



2023-2024 Parent's Package

Fort McMurray Ringette Association

September 2023

2023-2024 Season



Vision

FMRA will provide a fun and safe environment for young Ringette players, helping them to develop into strong, healthy, and confident athletes

Mission

FMRA will achieve our vision by:

- Demonstrating effective leadership and good governance
- Providing high quality programs and services to member associations
- Partnering with our members to achieve excellence
- Marketing to make Ringette the #1 sport of choice for athletes

Core Values

- Team Work
- Co-operation to achieve common goals - competition on the ice, co-operation off the ice
- Clearly defined roles, responsibilities and expectations
- Recognition for achievement and celebration of our successes
- Respecting the values, skills and contributions of others
- Integrity and Respect
- Commitment to opportunity and consistent actions
- A commitment to be open, honest and ethical in all that we do
- Safe and Fun Communities
- Ensuring a positive, fun and safe environment
- A commitment to high standards in process and knowledge

EXECUTIVE

1.	President	Kristy Manning
2.	Vice President	Trevor Wakeling
3.	Technical Director	Jeff MacDonald
4.	Secretary	Jana Penney
5.	Treasurer	Brianna Collins
6.	Registrar	Jennifer Humber
7.	Ice Allocator	Sean Peterson
8.	Raffle Coordinator	Penny Hunt
9.	PR Director	Caroyn Kelly-Rose
10.	Equipment Manager	Laura MacEachen
11.	Referee In Chief	Vacant
12.	Zone 7 Director	Kristy Manning
13.	AS - Division Coordinator	Vacant
14.	U10 - Division Coordinator	Donny Ash
15.	U12 - Division Coordinator	Tammy Smith
16.	U14 - Division Coordinator	Amarinder Toor
17.	U16 - Division Coordinator	Jennifer Humber
18.	U19 - Division Coordinator	Vacant
19.	Casino Coordinator	Sarah MacDonald
20.	Black Gold	Jeff MacDonald / Virginia Hughes
21.	Event Coordinator	Caroyn Kelly-Rose
22.	Website Administrator	Abbi Easton
23.	Volunteer Coordinator	Virginia Hughes
24.	Camp Coordinator	Adam Dalton

2023-2024 Season - KEY GOALS



Good Communication

- Coaches and Parents Orientation from Executive
- Parents Orientation from Coach
- Website (www.mcmurrayringette.com)
- Ice Allocation Schedules
- FMRA Operating Manual - Clear and transparent policies and procedures

Activities

- Come Try Ringette Events
- Summer Camp
- Powerskating for Active Start and U10 Divisions
- Aurora Ring Tournament

Member Development

- Referee & Manager Development
- Player & Coach Development
- Player Mentorship Program / Junior Coach
- Coaches Clinics

Player Evaluations and Team Selection Process

- Evaluation & Team Selection
- Playing Up & Playing Down

League Structure

- Team Personnel
- ABC's of Ringette
- Black Gold League for U12 - U19 Divisions

2023-2024 Season - CODE OF CONDUCT & DISCIPLINARY POLICY



CODE OF CONDUCT

- The Association supports the concept of “Zero Tolerance” with respect to the Code of Conduct

All Members and Players shall respect ALL Members, Players, Parents, Officials, Fans, Team Personnel and Volunteers of this Association or other Ringette Associations

Any inappropriate conduct, threats harassment or abuse (including the use of profanity) directed at such individuals or group will not be tolerated.

The Association will not tolerate loud obscene or obnoxious behavior be Team Personnel, Players, Parents or Fans

- Conduct that is contrary to the “Code of Conduct” as defined above will result in disciplinary action
- Please review “Fair Play Guidelines” on our website

www.mcmurrayringette.com

DISCIPLINARY POLICY

- Contravention to the “Code of Conduct” is a very serious matter and the Association will treat it as such
- Everyone, including and accuser or accused must understand what will result
- At any time that anyone believes that a Member is violating the Code of Conduct, they may report the misconduct to the Association by submitting a completed “Misconduct” form to an Executive Member.

