



Welcome Back City of Leduc Arena Users!

Our staff and our patron's safety are our priority, there are several changes you can expect with your upcoming booking due to [Alberta Health Provincial Guidelines](#):

User & Spectator Access

When accessing a facility, several recommendations are noted to enhance safety and reduce risk of transmission. These guidelines from AHS include, but are not limited to, plans for one way traffic, limiting gathering opportunities and Health screening. The following guidelines have been established:

- **Health Check** - All guests must complete the Health Check pre-screening prior to accessing the facility. Pre-screen questions are posted throughout the facility. Coaches are responsible to complete a Health Check (pre-screening questions) with all members attending the scheduled booking each day.

Pre-Screening Questions

1. Does the person attending the activity, have any of the below symptoms?

- | | |
|---------------|---|
| • Fever | • Fatigue |
| • Cough | • Muscle aches |
| • Sore Throat | • Headaches |
| • Runny nose | • Shortness of breath or difficulty breathing |

2. Have you or anyone in your household, returned to Canada from an outside country within the last 14 days?

3. Have you or anyone in your household, been in close contact with a confirmed or probable case of COVID-19?

If yes has been answered to any of the questions above, please complete the COVID-19 Self-Assessment for Albertans found online, stay home, self-isolate and minimize contact with others for a minimum of 10-days, or until symptoms resolve whichever is longer and follow instructions from Alberta Health Services.

- **Face coverings are mandatory in all indoor publicly accessible spaces within the City of Leduc.**

For full bylaw details visit <https://www.leduc.ca/news/leduc-city-council-enacts-face-coverings-bylaw>

The bylaw does not apply to persons:

- under 5 years of age;
 - unable to wear a face covering due to an underlying medical condition or limitation;
 - unable to place, use or remove a face covering safely without assistance;
 - eating or drinking in a public space that offers food or beverage services;
 - when actively participating in an athletic or fitness activity (on bench, spectators and dressing room users require masks)
 - providing care/assistance to a person with disability, where a face covering would hinder the provision of care;
- Any patrons exhibiting signs related to COVID-19 may be asked to leave by LRC staff.
 - For safe entry/exit of facility users, enter and exit the facility through designated entrance for the arena that is scheduled. Please follow directional signs in place. (refer to arena user access diagram).
 - 2m Physical distancing is encouraged to mitigate transmission spread.
 - Track use will not be available for group or team warm-up's.
 - All users and spectators should refrain from mingling, loitering or congregating in common areas.
 - It is strongly encouraged in all common areas, while not participating in an activity, to wear a mask. Please refrain from yelling or cheering. Support participants through clapping.
 - It is the sport organization and coaches responsibility to communicate, as well as enforce, the guidelines for access and facility safety precautions.
 - Spectators and participant aids are permitted in designated locations for each amenity. Please adhere to signage and respect 2m distancing.
 - Whenever possible, pick up and drop off of sport participants should be outside the facility entrances to avoid congregating.
 - No more than 50 people, including participants, staffing and coaches are permitted per play area.

Dressing/Changeroom Use

AHS recommends distancing as one of the best mitigation tools to limit transmission. Therefore it is important to limit access to dressing rooms, decrease lingering, reduce gathering and provide efficient entry/exit flowthrough strategies. The following guidelines have been established:

- Access to assigned dressing rooms will be limited to 30 minutes prior and 30 minutes after the users scheduled time.
- Dressing rooms are available for dressing purposes, however, as per AHS, to the extent possible, players are encouraged to arrive at the facility dressed in their gear, ready to play.
- Where 2m physical distancing cannot occur OR users do not belong to a cohort group in the dressing room, masks are required to be worn.
- Users who do not belong to an established cohort group and do not want to wear a mask can access the dressing room or players bench by practicing 2m physically distancing. In this scenario, the dressing room can safely accommodate 6 people and the players bench can safely accommodate 7 people.
- Organizations with multiple teams/groups within a scheduled block are encouraged to schedule cohort groups back to back to minimize transmission.
- It is recommended that all groups/teams disinfect high touch areas such as lockers, benches and doors before and after their use.
- Showers are available for use; Cleaner is located in the shower for users to disinfect the shower before and after use.

