the 2024-25 indoor season with a bang and make lifelong memories on the field!!

Age	Register by July 14 for Super Early Bird Fees	Register by Sept 3 for Early Bird Fees	Register after Sept 3 for Regular Fees
U7	\$375	\$425	\$475
U9*	\$500	\$550	\$600
U11	\$750	\$800	\$850
U13	\$750	\$800	\$850
U15	\$800	\$850	\$900
U17/U19	\$800	\$850	\$900
City	\$525	\$575	\$625

*U9 Fees include automatic entry into the Lakewood Tournament.

Lakewood August Soccer Camps

August 12, 13, 14 Fun Camp – mostly games

U7 & U9: 5:00-6:30 PM each day – \$75 per player.

U11 and up: 5:00-7:00 PM each day – \$100 per player.

August 19, 20, 21, 22

Evaluation Prep Camp – technical sessions with some games

U7 & U9: 5:00-6:30 PM each day – \$125 per player.

U11 and up: 5:00-7:00 PM each day – \$150 per player.



NEW: Lakewood July Camps

For the first time since 2017, Lakewood Soccer will provide Soccer Camps in July. All zones invited!!

Girls Camp

Coach Erica Hindmarsh

Known for her remarkable soccer career with the University of Saskatchewan Huskies and stint at Foothills FC, Coach Erica brings unparalleled expertise to this camp. Erica conducted girls camps during the spring and coaches the U13G Blue Thunder.

This camp is designed to sharpen technical skills, including dribbling, passing, and shooting. With a commitment to providing intensive coaching, we're capping each session at just 12 participants. This is the perfect addition for any girl who wants a little bit more soccer this summer. All skill levels welcome!

Mondays and Wednesdays

8 sessions (8 hours)

4:30pm - U9s

5:30pm - U11s

6:30pm - U13s

July 15,17,22,24,29,31, Aug 5,7

\$150 per player

Max 12 players per group.

Boys Camp

Coaches TBA

Lakewood Soccer Boys Camps are packed with action, skill-building, and fun for all ages and abilities. Our dedicated coaches will guide you through exciting drills, games, and activities designed to boost your skills and love for the game.

Whether you're a beginner or a seasoned player, you'll find something to challenge and inspire you. Don't miss out on the chance to make new friends, improve your game, and create lasting memories.

Tuesdays and Thursdays

6 sessions (9 hours)

4:30pm - U9s and U11s

6:00pm - U13s and older

July 16,18,23,25,30, Aug 01

\$150 per player

No Max players per group.

Keeper Camp **Coaches TBA**

At this dynamic camp, young keepers will learn the essential skills needed to excel in the net, including mastering shot-stopping techniques to make those game-winning saves, developing quick reflexes to handle high-pressure situations, and honing their distribution skills to effectively start counter-attacks. With expert coaching and a fun, supportive environment, Lakewood Keeper Camp is the perfect place for aspiring goalkeepers!

Tuesdays and Thursdays:

4:30pm - U9s and U11s

\$150 per player

July 16,18,23,25,30, Aug 01

6:00pm - U13s and older

No Max players per group.

6 sessions (9 hours)



Mini Festival of Soccer

This year's Mini Festival of Soccer (FOS) had 248 teams, 2,500 players, over 7,500 spectators, and an estimated 372 games played throughout the weekend of June 7-9 at the Saskatoon Sports Centre. Each player received a gold medal! A huge thanks goes out to Xtratime Sports Soccer Locker, Xsight Photography and Cinemas, Co-op Saskatoon, and Dulux Paints for sponsoring this event! Here is a look at a few Lakewood Teams!



U9G Lakewood
Crush went
undefeated!!



U7B Timbers had a blast! Siblings got in on the action too!!



U7G Lakewood Phoenix
sporting their medals!!



U5G Rosewood Rockets! So cute!



Coach Profile: Leah Rioux



Over time, the level of competition increased but the fun of playing soccer never changed. Leah works hard to share the joy of soccer with the players she coaches. Leah is currently co-leading Lakewood Soccer's in-school and after-school programming and is a valued member of Lakewood's technical staff. She ensures that every player she coaches gets to try new things which keeps them interested and feeling included. This is especially important to her when she is working with young players, and she hopes they understand that "they do not have to be the best to have fun."

