

Nanaimo Minor Softball Association

C League Coaches Manual



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1. Introduction:

Welcome to the Nanaimo Minor Softball Association. This manual is designed to provide coaches with the necessary information and guidance to effectively lead and develop young softball players in the C league. By following the principles outlined in this manual, coaches can create a positive and rewarding experience for their players while promoting skill development and sportsmanship and be aware of any need to know items.

2. Philosophy and Goals:

The primary philosophy of the Nanaimo Minor Softball Association C League is to foster a love for the game of softball while emphasizing skill development, teamwork, sportsmanship, and fair play. Our goals include:

- Providing a safe and inclusive environment for players to learn and grow.
- Teaching fundamental softball skills in a fun and engaging manner.
- Promoting fair play, respect, and good sportsmanship among players, coaches, and spectators.
- Encouraging participation and enjoyment of the game for all players, regardless of skill level.
- Preparing players for advancement to higher levels of play within the organization.

3. Coach Responsibilities:

- Serve as a positive role model for players, demonstrating good sportsmanship and respect for all.
- Communicate effectively with players, parents, and league officials.
- Develop practice plans that focus on skill development and teamwork.
- Provide constructive feedback and encouragement to players.
- Ensure the safety of players during practices and games.
- Adhere to league rules and regulations.

NMSA maintains a zero tolerance policy to the abuse or neglect of any participant in any of its programs. Abuse in any form, whether mental, physical, verbal, sexual, or emotional is not acceptable. NMSA expects every parent, volunteer, and staff member to take all reasonable steps to safeguard the welfare of its participants and protect them from any form of maltreatment. NMSA reserves the right to apply sanctions should an incident occur. This may include termination of coaches or players from participating with the team, banishing parents from attending games or practices.

The City of Nanaimo has a 'no smoking' bylaw in effect on all City property of which Beban Park is the major field for NMSA. Smoking is defined as cigarettes and e-cigarettes. Similarly, illegal drugs or alcohol are not permitted on the playing field or in any dugouts. It is noted that parks where games are being played are public areas under the temporary use by the association, and subject to all laws regarding possession/consumption of alcohol and drugs.

Code of Conducts

All coaches, players, and spectators are expected to adhere to the league's code of conduct, which promotes respect, fair play, and good sportsmanship. Any behavior that is detrimental to the positive atmosphere of the league will not be tolerated and may result in disciplinary action.

Coaches Code of Conduct

You, as coach, manager, or other official of the team must abide by the Code of Conduct as follows. You will: Be reasonable in your demands on the player's time, energy and enthusiasm. Remember they have other interests.

1. Teach your players that rules of the game are mutual agreements, which no one should evade or break.
2. Treat all players equally; do not show favoritism either through comments or actions.
3. Never ridicule or yell at the players for making mistakes or losing a game.
4. Ensure all equipment meets safety standards and is appropriate to the age of the players.
5. The scheduling and length of practice times should take into consideration the maturity level of the players.
6. Develop team respect for the ability of opponents as well as for the judgment of the umpires and opposing coaches.
7. Do not publicly question or ridicule the umpires' decision.
8. Follow the advice of a physician when determining when an injured player is ready to play.
9. Remember that children need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
10. Make a personal commitment to keep yourself informed on sound coaching principles and the principles of the growth and development of children.

I, _____, being a coach, manager or other official of the team
_____, have read this policy and agree to abide by the rules
as set out in this policy. I understand that any conflict with these rules may result in the cancellation of
my involvement with this team.

Signature

Date

Player Code of Conduct

This policy is intended for all players of minor sports and outlines the accepted role of the players towards the coaching staff, other players, and other parents/spectators. A player should:

1. Always play by the rules.
2. Play for the fun of it, not to please your parents or coach.
3. Never argue with the umpire's decision.
4. Control your temper – no yelling, swearing, or disrespectful comments.
5. Work hard for yourself and your team.
6. Be a good sport. Cheer for all good plays – both yours and your opponents.
7. Treat all players as you would like to be treated.
8. Remember the goals of the game are to have fun, improve your skills, and feel good.
9. Cooperate with your coach, teammates, and opponents.
10. Work towards skill development and good sportsmanship.
11. Never ridicule or yell at a teammate or opponent for making a mistake
12. Recognize the value and importance of volunteers, coaches, and all members of the softball community.
13. Do not use profane language or harass players, coaches, or umpires.

