

NORTH BAY AND DISTRICT GIRLS HOCKEY 2ND ANNUAL ICE FEST TOURNAMENT



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NORTH BAY



Sanction # 2526047

EVENTS



Browse easily through this online calendar for local festivals, events and activities in and around North Bay! You can sort events by date, special interest category, organizer name or venue.

EATS



Whether you are looking for a delicious cup of coffee, local craft beer, outdoor patio, or a gourmet food experience, North Bay has something to satisfy your gastronomic craving.

DRIFTSCAPE






Driftscape is a digital storytelling platform allowing you to conveniently discover North Bay by browsing local attractions, self-guided tours, upcoming events and itineraries to enhance your visitor experience.

MAGAZINE



The Discover North Bay magazine will provide you with a more detailed story about the diverse offerings in the city including local attractions, accommodations, and unique experiences.

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NORTH BAY
ONTARIO ♦ CANADA

February 6, 2026

The North Bay & District Girls Hockey Association welcomes you to the North Bay & District Area for our 2nd Annual Winter Ice Fest Girls Hockey Tournament. Girls hockey is on the rise in North Bay and we are thrilled to have you join us for our 2026 U9 Rep and U9 to U18 House League Tournament.

The NBDGHA prides ourselves on being able to offer unique experiences to the teams who travel North and for those who may not get the same experiences within their home associations. We believe that seeing female coaches, athletes, and officials at the next level is an important part of highlighting the growth of the female game and allows our youth athletes to see there are a number of different pathways in sport that they can aspire to be.

Friday night we will pause all tournament games, allowing all participating players and their families to have the opportunity to watch an Ontario University Athletic (OUA) Women's Hockey Game. The Nipissing Lakers Women's Hockey team will also be on site at all arenas throughout the weekend, they will be handing out all tournament medals, and offering dressing room tours on Saturday February 7th to visiting teams.

We would like to thank our many volunteers who have put countless hours into making sure this event is successful for all in attendance. As well as our many sponsors for their continued support.

Wishing all teams the best of luck this weekend!



7N1D NOAHSTRONG Most Sportsmanlike Player of the Game

Beginning in 2022 the NBDGHA in Partnership with 7N1D NoahStrong provides a Most Sportsmanlike Player of the Game Award to a player from each team following each game. The Most Sportsmanlike Player of the Game Award will be presented following each game, after players shake hands each team will line up on their respective blue lines where the Most Sportsmanlike Player from each team for that game will be awarded.

When coaches are selecting their Most Sportsmanlike Player of the Game we ask that you please keep Noah's Affirmations in mind (I am kind, I am strong, I am helpful, I am a leader, I can do hard things, I can reach my goals, I am resilient, I am brave, I am loved). We are encouraging players, coaches, and supporters to visit noahstrong.ca to take the pledge today.



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7N1D
NOAHSTRONG



A BIG THANK YOU TO
JOHN EZEKIEL FOR HIS
SPONSORSHIP FOR THIS
EVENT



U9B North Bay Jr.Lakers #6240

#5 Ella Payne
 #9 Mariana Landry
 #11 Rowan Morris
 #14 Piri Beard
 #16 Hailee Rodgers
 #17 Stella Jackson
 #20 Gracelyn Clouthier
 #21 Kate Corbeil
 #22 Ryan Girard
 #29 Ellie Rivest
 #47 Jade Sim
 #48 Primrose Lemenchick
 #60 Julia Twigg
 #73 Avery Shiverdecker
 #77 Myla Paquette

HC Alexis Lemmex
 AC AJ Shiverdecker
 AC Jenn Rodgers
 T Kerri Rivest
 M Meagan Twigg

U9B Sudbury Lady Wolves #1070

2 Anniston Johnston
 4 Mia Nolin
 5 Lyla Lessard
 6 Vivian Johnston
 7 Mila Gianfrancesco
 8 Eva DeNoble
 9 Claire Ohle
 10 Lucy Mussen
 11 Abbey Bouffard
 12 Emmerson Filion
 13 Lennon Restoule
 14 Elizabeth Ronchin
 17 Rebecca Lazarus
 19 Shaeya Morrison
 20 Aliah Gonzalez
 31 Talia Winn

