



CONSTITUTION AND BYLAWS

OPERATING POLICY

2026

Revised October 2002

Revised October 2004

Revised November 2005 2006 2007 2008 2009 2010 2011

Revised November 2012 2013 2014 2015 2016 2017 2018 2019 2021 2022 2023

Revised November 2024 2025

{leave blank}

Constitution

- (1) The name of the Commission is the LOWER MAINLAND MINOR LACROSSE COMMISSION.
- (2) The objects of the Commission are:
 - (a) To foster and promote the game of lacrosse, subject to the rules and regulations of the British Columbia Lacrosse Association.
 - (b) To organize and administer league and play-off competitions for the teams of its Member Associations.
- (3) The Commission shall be carried on without purpose of gain for its Members and any profits or other accretions to the Commission shall be used for promoting its objects.
- (4) In the event that the Commission should at any time be wound up or dissolved, the remaining assets after payment of all debts and liabilities shall be turned over to an organization in the Province of British Columbia promoting the same objects of this Commission.

Bylaws

Article I - Memberships

- I-1 The members of the Commission are the subscribers of the Constitution and Bylaws.
- I-2 Members of the Commission shall consist of the following:
 - (a) Executive as elected under Bylaw No. V.
 - (b) Minor Lacrosse Associations who are members of the British Columbia Lacrosse Association, who are geographically situated in the area generally referred to as the Lower Mainland, and who have teams entered in the Commission competition.
 - (c) League Commissioners as appointed by the Executive.

Article II –LMMCL Regular Meetings

II-1 At regular league meeting each Executive Member shall be entitled to one (1) vote. Each Member Association shall be entitled to two (2) votes. Each Member Association will advise the Commission Secretary of the two members of the Association who shall receive the meeting minutes.

II-2 In order to ensure accurate communications minutes of all LMMCL meetings will be posted on the LMMCL website within 7 days and said minutes are to be read at their next Association executive meetings.

II-3 Four (4) members present shall constitute a quorum at any Executive Committee meeting of the Commission.

II-4 In order to allow proper preparation of all Member Associations, Regular Monthly Meeting Agenda's will be e-mailed to LMMCL Member Association Presidents a minimum of 24 hours prior to said Regular Monthly Meeting.

II-5 (i) Any Association missing a regularly scheduled monthly Lower Mainland Minor Lacrosse Commission meeting will be fined \$50. This fine will be increased by \$30 increments for each meeting that is missed in a fiscal year. No Association is to be excused from more than two monthly meetings in a year (October to September). Associations electing to excuse themselves more than twice in a year, will be subject to the applicable fines.

(ii) Any Association missing the March declaration meeting will be subject to a \$250 fine.

(iii) Any Association missing the meeting, where the BCLA AGM proposed changes are discussed, will be fined \$100.

(iv) Any Association not covering their entire voting delegate to the BCLA AGM Minor Operating Policy Meeting (generally held on the Saturday of the BCLA AGM) will be subject to a \$500 fine, per delegate missing

(V) Any Association not covering their entire voting delegate to the BCLA AGM General Session meeting (generally held on Saturday of the BCLA AGM) will be subjected to a \$250 fine, per delegate missing

(vi) Any Association to knowingly accept a registration (defined as entering a player into the BCLA database) for a player not yet released (meaning request is still under review by the LMMLC Executive) or not properly released (see D-1 for correct process) from their home association, shall be subject to a \$500 fine per player.

(vii) Any Association who allows an aged down player prior to being properly aged down to play in any games including exhibition games, shall be subject to a \$100 fine per player, per game.

(viii) Fines(s) must be paid to the Treasurer of the Lower Mainland Minor Lacrosse Commission by the next scheduled meeting of the next Lower Mainland Minor Lacrosse Commission. Should an Association fail to forward payment to the Treasurer of the LMMLC by the next scheduled meeting that Association will cease to be a member in good standing with the LMMLC.

Article III – LMMLC Annual General Meetings

III-1 The Annual General Meeting of the Commission shall be held no later than the end of November of each year.

III-2 At any Annual General Meeting (AGM), or Special Meeting each Executive Member shall be entitled to one (1) vote. Each Member Association shall be entitled to two (2) votes.

III-3 Other meetings of the members, whether general or special, may be convened by order of the Executive at any time.

III-4 Twelve (12) members associations present shall constitute a quorum at any meeting, general or special, of the Commission

III-5 Any Association that has ceased to be a member in good standing with the LMMLC shall have their voting privileges revoked for all general meetings and the Annual General Meeting until fines are paid. Also, their teams could be removed from league play and playoffs.

III-6 Changes to the Constitution and Bylaws of the Commission can be made by motion at the Annual General Meeting or Special Meetings of the Commission. Notice of motion shall be in writing to the Secretary thirty (30) days prior to the Annual General Meeting and shall be distributed to members' twenty-one (21) days prior to the Annual General Meeting or Special Meeting.

III-7 Anyone wishing to nominate someone for a position on the LMMLC executive as set out under Article V – The Executive, must send nominee's name to the chair and secretary of the LMMLC seven(7) days prior to the scheduled Annual General Meeting, so it can be added to the distribution of the annual General Meeting to all members. No nominations from the floor will be allowed.

