

NORTH BAY AND DISTRICT GIRLS HOCKEY 26TH ANNUAL TOURNAMENT



Sanction #2425032

EVENTS



Browse easily through this online calendar for local festivals, events and activities in and around North Bay! You can sort events by date, special interest category, organizer name or venue.

EATS



Whether you are looking for a delicious cup of coffee, local craft beer, outdoor patio, or a gourmet food experience, North Bay has something to satisfy your gastronomic craving.

DRIFTSCAPE






Driftscape is a digital storytelling platform allowing you to conveniently discover North Bay by browsing local attractions, self-guided tours, upcoming events and itineraries to enhance your visitor experience.

MAGAZINE



The Discover North Bay magazine will provide you with a more detailed story about the diverse offerings in the city including local attractions, accommodations, and unique experiences.

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NORTH BAY
ONTARIO ♦ CANADA

November 7, 2024

The North Bay & District Girls Hockey Association welcomes you to the North Bay & District Area for our 26th Annual Girls Hockey Tournament. Girls hockey is on the rise in North Bay and we are thrilled to have the 2024 tournament be our largest to date.

The NBDGHA prides ourselves on being able to offer unique experiences to the teams who travel North and for those who may not get the same experiences within their home associations. We believe that seeing female coaches, athletes, and officials at the next level is an important part of highlighting the growth of the female game and allows our youth athletes to see there are a number of different pathways in sport that they can aspire to be.

Friday night we will pause all tournament games, allowing all participating players and their families to have the opportunity to watch an Ontario University Athletic (OUA) Women's Hockey Game. The Nipissing Lakers Women's Hockey team will also be on site at all arenas throughout the weekend, they will be handing out all tournament medals, and offering dressing room tours on Saturday November 9th to visiting teams.

We would like to thank our many volunteers who have put countless hours into making sure this event is successful for all in attendance. As well as our many sponsors for their continued support.

Wishing all teams the best of luck this weekend!



7N1D NOAHSTRONG Most Sportsmanlike Player of the Game

Beginning in 2022 the NBDGHA in Partnership with 7N1D NoahStrong provides a Most Sportsmanlike Player of the Game Award to a player from each team following each game. The Most Sportsmanlike Player of the Game Award will be presented following each game, after players shake hands each team will line up on their respective blue lines where the Most Sportsmanlike Player from each team for that game will be awarded.

When coaches are selecting their Most Sportsmanlike Player of the Game we ask that you please keep Noah's Affirmations in mind (I am kind, I am strong, I am helpful, I am a leader, I can do hard things, I can reach my goals, I am resilient, I am brave, I am loved). We are encouraging players, coaches, and supporters to visit noahstrong.ca to take the pledge today.



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Cementation

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A BIG THANK YOU TO
JOHN EZEKIEL FOR HIS
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EVENT



NORTH BAY
ONTARIO • CANADA

U11A**North Bay Junior Lakers #6253****Sudbury Lady Wolves #1076****Central York Panthers #58****Sault Ste.Marie Junior Greyhounds #4000**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Pete Palangio Demarco	8:00 AM	Round Robin	North Bay Jr.Lakers	Central York Panthers
November 8	Pete Palangio Demarco	9:00 AM	Round Robin	Sudbury Lady Wolves	Sault Ste.Marie Jr.Greyhounds
November 8	East Ferris	1:00 PM	Round Robin	North Bay Jr.Lakers	Sudbury Lady Wolves
November 8	East Ferris	2:00 PM	Round Robin	Central York Panthers	Sault Ste.Marie Jr.Greyhounds
November 9	Pete Palangio Demarco	9:00 AM	Round Robin	Sault Ste.Marie Jr.Greyhounds	North Bay Jr.Lakers
November 9	Pete Palangio Kelly	8:15 AM	Round Robin	Central York Panthers	Sudbury Lady Wolves
November 9	Pete Palangio Kelly	5:00 PM	Semi-Final 1	1st Overall	4th Overall
November 9	Pete Palangio Demarco	6:15 PM	Semi-Final 2	2nd Overall	3rd Overall
November 10	Pete Palangio Kelly	1:15 PM	Championship	Winner Semi-Final 1	Winner Semi-Final 2