PROCESS

- The Executive Member shall ensure all Executive are informed By majority vote of at least 5 Executive, the validity of the Misconduct will be decided
- The Executive will reach a decision - an appeal process is available
- The Executive may choose whatever penalty they deem appropriate
 - ie: Suspension for a week, month, end of the season
 - ie: membership cancelled

2023-2024 Season - ACTIVITIES



Summer Camp

- August 2023

Power Skating

- Starts October 2023
- Active Start & U10 Step 1, 2 & 3

Goalie Clinic

- Dates TBD

Team Photos

- Team Photos are scheduled for weekend of November 4-6/23
- SDI Digital Imaging

Rewards and Recognition

- Division Season Wrap Up Banquets are held in April (Dates TBA)

Parents & Coaches Meetings

- Coaches meeting early sept
- Parents meeting determined by individual teams

TOURNAMENTS

- Aurora Ring Tournament - November 2023

Sanctioned Provincial Tournaments

- St. Albert Turkey Ring Tournament
- Sherwood Park Platinum Ring Tournament
- Beaumont Brass Ring Tournament
- Leduc Wild Thing Tournament
- Calgary Esso Golden Ring Tournament
- Edmonton Silver Ring Tournament
- Spruce Grove Sweetheart Tournament
- U of A Ringette Scores on Cancer Tournament
- Hinton Friends on Ice Tournament

2023-2024 Season - Team Personnel



TEAM PERSONNEL

- Involved in the instruction, care supervision of Players, or in the management of the Team
- Team staff must consist of at least 2 with no max on asst coaches and 1 Coach *must* be female

Head Coach (1) - head coach is mandatory
Assistant Coach (1-4)
Manager

- All Team Personnel must obtain a “Criminal Record Check” and provide to FMRA Board of Directors by October 30/22
- Each Team must provide Minor Officials (Parent Volunteers for League/Tournament games)
 - HOME TEAM - Scorekeeper/Penalty Box Attendant
Shot Clock Operator (U12-U19)
 - AWAY TEAM - Timekeeper/Penalty Box Attendant
 - U10-U19 teams *MUST* provide a Referee Liaison. The person will wear a lanyard and monitor own team’s spectators and coaching staff. Name will be printed on the game sheet.
(Failure to provide referee liaison will result in a default win for the opposing team.)

CALL FOR TEAM PERSONNEL

- Please contact our Technical Director if you are interested in Coaching Positions
 - Head Coach
 - Assistant Coach
- Head Coach typically recruits
 - Manager
 - Additional Assistant Coach
- *Coach's Orientation - Early September*
- *Coach Clinic - TBD*
- *Manager's Orientation - Mid Oct (Location and Time TBD)*

2023-2024 Season - Team Personnel (cont'd)



TEAM MANAGER

- Act as a liaison between the parents and coaches;
- Provide information to the parents;
- Assist with distribution and collection of FMRA equipment and jerseys to the team;
- Obtain input as to what types and number of activities the team is interested in throughout the year;
- Assist coaches with scheduling of off-ice activities such as dry land;
- Coordinates the activities of the team to allow coaches time to teach the players;
- Research and inquire about available tournaments
- Obtain input from coaches and parents as to how many tournaments the team will want to attend throughout the season (U12-U19); Active Start/U10 may apply for 1 tournament. ensuring input includes how many out of town tournaments the coaches and parents are able to commit to
- Fill out and submit tournament application forms and payment.
 - Arrange of bus (if taking one)
- Inquire about team rates and reserve blocks of hotel rooms for out of town tournaments.

Note: Make group reservations for team bookings early (when submitting the application) as you could end up without team accommodations in some cases. Ask for the cancellation policy.
- Provide coaches and parents with information regarding tournaments, hotels and booking instructions.

- Arrange social functions for the team and/or parents throughout the year and at tournaments
- Arrange for team swag (hoodies/t-shirts/etc) if desired
- Ensure game sheets are labelled with proper player and coaching staff information;
- Ensure game sheets are collected and distributed appropriately after games;
- Look after team funds, retain receipts
- Set up a team budget and provide a year-end accounting.
- Discuss budget with team staff and parents, to decide how these budget goals will be met;
- Coordinate any additional fundraising efforts decided on as a team (Ex. Bottle Drives/raffle).
- Arrange or assist with any year end coach gifts, if applicable

Additional tasks for BGL teams

- Set up a bank account to control funds raised by the team

Note: Consider having two signing officers for the bank account.
- Arrange for Parent Volunteers for Minor Official Roles at games
- Submit game results to Black Gold League statisticians within 48 hours of game

2023-2024 Season - Tiering and League Structure



FORT MCMURRAY 2023-2024 LEAGUE STRUCTURE

<u>Division</u>	<u>Format</u>
Active Start	Equally split house league teams - Cross ice games
U10 Step 1	Equally split house league teams - Cross ice games
U10 Step 2	Equally split house league teams - Half ice games
U10 Step 3	Two development teams - Full ice games
U12	1 or 2 teams* (selected through evaluations)
U14	1 or 2 teams* (selected through evaluations)
U16	1 or 2 teams* (selected through evaluations)
U19	1 or 2 teams* (selected through evaluations)
Open	1 team

* The number of teams will slightly vary with the registration numbers

Black/Gold League

U12 has two spots in the U12 A, B or C division (based on UAA evaluations)

