



**Midlothian Amateur  
Baseball Association  
Rulebook**

**2026**

**MIDLOTHIAN AMATEUR BASEBALL ASSOCIATION**  
**Local Rules**

**4U/5U T-BALL DIVISION**

This division plays on a smaller field, with a base distance of (55) feet and a distance from pitching plate to home plate of (25) feet.

The goal of the Tee Ball is to provide a baseball experience that is grounded in FUN, FITNESS, AND FUNDAMENTALS, the 3-F's that are meant to create a positive experience that will grow a child's love of the game.

**RULES**

1. Both Midlothian Community Park and Jaycee Park are tobacco-free facilities. Please refrain from using tobacco during practices and at games. Also, MCP does not allow the consumption of red Gatorade, gum, or sunflower seeds.
2. **SHOW GOOD SPORTSMANSHIP - REMEMBER OUR CHILDREN ARE LEARNING FROM US.**
3. The time limit is set for one (1) hour or (3) full innings. The remainder of the inning will be completed when the time limit expires.
4. The complete roster will bat. The batting order will remain as submitted to the opposing manager throughout the game.
5. The whole roster will bat each ½ inning with no run limit. The ½ inning is completed when either the roster has batted through the lineup.
6. Players arriving after the start of the game must be placed at the end of the batting order.
7. Each team will bat the lineup (3) times, playing three full innings or (1) hour (whichever comes first). All players must play at least one inning of infield play per game. Coaches are **REQUIRED** to rotate players through ALL POSITIONS. Coaches are also encouraged to rotate players through the batting lineup throughout the season.
8. All players should assume a defensive position on the field as rotated by the coach. Teams are allowed one (1) pitcher, each of the standard infield positions (1st, 2nd, 3rd, SS), and a 5th infielder, for a total of six (6) infield positions (if needed to ensure rotational requirements are met).
9. There will be NO CATCHERS in 4U/5U Tee Ball.

10. If needed, the fifth infielder will be stationed behind the pitcher in front of the second base.
11. The child-pitcher must position themselves on either the right or left side of the pitching rubber and be no more than 3' from the mound.
12. Offensive players must wear batting helmets while on the playing field for the safety of all players.
13. Only safety balls are to be used.
14. On-deck batters **CANNOT** warm up in the batter's box area.
15. Each batter will be given up to (6) swings off the tee for the batter to try to put the ball into play. If the batter cannot put the ball into play, the batter will be out, but are encouraged to run to 1st base. The defense will record the out, but the runner may remain on base.
16. The baserunners will operate on "tight bases," with the runner being unable to take a lead off the base; runners can only advance one base when the ball is hit; however, on the last batter of the inning, upon batting the ball, the runner will circle all four bases before offense and defense change positions.
17. Defensive outfielders must remain at least ten (10) feet behind the infield baseline before the ball is put into play.
18. No official scorebook or scoreboard will be kept during the game. No standings will be kept.

## COACH RULES

1. Each team is allowed a maximum of five (5) adult coaches/managers in the dugout during games. The coaching staff must consist of: (1) Head Coach, (3) Assistant Coaches, (1) Team Manager
1. Adult coaches are allowed at first and third base during offensive play.
2. Two (2) adult coaches are allowed in the outfield during defensive play.
3. At least one (1) adult (Assistant/Team Manager) must always remain in the dugout.
4. Assistant coaches must position themselves inside of the dugout while the ball is in play.

5. Only the team's head coach may be outside of the dugout during defensive series.
  - a. This is does not include the two coaches in the outfield.
2. Teams may designate one (1) additional Alternate Coach, who is not permitted in the dugout or on the field of play unless substituting for an unavailable Head Coach or Assistant Coach during the game. No more than (6) ID cards will be provided to each team for the duration of the season under one of three categories and background checks have been completed.

## END OF SEASON PROCEDURES AND STANDINGS

1. Coaches must turn in equipment at the end of the last game to a MABA board member.
  - a. The league will not provide end of season awards until all equipment is returned.
  - b. Failure to return league owned equipment may result in a team not being able to register the following season. **Medals/trophies will not be awarded until equipment is returned.**
  - c. The equipment provided is valued at \$350.00, and not turning in this equipment places a great expense on the organization and strains its ability to provide the necessary equipment for these youth players each season. Coaches failing to return equipment at the end of the season will be responsible for the cost of the equipment.
2. There are no end-of-year standings for T-Ball, and all players will receive recognition at the end of the season.

## BATS

1. All bats used in the T-Ball division must be designed and approved for use with safety baseballs.
2. Any bat length, weight, diameter, or composition (e.g., aluminum, composite, wood) is permitted if the bat is manufactured specifically for use with safety balls.
3. Bats cannot have damage, cracks, dents, or any other defects that could render the bat unsafe for play.
4. Bats designed and approved for use with regulation hardballs (baseball bats) are prohibited in these divisions that use safety balls.
5. Players, coaches, and umpires must inspect all bats before use to ensure they meet safety standards for T-Ball and Modified Coach Pitch gameplay with safety balls.

## AFTER THE GAME

Ensure that all trash is collected from dugouts and stands. Please leave the field how you would want it if you were the next team to play!

Any questions or comments can be directed to 4U/5U baseball division commissioner:  
[teeball@midlothianbaseball.org](mailto:teeball@midlothianbaseball.org)

