

# MHLC AGM

## Minutes

January 9, 2024 | 7:30 PM & Kinplex Social Room

### In Attendance

Members:	Sarah MacKenzie, President Cori Balderston, Secretary Kenzie Liefso, Past President Shawn Yanke, Tournament Director Brandi Bignell Alex Chisholm Brandon Adams Nevada Meyer Shauna VanderSpruit	Dustin Ressler, Vice President Kris Bower, Coaching Director Danielle O'Brien, Registrar Donovan Busscholl Dara Basso Heather Gust Mike Peterson Carlin Hood
Guests:	Kristin Liefso	Chris Arden

### 1. Call Meeting to Order

- 1.1. Introductions/Welcome
- 1.2. Quorum
- 1.3. Call to Order – Sarah M., President called the meeting to order at 7:34 pm.

### 2. Action Items

- 2.1. Approval of Agenda

#### MOTION

Dustin R moves to approve the 2023 AGM agenda as presented.

Seconded by Kenzie L.

Carried

- 2.2. Approval of Minutes

#### MOTION

Kenzie L moves to approve the 2022 AGM Meeting Minutes, as presented.

Seconded by Cori B.

Carried

### 3. Reports

- 3.1 President  
- Included
- 3.2 Vice President

- Included
- 3.3 Treasurer
- 2023 Financials Included
  - Sarah noted that the club invested in a bookkeeper this year. Upon his review of the financials it was recommended that the Opening Balance Equity of -\$2,841.75 be netted into the profit. In looking into where this came from it was discovered that it's been carried over from 2018 (when Juniors merged with the club) and there were about 100 transactions from a previous bookkeeping program not entered. Given the low dollar amount our bookkeeper suggested that the balance was netted into 2023 profit to allow for a clean slate moving forward. .

#### **MOTION**

**Mike P moved to approve the 2023 financial statements as presented. Seconded by Donovan B.**

**Carried**

#### Coaching Director

- Generally a good year with coaches, need more coaches to get certified and stay on top of the certificates and clinics for the 2024 season.
- Dave Welton will be back to visit schools to try to grow lacrosse. More sessions for U9/U11 to come.
- SALA is planning coaching clinics and an official clinic will take place April 13 in Taber.

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## **4. New Business**

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- 4.1. President - Sarah MacKenzie
- 4.2. Vice President - Dustin Ressler
- 4.3. Treasurer - Brandi Bignell
- 4.4. Secretary - Cori Balderston
- 4.5. Registrar/Scheduler - Danielle O'Brien
- 4.6. Coaching Director - Kris Bower
- 4.7. Equipment Director - Les Schnieder
- 4.8. Tournament/Sponsorship Director - Shawn Yanke
- 4.9. Manager Director - Dara Basso
- 4.10. Junior Director - VACANT
- 4.11. Past President (unelected) - Kenzie Liefso

- Sarah called for nominations from the floor three times, seeing none, the above slate was appointed for 2024-2025 year.

#### **MOTION**

**Kenzie L moved to appoint the slate as presented to the MHLC Board of Directors for the 2024-2025 term. Seconded by Danielle O.**

**Carried**

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## Conclusion

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Sarah M. moved to adjourn the meeting at 7:48.



## Medicine Hat Lacrosse Club 2023 Year in Review

Total registration: **147**

<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>
<b>12</b>	<b>35</b>	<b>31</b>	<b>30</b>	<b>23</b>	<b>16</b>

The MHLC had an exciting year filled with fun, success, and growth. Our club ran two teams in each U9, U11, and U13, as well as an oversized U15 team. We welcomed numerous new players in U17 allowing us to roster a team, many thanks to one of our players who was a true Sundevils ambassador. We also ran a U7 development program that featured a Jamboree with teams from Swift Current, Moose Jaw, and Crowsnest Pass.

We found success in our Medicine Hat referee incentive program, with 14 individuals officiating out of Medicine Hat this season. 12 completed the ALRA course we co-hosted with SALA in March and 2 are senior officials who completed a higher level of training and who also officiated at the Junior level.