U11B**North Bay Junior Lakers #6248****Ottawa Valley Thunder #4310****Collingwood Lightning #6148****Temiskaming Shores Puckhounds #7848****Kapuskasing Jaguars #7053****Stittsville Rockets #4940****Timmins Falcons #8503**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Pete Palangio Demarco	10:00 AM	Round Robin	Collingwood Lightning	Timmins Falcons
November 8	Pete Palangio Kelly	10:15 AM	Round Robin	Stittsville Rockets	Kapuskasing Jaguars
November 8	East Ferris	11:00 AM	Round Robin	North Bay Junior Lakers	Ottawa Valley Thunder
November 8	Pete Palangio Demarco	2:00 PM	Round Robin	Temiskaming Shores Puckhounds	Stittsville Rockets
November 9	East Ferris	3:00 PM	Round Robin	Collingwood Lightning	Ottawa Valley Thunder
November 9	Pete Palangio Demarco	3:00 PM	Round Robin	Kapuskasing Jaguars	Timmins Falcons
November 9	Pete Palangio Kelly	5:15 PM	Round Robin	North Bay Junior Lakers	Temiskaming Shores Puckhounds
November 9	Pete Palangio Kelly	7:15 AM	Round Robin	Stittsville Rockets	North Bay Junior Lakers
November 9	Pete Palangio Demarco	8:00 AM	Round Robin	Temiskaming Shores Puckhounds	Collingwood Lightning
November 9	Pete Palangio Kelly	11:15 AM	Round Robin	Ottawa Valleyb Thunder	Kpauskasing Jaguars
November 9	Pete Palangio Demarco	12:00 PM	Round Robin	Timmins Falcons	North Bay Junior Lakers
November 9	West Ferris	4:00 PM	Round Robin	Kapuskasing Jaguars	Temiskaming Shores Puckhounds
November 9	West Ferris	5:00 PM	Round Robin	Collingwood Lightning	Stittsville Rockets
November 9	West Ferris	6:00 PM	Round Robin	Timmins Falcons	Ottawa Valley Thunder
November 9	Pete Palangio Demarco	7:00 AM	Semi-Final 1	1st Overall	4th Overall
November 9	Pete Palangio Kelly	8:15 AM	Semi-Final 2	2nd Overall	3rd Overall
November 10	Pete Palangio Kelly	2:45 PM	Championship	Winner Semi-Final 1	Winner Semi-Final 2

U11HL**North Bay Jr.Lakers (Blue) #6210****Huntsville Sting (Black) #4556****Nepean Wildcats #2800****North Bay Jr.Lakers (Green) #6211****Huntsville Sting (Gold) #4555****Barrie Sharks (Green) #153**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Pete Palangio Demarco	11:00 AM	Round Robin	North Bay Junior Lakers Blue	Huntsville Sting Gold
November 8	Pete Palangio Demarco	12:00 PM	Round Robin	North Bay Junior Lakers Green	Huntsville Sting Black
November 8	Pete Palangio Demarco	1:00 PM	Round Robin	Nepean Wildcats	Barrie Sharks Green
November 8	Pete Palangio Demarco	7:00 AM	Round Robin	Barrie Sharks Green	North Bay Junior Lakers Blue
November 8	West Ferris	7:30 AM	Round Robin	Huntsville Sting Black	Nepean Wildcats
November 8	Powassan Sportsplex	8:00 AM	Round Robin	Huntsville Sting Gold	North Bay Junior Lakers Green
November 8	West Ferris	1:00 PM	Round Robin	North Bay Junior Lakers Blue	Huntsville Sting Black
November 9	West Ferris	2:00 PM	Round Robin	North Bay Junior Lakers Green	Barrie Sharks Green
November 9	West Ferris	3:00 PM	Round Robin	Nepean Wildcats	Huntsville Sting Gold
November 9	West Ferris	7:00 PM	Quarter-Final 1	3rd Overall	6th Overall
November 9	Pete Palangio Kelly	7:15 PM	Quarter-Final 2	4th Overall	5th Overall
November 10	Sturgeon Falls Arena	8:00 AM	Semi-Final 1	1st Overall	Lowest Remaining Seed
November 10	Sturgeon Falls Arena	9:00 AM	Semi-Final 2	2nd Overall	Highest Remaining Seed
November 10	Pete Palangio Demarco	1:30 PM	CHAMP	Winner Semi-Final 1	Winner Semi-Final 2