HC Jacob Johnston
 AC Scott Restoule
 AC Cori Ronchin
 T Robert Ohle
 M Stefany Mussen

U9B East Ottawa Stars #2440

Ryan Borho
 Zara Brilliant
 Arielle Clermont
 Emily Cristiveanu
 Maissy Desjardins
 Mila Fawcett
 Lexa Gelineau
 Kelanie Guibord
 Sloane Gulliver
 Maeve Hamel
 Qwynn Henry
 Ellie Lemieux
 Eden Ly
 Grace Nourishad
 Abigail Rodrigue
 Charlotte Sample
 Paisley Vankeimpema
 Paige Walser

HC Tyler Walser
 AC Jeremie Clermont
 T Melanie Grenier
 T Melissa Guindon
 M Martine Clermont

U9B Carleton Place Cyclones #7451

Aubrey Beaumont
 Macy Bonnar
 Isabel Brickles
 Riley Bulmer
 Brooklyn Corbin
 Avery Gauthier
 Pyper Gleason
 Skylar Lair
 Riley Lessard
 Brynn MacDonald
 Adaline MacIntyre
 Sophia Martel
 Claire Nolan
 Mackenzie Przada
 Karsyn Rhoden
 Esmee Tamblyn
 Emily Wark
 Tessa Waters

HC Darren MacDonald
 AC Kelsey Gleason
 AC Seamus Bonnar
 T Sandy Desroches
 M Kimberly Jansson-Crobin

U9B Cornwall Typhoons #2329

Margaret Bateman
 River Bingley
 Stella Chollet
 Aubrey Cook
 Harper Harrison
 May-Lee Hodge
 Nora Keenan
 Molly Kyte
 Everly Lalonde
 Lydia Levac
 Kyleigh-Ann McLeod
 Harlow Parisien
 Rosalie Pratt
 Ryver Raganold
 Kate Winters

HC Lisa Winters
 AC Ava Bellefeuille
 AC Keegan Chollet
 AC Allison Raganold
 T Sylvie Gervais

U9C Stittsville Rockets #4938

Maelyn Childerhose
 Olivia Desforges
 Brooke Esler
 Sienna Gimblett
 Riley Hodges
 Charlotte Hodgkinson
 Evelyn Kennedy
 Mila Lafontaine
 Mila Parker
 Charlie Riggs
 Ella Sagar
 Alicia Singer
 Brooke Watts

HC Jenna Riggs
 AC Ian Esler
 AC Jennifer Sinopoli
 T Sarah Kennedy
 M Christa Hodges

U9C Ottawa Valley Thunder #4300 U9C Timmins Falcons #8501

Ella Behnke
Summer Behnke
Isabelle Buckle
Myrabel Chafe
Parker Collins
McKenna Dayment
Anna Elliott
Sawyer Irving
Georgia MacDonald
Sophia Maves
Reagan McLeese
Layla Mohns
Lauren Murray
Willow Tiffney
Eden Vaillancourt
Gerogie Vanceeder

1 Paisleigh Plourde
2 Allison Williston
3 Ayla Villeneuve
4 Livia Guillemette
5 Sophia Belanger
6 Grace Harvey
8 Hannah Hamelin
9 Gia Black
10 Elodie VanBridger
11 Sloane St-Louis
14 Anthony Kaydence
17 Lyra Husk
19 Alivia Douglas
20 Zoey Bennett
22 Darcie Martin
24 Emma Roy

HC Jonathan Murray
AC Robert Chafe
AC Michelle Charest
T Brianne Behnke
M Jessica Ullrich-Irving

HC Jason Goodman-Plourde
AC Steven Douglas
AC Derek Hamelin
T Josee Douglas
S Jeffrey Guillemette

U9HL North Bay Jr.Lakers Kelly Green #6208

#1 Bexley Poirier
#2 Tessa Loach
#3 Riley Louiseize
#5 Keira Cook
#6 Madinley Poeta
#7 Bailey Russ
#8 Isabelle Hutchison
#9 Athena Gielser
#10 Bailey Pouliot
#11 Denise Vincent
#12 Raelynn Cloutier-Piche
#13 Emma Delorme
#15 Lea Loach
#16 Kinsley Lariviere

