

MID CANADA RINGETTE TOURNAMENT



**DECEMBER 5-7, 2025
HOCKEY FOR ALL CENTRE
WINNIPEG**

Welcome to the Mid-Canada AA Ringette Tournament!

On behalf of the entire planning committee, we are thrilled to welcome you to Winnipeg for this exciting event, which brings together talented athletes from across the country. As members of the tournament committee, we've worked hard to make this a memorable experience for you both on and off the ice.

Over the weekend event, you'll have the chance to compete against teams while showcasing your dedication, passion, and sportsmanship. With 28 teams, over 500 athletes, and a ton of spectators each day, this year's tournament is shaping up to be one of our best yet!

Throughout the weekend, be sure to visit our vendors to check out some great products and services, and stop by our silent auction tables, where you can buy tickets and enter to win fantastic prizes! And don't forget to buy your 50/50 tickets for a chance to win—proceeds go towards supporting the tournament.

As you prepare to take the ice at the Hockey for All Centre, we encourage you to enjoy every moment—from the competition to the friendships you'll make along the way. And remember, this event wouldn't be possible without the support of our incredible sponsors, volunteers, and both major and minor officials, so be sure to take a moment to thank them for their efforts.

If you need anything during the weekend, please do not hesitate to reach out to any of our volunteers for assistance. They will be easily identifiable by their lanyard name tags. We will also have a welcome table set up as a main point of contact, so feel free to stop by with any questions or concerns.

We look forward to a weekend full of fast-paced games, team spirit, and unforgettable memories. Good luck to all the teams!

Let the games begin!

Tournament Committee:

Kim Hyde, Michelle Hogue, Scott McAllister, Ashley Hayward, Deanne Sutherland, Jacki Reidy, Jennifer Forbes, Justyna Frobisher, Marney Merel, Barb, Jennifer Colvine, and Nicole



Information

Rosters

Rosters are DUE NOVEMBER 20, 2025. If there are changes to the roster submitted, please contact midcanada.aa.ringette@gmail.com

Welcome Desk

When you arrive, you'll find the welcome desk just past the first set of rinks right in the middle. If you need assistance at any point during the weekend, a member of the tournament committee will be there to help with any questions. Game sheets will also be available for pick-up at the welcome desk.

Pin Trading Station

Don't miss out on the fun at our Pin Trading Station, located at the front welcome desk! Mid-Canada pins will be available for purchase at just \$5 per pin. Collect them for yourself or trade with fellow participants to build your unique collection. It's a great way to connect with others and take home a special keepsake from the tournament!

Seating

- Rink-Side Seating: There is plenty of seating available at rink level for all spectators. Please note there are no heaters inside the arena so dress warm.
- Accessible Seating: Accessible seating is located on the second-floor balconies.
- Elevator Access: Elevators are available between the Manitoba Trades Arena and the Western Marble Arena to provide access to the second floor.

Player of the Game

For the third year in a row, we want to thank Boston Pizza for their sponsorship of the Player of the Game! Certificates will be available for pick up with game sheets.

Volunteers

We kindly ask each team to provide one adult volunteer to manage the penalty box during round robin games.

Change Rooms and Bag Storage

Change rooms will open one hour before each scheduled game. Gender-neutral bathrooms are not available, but anyone needing a gender-neutral or male change room can check in at the front desk. Volunteers can provide access to the first aid room or the Esso Ice Lab training centre depending on assigned rink.

Bags can be stored ice side of Western Marble Granite and Tile Rink. If eating at the Press Box Restaurant, bag storage is available outside of the entrance on the second floor. Hydration stations are located in the hallways outside of the change rooms.

Warm Up

A designated warm-up area is available for all athletes on the second floor of the rink. To ensure safety and respect of the facility, a coach must be present with athletes at all times. Please note:

- Free weights are not permitted in the warm-up area.
- Music is allowed—we just ask that teams keep the volume respectful, as this is a shared space for all teams.
- Teams may also choose to warm up in the dressing room hallways. However, rink-side warm-ups are not allowed.

On Ice Warm Ups

Teams will have a 3-minute on-ice warm-up before the start of each game. Please remember to **bring your own rings**.

Parking

- Free onsite parking is available throughout the weekend.
- A drop-off loop is conveniently located at the front entrance.
- Bus parking is designated along the East fence line, nearest to the Perimeter Highway.
- Accessible parking is available.

