

FUN2 (Bear Cub) Program

BEAR CUBS RINGETTE PROGRAM

Bear Cubs is a place for beginning ringette players to learn to skate, develop their skating ability and to become comfortable with the rules and skills needed to play ringette. **FUN2** is for children who are learning to lengthen their stride, ready to learn more rules of ringette, and have developed some basic skills. This group will play Mini Ringette games.

Players in Bear Cubs (FUN2) have skate training with certified instructors (**ratio of 1 to 5**) once a week and learn to play ringette with other Bear Cubs once a week (house league). Players typically spend 1-2 years in the Bear Cubs program before progressing to competitive style ringette. Players in Bear Cubs receive at least 40 hours of ice each season, a team picture and an end of the year celebration.

The FUN2 Program starts October, with practices held at Milliken Mills Arena. The players will be on the ice twice a week - Tuesday evening and Saturday morning.

- **Tuesday Sessions:** Skating/skills training, **5:00pm - 5:50pm**
- **Saturday Sessions:** Ringette skills and (house league) scrimmages, **8:00am - 8:50am**

Starting in November, FUN2 players will play league games as well as have the opportunity to attend 2 one day FunFest events (one day each) which consists of 2 mini games and activities. (The FunFests are an additional nominal fee).

Registration

- Complete the RAMP registration found on our website, <https://www.markhamringette.com/>
- E-transfer your payment for MSRA program fee and Ringette Ontario fees (mandatory player insurance) to payment@markhamringette.com

The cost for the full program (Oct-Mar) is \$800.

Equipment Requirements to play Ringette

Mandatory Equipment:

- CSA approved Helmet and Ringette Face mask
- BNQ approved neck protector
- Elbow pads
- Shoulder pads
- Protective Gloves
- Hip/Tailbone/Genital Protection (Jill/Jock shorts and hockey pants)
- Knee Pads

- Hockey long socks
- Hockey skates (no picks)

Also, don't forget:

- Mouthguard (optional but strongly recommended)
- Tape
- Water bottle (with a long spout so it can go through the cage – available at Sportcheck or Canadian Tire)
- Equipment bag

Most big stores such as Canadian Tire, Wal-Mart all have start up kits where you can purchase many of these items in a package for about \$100. We also have a limited number of Equipment Kits available for rent or for purchase.

Ringette cages and sticks are specialized and more difficult to find.

Markham-Stouffville Ringette **has a rental program for cages and will lend your player a stick and a jersey for the season.**

The MSRA is organized by volunteers. We request your help with coaching a Bear Cubs team, running the score clock, helping with player evaluations, or by joining an executive committee such as fund-raising, or recruiting. Please inquire about how you can help.

If you have any questions or concerns please contact us at **registrar@markhamringette.com**.