U13B Pool A**North Bay Junior Lakers #6247****Kapuskasing Jaguars #7052****Smith Falls Cubs #6624****Sault.Ste Marie Jr.Greyhounds #4010****U13B Pool B****Temiskaming Shores Puckhounds #7845****Hearst Ice Cats #1958****Ottawa Valley Thunder #4301****Lindsay Lynx #6029**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	West Ferris	9:00 AM	Pool A	North Bay Junior Lakers	Kapuskasing Jaguars
November 8	Powassan Sportsplex	12:30 PM	Pool A	Smith Falls Cubs	Sault Ste.Marie Junior Greyhounds
November 8	East Ferris	12:00 PM	Pool B	Temiskaming Shores Puckhounds	Hearst Ice Cats
November 8	Powassan Sportsplex	2:30 PM	Pool B	Ottawa Valley Thunder	Lindsay Lynx
November 9	West Ferris	8:30 AM	Pool A	North Bay Junior Lakers	Smith Falls Cubs
November 9	West Ferris	9:30 AM	Pool A	Kapuskasing Jaguars	Sault Ste.Marie Junior Greyhounds
November 9	West Ferris	10:30 AM	Pool B	Ottawa Valley Thunder	Temiskaming Shores Puckhounds
November 9	West Ferris	11:30 AM	Pool B	Lindsay Lynx	Hearst Ice Cats
November 9	Powassan Sportsplex	5:00 PM	Pool A	Smith Falls Cubs	Kapuskasing Jaguars
November 9	Powassan Sportsplex	6:30 PM	Pool A	Sault Ste.Marie Junior Greyhounds	North Bay Junior Lakers
November 9	West Ferris	8:00 PM	Pool B	Hearst Ice Cats	Ottawa Valley Thunder
November 9	Pete Palangio Kelly	8:15 PM	Pool B	Temiskaming Shores Puckhounds	Lindsay Lynx
November 10	Pete Palangio Demarco	8:00 AM	Semi-Final 1	1st Pool B	2nd Pool A
November 10	Pete Palangio Demarco	9:00 AM	Consolation 1	4th Pool A	4th Pool B
November 10	Pete Palangio Kelly	9:15 AM	Semi-Final 2	1st Pool A	2nd Pool B
November 10	Pete Palangio Demarco	1:00 PM	Consolation 2	3rd Pool A	3rd Pool B
November 10	Pete Palangio Kelly	4:15 PM	Championship	Winner of Semi Final 1	Winner of Semi Final 2

U13HL Pool A**North Bay Jr.Lakers (Blue) #6215****Carleton Place Cyclones #7467****Orillia Hawks #3136****Barrie Sharks (Silver) #163****U13HL Pool B****North Bay Jr.Lakers (White) #6216****Sudbury Lady Wolves (Green) #1020****Huntsville Sting (Gold) #4561****Ottawa Valley Thunder #4320**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	West Ferris	11:00 AM	Pool A	North Bay Junior Lakers Blue	Carleton Place Cyclones
November 8	West Ferris	12:00 PM	Pool A	Orillia Hawks	Barrie Sharks Silver
November 8	Pete Palangio Kelly	1:15 PM	Pool B	North Bay Junior Lakers White	Sudbury Lady Wolves Green
November 8	Pete Palangio Kelly	2:15 PM	Pool B	Huntsville Sting Gold	Ottawa Valley Thunder
November 9	Powassan Sportsplex	9:00 AM	Pool A	Carleton Place Cyclones	Barrie Sharks Silver
November 9	Powassan Sportsplex	11:30 AM	Pool A	North Bay Junior Lakers Blue	Orillia Hawks
November 9	Sturgeon Falls	1:30 PM	Pool B	Sudbury Lady Wolves Green	Ottawa Valley Thunder
November 9	Powassan Sportsplex	1:30 PM	Pool B	North Bay Junior Lakers White	Huntsville Sting Gold
November 9	Powassan Sportsplex	3:30 PM	Pool B	Orillia Hawks	Carleton Place Cyclones
November 9	Pete Palangio Demarco	4:00 PM	Pool A	Barrie Sharks Silver	North Bay Junior Lakers Blue
November 9	Sturgeon Falls	6:30 PM	Pool A	Ottawa Valley Thunder	North Bay Junior Lakers White
November 9	Pete Palangio	6:30 PM	Pool B	Huntsville Sting Gold	Sudbury Lady Wolves Green
November 10	West Ferris	8:00 AM	Consolation 1	4th Pool A	4th Pool B
November 10	West Ferris	9:00 AM	Consolation 2	3rd Pool A	3rd Pool B
November 10	Sturgeon Falls	10:30 AM	Semi-Final 1	1st Pool A	2nd Pool B
November 10	Sturgeon Falls	11:30 AM	Semi-Final 2	1st Pool B	2nd Pool A
November 10	Pete Palangio Demarco	2:30 PM	Championship	Winner Semi-Final 1	Winner Semi-Final 2