Article IV - Affiliation and Fees

- IV-1 The Commission shall affiliate and work with the British Columbia Lacrosse Association.
- IV-2 Member Associations shall pay entry fees for each team including “in-house teams” as determined by the Commission to cover operating expenses of the Commission. Amount will be set at the LMMC AGM (currently set at thirty-five dollars(\$35))
- IV-3 Member Associations shall pay a player fee, will be set at the AGM each year, the player fee will be \$2.00 per player and must be paid when each player is registered with the team registrations
- IV-4 Each Member Association shall designate at least one of their members as a “Commissioner Volunteer” by February 1st of each fiscal year. The LMMC Executive may change the duties of these volunteers as necessary through the year.
- IV-5 Each Member Association which does not supply a “Commissioner Volunteer” by February 1st of each fiscal year shall be fined \$500. If the Member Association does supply a “Commissioner Volunteer” by March 1st the said Member Association will receive a refund of \$175. If a commissioner volunteer, refuses the position or must be removed the home association would be fined \$250. LMMC commissioners will be appointed by the LMMC Executive from names supplied by the Members Associations or from names submitted to the Executive prior to March 1st.

Article V - The Executive

- V-1 The affairs of the Commission shall be managed by an Executive Committee that shall consist of the following:
 - (a) The presently elected members as set out in V-2.
- V-2 The Elected Members of the Executive shall be elected at the Annual General Meeting and shall consist of the following:
 - (a) Chairperson - for a two-year term on even years
 - (b) Vice-Chairperson - for a two-year term on uneven years
 - (c) Secretary - for a two-year term on uneven years
 - (d) Treasurer - for a two-year term on even years
 - (e) Female Director – for a two-year term on even years
 - (f) Zone Directors - one for each Zone (3, 4, 5) for a two-year term as follows:
 - Zones 3 and 5 in uneven years and Zone 4 in even years

The past Chairperson may remain on the Executive for a one-year period with full voting rights to assist the new Chairperson in their new role.

If an elected member of the Executive fails to attend more than two regularly scheduled meetings of the Lower Mainland Minor Lacrosse Commission during the year of their term of office, then that position may become vacant, and the remaining members of the Executive may appoint a replacement to fill the vacancy until the next annual meeting. If more than a year

remains in the term, an election shall take place at the next annual meeting to elect a replacement to the end of the position's term.

V-3 The Executive Committee may administer the affairs of the Commission in all things and make or cause to be made for the Commission in its name, any kind of contract which the commission may lawfully enter into and save as hereinafter provided, generally, may exercise all such powers and all such other acts and things as the Commission is by its Constitution or otherwise authorized to exercise or do.

V-4 The Executive Committee shall have the authority to appoint persons to fill Executive positions that become vacant during the operating year.

V-5 (a) The Operations Committee shall consist of the Executive Committee and the League Commissioners appointed by the Executive Committee.
(b) The Operations Committee will be responsible for team movement when required and other aspects of league play within the Commission.

V-6 OFFICERS AND DUTIES

(a) Elected Positions

(i) CHAIRPERSON (or "Chair")
The Chair will administer the commission as per the Operating Policy of the commission, and of the BC Lacrosse Association. They will chair all meetings of the commission and will have the vote only to break a tie. They will represent the commission at all Minor Directorate meetings and shall carry the commission votes. The chair shall not hold a current position as executive member with an Association member of the commission

(ii) VICE CHAIR
The Vice Chair shall take over the duties of the Chair in his/her absence

(iii) SECRETARY
The Secretary will be responsible for recording and keeping minutes of all meetings, keeping records of all correspondence. They will assist the Chair in the distribution of said correspondence to all member clubs. Minutes of all meetings of the LMMC, including Executive minutes, must be taken and kept by the Secretary of the LMMC.

(iv) TREASURER
The Treasurer will keep records of all financial matters process invoices and make payments in a timely matter pertaining to the commission. Will prepare and present an annual budget and financial statements at the LMMC AGM. Will report at monthly meetings the bank balance. Will provide monthly bank statements to the chair and secretary for official record keeping 5 days prior to the monthly meeting

(V) Female Director

(a) Responsible to the LMMC Chair & BCLA Female Box chair.
(b) To oversee all aspects of female box lacrosse in the LMMC.
(C) To act as commissioner when no commissioner is available.

- (d) To be given a vote on the LMMCLC.
- (e) To be given a Two-year term.
- (f) To be part of development/promotion.

(b) Zone Directors – one for each Zone (3, 4, 5)

- (i) Attends Commission meetings.
- (ii) Is a voting member of the Minor Directorate and attends their meetings.
- (iii) Main communication link between Minor Directorate and Commissions.
- (iv) Maintain good communication between Associations and the Commission.
- (v) Monthly contact with Association Presidents in their Zone.
- (vi) An ad hoc member of every Association in their Zone.
- (vii) Ensure they work for all Associations in their Zone.
- (viii) Ensure all Associations in their Zone are familiar with the Bylaws and Constitution along with the Operating Policy of the BCLA and the Minor Directorate.
- (ix) Provide guidance on Constitution and Bylaws and the Operating Policies of the BCLA and Minor Directorate to Associations in their Zone.
- (x) Work with Associations in their Zone on the nomination of Zone Lacrosse Player of the Year.
- (xi) Set up trials for Summer Games and assist in selecting coaches and players.
- (xii) Ensures all forms are sent out and returned within the correct time lines to allow teams to qualify for Summer Games.
- (xiii) Assists all participants in maintaining a good calibre and standard of the game.
- (xiv) Serve as an agent of the Minor Directorate, and as such, carries out its mandate
- (xv) Responsible to liaise with the BCLA Technical Director and the BCLCA Zone coordinator to ensure that all Association Presidents, Coaching Coordinators and League Commissioners are advised of the names of all suspended coaches who fail to meet the minimum standards of the Form 100B as of the deadline of May 1.