Player/Guardian Agreement

I, _____ being a parent or guardian of _____ have read and explained this policy to the player and agree that the player will abide by the rules as set out in this policy. I understand that any conflict with these rules may result in the cancellation of the player's activity on this team.

Signature of Player

Date

Signature of Parent

Date

Parent Code of Conduct

I, the undersigned, agree to:

1. Remember children are involved in organized sports for their enjoyment, not yours.
2. Encourage your athlete to always play by the rules.
3. Teach your athlete that an honest effort is as important as a victory.
4. Help your athlete work towards skill development and good sportsmanship.
5. Never ridicule or yell at the athletes for making a mistake or losing a game.
6. Remember children learn by example. Applaud good plays by your team and the members of the opposing team.
7. Do not question or ridicule the umpires' decision.
8. Support all efforts to remove verbal and physical abuse from youth sports.
9. Recognize the value and importance of volunteers, coaches, and all members of the softball community. They give their time and resources to provide opportunities for your children to play.
10. Do not use profane language or harass players, coaches, or umpires.

Note: All players will be required to sign a "Code of Conduct" before the player attends games or practices.

I, _____, being a parent or guardian of _____, a player on the _____ coached by _____ have read this policy and agree to abide by the rules as set out in this policy. I understand that any conflict with these rules may result in the cancellation of the player's activity on this team.

Signature

Date

Coach/Team Pre and Post-Season Checklist:

Pre-Season:

1. Attend Coaches Meeting:
 - Ensure attendance at the pre-season coaches meeting to receive important league updates, rules, and expectations.
2. Contacting Families:
 - Reach out to all players and their families to introduce yourself, provide information about the upcoming season, and answer any initial questions.
3. Handing Out Uniforms:
 - Organize a uniform distribution event or coordinate with the league to distribute uniforms to players before the start of the season.
4. Checking Equipment Bags:
 - Inspect equipment bags to ensure they contain all necessary items for practices and games, including but not limited to balls, bats, and protective gear.
5. Writing Practice Plans:
 - Develop detailed practice plans that focus on skill development, teamwork, and preparation for the season ahead. Include a variety of drills and activities to keep players engaged and motivated.

Post-Season:

1. Evaluating the Season:
 - Reflect on the season as a coach and team, considering successes, areas for improvement, and overall player development.
2. Thanking Players and Families:
 - Express appreciation to players and their families for their commitment and support throughout the season.
3. Returning Equipment:
 - Collect all equipment from players and ensure it is returned in good condition. Check for any missing or damaged items and make arrangements for repairs or replacements if necessary.
4. Completing End-of-Season Paperwork:
 - Submit any required end-of-season paperwork or evaluations to the league, including player evaluations, participation records, and feedback on the season.

Equipment

Each season, equipment is purchased by NMSA for the players use during the season. Examples of this equipment are items such as bases, balls, bats, and other team specific gear. Other items such as socks (for some age groups), uniform tops, and hats are purchased by NMSA but are not required to be returned. Players must supply their own head gear including helmets with face guards or other apparatus as required (see below).

PROCEDURE

If the NMSA was involved in acquiring this equipment, then it must be returned to NMSA at the end of the season or at the disbandment of the team. Each coach is required to make up an inventory list of items purchased with team funds to include both personal and team equipment.

RATIONALE

NMSA has budgeted for the purchase of equipment as needed so that the players don't have any large outlay after the registration fee and that players all look the same.

HELMETS - BATTING

The definition of a batting helmet from SOFTBALL BC "Handbook of the Constitution and Special Operating Rules" article 7 (7.1) (h) is:

"an approved helmet shall be one that is fully enclosed, with two ear flaps, a foam liner, and a peak. For U16 and below, all on-deck batters, batters, and baserunners must have an attached face mask."