As our club saw substantial growth, we also welcomed many new coaches this season. Our Coaching Director was able to arrange a Community Development course led by John Eng through the assistance of the SALA. We saw 13 individuals complete this course, many of whom will be moving on to Competitive Intro next season.

The MHLC has a solid foundation, one that was built by volunteers who have dedicated countless hours over many years. Through the leadership of our current Past-President Kenzie Liefso our club is thriving financially and well positioned for additional growth. Kenzie initiated investing money back into our club through numerous come try lacrosse sessions that ran January until mid-March at no charge to attendees. This program was possible due to prior boards investing in lacrosse sticks, the success of LAX To The MAX over the years, and disciplined financial planning. These drop-in sessions offered community members the opportunity to become familiar with lacrosse and bring out their friends.

Under the leadership of our Coaching Director Kris Bower, the MHLC partnered with Sundevils alumni, past Junior B Tier 1 player, and current Head Coach, Logan Sundholm, to provide player and coach mentorship. Having started this initiative in 2022, our club continues to allocate resources in supporting

players and coaches by investing in Coach Sundholm, along with other programs/development opportunities. The feedback from players, coaches, and parents has been tremendous, Coach Logan is an asset to player development and his ability to teach lacrosse IQ is a game changer.

The MHLC Board of Directors welcomed many new faces this year. We are fortunate to have Vice President Dustin Ressler at the table, he's brought forward policies to help guide us through the season and offers a wealth of knowledge in minor sports. Dustin was also instrumental in developing a fair and equitable player assessment framework. We also welcomed a new Tournament Director, this is a large undertaking and we are thankful to Shawn Yanke for stepping up. Our annual LAX To The MAX tournament hosted 26 out of town teams and was a fundraising success allowing us to re-invest directly back into our players and coaches.

New this year was the opportunity to have the SALA Technical Director, Dave Welton, support us by visiting local elementary schools. Our club was able to cover the additional fee through our savings, therefore we found this worthwhile as none of our volunteers needed to take time away from work to promote lacrosse to K-6 students. This program complimented the "Come Try Lacrosse" sessions we were running. Moreover, Dave was a welcome addition throughout the season when it came to coach mentorship. His assistance allowed us to support all our teams through his ability to fill gaps and collaborate with our Coaching Director, preventing burnout.

It goes without saying that there were trying moments throughout the season. Some of the concerns have been addressed and I feel confident in the direction I believe SALA is moving. The planning session will be a great opportunity for clubs to share ideas and for the SALA board of directors to lay the groundwork for future success. Our club finished the season with our U17's earning Bronze and our U9 Yellow and U11 Black each took home Silver at playoffs. Our U11 Yellow and U15 teams respectfully won SALA Championship titles with our U15's proceeding onto Provincials where they went undefeated, earning the ALA Provincial banner.

The Sundevils spirit is alive and bright. Many of our players participated in the Medicine Hat Exhibition & Stampede parade and a few more have continued their lacrosse journey having recently attended the Mounties ID Camp and/or having traveled to the US Box Lacrosse Nationals.

We look forward to next season and a new beginning with our SALA colleagues.

Respectfully submitted,

Sarah MacKenzie, MHLC President

## Vice Presidents Report 2023

We grew significantly as a club last year and are moving in the right direction to do so once again this coming season. On the floor, we brought home SALA banners at U11 and U15 and the Provincial banner at U15. Teams had success at tournaments, including our own, and the level of play across all divisions improved significantly throughout the season. Given that so many players, families, coaches and referees were new to the sport we did extremely well.

Structurally as a club, we began refining and creating policies and procedures to help ensure smooth/improved operations, we invested a significant amount of savings given the high interest rates, built our coaching and reffing resources, and worked hard at continuing to build the SunDevils brand through league fundraising and activities such as the stampede parade.

In addition to the support of the President of the club, the Vice President is primarily in charge of discipline matters. The 2023 season was quiet from a club perspective, with nothing major within club proceedings by members. In saying that, it should be noted that members need to follow the communication protocol within the MHLC code of conduct when making a complaint or when there is a concern. After a 24 hour cooling off period the communication protocol is: Parent, Manager/Coach, Division Coordinator, Vice President and/or President, ALA. Overall, especially given such growth by the club year over year, operations went well.