U15A**North Bay Jr.Lakers #6255****Owen Sound Ice Hawks #8784****Sudbury Lady Wolves #1086****Ancaster Avalanche #5059****Peterborough Ice Kats #1478****Cambridge Roadrunners #2210**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Memorial Gardens	9:00 AM	Round Robin	Peterborough Ice Kats	Owen Sound Ice Hawks
November 8	Sturgeon Falls	10:30 AM	Round Robin	Sudbury Lady Wolves	Cambridge Roadrunners
November 8	Memorial Gardens	11:30 AM	Round Robin	North Bay Junior Lakers	Ancaster Avalanche
November 8	Powassan Sportsplex	3:30 PM	Round Robin	Ancaster Avalanche	Peterborough Ice Kats
November 8	Sturgeon Falls	3:30 PM	Round Robin	Owen Sound Ice Hawks	Sudbury Lady Wolves
November 8	Memorial Gardens	4:00 PM	Round Robin	Cambridge Roadrunners	North Bay Junior Lakers
November 9	Memorial Gardens	11:00 AM	Round Robin	North Bay Junior Lakers	Owen Sound Ice Hawks
November 9	Sturgeon Falls	11:00 AM	Round Robin	Sudbury Lady Wolves	Ancaster Avalanche
November 9	Memorial Gardens	12:30 PM	Round Robin	Peterborough Ice Kats	Cambridge Roadrunners
November 9	Memorial Gardens	5:00 PM	Quarter-Final 1	4th Overall	5th Overall
November 9	Memorial Gardens	6:30 PM	Quarter-Final 2	3rd Overall	6th Overall
November 10	Memorial Gardens	9:10 AM	Semi-Final 1	1st Overall	Lowest Remaining Seed
November 10	Memorial Gardens	10:50 AM	Semi-Final 2	2nd Overall	Highest Remaining Seed
November 10	Memorial Gardens	3:00 PM	CHAMP	Winner Semi-Final 1	Winner Semi-Final 2

U15BB**North Bay Jr.Lakers #6257****Ottawa Valley Thunder #4303****Sudbury Lady Wolves #1088****East Ottawa Stars #2474****Whitby Wolves #4841**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Pete Palangio Kelly	8:15 AM	Round Robin	North Bay Junior Lakers	East Ottawa Stars
November 8	Pete Palangio Kelly	9:15 AM	Round Robin	Ottawa Valley Thunder	Whitby Wolves
November 8	Sturgeon Falls	12:00 PM	Round Robin	North Bay Junior Lakers	Sudbury Lady Wolves
November 8	Powassan Sportsplex	1:30 PM	Round Robin	East Ottawa Stars	Whitby Wolves
November 8	West Ferris	3:45 PM	Round Robin	Sudbury Lady Wolves	Ottawa Valley Thunder
November 9	Pete Palangio Kelly	9:45 AM	Round Robin	Whitby Wolves	North Bay Junior Lakers
November 9	Pete Palangio Demarco	10:00 AM	Round Robin	East Ottawa Stars	Ottawa Valley Thunder
November 9	Memorial Gardens	2:00 PM	Round Robin	Whitby Wolves	Sudbury Lady Wolves
November 9	Memorial Gardens	3:00 PM	Round Robin	Ottawa Valley Thunder	North Bay Junior Lakers
November 9	Pete Palangio Demarco	7:30 PM	Round Robin	Sudbury Lady Wolves	East Ottawa Stars
November 10	Memorial Gardens	7:00 AM	Semi-Final 1	1st Overall	4th Overall
November 10	Powassan Sportsplex	8:00 AM	Semi-Final 2	2nd Overall	3rd Overall
November 10	Memorial Gardens	12:20 PM	CHAMP	Winner of Semi-Final 1	Winner of Semi Final 2

U15B**North Bay Jr.Lakers #6249****Nepean Wildcats #2865****Sault Ste.Marie Jr.Greyhounds #4005****Bancroft Jets #7403****Hearst Ice Cats #1956**