FACEMASKS BATTERS – NEW 2019 RULE CHANGE

Face masks are required on helmets for U16 and below players for increased safety for players so as to avoid serious injuries!

FACEMASKS – PITCHERS – NEW 2019 RULE CHANGE

Protective face masks for pitchers are mandatory. **Why:** Increased safety. What it means is that all pitchers are required to wear a protective face mask. Game will not continue until the pitcher has a mask on!

NOTE: While Softball BC has made batting helmet cages mandatory for players aged U16 and under as noted, **NMSA recommends ALL players wear a batting helmet with a cage.** Please ensure you have updated your helmet with a cage before play begins in April. Players without the mandatory batting helmet cage will not be permitted to play. This is also a good time to check your helmets for the manufacture /expiry date; they are usually only good for 5 years. Replace any old helmets to ensure players are protected.

NMSA Equipment List:

Each coach in the Nanaimo Minor Softball Association C League will receive the following equipment to support their team throughout the season:

1. 1-2 Sets of Catchers Gear: Includes catcher's helmet, chest protector, and leg guards, designed to ensure the safety of players in the catcher position.
2. Parent Catchers Mask: Provides additional protection for coaches or parents who assist with pitching during practices or warm-ups.
3. One Fielding Mask: Offers protection for players during fielding drills and practice situations to prevent injury from fast-moving balls. Pitchers must wear a mask when on the field.
4. Softballs: A set of softballs for use during practices and games, ensuring that players have access to proper equipment for skill development and gameplay.
5. 2-3 Bats: Softball bats suitable for players of varying ages and skill levels, facilitating batting practice and game performance.
6. Cones: Used for setting up drills, marking boundaries, and organizing practice activities, enhancing efficiency and organization during practices.
7. Bases Bag: Some teams will require this. It contains all necessary bases for setting up the playing field during practices and games, ensuring a proper and safe playing environment.
8. Batting Tee: Essential for batting practice and skill development, allowing players to work on their hitting technique independently or with guidance from coaches.
9. Wiffle Balls: Lightweight and safe for indoor or outdoor practice, ideal for hitting drills, hand-eye coordination exercises, and pitching practice.
10. Ball Bucket: Provides a convenient storage and transportation solution for softballs, facilitating easy access during practices and games and keeping the playing area organized.

Players will be required to supply the following:

Glove, batting helmet with cage, black softball pants, and running shoes (or cleats). Although not mandatory, players may want to buy their own fielding mask to increase safety measures.

This comprehensive equipment package equips coaches with the necessary tools to facilitate effective skill development and enjoyable gameplay experiences for players in the Nanaimo Minor Softball Association C League.

Field of Play

Gameplay

- ☐ U5/U7/U9 (no scheduled Inter-League games.)
- ☐ U11 to U20 – no new innings after 1 hour and 30 minutes or 7 innings or 8pm, whichever comes first. (Complete the bottom half of the inning if behind in the score.)

Minimum players: 6 players on the field (All C league teams are encouraged to share players at game time to fill out a team rather than cancel or have players sit.) No Automatic Outs for playing less than 9 players.

Maximum players: 9 players on the field. (U11+ Players and Officials only on the field of play except when coach pitching the “5th ball” in U11 only (coach/parents acting as umpires permitted.))

U5-U9 Balls: 11” Indoor balls (softies) are to be used

Pitching:

- ☐ Pitchers are only required to have 1 foot on the pitching plate.
- ☐ U7 to U9 Coach pitching: 7 hittable pitches (U7 can use T, All U7 players Hit) (U9 no T, Strike Out after 7 hittable pitches.)
- ☐ 4 Maximum innings allowed per pitcher for U11 to U15. (U11 and U13 encouraged to change pitchers after 2 innings.)
- ☐ Mask must be worn by a catcher/player/parent/coach warming up a pitcher.
- ☐ Full equipment must be worn by a catcher while playing (mask, chest protector, leg guards.)
- ☐ Large Strike zones are encouraged for U11 & U13 (promote batting, rather than waiting for walks.)

