LRC TRACK CONDITIONS OF USE:

The Leduc Recreation Centre strives to maintain a safe and pleasant experience for all members. To achieve this, track etiquette and conditions of use for all user groups have been established as follows:

- All user groups whose members are 18 years of age and under must be actively supervised by a Coach or Supervisor 18 years of age or older while using the track.
- Active supervision includes staying with the group while on the track and ensuring group members adhere to posted rules and track etiquette.
- To avoid excess congestion on the track, team Supervisors must sign in at the Fitness Centre desk prior to any members of their group accessing the track.
- 15-minute time limit.
- It is up to the fitness staffs' discretion as to how many large groups or teams are permitted on the track at one time to maintain a safe environment.
- Under no circumstances will any user groups be permitted to access the Crossfire or spin bike areas or use any of the fitness equipment on the track.
- Appropriate clothing and non-marking footwear required (denim, boots, open toe, or open heeled footwear are not permitted).
- If additional warm up/cool down use is required, please contact Events & Bookings at (780) 980-7118 or
- <u>events_bookings@leduc.ca</u> to look into the availability of court space to better accommodate your needs.
- Track etiquette and guidelines must be followed. Guidelines and track direction are posted on the track for reference.