



## WELCOME TO THE 2026 LAKEWOOD JUST KICK IT CUP

We are getting ready for the annual Outdoor Lakewood tournament. This is the pre-tournament information and Rules package. There is a lot of information enclosed so please take the time to read through it carefully.

We look forward to seeing you May 8<sup>th</sup> to May 10<sup>th</sup>. In the meantime, if you have any questions or concerns, please feel free to contact us at [tournaments@lakewoodsoccer.com](mailto:tournaments@lakewoodsoccer.com). We look forward to making this weekend as enjoyable as you expect it to be!

### New this year

We invite you to join us for our first ever **Just Kick It Cup Opening Ceremony!** This will be held on **Friday May 8<sup>th</sup> at 6:30** on Cherry Insurance outdoor turf field. We will be featuring Indigenous Drummers and hope you'll be able to attend.

**Saturday** afternoon between **12-5pm** there will be **Balloon Twisters and Facepainting** available on the indoor concourse level. Be sure to bring your players by to check it out

Coaches or Managers can check in their team in Headquarters 1 prior to their first game. You'll receive your player entries for our Mother's Day draw here. Coaches or Managers will sign game sheets at the field prior to each game. Managers/coaches are not required to return them to headquarters at the completion of the game. This is managed by our many volunteers.

### [Location Map](#)

All games will be played at the following locations:

- Saskatoon Sports Centre – 150 Nelson Road, Saskatoon
  - Sherwood Chevrolet field (indoor turf)
  - Kavia Autobody field (indoor turf)
  - Trail Appliances field (indoor turf)
  - NS Indoor Turf
  - Cherry Insurance Field (outdoor turf)
  - Kinsmen Field (outdoor turf)
- Forest Park Fields – 219 Nelson Road, Saskatoon
  - Forest Park 3
  - Forest Park 4A and 4B
  - Forest Park 5A and 5B
  - Forest Park 6A and 6B
  - Forest Park 9A, 9B, 9C and 9D

Tournament Headquarters are located as follows:

- **Headquarters 1** is in dressing room S2 at the south end of the Saskatoon Sports Centre by the outdoor turf fields. Teams can check in here for the weekend and will receive individual player entries for our Mother's Day Draw. This is where you can find the completed game sheets, and where you should go with any administrative inquiries. We will also have Balloon Twisters and Facepainting here on Saturday afternoon!
- **Headquarters 2** can be found north of the gravel parking lot across the street from the Saskatoon Sports Centre. Food (pizza-by-the-slice, candy bags, Gatorade etc) will be available here

The organization and volunteer time necessary to put on a successful tournament is immense. Please do your part by arriving at your game site thirty (30) minutes in advance of your game to prepare your team so that games can start on time.

## **Schedule and Results**

**Tournament Schedule** and results will be updated live in the Just Kick It Cup App. We strongly encourage you to download our tournament app for live event updates and important bulletins. Search Just Kick It Cup in the App Store or Google Play, or scan the QR code.



Scan Me

The tournament schedule and results will also be posted at the website here:

<https://app.eventconnect.io/events/42025/scheduling-scoring?page-view=schedule>.

## **TOURNAMENT RULES AND PROCEDURES**

### **Groupings**

Each U11-U19 team is guaranteed a minimum of 3 games; U9 teams are guaranteed 4 games.

### **Group Ranking – Note that standings will not be kept for U9 and U11 age groups**

Each team receives 3 points for a win and 1 point for a tie. In the event of a default, the game shall be awarded to the team defaulted against with an official score of 1-0. If two or more teams amass an equal number of points, the following rules, in the following order, shall be used to determine final standings.

1. **Previous match results** – the winner of the match between the two teams tied in points shall be awarded the higher position. If 3 or more teams are tied, then we move on to the next level.
2. **Goal difference** – subtract total goals allowed from total goals scored in all games played. In calculating the goal difference, a maximum of 5 will be allowed for any one game (ie. Score 8-1, difference will be counted as 5).
3. **Least goals against** – The team with the least goals against shall be awarded the higher position.
4. **Kicks from the Penalty Mark** – If 2 or more teams are still tied under the above criteria, then the higher standing shall be decided by kicks from the penalty mark as outlined and in accordance with [SYSI Rules & Regulations](#). The Tournament Committee shall decide on a suitable time, date and location for this to occur.

### **Tie Breaking Procedures**

In the event of a tie during group competition, no overtime will be played, each team will be awarded 1 point for a tie. In the event of a tie in all playoff games including final games, no overtime halves shall be played. The game shall go directly to kicks from the penalty mark to determine a winner.

