



# **MOOSE JAW SOCCER ASSOCIATION INC.**

## **CONCUSSION POLICY**

This policy has been developed to ensure an increased awareness of head injury and concussions and to provide a consistent and reliable message about brain injuries, concussion prevention and treatment.

- It is strongly suggested that at least one member of team personnel complete the free Concussion Management course.
- For more information on the free Concussion Management course, please visit <https://coach.ca/concussion-awareness>
- An athlete suspected of suffering a concussion must be removed from play immediately and not return to activity until they have followed the six steps of recovery and are symptom free.
- Implement the six steps to recovery if an athlete has been diagnosed with a concussion by following the Concussion Guidelines for Coach/Trainer located on the ThinkFirst web site: <https://www.thinkfirst.org/concussion>
- Players must have documentation from a qualified health practitioner in order to return to play

For more information:

[https://cdn1.sportngin.com/attachments/document/f7db-1650584/Concussion\\_Info.pdf](https://cdn1.sportngin.com/attachments/document/f7db-1650584/Concussion_Info.pdf)