



## **Coach's Checklist: Phase 1 – Return to Train**

- Ensure that every participant, including yourself, has signed the 2020 Baseball Sask Registration Acknowledgement and Waiver that was sent to all members registered on Ramp
- Look to appoint a team representative who will act as the Health and Safety Coordinator for each session and the entire season
- Host a parent meeting prior to the season to educate families of the Return to Play Guidelines
- Design practice plans and dugout usage to include Social Distancing (6 feet), except for brief exchanges
- Remind players each session of the restrictions:
  - Social Distancing
  - No sharing of equipment or personal items
  - No spitting, chewing gum, or eating sunflower seeds
  - No handshakes or high fives
- Request that players arrive only 45 minutes ahead of games and 15 minutes ahead of practices to ensure adequate transition between teams to limit social gatherings
- Follow batting cage protocol – 2 people maximum per cage
- Conduct team huddles and meetings using social distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each session