Washrooms

Accessible washrooms are located at the far end of the building, between the Flynn Arena and the Manitoba Building Trades Arena on both the main and second level.

Wifi and Live Barn

All rinks are equipped with LiveBarn, allowing families and fans to watch the games online through a paid subscription. Sign up with discount code hfac-live for 10% off.

Public Wi-Fi is available throughout the facility for easy access to streaming and staying connected.

Pro Shop and Skate Sharpening

Be sure to stop by and support The Hockey Hut Pro Shop! Despite the name, they're here to meet all your ringette needs with extended hours throughout the tournament.

Services include:

- Minor equipment repairs
- Skate sharpening regularly \$10 per pair, discounted to \$5 per pair with your Mid-Canada lanyard.

Thank you for supporting the businesses that make our tournament possible!

Rules & Game Schedules

Tournament rules will be posted on the [Mid-Canada Ringette website](#) a minimum of two weeks prior to the event for your review.

Schedules will be updated in RAMP and you will be notified by email. It will also be available on our website beginning the week of November 23.

For the latest updates and information, please visit midcanadaringette.com.

The home team will have the first right to play warm-up and between-play **music**. Please ensure that song lyrics are family-friendly and free from explicit language. All music should maintain a positive atmosphere that reflects the tournament's spirit of sportsmanship and community.

Tournament Clothing

We're thrilled to offer exclusive tournament clothing from Source for Sports Brandon available. A limited selection of designs will also be available for purchase onsite on Saturday. Don't miss out on your chance to show team spirit!

Pickup Information for all pre-orders:

- Orders will be ready for pickup at the front desk on Friday and at the Source for Sports table on Saturday during the tournament.
- Unclaimed orders will be donated.

Silent Auction

Do not forget to stop by and purchase your silent auction tickets for your chance to win one of the wonderful prizes!

50/50

We will be selling 50/50 tickets all weekend, with the pot growing as we go. The winner takes home half of the total. Cash and debit are accepted, and there's an ATM on site if you need it.

Ticket pricing:

- 1 for \$5
- 3 for \$10
- 10 for \$20
- 50 for \$50

Social Media

Stay connected! Follow us on social media for updates throughout the weekend, and don't forget to tag us in all your posts. We'd love to see your tournament highlights!

FOLLOW US

[midcanadaringette2025](#)



[Mid Canada Ringette Tournament](#)

Vendors

We have some great support this year from a variety of on-site vendors, offering everything from snacks and merch to gift ideas. Take a look around between games and squeeze in a bit of holiday shopping while you're here.



Natural Healing will be on site this weekend with a range of herbal and alternative health products. Their approach focuses on supporting whole-body wellness and helping people feel their best without relying on pharmaceutical options. If you're curious about what might work for your needs, stop by their table for more information.



Raven International Candies is here with a wide selection of treats from around the world. They carry fun, nostalgic, and hard-to-find sweets from the USA, UK, Mexico, and more. If you're looking for a snack between games or a little something to take home, stop by their table - they've got plenty to choose from.



Rad Ringette Accessories is set up on site with a fun mix of ringette-themed items, including ornaments, socks, Roxie the Ring plushies, and more. It's a perfect spot to pick up gifts for the ringette player in your life.

Team Building Ideas

Looking to make the most of your time in Winnipeg with your team? From thrilling activities to group challenges, Winnipeg has plenty of options to build connections, strengthen teamwork, and have fun together. Here are some exciting team-building ideas to try while you're here!



Winnipeg Jets Game

We are excited to offer your team an exclusive opportunity to attend a Winnipeg Jets game with a special group rate (minimum 10+ required)! It's a great chance for your team to enjoy a memorable outing together watching live NHL action.

To take advantage of this offer, please reach out to Sara Molina at 204-926-5918 or email: smolina@tnse.com with:

- i) Your preferred date
- ii) Team Name
- iii) # of tickets you would need

NOTE* This offer is exclusive to teams within the Mid Canada Ringette Tournament.

Looking forward to helping your team create some great memories!

Assiniboine Zoo

Don't let the weather scare you. Assiniboine Park Zoo has a variety of activities to keep you entertained.

<https://www.assiniboinepark.ca/zoo/visit/hours-and-rates>

Winter Wonderland



As Manitoba's longest drive-thru light show, this cherished holiday tradition returns for another season of affordable family fun!