HC Dustin Cook
AC Greg Loach
T Rox Poirier
T Missy Poeta
M Renee Hacquard

U9HL North Bay Jr.Lakers Sky Blue #6205

#1 River Shipman
#13 Leighton Bourque
#14 Brielle Gauthier
#15 Adelaide Lemenchick
#18 Lauryn Anello
#19 Madeline Commanda
#20 Ayva Cheechoo
#21 Nora Rutledge
#22 Tessa Johnson
#23 Thea Spadafore-Lemire
#24 Sloan Carello
#25 Jemma Hawn
#26 Taylor Mathieu
#31 Ellie Taillefer

HC Kyle Bourque
AC Peter Anello
AC Evelyn Cechetto
AC Brian Mathieu
T Colleen Mathieu

U9C Russell Coyotes #7302

4 Kensington Lajeunesse
7 Aria Peacock
8 Brooke White
9 Julie Basha
12 Luna Drouin
13 Kaisley Carruthers
16 Scarlett Brady
17 Breanna Dewitt
18 Sophie Saucier
20 Hailey Borris
21 Emrie Methot
23 Blake Cuning
24 Hannah Richardson
26 Lorelei Given
30 Lexie Bourbonnais

HC Jean-Francois Methot
AC Denis Jr Bourbonnais
AC Anthony John Dewitt
T Lisa Richardson
M Julie Rainville

U9HL North Bay Jr.Lakers Purple #6206

#1 Penelope McEwen
#2 Madison Fortin
#3 Aubrey Anderson
#4 Vienna Blackwood
#5 Emma Vanderzande
#6 Avery Taylor
#7 Paisley Bowman
#8 Finley Deering
#9 Vada Byers
#10 Kensley Deogny
#11 Emma Dobbs
#12 Makaila Steven
#13 Zoey Black
#14 Amelia Vladyka
#16 Zoey Whyte

HC Liam Bowman
AC Ava Coon
AC Keith Dobbs
T Shannon Hynek
M Kristy Bowman

U9HL North Bay Jr.Lakers Pink #6207

#1 Madison Wilson
#2 Emma Daniher
#3 Avery Christadler
#4 Emily Dancey
#5 Scarlett Schiavo
#7 Meredith Finch
#8 Harper Degagne
#9 Devyn Belanger-Gravelle
#11 Paige Nichol
#12 Amy Mullens
#13 Everly Pugliese
#14 Laken O'Donoghue
#15 Emily Link
#16 Millie Horsfall

HC Sarah Chenier
AC Jeremy Mullens
AC Andrew Pugliese
T Trista Dancey
T Amy Pugliese
U9HL Temiskaming Shores Puckhounds #7840

3 Mara Lauzon
4 Mila Salmond
5 Marley Dufresne
6 Wabigoni Polson
7 Hannah Larochelle
9 Pyper-Mynne Smith
10 Sophie Patkau
11 Ellie Morin
13 Jewel Beach
16 Aurora Polson-Renaud
17 Scarlett Norton
18 Chloe Rivard
19 Brielle Gagne
31 Charlee Matton

HC Nathan Norton
AC Eric Salmond
AC Jeremy Beach
T Julie Beach
T Jany-France Gagne

U9HL Kapuskasing Jaguars #7057

2 Kaiya Beadow
3 Olivia Chmielewski
4 Jordyn Coulombe
5 Alyssa Rodrigue
6 Isabel Martin
7 Maia Lauzon
8 Alivia Tourigny
9 Ella Landry
11 Liv Goulet
12 Madyson Dalton
13 Charlie Miller
14 Livia Dube
15 Lea Levesque
16 Lea Fortin
17 Janelle Millette

HC Denis Goulet
AC Chad Louzon
AC Sylvain Levesque
T Paul Martin
M Valerie Fortin
U9HL Timmins Falcons #8513

Klaudia Berthiaume
Harper Bolduc
Kloe Courchesne
Talia Fortin
Lexa Gamache
Francesca Metus
Layla Quinn
Bree Rice
Scarlett Rice
Ruby Roy
Emma Rubino
Halle Rubino
Marla Rubino
Logan Secord
Blake Sillanpaa
Heidi Talbot
Evelyn Vackeroth

