

RINGETTE
CANADA



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Are you ready for an incredible, action-packed sport that will Lower Mainland Ringette League – where fun, friendship, and fantastic memories await! Join us in the thrilling world of ringette and experience a sport like no other!



What is Ringette?

Ringette is a sport bursting with energy and excitement! It's played on ice with two teams, aiming to score goals by shooting a rubber ring into the opponent's net. Imagine the speed of hockey, the teamwork of basketball, and the skillful stickhandling of lacrosse all rolled into one thrilling game!

Why choose Ringette?

Ringette is the perfect sport for kids who love a combination of speed, teamwork, and friendly competition. Here's why you and your child will fall in love with ringette:

1. **Inclusive and Welcoming** - Ringette embraces players of all genders and skill levels. Everyone is welcome to join our fantastic ringette family!
2. **Fast-Paced Action** - Get ready for heart-pounding action! Ringette is known for its exhilarating speed, quick transitions, and non-stop excitement.
3. **Teamwork and Friendships** - Our sport is all about teamwork! Your child will learn the value of collaboration, communication, and building lifelong friendships with their teammates.
4. **Fair Play and Respect** - We believe in fair play and respect for all. We foster a positive environment where kindness and fair play inclusivity are cherished.

Join Ringette!

Are you ready to dive into the world of ringette with the Lower Mainland Ringette League? It's as easy as 1-2-3:

1. **Visit our website:** Head over to our welcoming website www.lmrl.ca/join to learn more about our programs, values, and the fantastic community we've built.
2. **Discover the fun:** Explore our website and learn about the amazing programs we offer. From introductory sessions for new players to skill development programs, we have something for every age and skill level.
3. **Registration made easy:** When you're ready to register, simply follow the easy steps outlined on our website. You'll find all the information you need, including fees, age divisions, and any necessary documentation.

Join the Ringette Adventure Today!

Experience the joy, teamwork, and thrills of ringette. Discover a sport that will ignite your child's passion and provide them with unforgettable memories.

Visit www.lmrl.ca to learn more!