### **Playoff Procedures – Note that depending on the number of teams in a group, there might not be playoffs**

The top team or teams in each group (depending on the division) will advance to the playoffs or Finals. In the playoffs, the losing team is eliminated from competition. It is the responsibility of the team's representatives to determine if the team advances to the playoffs. Information will be available at Tournament Headquarters and online.

### **Game Procedures**

Except as otherwise provided in this document, the tournament rules shall be as per those used in Saskatoon league play:

- [SYSI Rules & Regulations](#)
- [Outdoor U9 Rules](#)
- [Outdoor U11-U19 Rules](#)

Referees are provided by the tournament for all age groups. Please refer to SYSI rules and regulation in the rare occurrence that a referee does not show up to their assigned game. Please note: U9 referees are usually comprised of volunteers, Lakewood or other youth players. **No abuse of any official will be tolerated and can result in disciplinary action in accordance with Saskatchewan Soccer's disciplinary schedule.**

The first team listed in the schedule is the Home Team. The Home Team must have an alternate jersey and be prepared to change if, in the opinion of the referee, there is a color conflict. Where alternate uniforms are used, the uniforms need not be numbered.

**Please leave the field, team benches and locker rooms promptly and clean, after every game.**

A team without the required minimum players at ten (10) minutes past the scheduled game time will be considered defaulting the game. The minimum number of players required for each format of play are:

- 5v5 games (U9) – 3 players
- 7v7 games – 5 players
- 9v9 games – 7 players
- 11v11 games – 7 players

### **Discipline**

Lakewood Just Kick It Cup tournament follows the disciplinary policies and procedures outlined in the Saskatchewan Soccer disciplinary schedule and are bound to those in accordance with Lakewood's subsequent membership to CSA, SSA and SYSI. Disciplinary action is determined by a referee report of any incident that has occurred during a game that results in the caution or expulsion of any player, team personnel member or spectator.

Discipline matters will be dealt with at Tournament Headquarters by the Tournament Committee. Any player involved in a discipline matter will be required to inquire with tournament headquarters as to the outcome as determined. Discipline matters are as follows: Ejection from a game (1 red or 2 yellow cards) results in an automatic 1 game suspension. 3 yellow cards in the tournament will result in an automatic 1 game suspension and hearing. A record of all discipline matters will be forwarded to the appropriate Provincial or District Association involved for review.

**PLEASE NOTE: FOUL LANGUAGE AND ABUSE OF ANY LAKEWOOD VOLUNTEER OR EMPLOYEE WILL NOT BE TOLERATED!**

### **Protests**

No protests will be heard on any judgment calls by the referee. Protests will be allowed on eligibility or other technical matters. All decisions by the referee will be final concerning outcome of game. Protests will be dealt with provided they are in writing and submitted to the Tournament Committee within 1 hour of completion of the game.

### **Size of the Pitch**

**U9** – 5v5, the pitch size is ½ of a quarter field. All games will be played on Forest Park 9A, 9B, 9C or 9D grass fields.

**U11** – 7v7, the pitch size is ¼ field. All games will be played on either Sherwood indoor turf field, Forest Park 4A, 4B, Forest Park 5A or 5B grass fields.

**U13** – 9v9, the pitch size is ½ size of the full pitch. All games will be played on Kavia and Trail Appliance indoor turf fields, or Forest Park 6A/6B grass fields.

**U15/17/19** – 11v11, regular full pitch size as determined by FIFA. All games will be played on Cherry Insurance or Kinsmen outdoor turf, NS Indoor turf or Forest Park 3 grass fields.

**Note: all U11 and older teams should be prepared to play some of their games on both turf and grass fields.**

### **Length of Games**

All teams must be ready to start play at their scheduled time. Any delay will reduce the total game playing time. Any team without the required players on the floor at 10 minutes past the scheduled game time will default.

All U9 Games - Duration of the game will be **30 minutes** divided into 2 equal halves.

All U11 Games - Duration of the game will be **40 minutes** divided into 2 equal halves. U13 - Duration of the game will be **50 minutes** divided into 2 equal halves.

U15/U17/U19 - Duration of the game will be **60 minutes** divided into 2 equal halves.

There will usually be a 5 minute break for half-time, although this might be shortened if the game is behind schedule.

