



## Merritt Minor Hockey Association **Agreement to Complete Daily Health Check - Player**

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This form indicates the family's agreement to assess their child(ren) for symptoms of COVID-19 daily and to ensure their child does not attend any MMHA functions if they have symptoms or answer yes to any of the daily screening questions.

During the 2020-2021 hockey season, parents/guardians and caregivers must assess their child(ren) daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory diseases before sending them to MMHA functions. **If a child has any symptoms, they must not participate in an MMHA activities.**

Players who experience seasonal allergies or other COVID-19-like symptoms that are related to an existing condition can continue to attend MMHA functions when they are experiencing these symptoms as normal. If they experience any change in symptoms, they should seek assessment by a health care provider.

Players may still attend MMHA functions if a member of their household has cold, influenza, or COVID-19-like symptoms, provided the player is asymptomatic. It is expected that the symptomatic household member is seeking assessment by a health care provider.

Our team volunteers will monitor all players for symptoms throughout the session. If a player develops symptoms while on the ice, parents/guardians will be contacted to pick the player up and take them home until symptoms have passed. If the symptoms get worse, parents/guardians should contact their physician or call 811 for further instructions.

MMHA will continue to follow all guidelines from the BC Hockey, Via sport and the Provincial Health Officer. Please note that guidelines may change and MMHA will monitor these changes closely.

You will be asked to self-assess daily and to sign a declaration.

Player name(print): \_\_\_\_\_

Division: \_\_\_\_\_

Coach: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# Merritt Minor Hockey Association Agreement to Complete Daily Health Check - Player

Please keep this page somewhere it can be easily accessed daily. You must answer the following daily screening questions BEFORE your child(ren) comes to the arena.

If you answer yes to any of the below questions, your player must stay home.

If you answer “YES” to any of the below question, call 8-1-1, use the [COVID-19 Self-Assessment Tool](#), or contact a health care professional and take instruction from there. You must immediately contact your coaching team and provide any information or direction given by public health.

Daily Screening Questions	YES ✓	NO ✓
Has your child been ill or had any symptoms of COVID-19 in the last 24 hours?		
Has your child or anyone in your household returned from travel outside of Canada in the last 14 days?		
Is your child or anyone in your household a close contact of a person confirmed to have COVID-19? (Public Health will alert you if this is the case)		

Symptoms of COVID-19 include:

- Fever
- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Sore throat
- Runny nose / stuffy nose
- Loss of sense of smell or taste
- Headache
- Fatigue
- Diarrhea
- Loss of appetite
- Nausea and vomiting
- Muscle aches
- Conjunctivitis (pink eye)
- Dizziness, confusion
- Abdominal pain
- Skin rashes or discoloration of fingers or toes

Check BCCDC’s Symptoms of COVID-19 regularly to ensure the list is up to date.