

MBA U10 / U12 / U14 3+

Official Shift Record



Date: Oct. 17

Time: 9:00 AM

Gym: Park West

Team Name: Bedford Jets

Colour: Red

U10/U12: No More than 1 shift difference, maximum 5 shifts for U12 and 7 shifts for U10

Number of Shifts Played	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #
	1	3	7	8	15	23	31	33	55						
1	1	3	7	8	15	23	31	33	55						
2	1	3	7	8	15	23	31	33	55						
3	1	3	7	8	15	23	31	33	55						
4	1	3	7	(8)	15	23	31	33	55						
5	1		X	8			31	33	55						
6 (U10 & 14 only)															
7 (U10 only)															

How many shifts can a U12 player play when a team has x number of players?

8 Players	5 shifts each
9 Players	4 players with 5 shifts & 5 players with 4
10 Players	4 shifts each
11 Players	7 players with 4 shifts & 4 players with 3
12 Players	4 players with 4 shifts & 8 players with 3
13 Players	1 player with 4 shifts & 12 players with 3

U14 D3+: No More than 1 shift difference in 1st 3 qtrs, 4th qtr anyone can play

How many shifts can a U14 D3+ player play when a team has x number of players?

6 Players	5 shifts each
7 Players	2 players with 5 shifts & 5 players with 4
8 Players	6 players with 4 shifts & 2 players with 3
9 Players	3 players with 4 shifts & 6 players with 3
10 Players	3 shifts each
11 Players	8 players with 3 shifts & 3 players with 2
12 Players	6 players with 3 shifts & 6 players with 2
13 Players	4 players with 3 shifts & 9 players with 2

Team Name: Seabrook Rangers

Colour: Black

Number of Shifts Played	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #	Player #
	5	20	24	25	31	34	45	50	51	54	55				
1	5	20	24	25	31	34	45	50	51	54	55				
2	5	20	24	25	31	34	45	50	51	54	55				
3	5	20	24	25	31	34	45	50	51	54	55				
4		20	24	25		34	45	50	51		55				
5															
6 (U10 & 14 only)															
7 (U10 only)															

Shift Counter - cross off each shift as they are played

1	2	3	4	5	6	7	8	9	10
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Notes: Red #7 Fouled out in shift #6 - #8 subbed in for remainder of shift.