HC Lisa Huber
AC Ryan Talbot
AC Danny Vockeroth
T Sara Fortin
M Krista Gamache

U9HL Kanata Snowy Ninjas #1701

9 Luella Brunet
10 Juliet Rivard
11 Paizley Fels
14 Joelle Finnigan
15 Rowyn Baird
16 Rae Cutts
17 Alice Otoupal
21 Sera Harris
27 Eloise Page
29 Mabel Lett
50 Ophelia Habets
57 Lilianna Iguptak
58 Casey Chenier
60 Zixuan Liu
61 Olivia Liu
62 Mila Guillemette
75 Ella Li
93 Alice Li

HC Andrea Brunet
AC Ryan Lett
T Curtis Brunet
T Cody Chenier
S Natasha Habets
U11HL North Bay Jr.Lakers Green #6210

#2 Paisley Taillefer
#3 Mia Marson
#5 Ryli Gagnon
#6 Florence Sewell
#7 Olivia Edge
#8 Kate Hueston
#9 Charlotte Davidson
#10 Lily Beauparlent
#11 Saige Shipman
#12 Finnley Birch
#16 Piper Louiseize
#18 Adeline Wallace

HC Lauri St-Jacques
AC Chris Marson
AC Jack Davidson

**U11HL North Bay Jr.Lakers Blue
#6211**

4 Summer Collins
5 Carter Dubuc
6 Eliot Mancini
7 Ceilidh Baron
8 Riley Nichol
9 Olivia Link
10 Aviaunnah Redgrave
11 Hannah Yackobeck
12 Audrey Gammon-Peplinskie
14 Charlie Marleau
16 Charley Hampel
17 Peyton Losier
18 Clara Dennis

HC Presley Young
AC Sarah Chenier
AC Russell Collins
T Brittany Marleau

**U11HL North Bay Jr.Lakers White
#6212**

3 Elle Fava
4 Casey Cobb
6 Reagan McKechnie
7 Sadie Hammond
8 Makenna Rowe
9 Amelia Vassallo
10 Alexis Rodgers
14 Briar Belecque
15 Bevin Thornton
16 McKinley Meecham
18 Piper Pichette
19 Hannah Lessard

HC Kailtin Rowe
AC Mitch Belecque
AC Andrew McKechnie
T Shelby McGuire
M Chris Rowe

**U11HL Ottawa Valley Thunder
#43217**

HC
AC
AC
T
M

**U11HL Temiskaming Shores
Puckhounds #7842**

Allison Bahm
Aleksa Crake
Abigail Dojoy
Malia Dufresne
Lexus Foley
Rylee Holden
Alexa Fuller
Rosie Jenkins
Blayke Kidd
Mahee Lachapelle
Kalianna Niemi Dugay
Avery Rhame

HC Craig Jenkins
AC Mathew Bahm
AC Alain Duguay
T Vicki Kidd
M Sarah Bahm

U11HL Sudbury Glaciers #1010

Amelia Cameron
Emma Cantwell
Zoe Desjardins
Abrielle Desrochers
Claire Dotta
Lexine Dubreuil
Collins Eamer
Claire Hammond
Emma Hogan
Rylee Hogan
Adelaide Luck
Audrey Luck
Tenley Moore
Abrielle Proulx
Sierra Sauve-Gadabushie
Harper Shaw
Emma Soulliere
Georgia Strain

HC Ted Shaw
AC Connor Cantwell
AC Chad Dubreuil
T Nicole Hammond

**U13HL North Bay Jr.Lakers Blue
#6215**

1 Mya Peters
2 Brooklyn Byers
5 Breanna Kasprick
6 Ellison Hammil
7 Avery Harling
8 Olivia Aspin
9 Esmee Beauchamp
10 Mallory Finch
13 Lilly Van Dusen
15 Jocelynn Leonard
16 Amelia Trottier
17 Grace Gaudette
18 Ava Johnson
29 Gracelyn Gammon-Peplinskie

