

## Food Bank Drive Information

Lakewood Soccer will be hosting our third annual **Just Kick It Cup Food Bank Drive** and we invite your team to participate!

The team that donates the highest number of points by 2:00 PM on Sunday February 2nd will win a FULL REFUND of their tournament entry fee! If you have friends or family coming to watch, encourage them to bring an item for donation, and make sure they add it to your teams totals!

All donations will be accepted in the Lobby of the Saskatoon Sports Centre (150 Nelson Road) during these times:

Friday January 31st from 3:00 - 9:00 PM

Saturday February 1st from 8:00 AM - 8:00 PM

Sunday February 2nd from 8:30 AM - 2:00 PM

Points will be awarded according to the following outline:

**5** points for Infant Foods (examples being baby cereal, infant formula, jars or packets of baby food)

**4** points for Peanut Butter

**4** points for Whole Grain Cereals and Pasta

**3** points for Canned Protein (examples being salmon, tuna, sardines, chicken, chickpeas, black beans)

**2** points for Canned Fruits and Vegetables (examples being corn, peas, green beans, tomatoes, peaches, pineapple, pears)

**2** points for Hearty Soups and Stews

**1** point for any item that does not appear on the list

*Items will be logged as individual pieces (ex a flat of canned protein would be counted per can)*

Points are set in order of demand according to the Food Bank's highest need items, not by cost.

**THANK YOU** for any contributions made to our Food Bank Drive!