U11 Specific Pitching Rules

First half of the season (April-early May): Player pitching to the opposing team until the batter receives a 4th ball, which would normally result in a walk. This is where the game changes. After the 4th ball, the batter will have a count against them. It will either be 4 balls with 0 strikes (4-0), 1 strike (4-1) or 2 strikes (4-2). The hitter’s coach will now come in and pitch to their own batter and carry out the rest of the count. Now the 5th ball will be a walk and the 3rd strike is still an out. (The coach pitches one more ball for the 5th ball and a walk or the rest of the strikes for a strike out.)

Last half of season (Mid May -June): Player pitch – normal count. After 3 strikes, batter out. After 4 balls, the batter walks.

Batting/Runs/Running:

- ☐ All teams are to bat all of the players according to their batting order (sitting fielders still bat.)

Max Runs Per Inning

- o U5 - U9 - all players bat each inning. Inning is over after all at bats are complete.
- o U11 – 4 runs or 3 Outs
- o U13 – 4 runs or 3 Outs
- o U15+ - 5 runs or 3 Outs

- ☐ Dropped 3rd strike rule applies to U15+.
- ☐ Infield fly rule applies to U15+.
- ☐ Helmets (with a cage for U17 and under) must be worn while on the field (dugout to dugout.)
- ☐ Stealing bases for U9+ permitted. U9 & U11 runners must be hit home. For example, a player already safe at 3rd cannot run home on an overthrow to 2nd from any point in the field. A player already in motion to a base or home before the throw to any base may continue their run to the next base but must stop at that base (no double stealing), otherwise if they are not in motion before the throw they need to hold position at the current base they occupy. The idea is to prevent jungle ball where the ball is flying around and players keep running on repeated over throws.
- ☐ Stealing home from U13+ permitted.
- ☐ Ball must leave the pitcher's hand before the runner can leave the base.
- ☐ Thrown bats may lead to a warning or Out (umpire's discretion.)
- ☐ No shoes with metal cleats/spikes permitted.
- ☐ Runner may not "Run Over" a fielder or catcher at a bag, plate or on the baseline. Slide into base or plate. (see Baselines/Bases/Plates.)
- ☐ U9 - When a ball is being returned to the pitcher from any point on the field (enters the pitching circle – umpires discretion), the play is over. Stealing is not permitted on a dropped or missed ball by the pitcher. (A runner already in motion while the ball is being returned to the pitcher may continue to the next direct base/home plate.)

Baselines/Bases/Plates:

- ☐ White and orange safety bag must be used at first base (white is in play, orange is out of play.)
- ☐ Fielders must not stand on baselines (must not impede the runner) (see Batting/Runs/Running.)
- ☐ Fielders must not block a bag (may straddle the bag) except with ball in glove for a tag (see Batting/Runs/Running.)
- ☐ Catchers must not block home plate (may straddle the plate) except with ball in glove for a tag (see Batting/Runs/Running.)
- ☐ Batters must step out of the batter's box when a play is being made at home plate.

Umpires:

- ☐ U11+ games, Umpires are arranged by the Home association.
- ☐ Large strike zone encouraged for U11-U13 (promote batting, rather than waiting for walks)
- ☐ The Home coach is responsible for informing their association UIC of any canceled games as soon as possible.
- ☐ The Umpire may cancel or delay a game at the field for safety reasons.
- ☐ U11+ parents or coaches may umpire when an official Umpire is not available.

District 2 Rules:

1. Player Eligibility:

- Players must meet the age and eligibility requirements set forth by NMSA for participation in league games and tournaments. They will be registered in their home association to register with Softball BC
- Any disputes regarding player eligibility will be resolved according to NMSA rules and regulations.

2. Game Rules:

- 630PM start time
- All league games will be conducted according to the official rules of softball as established by the governing body of District 2.
- Coaches and players are expected to familiarize themselves with these rules and adhere to them at all times during league play.