The LAX to the Max tournament had a few disciplinary matters that needed to be attended to within game play as the result of penalties. These were dealt with by the RIC and disciplinary committee at the tournament, resulting in a few suspensions. Overall, there was nothing out of the ordinary, things went very smoothly and a lot was learned that can be carried forward to this year's tournament.

Looking forward during my second year as Vice President, I plan to look into other fundraising avenues (casino) for the club and to continue to refine/define policies and procedures that will support continued growth of MHLC. We are poised to continue to grow the game in Medicine Hat and surrounding communities thanks to our dedicated volunteers and the foundation that was laid by past boards.

Dustin Ressler

*Dustin Ressler*

MHLC Vice President

# Medicine Hat Lacrosse Club

## Balance Sheet

As of December 31, 2023

	TOTAL
<b>Assets</b>	
Current Assets	
Cash and Cash Equivalent	
Chequing - Main	19,843.59
Common Share Account - Servus	1.56
Servus - Juniors - Community Plan	6,400.00
Servus Rewards Account	8.93
<b>Total Cash and Cash Equivalent</b>	<b>\$26,254.08</b>
Investments - Term 1	30,000.00
Investments - Term 2	20,000.00
<b>Total Current Assets</b>	<b>\$76,254.08</b>
<b>Total Assets</b>	<b>\$76,254.08</b>
<b>Liabilities and Equity</b>	
Liabilities	
Current Liabilities	
Credit Card	
Credit Card	1.31
<b>Total Credit Card</b>	<b>\$1.31</b>
<b>Total Current Liabilities</b>	<b>\$1.31</b>
<b>Total Liabilities</b>	<b>\$1.31</b>
Equity	
Retained Earnings	70,857.32
Profit for the year	5,395.45
<b>Total Equity</b>	<b>\$76,252.77</b>
<b>Total Liabilities and Equity</b>	<b>\$76,254.08</b>

# Medicine Hat Lacrosse Club

## Profit and Loss

January - December 2023

	TOTAL
<b>INCOME</b>	
Bottle Drive Revenue	7,398.22
Interest earned	10.49
Lax to the Max	51,880.74
Registration	0.00
Registration - PDC	1,491.90
Registration - Spring	51,275.00
<b>Total Registration</b>	<b>52,766.90</b>
Sales - Apparel	1,040.00
<b>Total Income</b>	<b>\$113,096.35</b>
<b>COST OF GOODS SOLD</b>	
Club Apparel	7,350.00
<b>Total Cost of Goods Sold</b>	<b>\$7,350.00</b>
<b>GROSS PROFIT</b>	<b>\$105,746.35</b>
<b>EXPENSES</b>	
Advertising	356.66
ALA - Minor	9,282.25
Bad debts	1.00
Bank Charges	0.00
Bank Service Fees	324.86
EFT Fees	1,407.11
<b>Total Bank Charges</b>	<b>1,731.97</b>
Coaching Clinics	1,294.95
Commissions and fees	400.00
Dues and Subscriptions	218.24
Equipment	0.00
General Equipment	341.20
Goalie Equipment	1,986.33
Jersey Expenses	117.46
<b>Total Equipment</b>	<b>2,444.99</b>
Game Sheets	169.91
Lax to the Max Costs	21,931.42
Meals and entertainment	886.01
Miscellaneous Expense	2,841.75
Office expenses	17.85
Postage/Mailing	191.10
Promotional	909.08
Referee - Minor	12,068.45
Rent or lease payments	0.00
Floortime - Spring	29,603.15
Floortime - Winter	1,853.26
Storage Locker	1,474.20
<b>Total Rent or lease payments</b>	<b>32,930.61</b>
SALA	8,206.15
Stationery and printing	1,012.87



# Medicine Hat Lacrosse Club

## Profit and Loss

January - December 2023

	TOTAL
Tournament Fees	2,840.00
Travel	303.33
Website	312.31
<b>Total Expenses</b>	<b>\$100,350.90</b>
PROFIT	<b>\$5,395.45</b>