

LMHA WEEKLY SCHEDULE 2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
6:30		6:30 - 7:30 AM U13	6:30 - 7:30 AM U11 All Players	6:30 - 7:30 AM U11 Females	6:30 - 7:30 AM U15	
6:45						
7:00						
7:15						
7:30						
2:30	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
2:45						
3:00			PUBLIC SKATING 2:30-3:45 PM			
3:15		FIGURE SKATING 3:15 PM - 7:45 PM		FIGURE SKATING 3:15 PM - 7:45 PM	FIGURE SKATING 3:30 PM - 5:30 PM	
3:30						
3:45	3:30 - 4:30 PM U11 FEMALE		FLOOD			
4:00			4:00 - 5:00 pm U7			
4:15						
4:30	FLOOD					
4:45						
5:00	4:45 - 5:45 PM U11 Turnbull		FLOOD			
5:15			5:15 - 6:15 PM U9			
5:30						
5:45	FLOOD			FLOOD		
6:00				Flex Day with Figure Skating/Hockey Tournaments		
6:15	6:00 - 7:00 PM U11 Garratt		FLOOD			
6:30			6:30 - 7:30 PM U13			
6:45				FLOOD		
7:00	FLOOD					
7:15						
7:30	7:15 PM - 8:15 PM U18	FLOOD	FLOOD			
7:45				PUBLIC SKATING 7:00 - 9:00 PM		
8:00		8:00-9:00 PM U18 FEMALE	7:45-8:45 PM U15	8:00-9:00 PM U18 FEMALE		
8:15	FLOOD					
8:30			FLOOD			
8:45						
9:00		FLOOD		FLOOD		
9:15			9:00 - 10:00 PM U18			
9:30						
9:45						
10:00						
10:15						