3. Umpire Assignments:

- Umpire assignments for league games will be made by NMSA officials, and all decisions made by umpires during games are final.
- Coaches and players are expected to respect the authority of umpires and refrain from disputing their calls. Failure to do so may result in being suspended.

4. Code of Conduct:

- All participants in NMSA softball, including players, coaches, and spectators, are expected to adhere to the league's code of conduct, which promotes fair play, respect, and good sportsmanship.
- Any violations of the code of conduct will be addressed and may result in disciplinary action as determined by NMSA officials.

5. Safety Regulations:

- NMSA prioritizes the safety of all participants, and teams are expected to comply with safety regulations regarding equipment, field conditions, and player health.
- Any concerns regarding safety should be reported to NMSA officials immediately for investigation and resolution.

6. League Governance:

- NMSA officials oversee the administration and governance of the league, including rule enforcement, scheduling, and tournament organization.
- Coaches and teams should direct any questions or concerns regarding league operations to NMSA officials for assistance and clarification.

How To Line/Prep A Diamond

1. Rake the field, ensuring that all divots are filled in and level out the batter's box
2. Grab the Lining cart, string, pitchers mound (if not already secured in the diamond), Bases, Batters Box guide (if you have one) and tape measure from the equipment box
3. Remove the base plugs and insert all the bases into the correct holes
4. Refer to the Attached Softball BC Plate Measurement GUIDE on this page (there should be one in the equipment boxes at the diamond), this will help guide you through some of the measurements
5. Lay down the batters box template and press down to ensure that it leaves an imprint for you to follow. Remove the batters box template and repeat this step on the other side
6. If your diamond does not have a template you will need to review the Softball BC Plate Measurement GUIDE to draw one out yourself
- 7.

DIVISION	PITCHER'S MOUND	PITCHER'S CIRCLE	BASELINES
U20	43'	8'	60'
U17	43'	8'	60'
U15	40'	8'	60'
U13	38'	8'	55'
U11	35'	8'	45'
U9	30'	8'	45'
U7	30'	5'	45'

8.

Field Maintenance Guidelines:

Field maintenance is essential for ensuring safe and enjoyable playing conditions for all participants in the Nanaimo Minor Softball Association C League. Coaches and teams are responsible for maintaining the fields before and after each use to keep our facilities in top shape. The following guidelines outline expectations and resources available for field maintenance:

1. Pre-Use Maintenance:

- Before each practice or game, coaches and teams should inspect the field for any hazards or debris that could pose a safety risk.
- Use rakes to level out any uneven areas of the infield and remove debris such as rocks, branches, or litter.
- Check the condition of the bases and pitching mound, ensuring they are secure and in good repair.
- If playing at Beban, permanent bases, and rakes are available in the lock boxes (key provided). Ensure they are properly set up before use.

2. Post-Use Maintenance:

- After each practice or game, coaches and teams are responsible for cleaning up the field and returning it to its original condition.
- Rake the infield to smooth out any divots or rough patches caused by play.
- Collect any trash or equipment left behind and dispose of it properly.
- Return bases and other equipment to their designated storage areas.
- If playing at Beban, ensure that lock boxes are securely closed and equipment is stored safely.

3. Field-Specific Requirements:

- Beban Fields: Utilize the rakes and permanent bases available in the lock boxes for field maintenance.
- Pleasant Valley, Elaine Hamilton, and Bowen West Fields: Nail down bags are required to secure bases in place. Coaches should bring nail down bags to these fields for use during practices and games.

4. Community Responsibility:

- Maintaining our fields is a collective effort that relies on the cooperation and commitment of all coaches, players, and volunteers.
 - By taking pride in our facilities and adhering to these maintenance guidelines, we can ensure that everyone has a positive experience on and off the field.
-

Safety/Health

The safety of players is of utmost importance. Coaches should be familiar with league safety guidelines and ensure that all equipment is properly maintained and used. Emphasize proper warm-up and stretching techniques to prevent injuries during practices and games. In the event of inclement weather or other safety concerns, prioritize the well-being of players and follow league protocols.

