**Divisional Rules: Junior Rookie**

These rules are in addition to the general rules.

The focus and goal of Junior Rookie is to instruct young baseball players on the basics of fielding, base running and hitting techniques. The game becomes more like "real baseball". Junior Rookie uses a soft-core hard ball, outs are counted, score is kept, and the division will have a tournament at the end of the season.

1. The division is for six and seven-year-old boys and girls
2. Rosters will be limited to 11 players per team
3. Diamond times will be split into half practice/half game
   * The first 40-minutes will be allocated towards conducting a practice
   * One team will occupy the infield with the opposite team in the outfield
   * At the 20-minute mark the teams will rotate spots (ie: Infield team to outfield, outfield team to infield)
   * After 40-minutes a game between the teams will commence
4. A coach or manager will pitch
   * The coach should pitch from the base of mound; however, consideration for the batter’s ability may allow for pitching distance adjustment
   * The coach shall pitch from a kneeling position
   * The coach shall pitch overhand using a “dart throwing” motion
   * The player fielding the pitcher’s position will take position on the left or right side of the coach-pitcher
5. The batter will receive a *maximum* of 5 pitches in which to hit a fair ball.
   * If the fifth pitch is foul, the batter should receive another pitch
   * There is no limit to the amount of pitches that are fouled off
6. All outfielders must be off the infield (dirt) prior to the pitch crossing home plate. The number of infielders shall be limited to six (6) players (pitcher, catcher, first, second, third and shortstop). All other plays will play the outfield.