GM#	DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
102	November 8	Memorial Gardens	8:00 AM	Round Robin	North Bay Junior Lakers	Nepean Wildcats
103	November 8	West Ferris	8:00 AM	Round Robin	Hearst Ice Cats	Bancroft Jets
104	November 8	Memorial Gardens	1:00 PM	Round Robin	Sault Ste.Marie Jr.Greyhounds	North Bay Junior Lakers
105	November 8	West Ferris	2:30 PM	Round Robin	Nepean Wildcats	Hearst Ice Cats
106	November 8	West Ferris	4:45 PM	Round Robin	Sault Ste.Marie Jr.Greyhounds	Bancroft Jets
107	November 8	Sturgeon Falls	8:00 AM	Round Robin	Nepean Wildcats	Bancroft Jets
108	November 8	Sturgeon Falls	9:00 AM	Round Robin	North Bay Jr.Lakers	Hearst Ice Cats
109	November 9	Pete Palangio Demarco	1:00 PM	Round Robin	Nepean Wildcats	Sault Ste.Marie Jr.Greyhounds
110	November 9	Memorial Gardens	4:00 PM	Round Robin	Bancroft Jets	North Bay Junior Lakers
111	November 9	Memorial Gardens	9:00 PM	Round Robin	Sault Ste.Marie Jr.Greyhounds	Hearst Ice Cats
112	November 9	Memorial Gardens	8:10 AM	Semi-Final 1	1st Overall	4th Overall
113	November 10	Powassan Sportsplex	9:00 AM	Semi-Final 2	2nd Overall	3rd Overall
114	November 10	Memorial Gardens	1:30 PM	CHAMP	Winner Semi-Final 1	Winner Semi-Final 2

U15HL Pool A

North Bay Jr.Lakers (White) #6220
Clarence Rockland Lightning #7730
Nepean Wildcats U15-3 #2832
Huntsville Sting (Gold) #4566

U15HL Pool B

North Bay Jr.Lakers (Blue) #6221
Nepean Wildcats U15-4 #2833
Huntsville Sting (Black) #4565
Sudbury Lady Wolves (Red) #1032

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Pete Palangio Kelly	11:15 AM	Pool B	North Bay Junior Lakers (Blue)	Huntsville Sting (Black)
November 8	Pete Palangio Kelly	12:15 PM	Pool A	Nepean Wildcats U15-3	Huntsville Sting (Gold)
November 8	Sturgeon Falls	2:30 PM	Pool B	Sudbury Lady Wolves (Blue)	Nepean Wildcats U15-4
November 8	Sturgeon Falls	5:00 PM	Pool A	Clarence Rockland Lightning	North Bay Junior Lakers (White)
November 9	Sturgeon Falls	10:00 AM	Pool A	Nepean Wildcats U15-3	Clarence Rockland Lightning
November 9	Pete Palangio Kelly	12:15 PM	Pool B	Sudbury Lady Wolves (Red)	North Bay Junior Lakers (Red)
November 9	Sturgeon Falls	12:30 PM	Pool B	Nepean U15-4	Huntsville Sting (Black)
November 9	Pete Palangio Kelly	1:15 PM	Pool A	North Bay Junior Lakers (White)	Huntsville Sting (Gold)
November 9	Sturgeon Falls	4:00 PM	Pool A	Huntsville Sting (Gold)	Clarence Rockland Lightning
November 9	Pete Palangio Kelly	4:15 PM	Pool A	North Bay Junior Lakers (White)	Nepean Wildcats U15-3
November 9	Sturgeon Falls	5:00 PM	Pool B	Huntsville Sting (Black)	Sudbury Lady Wolves (Red)
November 9	Pete Palangio Kelly	5:15 PM	Pool B	North Bay Junior Lakers (Blue)	Nepean Wildcats U15-4
November 10	Pete Palangio Demarco	11:00 AM	Consolation 1	4th Pool A	4th Pool B
November 10	Pete Palangio Demarco	12:00 PM	Consolation 2	3rd Pool A	3rd Pool B
November 10	Pete Palangio Kelly	11:15 AM	Semi-Final 1	1st Pool A	2nd Pool B
November 10	Pete Palangio Kelly	12:15 PM	Semi-Final 2	1st Pool B	2nd Pool A
November 10	Pete Palangio Demarco	3:30 PM	Championship	Winner of Semi-Final 1	Winner of Semi-Final 2

