



Metro Basketball Association

COVID-19 Policies and Procedures

The following policies and procedures noted in this document will be used for the 2020-2021 Metro Basketball Association Season only. Should there be any conflicts between this document and the Rules of Play, this document will be considered correct.

Rule Changes

1. Team rosters will be limited to a maximum of 15 players
2. Teams rosters will be limited to a maximum of 4 coaches and a minimum of 2 coaches.
3. Rule 11.1 and 12.3 shall be edited to remove the maximum number of shifts a player can play in a game.
 - a. The rules stating that a player cannot play more than a one shift differential than any other player on the team shall remain in place.
4. Rule 11.3 will be edited to read "A team must have 5 players to start a game."
5. Rule 12.5 will be edited to read "A team must have 4 players to start a game."
6. There will be no jump-ball to begin a game. The officials and one coach from each team will perform a coin-toss for first ball. The team who does not win the flip will be awarded the first possession arrow. The arrow will be used per FIBA rules from that point forward.

Public Health Guidelines and Return to Play

1. All public health guidelines MUST be followed.
2. Basketball Nova Scotia's Return to Play document is to be used for all basketball activities in the province. This document can be found on their website ([click here](#))

COVID-19 Requirements and Safety Guidelines

1. **Spectators will not be permitted.** Games will not start if spectators are in the facility. If a spectator refuses to leave within 10 minutes the game will be cancelled. We fully understand that this is not ideal and that parents want to be able to watch their kids participate. Unfortunately given the current public health restrictions and in the interest of doing our part to keep participants safe this will be a requirement for all league games.
2. All coaches, players, officials and scorekeepers MUST wear a mask while entering and exiting a facility as well as when not in the field of play (gym).
3. Masks are not mandatory while participating in the sport. It is strongly suggested that those coaches, players and scorekeepers sitting on the sidelines (bench) wear a mask.
4. Additional time has been scheduled between game times, this is to allow a safe entrance and exit from all facilities. Teams waiting for their game must wait in the parking lot until the participants from the previous game have completed vacated the facility. Teams cannot wait in the hallways waiting for the teams from the previous game to clear. Coaches are asked to work together to notify the incoming teams that their group has completely left the building.

5. Per the return to basketball guidelines set out by Basketball Nova Scotia and approved by the Department of Health all players, coaches and officials must sign a waiver. This is a one-time waiver and is available to be filled out online.
6. All participants will be required to answer the daily COVID-19 Questionnaire, we will not be collecting these. However, prior to each game beginning each team must give the scorekeeper their attendance list for their team, this includes a Yes/no section to confirm the questionnaire has been gone through with all players and coaches on their team. Coaches should print and bring a copy of this filled out to each game. If participants are exhibiting any of the symptoms outlined by the Department of Health they may not participate or attend.
7. All teams are to bring hand sanitizer to be used by their team and on their team's equipment (including game ball). The game ball will stay with the officials or the scorekeeper during shift changes, quarter breaks and half time.
8. All Documents noted above are available on our website on the COVID-19 page in the main menu.

Contact Tracing

Just like walking into a restaurant or many other businesses in Nova Scotia we are required to do contract tracing for all participants.

1. Clubs are required to provide full contact information for all players and coaches on each of their teams. This will be stored in our database.
2. Game sheets are populated for each game and data for those game sheets is pulled from this database.
3. Scorekeepers will use the team's attendance list to check off all participants present at the game on the scoresheet.
4. This information will be entered into our database by the scorekeeper.
5. Scorekeepers will hold onto the attendance forms and turn them into the league.

Rosters

There are very limited situations where someone will not appear on a roster.

1. During the first three weeks of the season while teams are being aligned teams may add players and coaches to the roster at game time. Full name and phone number must be included for any person added at game time during this time and these people must be included on the team's attendance sheet.
2. Teams and clubs MUST ensure their rosters are correct and complete on the website. Following the completion of the first three weeks no person shall be added to the roster at game time; except call-up players (below)
3. Call-up players are permitted and will not appear on the pre-printed game sheets. As in the past coaches are to request these players be added onto the roster as a call-up player and include their full name and phone number.

All required documents can be found on the Metro Basketball Association website, www.mbans.ca under the COVID-19 Info link in the main menu