Leah will tell you that there are many rewards that come from coaching. She especially appreciates getting to meet so many young people and the relationships that develop as a result. The children are always excited to play soccer and that excitement is contagious. Leah feels particularly good about her coaching when shy players start to come out of their shell.

Leah continues to play soccer at a high level with the Green and White in the Western Premier Shield League as well as the Lakeland Rustlers in the Alberta Colleges Athletic Conference. Leah must have had a fantastic season with the Lakeland Rustlers as she started every game and was the recipient of the most improved player for her team. Congratulations Leah.

Leah's soccer story begins with Timbits soccer at the age of 4. She admits that at first, she was scared to play but fear quickly turned into joy. Over the years, she has played on a lot of different teams but on every one of those teams, she could count her teammates as friends. She remembers being grateful that she had games and practices to look forward to throughout the week because the physical activity was fun and always made her feel great.



Saskatchewan Summer Games

Several Lakewood girls and boys made the Saskatchewan Summer Games team in their region. This is part of a series of features that will spotlight these players!

Van Mollberg, a talented wing player from the Lakewood Celtics U13A team, has been selected for Team Saskatoon to compete in soccer at the Saskatchewan Summer Games. Lakewood Soccer is thrilled and proud of Van for this significant achievement. The games will take place in Lloydminster from July 24-28, where Van will represent his city. As a Grade 7 student at George Vanier, Van is eagerly looking forward to the opportunity to play alongside the best players in the province, experience the excitement of a high-level tournament, and bond with his teammates while staying together in Lloydminster.





Lakewood Flash Makes Final!

Lakewood Flash - U13B Girls

U13GB Flash was in the SUSC U13 Cup last weekend and had a great time! They won their first three games, and took home a silver medal after a hard fought final. The girls have had a fun year and have improved each week. They are a great group to coach!!



Lakewood Team Sponsors

Lakewood Celtic U13 Boys:

- Lingard + Dreger
- NuTech Industries

Lakewood Dynamo U13 Boys:

- Cloverdale Paint

Lakewood Galaxy U15 Boys:

- Butler Buyers
- Final Draft Co. Ltd.
- Plan2Build Homes Inc.
- Top of Mind Gifts
- Wellington-Altus Private Wealth

Lakewood Blue Thunder U13 Girls:

- Rivercity Technology Services
- zu

Lakewood Pumas U11 Girls:

- The Cave
- Select Roses
- Boulevard Dental Centre
- '87 Morrison Realty
- Wallace Construction
- Centennial Plumbing, Heating and Electrical

Lakewood Revolution U15 Boys:

- Blue Collar Construction
- Korre Mechanical
- Morrison Realty '87
- Oxbow Architecture
- Professional Computer Services
- The Cave
- Titan Marketing Solutions
- Walkers Drug Store
- Wallace Construction Specialties

Lakewood Soccer would like to thank the Lakewood Team Sponsors for their contributions. The funds help offset the cost of tournament fees, travel, clothing and team building activities. Thank You!!
Coaches, managers: if we missed any sponsors, email heartbeat@lakewoodsoccer.com and we will list in next issue.



Lakewood Courage in P.A.

Lakewood Courage U9 Girls

Lakewood Courage U9 girls went to PA for a couple exhibition games last weekend. The games were fun, but the tailgating BBQ in the parking lot between games, seemed even better!



Lakewood Arsenal U13 Boys

Lakewood Arsenal U13 Boys

The Arsenal boys played in Division 3 of the SUSC U13 Cup this past weekend. In true form for this season, they started the tournament with a tie and a win. Through pouring rain and wind in the semi final against Lanigan, they tied again. Winning the shootout on the 6th kick (keeper vs keeper!), Arsenal headed to the final to meet Lakewood Valour.

Slightly less rainy, the final was a hard fought battle between the two Lakewood teams with great plays on both sides. Although Arsenal lost the final, they made their coaches and parents very proud with their hard work and great attitudes. Congratulations to both Lakewood teams!!