U14 has one spot in the U14 A, B or C division (based on UAA evaluations)

U16 has two spots in the U16 A, B or C division (based on association evaluations)

Each Division has approximately 8 Home Games and 8 Away Games for the season (approximately 4 trips to Edmonton area)

2023-2024 Season - Playing Up and Playing Down



PLAYING UP

- Playing in a division higher than defined for the player's age

PLAYING DOWN

- Playing in a division lower than defined for the player's age

Principles to Consider

- To ensure all first year players have a positive playing experience (after considering birthdate, size, maturity and skill level)
- Belief that for the development of self esteem and proper sense of self-worth, it is important that Player's remain with their peers
- Belief that leadership can be as big a challenge as skill development
- Belief based on studies that the youngest in any age group may struggle, while the oldest tend to be more successful.
- In exceptional years, it may be necessary for the FMRA to move players in order to balance divisions, or to form viable teams.

PROCESS TO REQUEST PLAYER MOVEMENT

1. Fill out a "Player Movement Request Form" and include reasons why the child should move
2. Submit to Technical Director
3. Technical Director will interview the Player, Parents and others as deemed necessary
4. Present to FMRA Executive for approval
5. For "Playing Up" only, an evaluation process will also be required.
 - a. The movement can only be:
 - i. Up one level within a division
 - ii. From the highest level in a division to the highest level in the next highest division
 - b. The Player must try out for and be in the top 50% of the desired level
 - c. The Player must skate with their division until approval is granted
 - d. If approved, the Player movement up is valid for only one year

2023-2024 Season - Evaluations & Team Selection



PLAYER EVALUATION AND TEAM SELECTION PROCESS

- Any special accommodations for player and team selection must be submitted to the Technical Director by September 8th. Concessions can only be granted for extreme circumstances
- Players will be evaluated by a combination of team Coach with reviews by the Technical Director and 1 external evaluator. The coaches review their team selection with evaluations by the Technical Director and external evaluator.

TEAM EVALUATION PROCESS

- Evaluations will be conducted within the season to gain insights for team focus and player skill level.
 - Team and player development guidelines indicate the expected level of skill for both the players and teams
 - The evaluation process indicated which areas the players and team are excelling at and which areas the team may need more focus. Drills focusing on weaker areas and possible changes to practice structure to be offered.

LEAGUE EVALUATION PROCESS

- Evaluations will be conducted throughout the season to gain insights for improvement the following year.
- Proposed evaluations for 2022-2023
 - FMRA Evaluation - by Parents
 - Coach Evaluation - by Players
 - Coach Evaluation - by Parents
 - Player Evaluation - by Coaches

2023-2024 Season - Black Gold Division



BLACK GOLD LEAGUE

- Competitive environment for teams to play outside their own Association
- Includes teams from St. Albert, Sherwood Park, Spruce Grove, Leduc, Hinton, Red Deer, Beaumont, Lacombe, Fort Saskatchewan, Edmonton, Pembina, Drayton Valley,

Would be an extra commitment / cost in addition to the FMRA house league

SCHEDULE

- Typically 16 games plus some play downs
- Begins mid October and ends mid February

LOCATION / FORMAT

- Majority of the games are played in Fort McMurray and Edmonton area
- Fort McMurray are scheduled on Saturdays - play two games and the visiting teams return home the same day
- Edmonton games could be on Saturday and Sunday - play 2-3 games and return at the end of the weekend.

TRAVEL / ACCOMMODATION

- The Association strongly encourages teams to travel by bus for Black Gold games in the Edmonton Area in the winter months (November-February)
 - Promotes Team Building
 - Safer when road conditions are poor
- Travel by bus is for players, coaches and manager. Remaining seats can be allocated to parents.
- For Edmonton games - one or two nights accommodations will be required

COST

- Two teams travelling together to Edmonton by bus can share the cost
- Overnight trips would be additional cost as there would be hotels required
- Costs can be offset with a combination of sponsorship and fundraising events.

2023-2024 Season - House League and Zone Playoffs



HOUSE LEAGUE

- Generally 1 game, 1 practice and 1 developmental skate each week
 - Ice Schedule will be provided until mid-October when teams are finalized
 - Monthly Ice Schedule will be posted on the website as soon as it is available.
- Competitive games - emphasis on fun and development
- Rules will follow Ringette Canada's Official Rules with the following exceptions
 - Active Start - coaches on ice until end of December
 - Active Start / U10 - 3 goal limit
 - U12 and up - shot clocks will be in effect

ZONE PLAYOFFS

- Zone Playoffs will be required for all divisions with multiple teams
 - Required for Provincials for U14 and up
- U10 and U12 Playoffs are done for fun
- Active Start - no playoffs