



# Springette – May 2025

**Registration is now open for Springette** with LRA & BRA members receiving priority. All registered non LRA / BRA members will be placed on a waitlist until Feb 22, 2025. On February 23 registration will open to the general public. All registrants will receive an email the week of March 3, 2025 confirming a spot or with notification of a refund coming.

## **REGISTER NOW!**

**Registration will close on Saturday March 22, 2025.**

\*2016 Skaters must be able to skate full ice independently

\*Player movement may be examined based on FINAL registrants after March 24, 2025.

**Games will begin April 7, 2025 and conclude May 1, 2025**

**\*See schedule for times (SUBJECT TO CHANGE BASED ON REGISTRATION)**

**REGISTRATION FEES / REFUNDS: U10 - U19 \$125 / Goalies FREE**

Birth Year	Register For:
2013 - 2016	U10 / U12
2011 - 2012	U14
2006 - 2010	U16 / U19

Refund requests must be received in writing by email to: [leducringette.registrar@gmail.com](mailto:leducringette.registrar@gmail.com) before March 15, 2025, for a full refund less \$25 admin fee. A refund request after March 15, 2025 is \$50.00.

**RULES:**

All regular Ringette Alberta rules apply.

Teams may be switched up at half or each week at the discretion of the Player Development & Assistant.

2 min warmup, 2 minutes between periods.

2 – 20 min periods. If games appear to be running longer than the allotted 1-hour time slot, the clock will drop to 2 mins in the last 5 minutes of the hour.

Shot Clocks will be used. U12 is a great session for parents to learn this minor box duty.

Scrimmage Game Start: Center free ring.

Penalties will not be served in the box, but will result in a penalty shot awarded to the player infringed upon. Unsportsmanlike penalty = player ejected for the remainder of the game / night.

No time outs.

We are keeping score, but player stats will not be recorded.

Players need to be prepared to go on the ice & change lines at any time.

Parents' help on the bench is strictly to assist with opening & closing of the gates. (NO coaching)

Blue-line infractions result in possession change at the point of infraction, penalized team must retreat 15 feet (or a reasonable distance).

Abuse of Officials will not be tolerated. Player(s) disrespecting the game Officials will be penalized and/or ejected at the referee's discretion. If a player is deemed to be a danger to themselves or others, or playing in a manner that is detrimental to the spirit of the game, physically, verbally, or otherwise, that player may be asked to leave the ice surface for that game and/or face possible suspension from the Springette program entirely with no refund.

**Volunteers:** A request will be emailed to all LRA members to sign up for a volunteer slot. The minimum requirement for each ice time to start is;

- Bench 1 - two (2) Gate swingers
- Bench 2 - two (2) Gate swingers
- Minor Officials: (1) Shot Clock, (1) Time Clock

LRA may require a volunteer for the check in table, to hand out jerseys 45 mins prior to start time & collect jerseys for 15 mins afterward.

**Please note:** We ask all families to be respectful of the volunteers and remember the primary purpose of this spring program: FUN. While we all want our children to excel and achieve their best, it's crucial to maintain perspective and prioritize enjoyment. Youth sports are about fostering physical activity, teamwork, and personal growth in a supportive environment. Please set a positive example for our young athletes by exhibiting good sportsmanship, encouraging their efforts, and refraining from

complaints or negative behaviour.

Questions & concerns about the Spring Ringette program for all levels can be emailed to:

[leducringette.playerdevelop@gmail.com](mailto:leducringette.playerdevelop@gmail.com)

### **U10 / U12**

MONDAY	APRIL 7, 2025	5:15	6:15
WEDNESDAY	APRIL 9, 2025	5:45	6:45
SUNDAY	APRIL 13, 2025	5:30	6:30
WEDNESDAY	APRIL 23, 2025	6:45	7:45
MONDAY	APRIL 28, 2025	5:15	6:15
WEDNESDAY	APRIL 30, 2025	6:45	7:45

### **U14**

TUESDAY	APRIL 8, 2025	5:45	6:45
THURSDAY	APRIL 10, 2025	5:45	6:45
SUNDAY	APRIL 13, 2025	6:45	7:45
WEDNESDAY	APRIL 16, 2025	6:45	7:45
THURSDAY	APRIL 24, 2025	6:30	7:30
MONDAY	APRIL 28, 2025	6:30	7:30

### **U16 / U19**

TUESDAY	APRIL 8, 2025	7:00	8:00
THURSDAY	APRIL 10, 2025	7:00	8:00
SUNDAY	APRIL 13, 2025	8:00	9:00
TUESDAY	APRIL 22, 2025	8:00	9:00
TUESDAY	APRIL 29, 2025	6:45	7:45
THURSDAY	MAY 1, 2025	6:45	7:45