HC Malory Dominico
HC Ally Hayhurst
AC Brent Johnson
T Sarah Gammon

U13HL North Bay Jr.Lakers Green #6216

1 Genevieve Rochon
4 Veyda McLeod
5 Gevevieve Giebeler
7 Lyla Culham
9 Avalina Van Allen
10 Hanna Jackson
11 Sadie Kapashesit
13 Abigail Grant
14 Caitlin Hawken
15 Lily Martin
16 Hannah Mathieu
17 Embrie Kapashesit
18 Adelynn Bazinet

HC Sean Grant
AC Brian Mathieu
AC Hayley Therrien
T Colleen Mathieu
M Natasha Dolbeck-Giebler

U13HL Timmins Falcons #8517

Naomi Caron
Kendyl Cheechoo
Maeve Corriveau
Audrey Douglas
Aimee Durepos
Nella Gamache
Athena Hansen
Jessa Laforce
Allie Landry-Hookimaw
Layna Mascaro
Harper Paul
Madeline Robitaille-Lesperance
Esma Santamaria
Mila St-Louis
Logan Wilson

HC Steven Douglas
AC Mario Paul
T Josee Douglas
M Josee Douglas

U13HL Ottawa Valley Thunder #4320

Briar Badger
Bayla Barney
Addison Beegan
Sophie Bourgoin
Callie Dakins
Lexie Dziedzic
Alexis Fleury
Heidi Getz
Breelyn Gruntz
Braylee Kuiack
Hannah Lemmon
Cheyenne McBride
Bridget McGinnis
Leighton Pattinson
Gretchen Regier
Leighton Schuurman

HC Monica McGinnis
AC Megan Lemmon
T Annik McBride
M Amber Regier

U13HL Russell Coyotes #7330

Gabrielle Beaulieu
Lilyannah Blais
Ellie Chisholm
Ella Courty
Annika Deboer
Elodie Ducharme
Kendall Garneau
Mae Henderson
Lily Homier
Noemi Labelle
Alyssa McKenna
Hazel McMahon
Nour Shaaban
Fiona Vallee
Nola Vanderhulst

HC Jean-Francois Ducharme
AC Stephane Beaulieu
AC Stephen Henderson
T Carley Vanderhulst
M Jillian Baker

U13HL Timmins Falcons #8504

Abrie Alisaooi
Eva Belliveau
Avery Bonney
Addison Comeau
Olive Dinel
Amelia Donovan
Allison Dube
Rylee Landry
Norah Popovic
Adalynn Presseault
Lauren Racine
Emilie Rickard
Julia Robertson
Harper Roy
Makenna Shannon

HC Michael Popovic
AC Jordan Dube
AC Kelsey Shannon
T Ryan Shannon
M Katheryn Fraser Popovic

U15HL North Bay Jr.Lakers Blue #6221

1 Lindsay Couchie
2 Karley McLaren
3 Skyla-Marie Sterling
4 Marissa Clouatre
5 Autumn Chevrier
6 Emma Desroches
7 Makenna Spenceley
8 Lexa Seguin
9 Avalee McWilliams
10 Abigail Berube
11 Alisa Lysak
12 Rylan Spenceley
15 Lauren Longboat
16 Danika Alkins
29 Delilah Kimball

HC Katie McLaren
AC Emma Nason
AC Dan Berube
T Jessica McLaren
M Jenn Cloutier

**U15HL North Bay Jr.Lakers Green U15HL Orillia Hawks #3168
#6220**

1 Clara Miller
2 Janick Arbour
3 Payton Smith
5 Elizabeth Keefe
7 Chloe Etherington
10 Rory Keefe
11 Lydia Chartrand
12 Camryn Van Vliet
13 Sasha Whittaker
14 Eva Thomson
18 Sonja Sutton
29 Peyton Thomson
Zoe Bennison

Olivia Blundon
Olivia Burton
Kate Cabral
Brodie Cranston
Ethnie Cranston
Indiana Douglas
Ruthie Grant
Emily Taylor
Brooke Telford
Leah Van Tol
Briar Wakelin

HC Ivan Arbour
AC Jonathan Henripin
AC Mathew Miller
T Kayla Restoule
M Meagan McLellan