### **Players and Reserves**

Each U11 team may suit up to 16 players (7v7) and each U13-U19 may suit up to 20 players (9v9 and 11v11) in each game. If larger roster exemptions are needed please contact the tournament. All players must meet the age requirements and be listed on the player registration form and game sheets. Each player is only allowed to play for one team during the Tournament. Having players play for multiple teams, will result in game defaults for all games played. All players must be registered with SSA or the equivalent Provincial Association. Playing unregistered players will result in game defaults and your Provincial Association will be notified.

**TEAMS SHOULD BE PREPARED TO PRODUCE PROOF OF AGE AND ELIGIBILITY UPON REQUEST.**

### **Player Substitution**

There shall be unlimited substitutions without referee's approval ("*on the fly*"). Substitution players must enter the pitch at the centre line. Players must be within 2 meters of the substitution area before a substitute may enter, as long as they do not interfere with the play or enable their team to gain direct advantage.

### **Ball**

- FIFA approved Size 4 soccer balls for U9 and U11.
- FIFA approved Size 5 soccer balls for Under 13/U15/U17/U19.

### **Offside**

- 5v5 and 7v7 (U9 and U11) – No offside
- 9v9 and 11v11 (U13/U15/U17/U19) – Matches on ½ field or full field playing area:
  - The offside line will be the half line. Players can be offside if they are passed the offside line in their opponent's ½ of the opponent's defensive end of the field.

### **Restarting Game**

Ball out-of-bounds will be restarted by goal kick, corner kick or throw-ins from the sideline. If the ball contacts the ceiling or a ceiling attached fixture, the game will be restarted directly below the point of contact by an indirect free kick by the team that was not the last to touch the ball.

For the U9 age group only, throw-ins will not be utilized. Play from the sideline will be restarted with a kick-in or dribble-in

- A Kick-In or Dribble-In (considered an INDIRECT - Free Kick ~ means that the ball must be passed before scoring a goal) taken from the point where the ball went out of play over the touchline (visible or imaginary) by the team that did not touch the ball last. The player can also choose to Dribble-In the ball from the point where the ball went out of play over the touch line. The ball is in play as soon as it passes the touchline.

## **Fouls and Misconducts**

**U11/U13/U15/U19** – as per FIFA Laws of the game

- All Divisions – yellow and red cards under the standard FIFA rules – no time penalties for yellow and red cards.
- Any games played on turf, slide tackles are governed by the FIFA laws of the game.

**U9**

- Even though fouls in the game occur, they are almost always unintentional. Remember the age of these children in front of you. So, when fouls occur such as tripping, kicking, pushing, handling the ball intentionally, etc the opposing team is awarded an INDIRECT FREE KICK. This means that the ball must first be passed to another player before a goal can be scored.
- The coach/parent should explain all the infringements to EVERYONE including the player who committed the foul. This will assist in not alienating the player and gives everyone an explanation of what is not correct behaviour on the soccer field.
- No caution of send-off should be issued to the players.
- SLIDE TACKLES ARE NOT ALLOWED at this age. Players are not allowed to leave their feet or “go to ground” to win the ball from the opponent. If any coach is found to be allowing this from their players, Disciplinary Action will be taken.

## **Player of the Game**

At the end of each game, the coach of each team shall choose a player from within their own team for the Player of the Game award (U11 and older age groups). The teams will be provided with a Player of the Game prizes when they check in at headquarters before their first game.

**Coaches, please make sure that a player may only receive this award once during the tournament.**

## **Tournament MVP – U11-U19**

Each division from U11 to U17/19 will award a Tournament MVP. Similar to **Player of the Game** this will be selected by the opposing team and must be recorded on the Game Sheet by the referee. Awarded players will receive their prize after the final game for their division.

## **Weather-Related Rules – in accordance with SYSI’s League Guidelines**

[Air-Quality Guidelines](#)

## **Saskatchewan Laws**

All players eligible to play in the tournament are “minors” in the Province of Saskatchewan. Possession or use of alcohol by “minors” is illegal. Any report of use or possession of alcoholic beverages or illegal drugs will result in expulsion from the tournament and notification sent to the applicable Provincial Soccer Association. Any person who defaces, destroys, steals or otherwise abuses the facilities or any property will be expelled from the tournament.

## **CANCELLATION POLICY**

If for any reason your team cannot attend, **PLEASE INFORM THE TOURNAMENT COMMITTEE IMMEDIATELY**. Email the Tournament Committee even if your participation is questionable or if you are considering cancellation. If you do not inform the tournament committee of your cancellation, we will expect your team at your first scheduled game. Failure to notify the Tournament Committee of your team’s cancellation will result in your Provincial Association being notified of your action

Thank you and have a great tournament!

Lakewood Soccer