If they cannot attend any Minor Directorate meeting, they must contact the LMMCLC Chair to find a replacement to attend the meeting, four (4) days prior to the meeting.

If they do not do this and do not show for two (2) Minor Directorate meetings or LMMCLC meetings, the LMMCLC Executive can release them of their position.

(C) Appointed positions (as needed) (1 year term)

- (i) head commissioner – to oversee and mentor new commissioners during the season to advise the executive on commissioner placement, and to send evaluations and feedback of the commissioners to the executive
- (ii) Administrative Assistant – to aid in general duties with the chair and secretary throughout the season as deemed necessary.

VI-1 All members of the executive that are required to participate in the BCLA AGM Should have out of pocket expenses paid to them not to exceed \$100.00 for travel Expenses and \$50.00 for meals (not supplied by the BCLA).

VI-2 Executive members that are required to attend regular minor directorate meetings
Throughout the year, an annual stipend of \$200 shall be paid to offset travel costs.

Amended 1991, 1997, 1999, 2000, 2004, 2005, 2006, 2007, 2009, 2010, 2011, 2012, 2013,
2014,2015,2016,2017,2021,2022, 2023,2024,2025

Operating Policy

Definitions

- Association a minor lacrosse association which is a member of the Lower Mainland Minor Lacrosse Commission
- BCLA the British Columbia Lacrosse Association
- CLA the Canadian Lacrosse Association
- LMMC or Commission the Lower Mainland Minor Lacrosse Commission
- Minor Directorate the Minor Directorate of the BCLA

Section A - Game Sheets

A-1 Home teams shall ensure that approved game sheets (or app for electronic game sheets) are available to the timekeeper before the start of the game.

A-2 The winning team shall be responsible for the original game sheets (white) to be faxed or scanned or e-mailed or electronically sent to the Commissioner within 24 hours and post-marked within 48 hours after the conclusion of the respective game (or uploaded into the app and signed off as completed for electronic game sheets). The goldenrod copy is for the losing team and the pink copy is for the winning team. All original game sheets are still to be mailed to Commissioners.

A-3 It is imperative that Commissioners receive game sheets on time. Failure to do this will result in the game points not being recorded. Game sheets NOT in the hands of the Commissioners, within 7 days after the conclusion of the game WILL NOT COUNT. The team will lose the points and could be eliminated from Provincial play. A simple phone call will assist in ensuring the Commissioner is aware the games have been played but in no way takes the place of the game sheets. (electronic game sheets must be signed off as complete, if there is technical issues the commission must receive paper copy as above)

A-4 The game sheet is to be clearly and filled out prior to the game. The official shall check the game sheet prior to the start of each game. (Official to receive game code prior to game for roster check is using electronic). Score keeper/Manager must ensure that all officials names are uploaded in the app (including score, time and shot) and that the on the floor official signs off the completed electronic game sheet prior to leaving the score bench and that the game is marked completed

A-5 All players whose name appears on the game sheet shall be in uniform and present on the team bench, except in the case of a suspended player or coach. The suspended player or

coach's name must appear in the game sheet notes clearly indicating that a suspension is being served (i.e. serving suspension game #1 of 3) (in case of electronic marked off as suspended in the app). Registered team players arriving late can be added to the game sheet on arrival and take their position with the team. Players known to be absent should not be shown on the game sheet. All call up players must be clearly entered onto the game sheet, name and level called up from. (call up sheet must be uploaded to the app or website, if not completed must be emailed to commissioner for electronic gamesheets)

- A-6 All call up players must be clearly entered onto the game sheet, at the bottom of the team roster. Players being called up must be written in the game notes. One game call up sheets must be used for all call up players. The one game call up sheets must be with the game sheet prior to the start of the game and stay with the game sheet. The winning team is responsible to send in all call up sheets along with the game sheet, to their commissioners (if using manual)
- A-7 Team officials, bench officials, and officials shall print their name on the score sheet, as well as sign the score sheet. (or sign off on the app)
- A-8 Score sheets must record all penalties properly.
- A-9 Points will be awarded for league games played as follows:
 - 2 points – win
 - 1 point – tie
 - 0 points – loss

Section B - Officials

- B-1 Home teams shall ensure that the following competent bench officials are present prior to the start of the game:
 - (1) Scorekeeper
 - (2) Timekeeper
 - (3) Penalty timekeeper, if applicable
 - (4) 30 second timekeeper, if applicable, U11 and up should be a certified official
 - (5) Penalty box custodians, if applicable
 - (6) Announcer, if applicable

The official has the authority to ask for a replacement of a bench official should he consider any bench official incompetent. No other people, except the duly appointed bench officials, shall be allowed in the bench officials' boxes.

- B-2 The home team's Head Official and/or Official Allocator shall appoint two Certified officials for regular league play. As well as a certified official (may use a parent or fan if no certified official is available) for the 30 second clock:

- a) For divisions U9-11 and above (including U9 when played 5v5) the game cannot be played unless a second certified official can be appointed and both teams must be in agreement. The game sheet must be signed by the coach of each of the teams clearly indicating that they are in full agreement. If either team is not in agreement or a second official cannot be found, then the game should be rescheduled by the home team.
- b) A second official is not required for the U7 or 3v3 U9 division but may be used at the Home Associations' discretion.