HC Joseph Taylor
AC Kevin Burton
T Leslie Cranson
M Carey Taylor

U15HL Huntville Sting Black #4565

1 Olivia Howald
2 Marie-Clare Alexander
4 Lucy Cantelon
6 Olivia Goyda
9 Vanessa Azeez
12 Emily Kenzle
14 Avaya Hillock
22 Anika McKay
24 Arwen Hansman
44 Piper Heffernan
55Addilyn Niemi
77 Serenity Gant
88 Rylee Kingyens

HC Andy Cantelon
AC Robert Heffernan
T Katleyn Niemi
T Charlotte Alexandre
M Katelyn Niemi

**U15HL Huntville Sting Gold #4566 U15HL Barrie Sharks Silver #172 U18HL North Bay Jr.Lakers Blue
#6225**

Mackenzie Adam
Ryder Berry-Cumming
Grace Churchward
Peyton Churchward
Nahanni Clouthier
Briar Duits
Ava Manning
Siobhan McNalley
Mylie Middlebrook Deruiter
Marabelle Sopkowe
Sierra Thornton
Ava Vassallo
Paisley Whyte

HC Tyler Clouthier
AC Andrew Churchward
AC Tim Sopkowe
T Bonnie Duits
M Brenda Mannings

HC
AC
AC
T
M

1 Jessica Colbert
2 Annabella Johnstone
4 Hailey Poeta
5 Dakota Cherry
6 Kiley Colbert
7 Kayleigh Cherry
9 Deziree Gagne-Desbiens
10 Ava Brown
11 Rosslyn Bell
12 Danika Gibbs
13 Brooklyn Woeldike
18 Melanie Harvey
19 Chloe Harvey
29 Reese McKechnie

HC Luke Harvey
AC Shawn Brown
AC Dennis Johnstone
T Cassandra O'Donnell
M Rachelle Colbert

U18HL North Bay Jr.Lakers Green #6226

1 Ayvah Chatelaine
 2 Keira Perron
 3 Grace Tomlinson
 4 Kaylee Penasse
 5 Brianna Truax
 6 Hayden Beaudette
 7 Learah Hand
 9 Olivia Laplante
 10 Ethne Killoran
 12 Grace Austin
 13 Kaeleigh Keefe
 Ellie Beauparlent
 Nicola Phillips

HC Louis Chatelaine
 AC Niko Chatelaine
 AC Tim Hand
 T Macrina Perron

U18HL Temiskaming Shores Puckhounds #7841

4 Audrey Williamson
 5 Elliott Brown
 6 Lexi Ethier
 7 Lacey Brown
 8 Layla Peters
 9 Lily-Anne Plante
 12 Hannah Lachapelle
 13 Jenna Tobler
 14 Jayda McNair
 16 Laura Peters
 17 Vienna Terentiuk
 31 Cassandra Peters

HC David Brown
 AC Makayla Godmaire
 AC Dave Lachapelle
 T Sasha Williamson
 M Jennifer McNair

U18HL Sudbury Lady Wolves (Thompson) #1041

2 Zoey Gorman
 5 Billie King
 6 Alissa Dignard
 7 Kaitlyn Forigo
 8 Allison Vehkala
 10 Laila Thompson
 11 Alexandra McGregor-Rogers
 12 Kenzie Neville
 14 Faith Kewais
 15 Margot Vanderbeken
 16 Jaycee Nashkawa
 18 Sabrina Nootchtai
 19 Alicia Elliott
 30 Josephine Dobbs

HC Mike Thompson
 AC Aaron Vehkala
 S Shannon King
 S Sara Leydon
 T Stephanie Vehkala

