



# LEDUC MINOR HOCKEY ASSOCIATION

---

## AA & HADP Roughnecks 2023-2024 Season Information

The Leduc Roughnecks have 3 AA teams including U13AA, U15 AA and U18 AA. The program details can be found on Hockey Alberta's website - [AA Hockey Model](#). The U18 AA, U15 AA and U13 AA currently participate in the Northern Alberta Hockey League [NAHL](#). All 3 teams play a 32 game regular season plus a Regional Playoff Tournament.

The Leduc Roughnecks are zone-based teams and the recruitment area is comprised of 7 different Minor Hockey Associations including: Leduc, Calmar, Drayton Valley, Millet, Thorsby, Warburg and Winfield. Leduc Minor Hockey is the host and governs all teams. One practice each week is held within our draw zone.

The Leduc Roughnecks also has a U11 team participating in the Hockey Alberta Development Program for the 2023-2024 seasons. Program details can be found on Hockey Alberta's website - [U11 HADP](#). The U11 HADP team currently participates in the Edmonton Federation Hockey League [EFHL](#).

Leduc Minor Hockey has the following volunteers tasked with overseeing the AA Roughnecks. The 5 volunteer positions make up the Leduc Roughnecks AA Committee.

- Senior AA Director – Taylor Stiles
- 4 AA Level Directors
  - U18 AA Director – Kevin Konelsky
  - U15 AA Director – Lauren Scheit
  - U13 AA Director – Chris Mack
  - U11 HADP Director – Spencer Tiedemann

The AA Roughnecks is a program within the Leduc Minor Hockey Association and is supported by the LMHA Board of Directors, Policies & Procedures, Regulations and Bylaws. The LMHA Board is comprised of volunteers and supported by paid staff - Administrator and Financial Administrator.



# LEDUC MINOR HOCKEY ASSOCIATION

---

## AA Roughnecks Season Plans

The Roughnecks AA Program provides athletes with an opportunity to play at a level that fosters skill development and focuses on helping athletes advance to the next level, bridging the gap between grassroots programs and AAA. The teams partner with contracted resources to support the Coaching Staff in developmental areas which could include, but are not limited to:

- Individual Skill Development
- Power Skating
- Goaltender Development
- Team Tactics
- Defensive Skill Development
- Off Ice Hockey Skills Training
- Off Ice Strength and Conditioning Training

Skill Development, Power Skating and Goalie Coach will be hired by each team. Weekly practices will be focused on individual skill development with the other regularly schedule practice Coach led and team focused.

## AA Roughneck Fees

1. **LMHA Base Fees** - These fees are set annually at the LMHA AGM and reflect the base amount to play hockey in LMHA in a specified age division. These fees reflect one hour of practice per week and the cost to participate in a recreational league.
2. **LMHA Level Adjustment Fees** - These fees are calculated in October/November by the LMHA Finance Committee and reflect the additional costs to train for and participate in the Association's highest levels of its divisions. These costs include items such as practice ice in excess of one hour, higher league fees, higher cost of referees for elite level games, team equipment and extra socks. Once approved these fees are communicated and are typically due in December.
3. **Team Fees** - These fees are specific to the operations of the team. Team fees cover costs of the following items including additional development, team extra ice, tournament entries, buses, team clothing, off-ice training and coach honorariums if required. These fees are budgeted prior to the start of the season and an estimated amount will be communicated to families before the tryouts.

Teams and parent groups do have an opportunity to support the team and lower player fees by reducing Team Fees through fundraising and corporate sponsorship programs.



# LEDUC MINOR HOCKEY ASSOCIATION

---

## **U13 AA (2011-2012 born players)**

Leduc Minor Hockey has selected Dean Charpentier to return for his second year as Head Coach of the U13 AA Team. LMHA is excited to have Charpentier back after a really successful season winning the Rural Conference of the NAHL U13 AA League and representing Leduc at the Hockey Alberta Provincials. He grew up playing Competitive Minor hockey in Camrose, AB and has played for 44 years and is still playing to this day! Dean has been a Head Coach in LMHA for 5 years and coached in the PHL and HSL as well. He is excited to build on the success of last year is looking forward to what lies ahead this season!

