



**2024-2025  
U9 COMPETITIVE  
PARENT & PLAYER HANDOUT**



Welcome to the 2024-2025 U9 competitive team. The information contained in this handout is simply to provide parents with a guideline and expectations for the upcoming season.

### **Team Staff**

Head Coach – Brodie Beard

### **Hockey Playing Experience**

<b>Year</b>	<b>Team/Level</b>	<b>Association</b>
1991-2000	Porcupine U9B – U14B	PMHA
2000-2002	Timmins Steelers U15 AAA	NOHL U15
2002-2003	Wellington Dukes JrA	OPJHL
2003-2007	Ottawa 67s	OHL
2007-2012	Carleton U/Nipissing U	CIS
2011-2012	Reading Royals	ECHL

### **Hockey Coaching Experience**

<b>Year</b>	<b>Level</b>	<b>Association</b>	<b>Role</b>
2012-2013	U16 AAA	NBMHA	Head Coach
2013-2016	OUA	Nipissing Lakers WH	Assistant Coach
2017-2018	U16 AAA	NBMHA	Assistant Coach

2020-2024	U7 Fundamentals	NBGHA	Assistant Coach
2023-2024	U9 HL	NBGHA	Assistant Coach
2023-2024	U9 C	NBGHA	Head Coach

Assistant Coach – TBD

Assistant Coach – TBD

Assistant Coach – TBD

Skills/Goalie Coach – TBD

Trainer – TBD

Manager/Treasurer – TBD

Room Monitors x4 – TBD

Parent Liaison x2 – TBD

Fundraising Committee – TBD

### Coaching Philosophy

First and foremost, my goal as head coach at the U9 level would be to ensure that I am creating a fun and enjoyable atmosphere for young hockey players to develop foundational hockey skills while building confidence and a desire to continue developing within the sport. U9 hockey is all about the progression towards achieving the basic and fundamental skills of hockey at the introductory level all while keeping in mind the mission and goals set out by Hockey Canada; have fun while being active, learn the fundamental skills, develop and refine basic motor skills and lastly to practice and cooperate in fair play. The plan is also to

### Tentative Season Plan

The final roster will consist of a minimum of 12 skaters and 1 goalie. If no consistent goalie a 13th player would be added and each player would take their turn rotating through the crease.

The goal would be to practice 2 times per week. It is likely that the practices would take place on weekends and in the evenings during the week. The plan would be to secure the same days and times weekly for consistency.

Exhibition games will be planned against other teams in various leagues.

League home games will likely be played in the North Bay and surrounding area with some anticipated southern travel for away games. There is potential for overnight stays should this be the case.

It is anticipated that the team will compete in up to 3 out of town tournaments. Hotel rooms will be reserved by the team however must be secured by the parents by the set deadline. Parents are expected to arrange their own transportation.

### **Season Breakdown**

#### **September – December**

Practices, Half Ice Games, Jamboree, Tournament TBD

#### **January**

Practices, Full Ice Games, Tournament TBD

#### **February**

Practices, Full Ice Games, Tournament TBD

#### **March**

Practices, Playoffs/Provincial Qualifier

April  
Practices, Provincial Championships

## Team Expectations/Code of Conduct

### Expectations of the Coaches

- Provide a safe and fun environment for the teaching of fundamental skills.
- Develop an understanding of basic teamwork through structured activities and game-like situations.
- Introduce participants to fair, fun and cooperative play.
- Refine basic motor patterns and building self-confidence.
- Provide an environment that challenges individuals positively and rewards the participants.
- Provide opportunities to build relationships and a lifestyle of fitness and activity both on and off the ice.

### Expectations of the Players

- Players are expected to show good sportsmanship towards their own teammates as well as the opposition.
- Players are expected to put in good work ethic at all practices and games.

- Players are expected to be committed to the team 100%, show up to all practices and games unless there are circumstances not permitting you to do so.
- Players are expected to treat themselves, their teammates, team staff, facilities, officials and the opposing team with respect.
- Players should expect and be willing to accept and use discretion and feedback during games and practices in a positive and encouraging manner
- Players are expected to be safe on the ice at all times.
- Players are expected to wear all required and proper equipment.
- Players are expected to pay attention and listen to instruction.
- Players are expected to try their best and try their hardest.
- Players will be encouraged to ask questions.
- Players are expected to abide by all team rules, curfews and expectations that may be implemented during tournaments and out of town games.
- Players will be encouraged to practice some hockey skills on their own time (shooting, stick handling etc.)
- Players are expected to have Fun!

### **Expectations of The Parents**

- Similar to the players, parents are expected to treat fellow families, players, team staff, game officials and opposing teams and their parents with respect.
- As part of “the team” we expect the player to be at all practice and games unless there is a valid reason (i.e., illness/injury)
- It is strongly encouraged that the player be able to dress and undress themselves with minimal assistance. Help will be provided for skates and helmets.
- It is recommended that the player be at practice no later than 30mins before unless a valid reason, this will allow the room monitors time to assist with helping them get dressed and making sure that they are on time.
- All players must be at games no later than 45mins before to take part in proper warmups and to allow the room monitors time to assist with helping them get dressed and making sure that they are on time.
- Practices are prepared based on the number of attendees, if a player is unable to make a game or practice, please let us know in advance so that alternate arrangements can be made for affiliate players to attend.
- It will be strongly encouraged to use the team ramp app to notify of your attendance.