Cohorts & Mini-Leagues

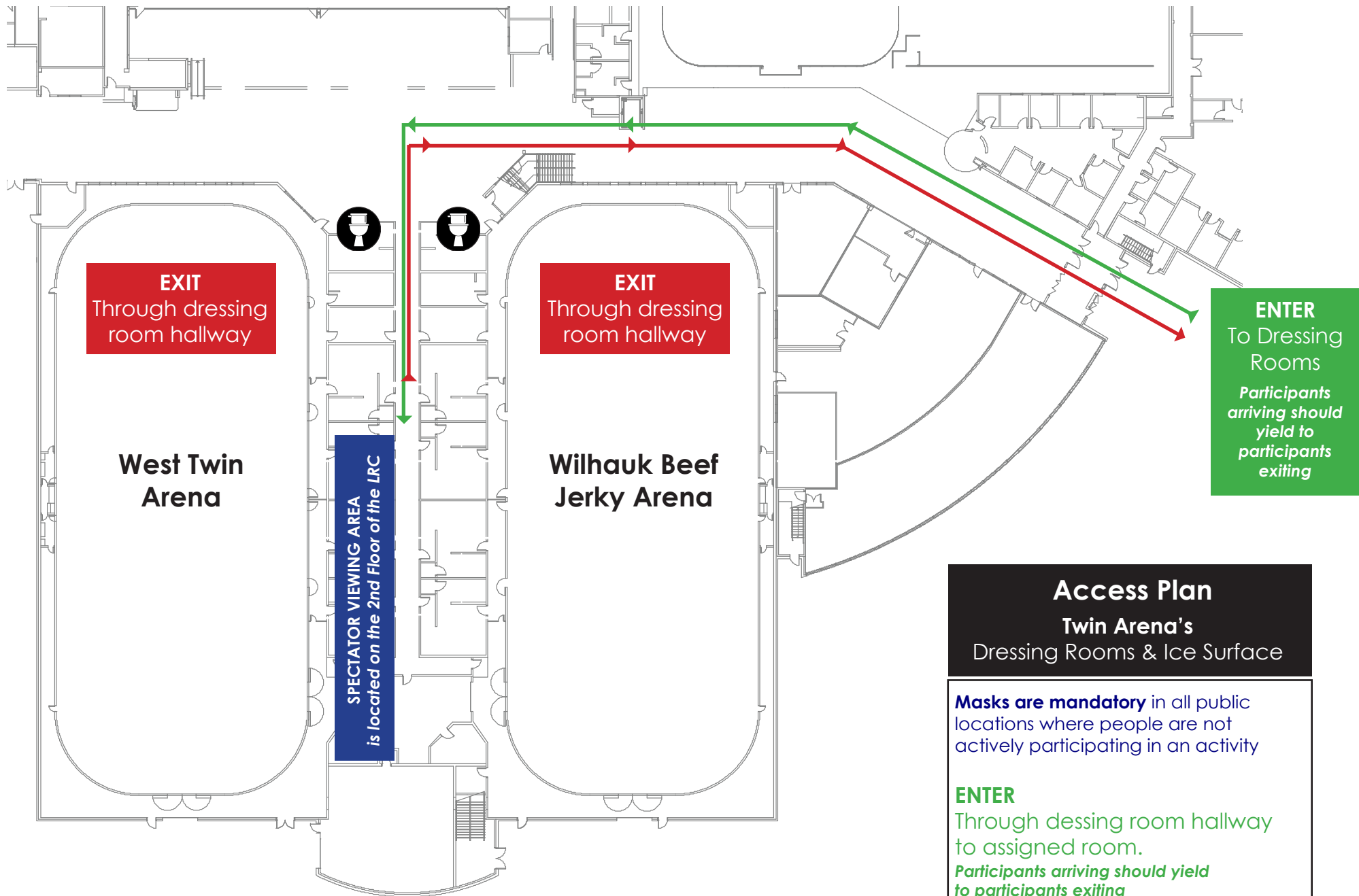
As per AHS, activities where 2m physical distancing cannot be achieved, cohorts should be formed. Cohorts limit the risk of disease transmission because they reduce the number of people with whom players/participants have close contact are advised to manage play within cohorts to minimize spread. [AHS cohort guidelines](#) are:

- Core cohorts (teams) can consist of up to 15 players, including coaches.
- The league allows for the same 3-4 teams to compete with each other in the league, this is known as a 'mini-league'.
- Sport teams can play in region-only cohorts up to 50 players (mini-leagues). It is recommended where possible that participants/cohorts should be kept to your local community or neighborhood, AHS zone to reduce geographic spread.
- It is recommended that participants only belong to one cohort group.

AHS Guidance for Sport, Physical Activity & Recreation Stage 2 can be found at:

<https://www.alberta.ca/assets/documents/covid-19-relaunch-sports-physical-activity-and-recreation.pdf>

Thank you for being safe, kind and patient. We're in this together. We'll get through it together.



Access Plan

Twin Arena's Dressing Rooms & Ice Surface

Masks are mandatory in all public locations where people are not actively participating in an activity

ENTER
Through dressing room hallway to assigned room.
Participants arriving should yield to participants exiting

EXIT
Through dressing room hallway

Spectator Viewing Area is located on the 2nd Floor of the LRC

Access Plan

PERFORMANCE ARENA

Dressing Rooms & Ice Surface

Masks are mandatory in all public locations where people are not actively participating in an activity

ENTER

Through dressing room hallway to assigned room.

Participants arriving should yield to participants exiting

EXIT

Through dressing room hallway

Spectator Viewing Area is located on the east & west side of the Performance Arena