B-3 If after fifteen (15) minutes from the appointed game time, If one or both officials does not shows and no substitution is found or neither team has appeared on the floor or Extenuating circumstances occur the game shall declare the game "no contest" a report to the Head Official and/or Official Allocator, who will inform their president who should inform the appropriate Commissioner and league chair. Should one team appear on the floor within fifteen (15) minutes with a minimum number of players and the other team does not, then the team present shall be awarded the game, (upon Commissioners investigation the points will be awarded). No individual player points will be awarded. the game should be "no contest" if the game can not be rescheduled in a timely manner, the commissioner and chair will rule on the outcome

Section C - Game Requirements

- C-1 The home team will be responsible for providing CLA approved balls in a sufficient number to play the game. The minimum number of game balls present is to be three (3). Balls must be clean. The official has the authority to reject balls which are not CLA approved or not of an acceptable condition.
- C-2 In case of sweater conflict, the home team is required to change to a sweater colour or bib to the satisfaction of the official.
- C-3 No overtime shall be played during regular season play.
- C-4 Overtime in LMMC playoff games will be as per the overtime rules for BCLA playoff games.
- C-5 All games must end on time so that the next scheduled game in the facility is not delayed. The Officials shall shorten the length of the third period as required so that the game finishes on time.
- C-6 No home game time shall start before 6:00pm during the week, without approval by both participating teams and without notifying the Commissioner.
- C-7 No home game time shall start after 9:00pm without approval by both participating teams and without notifying the commissioner.

C-8 Games to be rescheduled it is up to the home team to reschedule the conflicting game.

- The home team will provide at least 3 time slots for the game which do not conflict with the BCLA sanctioned game
- The visiting team must pick one slot (within 48 hours of receiving the times); and
- The home team *Head Official* and /or Official Allocator and The Commissioner must inform of reschedule 48 hours prior to the original scheduled game; and
- If the teams can not agree on the times provided to play the game, they must contact the commissioner who will resolve the conflict and determine when the game will be

C-9 Any team requesting a reschedule due to being in a tournament, must do so 1 week prior (if possible) to original game date, if not their home association or team may be fined \$50.

Section D - Teams and Player Movement

D-1 Residency Rule Guidelines & Penalties Guidelines

(1) All players must sign and play with the Association which administers lacrosse for the area in which that player lives. With the written permission of the player's Home Association, the local Commission may approve a move to an Association other than that in which the player lives.

Where a player has played the two previous consecutive seasons in one Association other than their Home Association, where there was a team available to play on, the player is considered grandfathered with that Association and has the option of signing with that Association as a grandfathered player or registering with their Home Association where the player currently resides. It is the responsibility of the registering Association to show proof of two consecutive years if required.

Failure to abide by this Regulation will result in the player being declared ineligible. Minor Directorate Disciplinary Rules will apply.

A player who is signed with an Association and moves to another area during the playing season must receive permission from the league Commissioner of their new area before being eligible to play with a team in their new area.

No player may sign with two Associations in any one year.

Where no team is available within the player's division, the player may play for another Association with written releases from his Home Association and after Commission approval for the current playing season only. This release may not be counted as a grandfathering year. A copy of the release must accompany the team registration form to the BCLA Registrar. The Commission will have the right to place the transferring player to the Association where the Commission feels it would be in the best interest of the league and then the player.

(2) If a player can verify, they have valid reason to not play with the Home Association, and with a signed release from the Home Association received by the LMMC. The Commission will place the player.

- (3) If the Home Association denies the release request, the player/parent may appeal to the LMMLC. As per Appendix A of the BCLA General Operating Policy The Commission will rule and place the player if needed.
- (4) The LMMLC decision can be appealed, with a letter to the Jurisdictional Committee of the Minor Directorate by the player/parent. As per Appendix A of the BCLA General Operating Policy (BCLA Appeals Process).
- (5) Registrars and all Association representatives, including coaches and managers, are to direct each player to the correct Home Associations.
- (6) Any team found guilty of playing an ineligible player during a regularly scheduled game shall forfeit all games won during which an ineligible player was a participant. Should this occur in the play-offs, then only the games played in the
- (7) (a) Any player that is found not following the residency rules outlined in the Minor Directorate policy will be deemed ineligible to play subject to a hearing with the commission to determine if further disciplinary action should be taken
(b) Any association that is found not following the residency rules outlined in the Minor Directorate policy will be fined \$1000 for each player and may be deemed not in good standing with the league upon a vote of the commission members

D-2 All teams with the exception of U22 shall be composed of players as per Rule 14(A) of the CLA Rule Book. For LMMLC league and play-off games, the minimum number of players comprising a team shall be six (6), and the maximum number shall be twenty-two(22). U22 can sign and carry twenty-five(25), as can all "C" division teams. Only 20 players (18 runners and 2 goalies) will be permitted to be listed on a game sheet for league and tournament play.

D-3 All Associations wishing to enter teams in the LMMLC competition must declare their teams at the appropriate general meeting as per the Declaration Rules (see Policy D-4). All teams declared must have a minimum of 10 registered players and entered in the BCLA databank prior to declaration meeting for U11 and up including female.

D-4

- (1) In Minor(Mixed) divisions U17, U15, U13 and U11, teams in each Association must be tiered. In (mixed) U15, U13 and U11 teams will be established in A1, A2, B or C as per policy. In (mixed) U17 teams will be established in A1, A2, or B and may have a C level after tiering

Participation at each level will be based on an Association's numbers.