- If you would like to discuss your child, please make arrangements through the parent representative to speak with members of the coaching staff or simply send a detailed written email.

### 24hour rule

- If you have an issue regarding an incident involving players, parents, staff or volunteers, it is strongly urged to use the 24hour rule before attempting to engage in conversation with the coaching staff or volunteer. This time frame allows all parties involved to gather their thoughts, therefor allowing for the potential prevention of a disagreement turning into something more than a differing point of view.

### Practice:

- During practice, please do not stand or sit on the player's benches. This is distracting to the players and coaching staff.
- We will have full ice practices and we will run very efficient and effective practices.
- We will always have helpers on and off the ice.
- We do this to maximize drills and get your child the attention we feel they need for development.
- If you don't understand things that we are working on please do not hesitate to ask.
- The team will have assigned practice jerseys and socks that the players are required to wear.

### Games:

- All players should be wearing their team matching apparel when arriving for games.
- All players will have a home and away jersey with home and away socks.
- Mismatched socks or wrong-coloured jerseys are not acceptable for games.
- The Players must wear the required matching green helmets, blue gloves and pants as chosen by the team.
- We expect the players to warm up as a team off ice 45 minutes before the games with the trainer or coach.
- Ten minutes before the game we expect the team to be ready to go on the ice so that the coaching staff can enter the room to talk to them upon notification from the room monitors.

- Your child will receive a regular shift during every game, of course this varies when having to change on the fly and waiting for whistles.
- Please cheer for your child (and team) loudly and provide positive reinforcement.
- Your child may or may not want to talk about hockey after the game. If they do, emphasize the positive.

### Dressing Rooms:

- All members of the team will adhere to this dressing room policy. A minimum of 4 adult females pending proper documentation will be designated as dressing room monitors. They will assist with monitoring code of conduct, helping the players get dressed and ensuring that the players are ready on time. This policy is implemented for the safety of the players, coaching staff and parents/guardians as well it will reduce the likelihood of misconduct (i.e., bullying or abuse).
- There will be a curtain hanging both in the main doorway to the dressing room as well as the bathroom inside of the dressing room to add more privacy for those changing.
- Coaches will be available to help with tying skates outside of the dressing room if needed
- The usage of cell phones will be strictly prohibited inside the dressing room while players are changing and getting dressed.
- Coaching staff will only enter the dressing room once the players are fully dressed in their equipment 10 minutes before the game.
- After the game players are to remove their helmets and gloves only to allow the coaching staff to enter the dressing room to have a few words with them prior to fully getting undressed.

### Out of town Travel

- All out of town travel expenses are excluded from the team budget and are to paid by the family.
- It is recommended that all players stay at the team chosen hotel.
- Players will be permitted to stay with family, etc. that are nearby the playing location.
- Players are expected to attend organized team meals and events.
- Players will not swim at the hotel outside of designated swimming times chosen by the coaching staff.

### Communication/Discipline

- It is the responsibility of the parent/guardian to ensure that they along with their player are aware of the NBGHA and OWHA code of conduct.



- Failure to abide by the rules and code of conduct of the team or association could result in discipline.
- All disciplinary actions will be addressed by the coaching staff in the presence of a parent representative, the players family member and the player.
- All communications to the coaching staff should be forwarded through the parent representatives or written in an email.
- Any discipline that is seen as being above the team's level will be dealt with accordingly by the association.

### Bank Account

- The team will have a bank account associated strictly to this team that will be managed by the designated treasurer and overseen by the manager and head coach. There will be many expenses associated with running this team. Any physical money out will require the signature of a minimum of 2 people in order for it to be properly authorized and released. Otherwise, all other transactions will be made electronically and a financial statement of records will be available for review should it be required. A finance report will be submitted to the association on or before the set deadlines.

### Financial Commitment

- In order to operate a competitive hockey team, a team budget is required to cover expenses such as tournament fees, ice time fees for practices and games, team apparel as well as miscellaneous expenses. In order to cover these expenses each family/player will be required to assist in fundraising, securing sponsors as well as paying a team fee. The estimated team fee for the upcoming season is \$950.00 per player, this does not include you're the players fee to the association. Team fees may be adjusted depending on roster size, fundraising and sponsorships. The team fee will be requested in 2 installments, 1<sup>st</sup> paid in the amount of \$475 on or before September 15<sup>th</sup>, 2024. The 2<sup>nd</sup> installment in the amount of \$475 is to be paid on or before November 15<sup>th</sup> 2024. A detailed statement will be provided to the NBGHA and parents periodically to update each on the budget. If there are funds left over at the end of the year end, each family will be reimbursed the remainder evenly.

## Sponsorships

- We will be looking for sponsors to help subsidize and bring down the costs needed to operate this team. I have developed a sponsorship letter that can be circulated by families should they have a prospective sponsor in mind. Please see attached the proposed budget for the season.

I look forward to a fun season. If you have any questions or concerns at any time, please do not hesitate to ask me. I can be reached by phone, text or email.

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