Hours: Open 6:00 pm to 10:00 pm nightly (Closed Dec 25)

Location: Exhibition Park, West Gate, 3977 Portage Ave.
Turn north off Portage Avenue onto Festival Drive!

Get Your Tickets Now!

Experience over a million dazzling lights from the comfort of your vehicle at Red River Exhibition Park! Alongside all-time favorites, discover over 30 new light displays and other exciting surprises along the 2.5 km route. Plus, enjoy outdoor photo spots, skating, and food stands with warm drinks and delicious treats. Discount code available, please contact us for more information.

Activities

- Tune in to 101.1 FM for exclusive holiday music that complements your Winter Wonderland journey.
- Wednesday Magic Nights – The first 100 cars each Wednesday receive FREE 3D glasses for an extra-special view!
- Weekend Horse-Drawn Hayrides – Fridays, Saturdays, and Sundays from 6:30 pm – 9:30 pm, ride through the park with KB Clydesdales.
- Outdoor Pond Skating – Enjoy a starry skate on Exhibition Park's pond, open nightly when weather permits.

Tourism Winnipeg Recommendations

Tourism Winnipeg: <https://www.tourismwinnipeg.com/>

Winnipeg Visitor's Guide: <http://tourismwpg.uberflip.com/i/1530803-winnipeg-visitors-guide/0?>

Best Eats: <https://www.tourismwinnipeg.com/eat-and-drink/best-eats>

Winnipeg Attractions Pass: <https://www.tourismwinnipeg.com/deals-and-passes/winnipeg-attractions-pass>

thank you to our sponsors!



Partner Hotels

Birchwood Inn
Hampton Inn
Holiday Inn
Howard Johnson
Hyatt House
Sandman Hotel

VIEW MENU
ONLINE HERE



DOWNLOAD OUR APP!

*My***BP**



DINE-IN | TAKE-OUT
HOTEL DELIVERY

■ WINNIPEG

BIRCHWOOD
2517 Portage Ave.
204-925-4101
REGENT

1615 Regent Ave.
204-925-4102

KENASTON
1630 Kenaston Blvd.
204-925-4103
ST. VITAL

1919 Abinojii Mikanah
204-925-4104
GARDEN CITY

2211 McPhillips St.
204-925-4105
HENDERSON
1475 Henderson Hwy.
204-925-4114

POLO PARK
690 St. James St.
204-925-4107

PEMBINA
2729 Pembina Hwy.
204-925-4108

CITYPLACE
333 St. Mary Ave.
204-925-4109

CHARLESWOOD
3894 Grant Ave.
204-925-4112

GRANT PARK
1160 Taylor Ave.
204-925-4106

■ RURAL

SELKIRK
1018 Manitoba Ave.
204-785-7777

THOMPSON
4 Moak Cres.
204-677-0111

STEINBACH
182 PTH 12 N.
204-320-2444

MORDEN
215 LaVerendrye Blvd.
204-822-3222



BRING THE
TEAM

TO BOSTON PIZZA!



TEAM FAVOURITE!

PIZZA AND POP

ENJOY A
DELICIOUS
SELECTION OF
TWO-TOPPING
PIZZAS, PLUS
NON-STOP POP.



BOSTON BOOSTER FUNDRAISERS

- Invite your family, friends & team supporters to purchase a ticket for the night.
- Each Booster ticket includes ballots for a silent auction at the event.
- Boston Pizza supplies a great silent auction prize for that night's draw!

Two Booster Options:

1. Sell \$10 tickets
 - Includes 10 silent auction ballots for each guest.
 - Your team keeps all the money!
2. Sell \$20 tickets
 - Includes 10 silent auction ballots for each guest.
 - Includes a gourmet Indy pizza
 - You keep \$10 per ticket!

We print the tickets, you keep the cash!

Contact your nearest BP location to start organizing your Boston Booster Fundraiser!

GIFT CARD FUNDRAISING

Your team earns 10% back in cash for all gift cards sold!

How it works:

- Team organizer is provided BP gift card order forms for everyone to use.
- Parents & players collect gift card orders from their families & friends.
- Families submit their completed order forms to the team organizer who sends their group order to their local Boston Pizza.
- Boston Pizza fills the order, separating each order by family, and delivers back to the organizer.
- BP gift cards are valid at all Boston Pizza locations across Canada.

Contact your nearest Boston Pizza to start fundraising today!

Follow us!

  @bpwinnipeg

Hosting a tournament?
Invite Lionel!