<u>Number of teams</u>	<u>Team Declarations</u>
1 team	1-A1 or 1-A2 or 1-B
2 teams	1-A1 or 1-A2 and 1-B 1-A1 or 1-A2 and 1-C 1-A1 and 1-A2
3 teams	1-A1 and 1-A2 and 1-B

	1-A1 and 1-A2 and 1-C 1-A1 and 2-B 1-A1 and 1-B and 1-C
4 teams	1-A1 and 1-A2 and 2-B 1-A1 and 1-A2 and 1-B and 1-C 2-A1 and 1-A2 and 1-B 2-A1 and 1-B and 1-C 1-A1 and 2-A2 and 1-B 1-A1 and 2-B and 1-C
5 teams	1-A1 and 1-A2 and 2-B and 1-C 1-A1 and 2-A2 and 2-B 2-A1 and 1-A2 and 2-B 2-A1 and 1-A2 and 1-B and 1-C 2-A1 and 2-A2 and 1-B 2-A1 and 2-A2 and 1-C 1-A1 and 1-A2 and 2-B and 1-C 1-A1 and 2-B and 2-C
6 teams	2-A1 and 1-A2 and 2-B and 1-C 2-A1 and 1-A2 and 1-B and 2-C 2-A1 and 2-B and 2-C 3-A1 and 1-A2 and 1-B and 1-C 3-A1 and 2-B and 1-C
7 teams	2-A1 and 2-A2 and 2-B and 1-C 2-A1 and 2-A2 and 1-B and 2-C 2-A1 and 1-A2 and 2-B and 2-C 3-A1 and 1-A2 and 2-B and 1-C 3-A1 and 1-A2 and 1-B and 2-C
8 teams	3-A1 and 2-A2 and 2-B and 1-C 3-A1 and 2-A2 and 1-B and 2-C 3-A1 and 1-A2 and 2-B and 2-C 2-A1 and 3-A2 and 2-B and 1-C 2-A1 and 2-A2 and 2-B and 2-C 2-A1 and 2-A2 and 3-B and 1-C
9 teams	3-A1 and 2-A2 and 2-B and 2-C 3-A1 and 1-A2 and 3-B and 2-C 2-A1 and 3-A2 and 2-B and 2-C 2-A1 and 3-A2 and 3-B and 1-C 2-A1 and 2-A2 and 3-B and 2-C 2-A1 and 2-A2 and 2-B and 3-C
10 teams	3-A1 and 3-A2 and 2-B and 2-C 3-A1 and 2-A2 and 3-B and 2-C 3-A1 and 2-A2 and 2-B and 3-C 2-A1 and 3-A2 and 3-B and 2-C 2-A1 and 3-A2 and 2-B and 3-C

2-A1 and 2-A2 and 3-B and 2-C
2-A1 and 2-A2 and 3-B and 2-C

(2) Exceptions for U11 declared with three teams, an association may declare an A1 or A2 and two balanced C teams with rationale all other exceptions to the above must be ruled on by the Commission prior to any teams being formed. U9 and U7 must not be tiered.

(3) For female U13, U15 and U17 only; When declaring the following must be followed

Declare as follows

1 team	1-A or 1-B
2 team	1-A and 1-B
	2 balanced B
3 team	1-A and 2-B (balanced)
	2-A and 1 B
4 team	2-A and 2 B

(4) Interlocking may happen and teams would be placed after tiering break. If an association declares two teams as one A and one B they will not need to rebalance should tiering not take place after the tiering place

(5) Teams and numbers of players in each division are declared as per above. Player numbers must not include any expected released players in total. A correct declaration is not to win the division but to play competitively and to have an enjoyable season. Declarations should be sent to The Secretary and Chair 5 days prior to declaration meeting so all declarations can be prepared and sent to all club reps prior to the declaration meeting in March. Failure to send declaration teams and number of players by the set date will result in clubs being fined \$100 every day they are late

(6) Any Association declaring two (2) or more A1 teams in U17, U15 or U13 must advise at the declaration meeting if all teams are balanced or unbalanced. U11 must be balanced.

(7) The start of league play is to be determined at the AGM meeting.

(8) Each team should play a minimum total of sixteen games in U13 and higher levels and ten games minimum in the U11 and lower levels. This may vary depending on when provincials are and when our season may start

(9) The first half season league play should finish by mid May. The exact date is to be determined at the Declaration meeting. U7 and U9 teams would be exempt from this season split. Each team from U11 and above (including Female) will play a minimum of six scheduled league games by this date. There will be no rescheduling of any of these games into the second half of season play. All first half season games must be played within the time lines allowed.

(10) Commissioners and the LMMC Executive and one rep per association will meet (date, time, and location to be determined at the declaration meeting) to discuss any team movement. All score sheets and league standings must be on hand for the evaluation. The Commissioner will not have the final decision on any team movement. The decision to move any team will be made by a majority vote of all those in attendance. If for any reason a team wishes to move to a higher or lower level of league play, the request will be present at this meeting. If for any reason anyone in attendance has a vested interest in the outcome of any team movement, that person in conflict must recuse themselves from the vote.

(11) Any team which is moved to a different level of league play will receive a determined amount of points as decided at the declaration meeting. Teams who move within the same caliber and division which has been split into 2 levels will keep their points and not receive accumulative. (for example if U15 B is split into Blue and Green and a team moves from Blue to Green they keep their points awarded when in blue.)

There will be no further movement of any team after May 31st of each playing year.

D-5 (i) Associations having two (2) or more teams in any division and calibre must balance all teams at the beginning of the each season with the exception of multiple A1 teams. Associations may declare unbalanced A1 teams with Commission approval. If at the meeting of the Commissioners and LMMC Executive to discuss team movement it is found that an Association teams are unbalanced, that Association, at the discretion of the LMMC Executive and Commissioners, may be fined \$500. Failure to pay the fine by next regularly scheduled meeting of the Commission will result in the Association being not in good standing in the Commission.