U9B

North Bay Jr.Lakers #6240

Sudbury Lady Wolves #1070

Carleton Place Cyclones #7451

Cornwall Typhoons #2329

East Ottawa Stars #2440

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
February 6	Pete Palangio Demarco	9:00 AM	Round Robin	Cornwall Typhoons	Sudbury Lady Wolves
February 6	Pete Palangio Kelly	9:15 AM	Round Robin	North Bay Junior Lakers	East Ottawa Stars
February 6	West Ferris	1:00 PM	Round Robin	East Ottawa Stars	Carleton Place Cyclones
February 6	West Ferris	2:00 PM	Round Robin	Sudbury Lady Wolves	North Bay Junior Lakers
February 6	Pete Palangio Demarco	5:00 PM	Round Robin	Cornwall Typhoons	Carleton Place Cyclones
February 7	Pete Palangio Kelly	8:15 AM	Round Robin	East Ottawa Stars	Cornwall Typhoons
February 7	Pete Palangio Demarco	11:00 AM	Round Robin	Carleton Place Cyclones	North Bay Junior Lakers
February 7	Pete Palangio Kelly	12:15 PM	Round Robin	Sudbury Lady Wolves	East Ottawa Stars
February 7	Pete Palangio Demarco	6:00 PM	Round Robin	North Bay Junior Lakers	Cornwall Typhoons
February 7	Pete Palangio Kelly	6:15 PM	Round Robin	Carleton Place Cyclones	Sudbury Lady Wolves
February 8	Pete Palangio Demarco	9:00 AM	Semi-Final 1	1st Overall	4th Overall
February 8	West Ferris	9:00 AM	Semi-Final 2	2nd Overall	3rd Overall
February 8	Pete Palangio Kelly	1:45 PM	Final	Winner Semi-Final 1	Winner Semi-Final 2

U9C**Stittsville Rockets #4938****Ottawa Valley Thunder #4300****Timmins Falcons #8501****Russell Coyotes #7302**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
February 6	Pete Palangio Kelly	4:15 PM	Round Robin	Ottawa Valley Thunder	Russell Coyotes
February 6	Pete Palangio Kelly	5:15 PM	Round Robin	Stittsville Rockets	Timmins Falcons
February 7	Pete Palangio Demarco	9:00 AM	Round Robin	Timmins Falcons	Ottawa Valley Thunder
February 7	Pete Palangio Demarco	10:00 AM	Round Robin	Russell Coyotes	Stittsville Rockets
February 7	West Ferris	4:00 PM	Round Robin	Stittsville Rockets	Ottawa Valley Thunder
February 7	West Ferris	5:00 PM	Round Robin	Timmins Falcons	Russell Coyotes
February 8	Pete Palangio Demarco	8:00 AM	Semi-Final 1	1st Overall	4th Overall
February 8	West Ferris	8:00 AM	Semi-Final 2	2nd Overall	3rd Overall
February 8	Pete Palangio Kelly	12:45 PM	Final	Winner Semi-Final 1	Winner Semi-Final 2

U9HL POOL A**North Bay Jr.Lakers Purple #6206****North Bay Jr.Lakers Pink #6207****Temiskaming Shores Puckhounds #7840****Kapuskasing Jaguars #7057****U9HL POOL B****North Bay Jr.Lakers Sky Blue #6205****North Bay Jr.Lakers Kelly Green #6208****Kanata Snowy Ninjas #1701****Timmins Falcons #8513**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
February 6	Pete Palangio Demarco	8:00 AM	Round Robin	North Bay Jr.Lakers Sky Blue	North Bay Jr.Lakers Kelly Green
February 6	West Ferris	8:00 AM	Round Robin	North Bay Jr.Lakers Pink	North Bay Jr.Lakers Purple
February 6	Pete Palangio Kelly	8:15 AM	Round Robin	Temiskaming Shores Puckhounds	Kapuskasing Jaguars
February 6	West Ferris	9:00 AM	Round Robin	Kanata Snowy Ninjas	Timmins Falcons
February 6	West Ferris	12:00 PM	Round Robin	North Bay Jr.Lakers Purple	Temiskaming Shores Puckhounds
February 6	West Ferris	3:00 PM	Round Robin	North Bay Jr.Lakers Kelly Green	Kanata Snowy Ninjas
February 6	Pete Palangio Demarco	4:00 PM	Round Robin	Timmins Falcons	North Bay Jr.Lakers Sky Blue
February 6	West Ferris	4:00 PM	Round Robin	Kapuskasing Jaguars	North Bay Jr.Lakers Pink
February 7	Pete Palangio Kelly	9:15 AM	Round Robin	North Bay Jr.Lakers Sky Blue	Kanata Snowy Ninjas
February 7	Pete Palangio Kelly	10:15 AM	Round Robin	North Bay Jr.Lakers Pink	Temiskaming Shores Puckhounds
February 7	Pete Palangio Demarco	12:00 PM	Round Robin	North Bay Jr.Lakers Kelly Green	Timmins Falcons
February 7	Pete Palangio Demarco	1:00 PM	Round Robin	North Bay Jr.Lakers Purple	Kapuskasing Jaguars
February 7	Pete Palangio Demarco	5:00 PM	Consolation	3rd Pool A	3rd Pool B
February 7	Pete Palangio Kelly	5:15 PM	Consolation	4th Pool A	4th Pool B
February 8	Pete Palangio Demarco	10:00 AM	Semi-Final	1st Pool B	2nd Pool A
February 8	West Ferris	10:00 AM	Semi-Final	1st Pool A	2nd Pool B
February 8	West Ferris	2:00 PM	Final	WSF1	WSF2