Lakewood Pumas at QCR

Lakewood Pumas U11 Girls

The QC Challenge Cup was held in Regina on June 7-9 and included the U11 Lakewood Puma girls team. This trip was extra special, as it was some of the girls first away tournament and all the fun that entails from being together. The girls opened with an exciting game against the Lakewood U11 Sirens girls team, then after an on-field lunch put together by two of the wonderful team moms, the girls took in an IMAX movie about space and toured around the Science Centre exploring all the exhibits. A second game later that evening against a tough QC United (Jola) team was followed up by a team pizza supper, some swimming in the pool and plenty of laughs at the hotel. Sunday was packed with breakfast and two more games against Regina teams, FCR Rebels and FCR Sparks. Many of the girls stuck around between the two games to help cheer on the U15 Boys Revolution team in their gold medal final, including a stellar cheer-leading pyramid! It was truly a trip to remember with special bonds created between teammates alongside some fun and challenging soccer games!



Need To Know...

June 24	Indoor Soccer Registration opens	
June 24	Girls, Boys and Keeper Camps Registration opens	
July 2	Drop-in Soccer begins	Various Fields
July 13	Super Early Bird registration ends	
July 15	Girls Soccer Camps with Coach Erica begins	Sid Buckwold
July 16	Boys Soccer Camps and Keeper Camps begin	Sid Buckwold
Aug 12	Fun Soccer Camps begin	Sid Buckwold
Aug 19	Evaluation Prep Camps begin	Sid Buckwold



Lakewood Dynamo U13 Boys

Lakewood Dynamo U13 Boys

One week after winning the Hollandia Cup, the U13 Lakewood Dynamo team jumped right into another tournament – The Aurora Harder Avalon Classic.

Team Dynamo came out strong right out of the gate. Winning 5-0 against a Queen City team and 8-2 against an SUSC team.

Their 3rd game was against a strong Battleford United team, but Team Dynamo took it with a 3-2 win.

The Final game was against Eastside Fulham. Eastside struck first with a goal, and then Dynamo responded. Eastside struck again.

Then the Dynamo Boys tied and in the last 5 minutes, Dynamo took the lead and kept it, and won the Aurora Classic. Go Dynamo!



Did you know?



The Saskatoon Soccer Centre will be getting new turf on the indoor fields this summer! We can't wait to play on it this fall! Renos start July 2.

Lakewood Treasurer

Lakewood Soccer is looking for a new treasurer effective December 2024. We would like to have a new person sign up over the next few weeks to have a good overlap with our outgoing treasurer Mike Poth. If you are interested or need more information before deciding, contact Leonard at president@lakewoodsoccer.com

The Heartbeat of Lakewood scores every other Thursday during the season. Want your team featured? Drop us a line!
Coaches, managers and/or parents: please email team updates and photos to: heartbeat@lakewoodsoccer.com



Lakewood Revolution U15 Boys

Lakewood Revolution U15A Boys

The U15A Boys Revolution team participated in the 11-a-side Sask. Cup this past weekend in Saskatoon. With a packed group of 12 - U15 Boys teams from across the province, the challenge was on.

Revolution opened the tournament against VUSC with a strong 4-0 win, then followed up later that day with a draw against FCR. This was enough to place the Revolution in the top of their pool and book a spot in the quarterfinals against Humboldt on Saturday. Saturday proved to be a tight game with the score remaining 0-0 after full time and Sask. Cup rules require the game going immediately to penalties. After the first 5 penalties were taken for each team they were still tied and moved to sudden death penalties. Finally in the 7th round Lakewood proved victorious and moved on to the semi final on Sunday.

Sunday was an early start at 8am in the driving rain and strong wind against QC Regina. Despite the early start the boys came ready to play and

won 4-1 leaving only the final in the way.

A mere 3 hours later Revolution met Aurora in the final. The game was fantastic and due to some last minute heroics, the game once again moved to penalties. Ashmaan Tarique was on fire in net for the Revolution saving 4 of 6 penalties. After

5 rounds once again it moved to sudden death and Revolution outlasted Aurora on a final successful penalty by Toki Olusegun, taking home the



victory and Sask Cup.