U18BB

North Bay Jr.Lakers #6260
Carleton Place Cyclones #7485
Orillia Hawks #3175

East Ottawa Stars #2485
Owen Sound Ice Hawks #8789
Bancroft Jets #7404

GM#	DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
132	November 8	Powassan	9:00 AM	Round Robin	Orillia Hawks	Owen Sound Ice Hawks
133	November 8	Sturgeon Falls	9:00 AM	Round Robin	North Bay Junior Lakers	East Ottawa Stars
134	November 8	West Ferris	1:00 PM	Round Robin	Carleton Place Cyclones	Bancroft Jets
135	November 8	Sturgeon Falls	1:00 PM	Round Robin	Orillia Hawks	East Ottawa Stars
136	November 8	Pete Palangio Demarco	5:00 PM	Round Robin	Bancroft Jets	North Bay Junior Lakers
169	November 9	Memorial Gardens	7:00 AM	Round Robin	North Bay Junior Lakers	Owen Sound Ice Hawks
137	November 9	Memorial Gardens	8:00 AM	Round Robin	Carleton Place Cyclones	East Ottawa Stars
138	November 9	Memorial Gardens	9:30 AM	Round Robin	Orillia Hawks	Bancroft Jets
139	November 9	Pete Palangio Kelly	2:45 PM	Round Robin	Owen Sound Ice Hawks	Carleton Place Cyclones
140	November 9	West Ferris	9:00 PM	Quarter-Final 1	3rd Overall	6th Overall
141	November 9	Pete Palangio Demarco	8:30 PM	Quarter-Final 2	4th Overall	5th Overall
142	November 10	Powassan	10:10 AM	Semi-Final 1	1st Overall	Lowest Remaining Seed
143	November 10	Powassan	11:40 AM	Semi-Final 2	2nd Overall	Highest Remaining Seed
144	November 10	Memorial Gardens	4:30 PM	CHAMP	Winner Semi-Final 1	Winner Semi-Final 2

U18B**North Bay Jr.Lakers #6250****Kapuskasing Jaguars #7054****Lindsay Lynx #6020****Collingwood Lightning #6147**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	Memorial Gardens	2:00 PM	Round Robin	North Bay Junior Lakers	Collingwood Lightning
November 8	Memorial Gardens	3:00 PM	Round Robin	Kapuskasing Jaguars	Lindsay Lynx
November 8	Powassan Sportsplex	12:30 PM	Round Robin	North Bay Junior Lakers	Kapuskasing Jaguars
November 8	Powassan Sportsplex	2:30 PM	Round Robin	Collingwood Lightning	Lindsay Lynx
November 8	Pete Palangio Demarco	10:00 PM	Round Robin	Lindsay Lynx	North Bay Junior Lakers
November 8	Pete Palangio Kelly	10:15 PM	Round Robin	Kapuskasing Jaguars	Collingwood Lightning
November 8	Pete Palangio Demarco	10:00 AM	Semi-Final 1	1st Overall	4th Overall
November 9	Pete Palangio Kelly	10:15 AM	Semi-Final 2	2nd Overall	3rd Overall
November 9	Pete Palangio Kelly	5:15 PM	CHAMP	Winner Semi-Final 1	Winner Semi-Final 2

U18HL**North Bay Jr.Lakers (Blue) #6225****Ottawa GHA #2020****Collingwood Lightning #6143****Barrie Sharks (Green) #181****Temiskaming Shores Puckhounds #7841****Nepean Wildcats #2842**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
November 8	West Ferris	10:00 AM	Round Robin	North Bay Junior Lakers (Blue)	Ottawa Ice
November 8	Powassan Sportsplex	10:30 AM	Round Robin	Temiskaming Shores Puckhounds	Collingwood Lightning
November 8	Powassan Sportsplex	11:30 AM	Round Robin	Barrie Sharks (Green)	Nepean Wildcats
November 8	Pete Palangio Kelly	3:15 PM	Round Robin	Ottawa Ice	Barrie Sharks (Green)
November 8	Pete Palangio Demarco	4:00 PM	Round Robin	Nepean Wildcats	Temiskaming Shores Puckhounds
November 8	Pete Palangio Kelly	4:15 PM	Round Robin	Collingwood Lightning	North Bay Junior Lakers (Blue)
November 9	Pete Palangio Demarco	2:00 PM	Round Robin	North Bay Junior Lakers (Blue)	Nepean Wildcats
November 9	Sturgeon Falls	2:30 PM	Round Robin	Barrie Sharks (Green)	Collingwood Lightning
November 9	Pete Palangio Demarco	3:00 PM	Round Robin	Temiskaming Shores Puckhounds	Ottawa Ice
November 9	Memorial Gardens	8:00 PM	Quarter-Final 1	3rd Overall	6th Overall
November 9	Pete Palangio Kelly	9:15 PM	Quarter-Final 2	4th Overall	5th Overall
November 10	West Ferris	10:00 AM	Semi-Final 1	1st Overall	Lowest Remaining Seed
November 10	West Ferris	11:30 AM	Semi-Final 2	2nd Overall	Highest Remaining Seed
November 10	Pete Palangio Demarco	4:30 PM	CHAMP	Winner Semi-Final 1	Winner Semi Final 2

