## TEAM MANITOBA



## ATHLETE DEVELOPMENT PROGRAM



## **U20 GIRLS BOX SCHEDULE**

NOVEMBER	TIME	LOCATION	EVENT
SUNDAY, NOVEMBER 5	11:00 AM	GATEWAY	SKILLS
SUNDAY, NOVEMBER 12	11:00 AM	GATEWAY	SKILLS
SUNDAY, NOVEMBER 12	3:00 PM	GATEWAY	FITNESS TEST
SUNDAY, NOVEMBER 19	9:00 AM	CANLAN	PRACTICE
SATURDAY, NOVEMBER 25	3:00 PM	GATEWAY	GAME
SUNDAY, NOVEMBER 26	11:00 AM	GATEWAY	SKILLS
WEDNESDAY, NOVEMBER 29	6:00 PM	ZOOM	MENTAL SKILLS
DECEMBER	TIME	LOCATION	EVENT
SUNDAY, DECEMBER 3	11:00 AM	GATEWAY	SKILLS
SUNDAY, DECEMBER 10	9:00 AM	CANLAN	PRACTICE
SUNDAY, DECEMBER 17	11:00 AM	GATEWAY	SKILLS
JANUARY	TIME	LOCATION	EVENT
SUNDAY, JANUARY 7	11:00 AM	GATEWAY	SKILLS
SUNDAY, JANUARY 14	9:00 AM	CANLAN	PRACTICE
SATURDAY, JANUARY 20	3:00 PM	GATEWAY	GAME
SUNDAY, JANUARY 21	11:00 AM	GATEWAY	SKILLS
SUNDAY, JANUARY 28	11:00 AM	GATEWAY	SKILLS
FEBRUARY	TIME	LOCATION	EVENT
SUNDAY, FEBRUARY 11	3:00 PM	GATEWAY	PRACTICE
MARCH	TIME	LOCATION	EVENT
SUNDAY, MARCH 10	3:00 PM	<b>LOCATION</b> GATEWAY	<b>EVENT</b> FITNESS TEST