

## **CAT "A" Level Commitment & Expectations:**

- Playing at this level requires commitment, participation, and dedication.
- Approximately 2-3 practices a week 60-90 minutes each. 1 or 2- dryland sessions & 1-2 league games per week.
- Approximately 20 league games.
- Exhibition games.
- Practices and League game days will vary depending on ice availability.
- Practices and League games will take place at various arenas.
- Teams will participate in tournaments, typically 3-5 in a season depending on the age group and competitive level of the team; 1 or 2 of those tournaments may include an out of province trip.
- City playoffs and Provincials take place in Mid-February and go through until the end of March. Players committing to play at the "A" level should be available during playoffs and provincials, as Temporary players are not allowed.
- At U16 A & U19 A- Western Championships take place for qualifying teams. (Usually end of March) Can require travel, as may be out of Province. All players playing at the "A" Level are expected to attend Western Championships if the team qualifies.
- U12A & U14A- Teams may participate in the Western Cup held in Regina area at the end of season. (Usually end of March/beginning of April).
- Team fee costs per player start at a minimum of \$1,000 and can go up depending on number of players on team, tournaments, fundraising, etc. (this is separate from registration fees).  
Registration fees only cover league games.
- Separate costs may include dryland, clothing and out of town expenses i.e. bus, hotel, coaches' expenses.
- All players are expected to pay the team fee. If a player is injured or away for a period, the player is still expected to pay the same amount as others on the team.