TOURNAMENT RULES

OWHA Sanction # 2425032

1. Hockey Canada and OWHA rules shall apply.
2. The OWHA minimum suspension guidelines will be strictly enforced. All suspensions will be enforced according to OWHA Constitution, By-Laws, Regulations & Rules.
3. The tournament schedule will be uploaded into RAMP and teams game codes will be found in their teams RAMP login. Teams are responsible for ensuring they indicate players and bench staff participating in every game within RAMP as well as ensuring jersey numbers are noted (if not showing). Teams are also responsible for reporting any major penalties to stats@owha.on.ca within 24 hours following the game OR before your next scheduled game, whichever comes first. You must include the team's name and OWHA number, player's or bench staff name, infraction assessed, game date and time, and name of tournament.
4. All players participating in the tournament must be properly registered through the OWHA to play on the team with which they are listed, or qualified to play by properly completing the Pick Up Player/AP Section within RAMP. No paper "OWHA Pick Up Player for Tournament Forms" will be accepted.
5. All teams MUST be available to play 20 minutes prior to the scheduled start time.
6. All U11A/B/HL, U13HL, U15HL, U18HL games will consist of three periods (10-10-12 minutes), stop time; U13B, U15BB/B, U18B (12-12-12 minutes), stop time; U15A, U18BB (12-12-15 minutes) stop time.
7. Teams are NOT permitted on the ice until at least one (1) on-ice official is present on the ice.
8. The fast-start approach to games will be utilized. Timekeepers will set the clock at 13-minutes or 15-minutes (dependent on the game's stated game length) following the exit of the Zamboni. Officials will blow their whistles to indicate 1-minute remaining in warmup to notify teams to clear warm up pucks and report to centre ice. The clock will not stop following the warm up.
9. As soon as there is a 5-goal differential, the clock will continue to run until the spread is reduced to three then stop time shall resume.
10. For any misconducts, game misconducts or match penalties received in the preliminary games, ten(10) minutes will be applied to the team's penalty minutes for the particular game wherein the penalty occurred.
11. Teams will be awarded 2 points for a win, 1 point for a tie and zero (0) points for a loss.
12. Standings after the preliminary round will be calculated on the basis of the points awarded as per Rule #12. In the event of a tie between teams at the end of preliminary play, the following criteria will be used to break the tie:
 - a) Points
 - b) Number of wins
 - c) Winner between the tied teams when they played head to head (does not apply if more than two teams tied)
 - d) Percentage as calculated by dividing team's total "Goals For" by the SUM of the team's "Goals For and Goals Against". $TGF / (GF+GA) = \%$
 - e) Fewest Goals Against.
 - f) First goal scored in preliminary/round robin.
 - g) Fewest Penalty Minutes.
 - h) Coin Toss.Follow Tie breaking rules in Order. Once a Tie Breaking Rule has been used or is not applicable it cannot be used again
13. One 30-second timeout will be allowed for each team ONLY during elimination games. Overtime is not a new game. There are no timeouts in the round robin
14. A player may only participate with one designated team in a tournament and may only participate in one tournament on any date.
15. Home teams must wear light coloured jerseys where possible. In the event of a conflict, the home team will change their jerseys. Visiting teams will advise opposing team of any conflict 30 minutes prior to game time. House teams are requested to bring a 2nd set of jerseys or pinnies to avoid conflict.
16. A team official must sign the RAMP Gamesheet prior to each game.
17. It is the teams responsibility to ensure a clean dressing room is left upon end of their game. All teams must vacate the dressing room within 30 minutes after their game is complete.
18. Game decisions made by the referees are final with no appeals. Tournament officials will only make decisions outside of the responsibilities of the Referees.
19. Tournament Organizers and committees are not liable or responsible for acts of god, injuries and unforeseen events causing the cancellation of any part or whole of this event.

NOTES: Run time commences following the puck drop after the goal that creates the 5-goal difference. Two-minute penalties remain as two-minute (not 3-minute) penalties during run time. Penalty clock commences following the puck drop.

