



# TEAM MANITOBA GIRLS U13 (2026)

Prairie Cup - Red Deer, Alberta | July 24-26, 2026

The Manitoba Lacrosse Association is excited to welcome athletes and families to Team Manitoba Girls U13 for 2026, providing athletes the opportunity to compete, develop, and proudly represent Manitoba.

Approx. Cost  
\$1,700 per player

Tryouts  
May 30: 10:00AM -12:00PM  
May 31: 4:00-6:00 PM

Location  
Notre Dame Arena

## PRAIRIE CUP

Red Deer, Alberta / July 24-26, 2026

Prairie Cup will be a key competitive and developmental experience for selected athletes within the Team Manitoba program.

### WHAT'S INCLUDED

- Full Team Manitoba apparel package
- Practice time and team preparation sessions
- Prairie Cup tournament registration
- Player meals, snacks, and hydration during the event
- Coaching and team staff support
- Team hotel coordination
- One hotel room per player (shared with their family)
- A complete Team Manitoba experience

### TRAVEL & ACCOMMODATION

A Team Manitoba hotel room block has been secured for the team in Red Deer.

**One hotel room per player (shared with their family)** is covered as part of the program. This supports team logistics, supervision, scheduling, player meals, and the full Team Manitoba experience.

Players are responsible for their own transportation to and from Red Deer.

Hotel booking details will be shared following team selection.

### REGISTRATION IS NOW OPEN

Register online through the Manitoba Lacrosse Association website.

[REGISTER FOR TRYOUTS](#)

Welcome to Team Manitoba.

We are excited to build this group together and provide athletes with a positive, competitive, and memorable provincial experience. We look forward to seeing you at tryouts.

# FREQUENTLY ASKED QUESTIONS

## **What is included in the apparel package?**

T-shirt shooter shirt Long sleeve shooter shirt Jersey Practice pinnie (reversible)  
Shorts

## **What happens after tryouts?**

Selected athletes and families will be invited to a parent information meeting. This meeting will review program expectations, travel information, hotel block details, apparel sizing, fundraising opportunities, code of conduct, and next steps.

## **How are players evaluated?**

Athletes will be assessed through a structured evaluation process involving multiple evaluators and coaches. Players will be reviewed on skill, effort, coachability, positional understanding, team play, and overall readiness for the Team Manitoba environment.

## **Are fundraising opportunities available?**

Yes. Fundraising opportunities will be shared with selected families. Any fundraising information, deadlines, and credit process will be communicated after team selection.

## **What is included in the player fee?**

The approximate fee includes apparel, Prairie Cup tournament registration, player meals, snacks, hydration, practices and preparation sessions, coaching and team staff support, team hotel coordination, and one hotel room per player shared with their family.

## **Do families need to stay in the team hotel block?**

Yes. Families are expected to stay within the Team Manitoba hotel block to support team logistics, supervision, scheduling, player meals, and the overall team experience.

## **Who is responsible for transportation?**

Players and families are responsible for transportation to and from Red Deer. MLA will coordinate the hotel block and team schedule during the event.

## **When will hotel details be provided?**

Hotel booking details and reservation instructions will be shared following team selection.

## **Where do athletes register?**

Registration is open online through the Manitoba Lacrosse Association website.