### **Prep Camp**

- August 28-31 in Leduc - \$165
  - August 28, 29 & 30 @ 5:45pm - August 31 @ 7:00pm

### **Tryouts**

- Tryouts will start as early as September 1<sup>st</sup> and will go over the long weekend.
- Cost is \$150 and all skaters will be guaranteed 3 skates before the first releases.
- Pre-Season Evaluation Tournament takes place in Strathcona September 7-12.

### **Estimated Financial Requirement for U13 AA**

1. LMHA Base Registration Fee - \$715.
2. LMHA Level Up Fee - \$400-\$600
3. Player Team Fee - \$1,000 to \$1,500.

The per player fee is based on a team budget of \$20,000 to \$25,000. The per player fee does not factor in any other team fundraising including corporate donations, bottle drives, raffles or other fundraising initiatives. The goal would be to off-set at least half of the team fee through team fundraising. \$500 will be due upon selection of the team with the balance if any due January 15<sup>th</sup> once the sponsorship projects are completed.

### **U13 AA Season Outline**

- 26-28 Week Season
- 60 Practices for 70+ hours on ice, plus 2 PD Skill Development Days
- 20 hours with a Professional Skills/Power Skating Coach and Goalie Instructor
- Weekly off ice sessions
- Minimum of 50 games
- 5 Pre-Season, 32 League Games, 3+ playoff games, 12 tournament games
- In 2022-23 Team played 9 playoff games plus qualified for Provincials



# LEDUC MINOR HOCKEY ASSOCIATION

---

## **U15 AA (2009-2010 born players)**

The Head Coach of the U15 AA Team for 2023-2024 will be Josh Giacobbo. He is returning for his 3<sup>rd</sup> straight year coaching AA in Leduc with previous experience coaching this team last year and U13 AA the prior season. This will be his 11th year of coaching hockey. Giacobbo is passionate about the players long term athletic development and helping the players grow not only as hockey players but as individuals. Josh brings a wealth of experience to the position, he grew up playing hockey and continued into his college years where he played for NAIT.

### **Prep Camp**

- August 27-31 in Leduc - \$165
  - August 27 @ 8:15pm - August 29, 30 & 31 @ 7:00pm

### **Tryouts**

- Tryouts could start as early as September 1<sup>st</sup>.
- Cost is \$150 and all skaters will be guaranteed 3 skates before the first releases.
- Pre-Season Evaluation Tournament takes place September 12-18.

### **Estimated Financial Requirement for U15 AA**

1. LMHA Base Registration Fee - \$715.
2. LMHA Level Up Fee - \$400-\$600
3. Player Team Fee - \$1,000 to \$1,500.

The per player fee is based on a team budget of \$22,000 to \$30,000. The per player fee does not factor in any other team fundraising including corporate donations, bottle drives, raffles or other fundraising initiatives. The goal would be to off-set at least half of the team fee through team fundraising. \$500 will be due upon selection of the team with the balance if any due January 15<sup>th</sup> once the sponsorship projects are completed.

### **U15 AA Season Outline**

- 26-28 Week Season
- 60 Practices for 70+ hours on ice
- 16+ hours with a Professional Skills/Power Skating Coach and Goalie Instructor
- Weekly off ice sessions
- Minimum of 50 games
- 5 Pre-Season, 32 League Games, 3+ playoff games, 8 tournament games



# LEDUC MINOR HOCKEY ASSOCIATION

---

## **U18 AA (2007-2008 born players)**

The Head Coach of the U18 AA Team for the 2023-2024 Season is Larry Moberg. Moberg was an Assistant Coach on the team last year and comes with many years of competitive hockey coaching experience. Having Moberg back with LMHA is going to be a huge benefit to the U18 AA team and the AA Program. He has coached in the Alberta Junior Hockey League for many years and has been a Head Instructor with Hockey Canada Programs.