OVERTIME RULES

- In the event of a tie at the end of regulation time a SUDDEN VICTORY FIVE MINUTE OVERTIME will commence. Teams WILL change ends to begin overtime.
- Teams will play 3 on 3 plus a goalie. Players may be changed at any time. Goalies may be “pulled” at any time and substitute player from the bench may be used.
- If a penalty occurs during the 5 minute stop time overtime, the teams play 4 on 3
- If a second penalty is called on the same team and the first penalty has not expired, then it will be treated as a delayed penalty and will commence when the first penalty expires.
- The maximum a team may be disadvantaged is 4 on 3.
- Penalties do not expire at the end of regulation time.
- If still tied, a shootout will occur. Each team must designate 3 shooters prior to the start of the game. These shooters must be reported to the arena convenor
- Any player(s) serving a penalty at the end of overtime will not be eligible to participate in the shootout and must remain in the penalty box. The coach must designate a shooter(s) to take her place(s) immediately at the end of regulation time.
- All players except shooters and goalies will be on the bench to start.
- Shooters will shoot one at a time, once a player has shot they will go to the penalty box
- This is a best of 3 shootout.
- If still tied, each team will designate one shooter at a time until there is a winner.
- A player may not shoot a second time until all players on the gamesheet (except goalies) have shot.



3 EASY WAYS TO SUPPORT INCLUSION IN HOCKEY

1. SIGNALS + SYMBOLS

Nothing is too small: a pin, a patch, a roll of pride tape in your duffel bag--anything can be a signal to those searching for support, understanding, or simply a safe place to play.

If you can play, you can play.

2. HIT THE BOOKS

Learning how to play a game includes **learning how to be on the same team**. When we get better at communicating about what we're doing, we all play better! Educating yourself on inclusive terms is the best way to make sure we're open to learning how we can better show up for each other -- on and off the rink.

3. SPEAK UP

When we know something hurtful has been said, or if we ourselves have said something hurtful, showing up as our best means taking accountability for it, and saying something about it. Encouraging ourselves and our teammates to do their best by each other is the winning move. Apologizing, learning, and trying to **do better is key to being a good sport**.

YOU
CAN
PLAY



SCAN ME



AUTOGRAPHS





No.	Player	Pos.
1	Rachel Lee	G
2	Maggie McKee	F
5	Madison Laberge	D
6	Tessa Kosec	D
7	Emma Thomas	F
8	Neha Gill	D
11	Emily Lange	F
12	Megan Hayhurst	F
13	Ava Petty	F
14	Abby Lunney	F
16	Lana Duriez	F
17	Tahlia Fisher	F
18	Allison Hayhurst	D
21	Sarah Kjemhus	D
22	Elizabeth Laberge	D
23	Taylor Yeo	F
27	Aki Fujimori	F
29	Layne Barrette	G
35	Chantelle Sandquist	G
52	Grace Roynon	D
54	Madison Desmarais	F
61	Hannah Brunton	G
68	Melissa Svienson	F
76	Kara den Hoed	F
77	Ella Allen	D
83	Malory Dominico	F
84	Jordan Sladics	G
86	Michaela Pressault	F
88	Peyton Gabruck	F
96	Jill Hennessy	F
97	Ashley Taciuk	F

Head Coach	Darren Turcotte
Assistant Coach	Kiara Jefferies
Assistant Coach	Madison Solie
Goalie Coach	Patrick Rochefort
Head Trainer	Wayne Eyre

No.	Player	Pos.
1	Ella Brabrook	G
4	Maddy Rai	D
5	Avry Pedersen	F
8	Kate Martin	D
10	Leah Barnard	F
11	Paige Hull	F
12	Mackenzie Lizotte	F
15	Arnica Bulmer	D
16	Janique LaBossiere	F
17	Alana Tymochko	F
19	Kate Sutor	F
21	Kennedy Ward	D
22	Haylie Kirkpatrick	F
24	Elizabeth Gauthier	F
28	Celina Kubisch	F
34	Emma Thomas	D
37	Alyssa Wouda	F
40	Brooke Vaccari	G
44	Emma McCarthy	D
51	Adeline Kristoff	F
55	Madelaine DesRosiers	F
58	Gabrielle Lehoux	D
68	Maria Shea	D
71	Emma Campbell	D
77	Hillary Taylor	D
89	Presley Daschuk	D
91	Kylie Logan	F
98	Grace Campbell	D

Head Coach	Candice Moxley
Assistant Coach	Rich Brown
Assistant Coach	Blair Webster
Assistant Coach	Molly Crossman