The Tournament MVP, as voted game by game by opposing coaches, went to Lakewood's own Beckett Slywka! All in all a fantastic way to end the tournament season with the team reaching the gold final in all 3 of their tournaments they entered.





Lakewood Thorns in Airdrie



Lakewood Thorns U15B Girls

Over the past few seasons, our Lakewood Thorns soccer team has shown remarkable growth both on and off the field. Beginning with a core group of passionate players, we have expanded our skills and strategies under dedicated coaching and support from our wonderful manager, Charlene.



Airdrie, AB where we faced some tough competition but learned we can compete with teams from other provinces. As we continue to train and compete, we look forward to further achievements and the enduring bonds that define our team spirit.



Through perseverance and teamwork, we've not only improved our game tactics but also fostered a strong sense of camaraderie. Our journey has been marked by thrilling victories and hard-fought lessons, each contributing to our development as athletes and individuals. We capped our season with a trip to the Summit Cup in





Lakewood Sponsors!!

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book your birthday party, team wind-up or work event with us!

Clip 'n Climb Saskatoon is proud to support numerous not-for-profit organizations in our city, especially those helping kids and promoting youth sport. We wish all Lakewood Soccer players, their families, and all Lakewood staff and volunteers a fantastic indoor season!

How are we doing?

If you have ideas, suggestions or comments about The Heartbeat of Lakewood, let us know at: heartbeat@lakewoodsoccer.com

EST. 2007

Present the 17th Annual

KIDS IN THE PARK



2024 DROP-IN SOCCER PROGRAM

WHAT: FREE Drop-in Soccer for any age, ability, and gender.

WHERE: Brevoort Park ~ Brevoort Park, Paddling Pool, 3 Webb Cres

Mon 2:45 PM—3:45 PM (Jul 8, 15, 22, 29; Aug 12, 19)

Briarwood ~ Briarwood Park, Spray Pad, 602 Briarwood Rd

Tues 1:00 PM—2:00 PM (Jul 2, 9, 16, 23, 30; Aug 6, 13, 20)

Eastview ~ James Anderson Park, Paddling Pool, 1140 East Centre

Thurs 4:00 PM—5:00 PM (Jul 4, 11, 18, 25; Aug 1, 8, 15)

Greystone Heights ~ Greystone Heights Park, Paddling Pool, 2711 Main Street

Mon 1:00 PM—2:00 PM (Jul 8, 15, 22, 29; Aug 12, 19)

Holliston ~ Holliston Park, Spray Pad, 3rd Street E & Sommerfeld Ave

Mon 4:00 PM—5:00 PM (Jul 8, 15, 22, 29; Aug 12, 19)

Lakeridge ~ Lakeridge School, Spray Pad, 305 Waterbury Rd

Tues 4:00 PM—5:00 PM (Jul 2, 9, 16, 23, 30; Aug 6, 13, 20)

Lakeview ~ St Bernard School, Spray Pad, 203 Whiteshore Cres

Tues 10:30 AM—11:30 AM (Jul 2, 9, 16, 23, 30; Aug 6, 13, 20)

Wed 4:00 PM—5:00 PM (Jul 10, 24; Aug 7, 21)

Rosewood ~ St Therese of Lieaux School, Spray Pad, 205 Olson Lane West

Tues 2:45 PM—3:45 PM (Jul 2, 9, 16, 23, 30; Aug 6, 13, 20)

South Nutana Park ~ Harold Tatler South Park, Paddling Pool, 2520 Jarvis Dr

Thurs 2:45 PM—3:45 PM (Jul 4, 11, 18, 25; Aug 1, 8, 15)

Wildwood ~ Wildwood School, Paddling Pool, 203 Rosedale Rd

Tues 11:45 AM—12:45 PM (Jul 2, 9, 16, 23, 30; Aug 6, 13, 20)



CONTACT US:

saskatoonyouthsoccer.ca
306-975-3413

CERTIFIED COACHES • FREE DROP-IN!

FUN FOR ALL AGES! STAY ACTIVE!

**Indoor Soccer Starts in October:
Registration is Mid-June to August**

Visit our website at saskatoonyouthsoccer.ca
or phone (306) 975-3413