(ii) Association teams who get tiered from 1 division to another and already have a team within that division, as per BCLA policy 5.05, they don't need to rebalance, but can if they wish prior to the start of games after tiering break.

D-6 Associations that have more than one team in any division and calibre must declare on their registration form different number to designate such teams. Once a player has been registered to play with one specific team no change to one of the other teams will be tolerated unless approval for a change has been obtained in writing from the LMMC Chair. Any offense under this clause will result in suspension of all teams involved.

D-7 No player may practice or play for another Association until properly released by the LMMC or the Minor Directorate or the BCLA Appeals Committee. The LMMC rule on all transfers and requests for releases and Appeals of LMMC decisions are the responsibility of the Minor Directorate. Appeals on Minor Directorate decisions are the responsibility of the BCLA appeals committee.

D-8 Complaints arising from teams or Associations during the season shall be in writing to the respective Commissioner within 48 hours of the incident with a copy of the protest letter sent to the Commission Chair and their president.

D-9 No player may play down other than their own division of calibre except

- i) A player may play down one division then their appropriate age group when a player size and/or ability dictate necessary as determined by a coach and approved by an Association President. If approved by the local association must approve in writing and forward to the LMMCL executive for approval
- ii) Players granted an opportunity to play down will have their players' statistics reviewed during the season of play (for penalties, scoring, ETc). The MD will communicate the names of the players playing down to the league commissioner, who will need to keep statistics and report to the LMMCL and MD any anomalies seen during review of games sheets or at a game. Upon review by the LMMCL and MD, a previously approved application to play down from Minor to Minor can be reversed at any time during the season of play. An over age player MAY be eligible for playdowns. Playoffs, zone/commission championship or for provincial championships play. The MD determination will include at least the following: penalties review, scoring, participation.

D-10 Players are allowed, with the permission of their coach or manager to play up. No player who plays five (5) games up shall be eligible to return to his/her original team during that season. Any player appearing on a fifth game sheet, other than his/her original team must remain in the higher division but the Home Association will place the player on a team for the balance of the season.

D-11 Playing Up Game by Game

- a) A player may play up one age division higher than that in which the player is registered or any tier higher within the division that they are registered on a game by game basis with the approval of the coach or if unavailable, another team representative as defined by the Form 100, of the team the player is registered with.
 - Same Division Movement – higher tier: When a player moves up to a higher tier (e.g. B to A), no maximum number of players per game will apply
 - Higher Division Movement- Same tier: When a player moves up a division within the same calibre (e.g. A to A, B to B), no maximum number of players per game will apply
 - Higher Division Movement – lower tier: if a player is moving up to a higher division in a lower calibre (e.g. an A player up to a B or C team), a maximum of two (2) players per game may do so, This limit does not include goalies
- b) Female Box only where an Association does not have a team in a higher division, any player may be granted an opportunity to play up a higher division with another Association with the permission of the coach and the corresponding commissioners. A player must stay within the accordance of 4.07 (c) (i) (ii) of the minor directorate operating policy

- c) Any player who has played up a total of five or more league games, playoff games, sanctioned tournament games, or combination of, in any division or calibre higher than the one in which player is registered, must for the remainder of that year play for the higher division or calibre in which player played his/her fifth game. The Home Association will determine which team in that division that the player will play on if there is more than one team in the higher division or if the player has played across multiple levels in a tiered division.
- d) For a goalie who has played a total of seven (7) or more league, playoff, or sanctioned tournament games or combination of, in any division or calibre higher than the one in which player is registered, must for the remainder of the year play for a higher division or calibre in which player played his/her seventh (7) game.
- e) Call up sheets submitted with the game sheet to the commissioners must be signed in accordance with BCLA operating policy 4.07 by the coach or if unavailable another team representative. Call up players still need to be written in the game sheet notes as well

D-13 Associations wishing to re-assign a player to a lower calibre shall apply in writing to the LMMLC.

D-14 No player may play three (3) or more games in one day during regular league play; excluding interlock play.

D-15 For LMMLC playoffs, Regulation 12 of the BCLA Minor Directorate Operating Policy will be acceptable to any individual players as well as the whole team.

D-16 For LMMLC playoffs, players are allowed, with the permission of their coach or manager, to play up one division (example A1 players to A1 teams only); or to play up in the same division with a higher calibre team, without having to establish eligibility by playing a set number of games prior to the play-offs. However, Policies D-11 and D-12 still apply.

D-17 All team movement through tiering must be completed prior to May 31st of each playing year. Team Movement shall be resolved by a committee comprised of LMMLC Executive and Commissioners, and shall include informational opinions from the other coaches within the same league that the team declared in (for example if a team declared A2, all other A2 coaches that the team played against in the 'tiering round' shall be asked their opinion whether the team in question is of that calibre. Teams shall be allowed 10 days to demonstrate player viability.

D-18 Combined teams – where registration dictates and for the betterment of the league associations may combine to form teams where otherwise they would need to release players. The purpose of combined teams is to create an additional team within the league where one would not be viable for a single club.

- (a) Associations must have a minimum of 6 players registered to consider combining with another club
- (b) Two Associations wishing to combine rosters to form competitive teams may do so as long as
 - a. Situation 1 forming an additional team with the first team out must be an A1(female A) team – example: Association 1 has 27 players and Association 2 has 19 players

b. Situation 2 forming two teams to create an A1 (female A) team and second level team – example: Association 1 has 18 player and Association 2 has 18 players

Two Associations wishing to combine may do so with a majority vote at the Declaration meeting in March.