Medical Information:

1. Player Medical Forms (available online):

- Prior to the start of the season, all players should submit completed medical information and emergency contact forms.
- Ensure that medical forms include relevant information such as allergies, existing medical conditions, medications, and emergency contact details.

2. Emergency Contact Information:

- Maintain a list of emergency contact information for each player, including parents' or guardians' names, phone numbers, and alternative emergency contacts.
- Ensure that coaches and team officials have access to this information during practices and games.

3. Injury Assessment and First Aid:

- In the event of an injury, promptly assess the severity of the situation and provide appropriate first aid treatment as needed.
- Encourage coaches and volunteers to receive training in basic first aid and CPR to ensure they are prepared to respond to medical emergencies.

4. Emergency Medical Supplies:

- Keep a stocked first aid kit readily available at all practices and games, containing essential supplies such as bandages, antiseptic wipes, and icepacks.
- Regularly check and replenish first aid supplies to ensure they are up to date and readily available when needed.

5. Communication with Parents:

- In the event of a medical emergency involving a player, promptly notify parents or guardians to provide updates on the situation and instructions for further care.
- Maintain open and transparent communication with parents regarding any injuries or medical concerns that arise during the season.

6. Medical Conditions and Allergies:

- Coaches should be aware of any medical conditions or allergies affecting players on their team and take appropriate precautions to ensure their safety.
- Communicate with parents or guardians to gather information about specific medical needs and develop a plan for managing them during practices and games.

7. Emergency Action Plan:

- Develop and implement an Emergency Action Plan (EAP) outlining procedures for responding to medical emergencies, severe weather events, and other critical situations.
- Ensure that all coaches, players, and volunteers are familiar with the EAP and know their roles and responsibilities in the event of an emergency.

Weather Procedures:

1. Monitoring Weather Conditions:
 - Coaches and league officials should monitor weather forecasts leading up to scheduled practices and games to stay informed about potential inclement weather.
2. Pre-Game Preparation:
 - Before practices or games, coaches should assess current weather conditions and make a determination regarding whether it is safe to proceed.
 - If severe weather is imminent or lightning is detected in the area, practices or games should be postponed or canceled to ensure the safety of all participants.
3. During Practices or Games:
 - Coaches should have a plan in place for seeking shelter in the event of sudden changes in weather conditions, such as lightning storms or heavy rain.
 - If lightning is observed or thunder is heard, all players, coaches, and spectators should seek shelter immediately in a sturdy building or vehicle. Avoid open fields, tall trees, or metal objects.
 - Games or practices should not resume until at least 30 minutes have passed since the last observed lightning strike or sound of thunder.
4. Communication:
 - Coaches should maintain open communication with players, parents, and league officials regarding weather-related decisions and updates.
 - In the event of a weather-related postponement or cancellation, coaches should promptly notify all affected parties of the decision and provide information about rescheduling if applicable.
5. Field Conditions:
 - After severe weather events, coaches should assess field conditions to ensure they are safe and playable before resuming practices or games.
 - Avoid playing on wet or waterlogged fields, as this can increase the risk of injury and damage the playing surface.
6. Safety First:
 - The safety of players, coaches, and spectators is the top priority in all weather-related decisions. When in doubt, err on the side of caution and postpone or cancel activities as necessary to ensure everyone's well-being.

By following these weather procedures and prioritizing safety, coaches can help minimize risks associated with inclement weather and ensure a positive and enjoyable experience for all participants in the Nanaimo Minor Softball Association C League.

Emergency Action Plan:

In the event of an emergency during practices or games, it is essential to have an Emergency Action Plan (EAP) in place to ensure the safety and well-being of all participants. The following steps outline the recommended procedures to follow in various emergency situations:

1. Medical Emergencies:

- If a player or coach requires medical attention due to injury or illness:
 - Designate a trained individual, if available, to provide immediate first aid assistance.
 - Call emergency services (911) to request medical assistance.
 - Provide detailed information about the location of the emergency and the nature of the situation.
 - Ensure that someone remains with the injured individual until medical help arrives.
 - Contact the player's parent or guardian to inform them of the situation and provide updates as needed.

