

# 2020 SEASON COACH AND VOLUNTEER CHECKLIST

Do not attend if any of the following is true and let your division coordinator or assistant know so someone can cover:

- You display <u>ANY</u> of the common COVID-19 symptoms: fever, cough, headaches, aches and pains, sore throat, chills, runny nose, loss of sense of taste or smell, shortness of breath or difficulty breathing.
- You have travelled internationally within the last 14 days.
- You've had close contact with a confirmed or probable COVID-19 case, that you are aware of.

# Before the First Game / Practice

- Review the MJLL 2020 Season Guidelines
- Ensure anyone who has not electronically signed their waiver signs a physical copy before they begin participating. The signed copy should be provided to your division coordinator.

# Before the Game / Practice

- Ensure any shared equipment has been sanitized with the provided disinfectant.
- Ensure every player and parent / spectator signs in on the provided sign in sheet and answers the applicable questions. The sheets will be prepopulated with the coach's name and players' names. The coach will need to fill in the date and diamond. If anyone answers yes to any of the questions, they cannot participate and must leave as per the guidelines.
- Ensure players understand the rules and guidelines for sanitization and social distancing.
- All drills to be created and implemented ensuring social distancing requirements are met.

### **During the Game / Practice**

- Ensure no more than the maximum number of people permitted in outdoor gatherings are being observed.
  - As of opening day the maximum is 30. Those on-field, home team spectators and visiting team spectators are each considered their own group and allowed up to 30 people each meaning each game / practice can have up to 90 people in total.
- Avoid sharing equipment where possible.
- Hand hygiene should be performed before and after the game or practice. Where possible, it should also be performed during play.
- For procedures if anyone is or becomes sick, refer to Section 4 of the MJLL 2020 Season Guidelines.

### After the Game / Practice

- Disinfect all commonly touched surfaces at the ballfield benches, hooks on the back of the dugout, gates, etc.
- Sanitize any shared equipment.
- Keep sign-in sheets in team binder in the event the relevant health authority needs to conduct contact tracing.