(C) With permission of a proposal at the February meeting multiple associations (more than 2) may bring forward rational as to why a multiple association combination would be beneficial to the league. To be allowed to pursue a multiple combination an approval must occur allowing the clubs to combine - additional teams must be created out of the combinations (so three clubs must create a minimum of 4 teams with the first team being an A1 declared team)

Section E - Playing Regulations

- E-1 Any coach or manager who withdraws a team from the floor in any regular scheduled or play-off game will be subject to a review by the LMMCLC.
- E-2 In cases where spectators interfere with players or officials so as to delay the process of, or affect the result of the game, the official shall declare the game “no contest” and report immediately to his Head Official and/or Official Allocator who will report immediately to their President, for further investigation who will report the issue to the league chair and commissioner,
- E-3 All penalty time will be straight time and will commence when play resumes after the infraction has been called. Should the official signal “Time Out”, the penalty time will stop as well as the game time.
- E-4 The game clock shall not be stopped during regular scheduled play unless ordered by the official by calling “time Out”. The last five minutes of the 3rd period, in U11, U13, U15 and U17 divisions, This includes U11 and up for the female divisions as well shall be “stop time” unless there is more than a five (5) goal spread.
- E-5 Saves made by the goaltender should be recorded on the game sheet as “shots on goal”.
- E-6 Goaltenders must wear approved mask, helmet and throat guard.
- E-7 All playing rules shall be as stated in the CLA Rule Book and as modified from time to time by the Minor Directorate.

Section F - Tournaments

- F-1 All LMMCLC sanctioned tournaments organizers must contact the LMMCLC Chair or Head Commissioner as soon as they know their tournament has been sanctioned to have a

commissioner assigned to their tournament. This commissioner is responsible for the tournament penalty sheet to be filled out as per the Minor Directorate, as well as for suspensions for the tournament.

- F-2 Tournaments Associations failing to request a commissioner for their tournament seven (7) days of prior to commencement of their tournament will be fined \$100.
- F-3 Associations failing to hand over the game sheets and tournaments paperwork required within seven (7) days of completion of tournament will be fined \$100.

Section G - Commissioner's Duties and Guidelines

- G-1 Commissioners must keep sufficient records or statistics to:
 - (a) Keeping website updated with scores
 - (b) maintain an up-to-date account of non-played games
 - (c) maintain an up-to-date account of penalty occurrence
 - (d) spot any serious imbalance of the competition level within the league and report it to the Commission.
- G-2 Commissioners must attempt to maintain a high standard of lacrosse, in terms of discipline within their leagues.
- G-3 Commissioners should acquaint themselves personally with all team officials in their league.
- G-4 Commissioners must ensure that all coaches in their league adhere to Section D of the LMMCLC Operating Policy.
- G-5 Commissioners shall handle all cases of complaints or disputes in their leagues fairly and with an open mind. Complaints or disputes from coaches, team managers or Association Presidents must be in writing (email) and are the only cases that Commissioners shall be required to deal with.
- G-6 The Commissioner shall supervise play-offs within their league. All playdown teams will be ranked based on where they end up based on season play and tiering adjustments where the team with the best record is ranked 1 and the team with the worst record would be listed as last. The rankings will remain throughout the playoffs. Then playoffs shall be set up where the team with the best record faces the team with the worst record, excluding top teams with byes, and then progressing downward. Divisions where split into colored divisions will be ranked stronger division teams top to bottom, then the weaker division will come under the stronger division top to bottom, e.g. in an 8 team playoff: Team 1 (best record) would play 8 (worst record), 2 (with the second best record) would play 7, 3 would play 6 and 4 would play 5.
- G-7 The Commissioner shall submit League winners for each league/division and a written year-end report to the chair by 1st August, carry over suspensions must be sent after the last game played as they are needed for provincials and to be included for carry over for the following year. On receiving the written year end report as well as League winners by the LMMCLC Chair, the league Commissioner will be paid a \$200 stipend for his or her duties from the past season. The \$200 stipend will be paid for each league overseen, divisions split into 2 is still 1 division and will be

paid as 1 and divisions split between 2 commissioners will share stipend If report and league winners are not submitted by the said date the stipend is reduced by $\frac{1}{2}$, if nothing has been sent to the chair by 1st Sept, then no stipend will be given.

- G-8 The position of Commissioner will be a one (1) year team.
- G-9 Division may be grouped to minimize travel, during tiering and applies to U11 and up within the B and C divisions. U9 and U7 will be grouped as best as possible to minimize travel.
- G-10 Commissioners must adhere to and follow the “commissioners Guidelines” as sanctioned by the minor Directorate of the BCLA each year.

Section H - Discipline

- H-1 The Commissioner can only assess up to five (5) games and then must request a hearing for further suspension.
- H-2 All automatic suspensions are indefinite until ruled upon. It is recommended that the offending team’s coach or manager phone the league Commissioner immediately after the game to report the incident. The Commissioner will then investigate and impose the required suspension as per Minor Directorate Disciplinary Rules.
- H-3 Un-served suspensions earned during league play will be served in playoff games (if played), Provincial Championships or carried over to the following playing season. Suspensions “earned” in play-offs will be served in Provincial Championships or carried over to the following playing season.
- H-4 Suspensions must be served with the team that the player is registered with. The coach suspension must be served with the team where the suspension occurred
- H-5 Suspensions can be served during league play, playoff games, Provincial Championship games and BCLA sanctioned tournament games only. Suspensions can only be served with the team that the suspended player is registered with. The coach suspension must be served with the team where the suspension occurred. **Players and Coaches can be given suspensions from an exhibition game.**
All suspensions imposed by a commissioner must run one after another with the player NOT playing or the coach no coaching between suspensions and the suspension becomes effective immediately when a coach or team official is notified. **Automatic suspensions (LMMCL Section G-2 & G-4 and the Minor Directorate Disciplinary Rules) do not require notifications and are to be served immediately.**

Section I

- I-1 “C” Ball

Object: To create a League for players who are beginners with little or no training or experience. This League will provide a safe environment for all players in this division to

learn and grasp the skills of lacrosse and is subject to movement upon completion of tiering round.