### **Prep Camp**

- August 26-31 in Leduc - \$165
  - August 26, 29, 30 & 31 @ 8:15pm

### **Tryouts**

- Tryouts could start as early as September 1<sup>st</sup>.
- Cost is \$150 and all skaters will be guaranteed 3 skates before the first releases.
- Pre-Season Evaluation Tournament takes place September 18-27

### **Estimated Financial Requirement for U18 AA**

4. LMHA Base Registration Fee - \$840.
5. LMHA Level Up Fee - \$400-\$600
6. Player Team Fee - \$1,000 to \$1,500.

The per player fee is based on a team budget of \$22,000 to \$30,000. The per player fee does not factor in any other team fundraising including corporate donations, bottle drives, raffles or other fundraising initiatives. The goal would be to off-set at least half of the team fee through team fundraising. \$500 will be due upon selection of the team with the balance if any due January 15<sup>th</sup> once the sponsorship projects are completed.

### **U18 AA Season Outline**

- 26-28 Week Season
- 60 Practices for 70+ hours on ice
- 16+ hours with a Professional Skills/Power Skating Coach and Goalie Instructor
- Weekly off ice sessions
- Minimum of 50 games
- 5 Pre-Season, 32 League Games, 3+ playoff games, 8 tournament games



# LEDUC MINOR HOCKEY ASSOCIATION

---

## **U11 HADP (2013-2014 born players)**

Leduc Minor Hockey is happy announce Corey Schwab as the Head Coach of the U11 HADP for the 2023-2024 season. Schwab was the Co-Head Coach for this team last year and looks forward building on a great year of growth with the Roughnecks. He brings an array of coaching experience at all ages and levels from u7 to u18AAA as well as both playing and scouting at the Junior level. This includes 13 times being either a coach or assistant coach for an LMHA team. Schwab is passionate about kids long term athletic development and is excited for the year.

### **Prep Camp**

- August 28-31 in Leduc - \$165
  - August 28, 29 & 30 @ 4:30pm
  - August 31 @ 5:45pm

### **Tryouts**

- Tryouts will start as early as September 4<sup>th</sup>.
- Cost is \$150 and all skaters will be guaranteed 3 skates before the first releases.
- Skaters will not tryout at a designated position and will be evaluated at both.
- Positional preference will be factored in during the Team Selections, but the team will not automatically select 9 Forwards, 6 Defense and 2 Goalies based on what position players registered for.

### **Estimated Financial Requirement for U11 HADP**

1. LMHA Base Registration Fee - \$650
2. LMHA Level Up Fee \$250-\$350 Extra weekly practice, longer game times, additional referee costs from the regular base fee for U11.
3. Player Team Fee - \$750 to \$1,000

The per player fee is based on a team budget of \$15,000 to \$17,000

The per player fee does not factor in any other team fundraising including corporate donations, bottle drives, raffles or other fundraising initiatives. The goal would be to offset at least half of the team fee through team fundraising.

\$400 will be due upon selection of the team with the balance if any due January 15<sup>th</sup> once the sponsorship projects are completed.



# LEDUC MINOR HOCKEY ASSOCIATION

---

## **U11-HADP Competitive Stream Offering and Enhancements**

- 24 EFHL League Games, plus playoffs.
- Additional Preseason and Exhibition Games.
- Minimum 3 tournaments with one being out of town overnight trip.
- Participation in Edmonton Minor Hockey week.
- Minimum 60 full ice practices during the year.
- Over 120 hours on the ice through the season.
- Dedicated season long skill development and skating coach.
- Enhanced Coach Development & Training.
- Team Community Service Events.
- Enhanced partnership with the Leduc Junior Athletic Club for players and coaches.
- Team Apparel with Names and Numbers.

## **Player Development**

- Enhanced Focus towards On and Off Ice Skill Development.
- Minimum of 60 full ice practices/skill sessions per season.
- Weekly Hired Skills/Skating Sessions with a minimum 20 sessions with paid professional skill development company.
- Access to Power Edge Pro player development tools.
- Team PD Day Camps with multiple on & off-ice sessions with paid skill development company.
- Forward and Defense specific practices.

## **Goaltender Development**

- Dedicated Goalie Coach on staff
- Weekly relationship with the same professional goalie coach to provide a minimum 16 sessions.
- Season skill progression plan.