

2023 -2024 Conditioning/ Evaluation Ice

Arena - Labor Club

Tuesday September 5th

5:30-6:30	U 10 Blue	Skills
6:45 -7:45	U 10 Yellow	Skills

Wednesday September 6

5:30-6:30	U 12 Blue	Skills
6:45 -7:45	U 12 Yellow	Skills

Thursday September 7

5:30-6:30	U 10 Blue	UAA
6:45 -7:45	U 10 Yellow	UAA

Friday September 8

5:30-6:30	U 12 Blue	UAA
6:45 -7:45	U 12 Yellow	UAA

Saturday September 9

8:45AM-9:45AM	U 14	Skills
10:00AM-11:00AM	Come Try / AS /Intro	Skills
11:00AM-12:00PM	U 16	Skills
12:15PM-1:15PM	U 19	Skills

Sunday September 10

9:00AM-10:00AM	U 10 Blue	Skills
10:00AM-11:00AM	U 10 Yellow	Skills
11:15AM-12:15PM	U 12 Blue	Skills
12:30PM-1:30PM	U 12 Yellow	Skills

Monday September 11

5:30-6:30	U 14	UAA
6:45-7:45	U 19 / Open	Skills

Tuesday September 12

5:30-6:30	U 12	Game Evaluation
6:45-7:45	U 16	Game Evaluation
8:00 - 9:00	Horns	Evaluations

By Invite

Wednesday September 13

5:30-6:30	U 10	Game Evaluation
6:45-7:45	U 14	Game Evaluation

By Invite

By Invite

Thursday September 14

5:30-6:15	Active Start / Intro	Skills
6:30-7:30	U 12	Game Evaluation
7:45 - 9:00	Horns	Evaluations

By Invite

Friday Sept 15

5:30-6:30	U 14	Game Evaluation
6:45-7:45	U 16	Skills

By Invite

Saturday September 16

8:45AM-9:45AM	U 10 Blue	Skills
9:45AM-10:45AM	U 12 Blue	Skills
11:00AM-12:00PM	U 12 Yellow	Skills
12:15PM-1:15PM	U 19	Skills

Sunday September 17

9:00AM-10:00AM	U 10 Yellow	Skills
10:00AM-11:00AM	U 14	Skills
11:15AM-12:15PM	U16	Skills
12:30PM-1:30PM	U19 / Open	Skills