I-2 In U17, U15, U13 and U11 where “C” leagues are formed, no Association may declare a “C” calibre team with more average years playing experience per player than outlined in the current minor directorate operating policy on declared “C” teams

Section J

J-1 Hearings and Protests

The Hearing Board will be comprised of three (3) LMMC members as listed in Bylaws I-2. Hearings need to be held within seven (7) days from when the Commissioner sends out the notice of infraction.

The hearing is to be handled as stated in Appendix “D” of the BCLA General Operating Policy.

A protest will be handled as per BCLA Operating Policy Minor Regulation 21.

Section K - Team and Fan Control

K-1 Where possible, please have the teams change rooms on opposite sides of the arena. Where not possible, the coaches and managers must precede their players off the floor and lead them to their dressing rooms. The visiting teams will leave the floor first and then the home team.

K-2 No fans, other than parents of U11 and under will be allowed outside the dressing rooms or in the tunnels leading to the dressing rooms.

K-3 Coaches must control their benches and must also assist in the control of their fans. If control of fans is more than the coach can handle, parents, officials, and their association Executive members must take charge.

K-4 Associations must ensure that the last person to leave the Arena is the coach, manager or members of their Executive. Good conduct in the parking lots is the Association’s responsibility.

K-5 Associations must ensure that the officials in the higher caliber and older divisions (U17s) are senior officials. If your Association does not have senior officials:

- (a) Try another Association for help
- (b) Phone the BCLOTSG Vice chair or LMMC zone rep for minor for names and numbers of senior officials

Section L – Associations Name/Logo & Uniform

L-1 The following is the name, logo and colours for each association within the LMMC league. Any association or their teams who wish to change their name, logo or colours must get permission from their executive. The president of the association and team who wish to change

their name, logo or colours will bring this request to the LMMC chair to be presented at our next LMMC meeting.

Failure to do this will result in the association being fined \$1000.00 and teams removed from the league.

Any association who wish to change their name, logo or colours for their whole association, must make their request to the LMMC chair to be presented at our next meeting where all the associations get to vote on this request.

ASSOCIATION	NAME	COLOURS	LOGO
Abbotsford	Warriors	Maroon, Gold and Black	
Burnaby	Lakers	Kelly Green Black & White	
Chilliwack	Mustangs	Green, Black, Gold & White	
Coquitlam	Adanacs	Purple, Gold & White	
Delta	Islanders	Red, Black and White	
Langley	Thunder	Blue, White & Black	
Mission	Sasquatch	Black & Green	
New Westminster	Salmonbellies	Red, White & Blue	
North Shore	Eagles	Red, White & Blue	
Port Coquitlam	Saints	Yellow, Black & White	
Port Moody	Thunder	Black, Red & white	
Richmond	Road Runners	Orange & Black	
Ridge Meadows	Burrards	Blue, White & Red	
Semiahmoo	Rock	Orange, Black & White	
Surrey	Rebels	Orange, Blue and White	
Sunshine Coast	Rapids	Blue & White	
Vancouver	Burrards	Teal & Black or teal & white	

Section M - Fines and Team Assessments

- M-1 Any Association missing scheduled LMMC meetings shall be penalized per Article II-5 of the Lower Mainland Minor Lacrosse Commission Bylaws. Any resulting fines must be paid to the LMMC Treasurer by the next scheduled meeting.
- M-2 Team assessments are due 10 days after invoiced by the LMMC Treasurer.
- M-3 Should one team, not appear for a scheduled game, that team will be responsible for the payment of the officials and floor rental charges. Should that team's Home Association not forward payment, upon being invoiced, that Association will cease to be a member in good standing, with their teams not receiving any points until payment is made. The Commissioner will be informed of the team not showing and will pass on this information to the LMMC Chair

and Treasurer, so that the LMMC can invoice that team's Home Association and may be fined up to \$1000, payable to the LMMC.

M-4 Every effort must be made to play all league games as scheduled. In the event that a game must be rescheduled it is the responsibility of the home team to reschedule the game. The Commissioner must be notified of all rescheduled games. The Commissioner will determine if a reasonable effort was made to reschedule the game by the requesting team and the offending team will forfeit the game and points toward league play, the Commissioner will inform the LMMC Chair with their report on this rescheduled game not being played. The LMMC Chair will take this to the LMMC Executive, and they will determine if the said team's Home Association will be fined up to \$1000 for not playing a rescheduled game, payable to the LMMC.

Section N - Changes

N-1 Changes to the Operating Policy of the Commission can be made by motion at the Annual General Meeting or Special Meetings or Monthly Meetings of the Commission. Notice of motion shall be in writing to the Secretary thirty-five (35) days prior to the Annual General Meeting or Special Meeting or 7 days of any regularly scheduled monthly meeting and shall be distributed to members' twenty-one (21) days prior to the Annual General Meeting or Special Meeting and 5 days for the regular scheduled monthly meeting

Amended 1993, 1994, 1995, 1997, 1999, 2000, 2001, 2002, 2004, 2005, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2015, 2016, 2017, 2023, 2024, 2025