

LMHA WEEKLY SCHEDULE 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
6:30		6:30-7:30 AM	6:30-7:30 AM U11 FEMALE	6:30-7:30 AM U11	U13_1 BOTH	U13_2 BOTH
6:45						
7:00						
7:15						
7:30						
2:30	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	
2:45			PUBLIC SKATING 2:30-3:45 PM			
3:00						
3:15						
3:30						
3:45						
4:00	FLOOD	FIGURE SKATING 3:15 PM - 7:45 PM	4:00-5:00 PM U7	FIGURE SKATING 3:15 PM - 7:45 PM	FIGURE SKATING 3:30 PM - 5:30 PM	
4:15						
4:30						
4:45						
5:00						
5:15	4:45-5:45 PM U11 FEMALE	FIGURE SKATING 3:15 PM - 7:45 PM	5:15-6:15 PM U9	FIGURE SKATING 3:15 PM - 7:45 PM	FLOOD	
5:30						
5:45						
6:00						
6:15						
6:30	6:00-7:00 PM U11	FLOOD	FLOOD	FLOOD	5:45 - 6:45 PM U18	
6:45						
7:00						
7:15						
7:30						
7:45	7:15-8:15 PM U13_2	FLOOD	7:45-8:45 PM U18	FLOOD	PUBLIC SKATING 7:00 - 9:00 PM	
8:00						
8:15						
8:30						
8:45						
9:00		FLOOD	FLOOD	FLOOD	FLOOD	
9:15						
9:30						
9:45						
10:00						
10:15						