

LRA AWARDS CRITERIA

1. **LRA Player Leadership Award.** Presented annually to a player within the LRA who has exhibited leadership on and off the ice throughout the season. The recipient of this award will have been a role model for other players with their attitude, behaviour, and work ethic. They will have embodied the principles of TrueSport and been an ambassador of the Friends First movement, typified by fair and respectful competition.

2. **LRA Coach of the Year Award.** The LRA Coach of the Year is presented annually to a coach that has been a successful mentor for their team throughout the season. While this may or may not correspond to success in terms of wins and losses, the recipient will have exhibited a commitment to the development of all players on their team, both as athletes and as individuals. The Coach of the Year will have been a model of teamwork for players with their interactions with co-coaches. The Coach of the Year will have consistently shown respect for players, opposition, officials, and parents.

3. **Junior Coach of the Year Award.** Presented annually to a junior coach who has show dedication to their assigned LRA team through the Junior Coaching program. They will have been committed to attending practices, and when possible, games or tournaments. They will have been an engaged role model for younger athletes on and off the ice and an effective communicator with the coaching staff on the team.

4. **Official of the Year.** Presented to a qualified official based primarily in Lethbridge. This individual will have demonstrated a commitment to assigned games and reliability with attendance. This official will have demonstrated a thorough understanding of the rule of ringette, and a commitment to continue their learning and growth as an official. If appropriate, they will have been a mentor to facilitate the growth and development of other officials. The Official of the Year will consistently exhibit a respectful attitude toward athletes, minor officials, parents, and coaches.

5. **LRA Volunteer of the Year.** This is presented to an individual who has displayed an incredible passion and dedication to the Lethbridge Ringette Association. This individual will stand out amongst many volunteers by virtue of the time and effort they have given through the season to further the goals and mission of the LRA.

All recipients of LRA awards will have consistently exhibited the True Sport Principles in their role within the LRA

True Sport Principles

Go for It

Rise to the challenge - always strive for excellence. Discover how good you can be.

Play Fair

Play honestly - obey both the letter and spirit of the rules. Winning is only meaningful when competition is fair.

Respect Others

Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.

Keep it Fun

Find the joy of sport. Keep a positive attitude both on and off the field.

Stay Healthy

Place physical and mental health above all other considerations - avoid unsafe activities. Respect your body and keep in shape.

Include Everyone

Share sport with others. Ensure everyone has a place to play.

Give Back

Find ways to show your appreciation for the community that supports your sport and helps make it possible.