

# FUN1 (Bear Cub) Program

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## **BEAR CUBS RINGETTE PROGRAM**

Bear Cubs is a place for beginning ringette players to learn to skate, develop their skating ability and to become comfortable with the rules and skills needed to play ringette. **We accept players 4 years old to 10 years old with no prior skating experience.**

Players in Bear Cubs (FUN1) have skate training with certified instructors (**1 to 5 ratio of instruction**) once a week. They also learn to play ringette with other Bear Cubs once a week. Players typically spend 1-2 years in the Bear Cubs program before progressing to competitive style ringette. Players in Bear Cubs receive at least 40 hours of ice each season, a team picture and have an end of year celebration.

The FUN1 Learn to Skate Program starts October, with practices held at Milliken Mills Arena and Stouffville Clippers Arenas. The players will be on the ice twice a week - Tuesday Nights at Milliken Mills and Saturday Morning at Clippers Arena.

- **Tuesday Sessions:** Skating/skills training, **5:00pm - 5:50pm**
- **Saturday Sessions:** Ringette skills and scrimmages, **8:00am - 8:50am**

Your payment to MSRA covers both practices each week. At the end of the season the FUN1 players will have the opportunity to attend a one day FunFest which consists of 2 mini games and activities (FunFest is an additional nominal fee).

### **Registration**

- Complete the RAMP registration found on our website, <https://www.markhamringette.com/>
- E-transfer your payment for MSRA program fee and Ringette Ontario fees (mandatory player insurance) to [payment@markhamringette.com](mailto:payment@markhamringette.com)
- [Register for a family account](#) with Town of Stouffville (if you don't already have an account)

**The cost for the full program including Ringette Ontario Fee (October -March) is \$650**

Equipment Requirements to play Ringette

Mandatory Equipment

- CSA approved Helmet and Ringette cage mask
- BNQ approved neck protector

- Elbow pads
- Shoulder pads
- Protective Gloves
- Hip/Tailbone/Genital Protection (Jill/Jock shorts and hockey pants)
- Knee Pads
- Hockey long socks
- Hockey skates (no picks)

Also, don't forget:

- Mouthguard (optional but strongly recommended)
- Tape
- Water bottle (with a long spout so it can go through the cage – available at Sportcheck or Canadian Tire)
- Equipment bag

Most big stores such as Canadian Tire and Wal-Mart have start up kits where you can purchase many of these items in a package for about \$100. We also have a limited number of Equipment Kits available for rent or for purchase.

Ringette cages and sticks are specialized and more difficult to find.

Markham-Stouffville Ringette **has a rental program for cages and will lend your player a stick and a jersey for the season.**

The MSRA is organized by volunteers. We request your help with coaching a Bear Cubs team, operating the score clock, helping with player evaluations, or by joining an executive committee such as fund-raising, or recruiting. No previous experience required and you will receive training. Please inquire about how you can help.

If you have any questions or concerns please contact us at **[registrar@markhamringette.com](mailto:registrar@markhamringette.com)**.