



Suite 100 – 103 A Packham Avenue, Saskatoon, SK S7N 4K4

2020 National Aboriginal Hockey Championships

Re: FSIN Coronavirus (Covid-19) Update Bulletin

Please be advised that due to the rapidly developing events surrounding the covid-19 Coronavirus and potential risk to Saskatchewan First Nation communities, the FSIN provides the following bulletin;

The FSIN would advise First Nations to closely monitor public health authority announcements and update their community response accordingly. Please ensure that all proper precautions are taken for your community.

March 9, 2020 Covid-19 Highlights;

- Globally there are 111,540 confirmed cases in 95 countries that have contracted the virus. The current death toll is 3,884, with the bulk of those occurring in China. Numbers of cases that have recovered - 62,679, with 44,977 still battling the virus.
- In Canada: Case count as of March 9, 2020: 62 confirmed cases of COVID-19 (ON=28, BC=27, Alberta=4 *International Travel Related, QC=4). (*Some media sources vary)
- It should be advised that in the new BC cases, 2 elderly residents of a care home have confirmed positive for the covid-19 coronavirus. Further testing of the care home staff is ongoing.
- Saskatchewan: 72 people have been tested and all tests have come back negative. (March 6, 2020)
- Approximately 87% per-cent of people that contract virus will suffer minor symptoms before recovering, 13% will suffer severe effects, and a little more than 2% will perish.
- **Covid-19 coronavirus symptoms are flu-like and include; Fever, Cough, and Shortness of Breath, and possibly Headache, and Aching Joints.**
- Some Public and Sporting Events have been cancelled in other provinces as of today's date.

FSIN Covid-19 Coronavirus Precautionary Advisory-March 9, 2020:

The level of risk is still very low for Saskatchewan and Canada, however in light of the potential risk to First Nations, the FSIN recommends the following precautionary measures;

- **Seniors and people that suffer from chronic or underlying medical conditions are at greatest risk for suffering the worst effects of the virus. (Average Mortality Rate 2% in general population of those infected)**



May 9 – 16, Cooperators Centre, Regina, Sk



- Emergency response procedures by First Nations and Tribal Councils should be updated in response to the elevated risk to communities.
- Close monitoring for deployment of emergency services should be ready should the situation escalate.
- Vulnerable members in your communities should be identified and contingency plans for their transportation and/or isolation along with patient care protocol should be devised.
- PPE and other medical supplies should be secured from your local health care provider. i.e., surgical masks, rubber gloves, hand sanitizer.
- Travel restrictions should be considered in the case of those planning to travel or attend public events.
- Community households should keep on stock at least 3 days-worth of food and water as a precautionary emergency response preparation measure.
- Precautionary hygiene and other measures should be taken by all persons including;
 - **Refrain from shaking hands.**
 - **Wash hands with frequently with soap and water or hand sanitizer.**
 - **If you cough or sneeze, do so into your folded arm.**
 - **Stay Home if you are feeling sick.**
 - **Avoid close contact with those displaying cold or flu symptoms. (Keep a safe distance of 1 meter or 3 feet)**
- Schools, Band Offices, and other public places should be extra vigilant in keeping surfaces clean, and having hand sanitizer on hand for public use.
- International Travellers from your communities should check with Sask-Health Line 811 to report if they have symptoms, or to check whether travel is recommended to the respective destination.
- If you or your household members are displaying any symptoms of the virus, be prepared to self-isolate in your home up to 14 days. Before attending to any medical appointments concerning flu-like conditions, call ahead to advise health staff at the facility you are attending.
- Call 811 if you think you have the Covid-19 coronavirus.

AVOID FAKE NEWS! For accurate updated information please see the links provided;

AFN Coronavirus Fact Sheet for best practices and hygiene

<https://www.afn.ca/policy-sectors/health/>

Canada public health agency case update by region

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

NAHC 2020

May 9 – 16, Cooperators Centre, Regina, Sk



Saskatchewan public health with notices and travel advisories

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>, or www.ca/coronavirus. For USA travel please check www.cdc.gov

In closing, please be advised that the FSIN continues to monitor the situation as it develops and will continue to provide updates. The FSIN also advises that your First Nation and Tribal Council health services, in conjunction with provincial and federal health authorities are your community's first line of defense against Covid-19 coronavirus.

For more information contact: carey.osoup@fsin.com

Carey O'Soup

FSIN Emergency Management

Engagement Coordinator

Ph: (306) 956-6901

Cel: (306) 601-9204

Or

Clinton Kakakeway: Clinton.kakakaway@fsin.com

FSIN Emergency Management

Engagement Assistant

Cel. (306) 575-3537

**NHC 2020**

May 9 – 16, Cooperators Centre, Regina, Sk