2. Severe Weather:

- If severe weather, such as lightning storms or tornadoes, poses a threat to safety:
 - Immediately seek shelter in a sturdy building or designated storm shelter.
 - Avoid open fields, tall trees, or metal objects, which can attract lightning.
 - Monitor weather updates and follow instructions from local authorities regarding evacuation or sheltering in place.
 - Wait until the severe weather has passed and conditions are deemed safe before resuming activities.

3. Fire or Facility Evacuation:

- If a fire or other emergency requires evacuation of the facility:
 - Remain calm and follow the instructions of coaches or facility staff.
 - Evacuate the area using designated exit routes and assembly points.
 - Conduct a headcount to ensure that all players, coaches, and spectators have safely evacuated the facility.
 - Contact emergency services if necessary and provide information about the nature and location of the emergency.

4. Missing Child or Individual:

- If a child or individual is reported missing:

- Immediately notify coaches, league officials, and facility staff.
- Conduct a thorough search of the area, focusing on common areas and potential hiding spots.
- Contact law enforcement to report the missing person and provide a description and last known location.
- Keep parents and guardians informed of the situation and any developments in the search efforts.

5. Communication and Documentation:

- Designate a communication liaison to coordinate communication with emergency services, parents, and league officials.
- Maintain accurate records of all emergency incidents, including the date, time, nature of the emergency, actions taken, and individuals involved.
- Review and update the Emergency Action Plan regularly to ensure it remains current and effective.

League Fee Breakdown

NMSA believes in transparency and makes every attempt to keep costs to players and families affordable. Part of our attempt of transparency is to let families know an approximate cost per player for a variety of elements that are required to run a sustainable softball league.

Below is an approximate cost breakdown. There are additional costs to run the league that are not reflected in the list. Please note that U11 and older pay more than U9 and below because of the absence of umpires, field preparation materials, and less equipment required/provided.

Supplied uniforms (jersey, socks (U11+), hat) - \$50-60 per player

Team/Individual photos, special events including a year end celebration - \$20-\$25 per player

Field Maintenance, equipment upkeep, field rentals - \$35-45 per player

Umpires / In game materials (U11 and up) - \$30-40 per player

Softball BC registration / insurance - This is now paid as a separate line item during registration. NMSA has no influence over the rate.

The executive board volunteers work hard to find community sponsors to keep offsetting rising costs but it should be expected that league fees will increase yearly.

Have a great softball season. If there are any questions or concerns please reach out to:

President: Trevor McIntyre – president@nanaimosoftball.ca

Vice President: Jeremy Slater – jeremy.slater@nanaimosoftball.ca

NMSA Coaches Certification

C - League

All NMSA community coaches are required to complete the following training at minimum through NCCP (see below for instructions on how to create a NCCP account).

[NCCP Login](#)

Foundations of Coaching 1 (\$10) required

Safe Sport Training (Free)

Mental Health in Sport (Free)

[Online Learning](#)

U15/17/20C Provincials

When attending a U13, U15, U17, or U20 Provincial Championship, **one** of the registered coaches or managers must be "Trained" at the required level. See the chart below.

Any registration fees incurred (not travel) will be reimbursed by NMSA. Please keep receipts and submit once you have completed the training.

<u>Team</u>	<u>Provincials</u>	<u>Status</u>
U15 C	Community Coach + M.E.D (\$73) Foundations of Coaching 1 (\$10 online)	Community coach trained
U17/20 C	Community Coach + M.E.D (\$73) Foundations of Coaching 1&2 (\$25 online)	Community coach trained



Nanaimo Minor Softball Evaluations

Coach :

Team :

Players will be assessed on a 1-5 scale.

- (1) Weak
(2) Needs Development
(3) Average
(4) Good
(5) Excellent

[illegible]