U11HL**North Bay Jr.Lakers Green #6210****North Bay Jr.Lakers Blue #6211****North Bay Jr.Lakers White #6212****Ottawa Valley Thunder #4317****Sudbury Glaciers #1010****Temiskaming Shores Puckhounds #7842**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
February 6	Pete Palangio Demarco	10:00 AM	Round Robin	North Bay Jr.Lakers Blue	Ottawa Valley Thunder
February 6	West Ferris	10:00 AM	Round Robin	North Bay Jr.Lakers White	Sudbury Glaciers
February 6	West Ferris	11:00 AM	Round Robin	North Bay Jr.Lakers Green	Temiskaming Shores Puckhounds
February 6	Pete Palangio Kelly	3:15 PM	Round Robin	Ottawa Valley Thunder	North Bay Jr.Lakers Green
February 6	Pete Palangio Demarco	2:00 PM	Round Robin	Sudbury Glaciers	North Bay Jr.Lakers Blue
February 6	Pete Palangio Demarco	3:00 PM	Round Robin	Temiskaming Shores Puckhounds	North Bay Jr.Lakers White
February 7	Pete Palangio Kelly	11:15 AM	Round Robin	North Bay Jr.Lakers White	Ottawa Valley Thunder
February 7	Pete Palangio Demarco	2:00 PM	Round Robin	North Bay Jr.Lakers Green	Sudbury Glaciers
February 7	West Ferris	3:00 PM	Round Robin	North Bay Jr.Lakers Blue	Temiskaming Shores Puckhounds
February 8	West Ferris	11:00 AM	Consolation	5th Overall	6th Overall
February 8	Memorial Gardens	8:00 AM	Semi-Final 1	1st Overall	4th Overall
February 8	Pete Palangio Kelly	8:15 AM	Semi-Final 2	2nd Overall	3rd Overall
February 8	Pete Palangio Kelly	3:15 PM	Final	Winner of Semi-Final 1	Winner of Semi Final 2

U13HL**North Bay Jr.Lakers Blue #6215****North Bay Jr.Lakers Green #6216****Ottawa Valley Thunder #4320****Russell Coyotes #7330****Timmins Falcons #8517****Timmins Falcons #8504**

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
Febrary 6	Pete Palangio Kelly	10:15 AM	Round Robin	North Bay Jr.Lakers Green	Russell Coyotes
Febrary 6	Pete Palangio Demarco	11:00 AM	Round Robin	Ottawa Valley Thunder	Timmins Falcons
Febrary 6	Pete Palangio Kelly	11:15 AM	Round Robin	North Bay Jr.Lakers Blue	Timmins Falcons #8504
Febrary 7	West Ferris	9:00 AM	Round Robin	Timmins Falcons #8504	North Bay Jr.Lakers Green
Febrary 7	West Ferris	10:00 AM	Round Robin	Russell Coyotes	Ottawa Valley Thunder
Febrary 7	Pete Palangio Kelly	1:15 PM	Round Robin	Timmins Falcons	North Bay Jr.Lakers Blue
Febrary 7	West Ferris	6:00 PM	Round Robin	North Bay Jr.Lakers Blue	Russell Coyotes
Febrary 7	Pete Palangio Demarco	7:00 PM	Round Robin	North Bay Jr.Lakers Green	Timmins Falcons
Febrary 7	Pete Palangio Kelly	7:15 PM	Round Robin	Ottawa Valley Thunder	Timmins Falcons #8504
Febrary 8	West Ferris	12:00 PM	Consolation	5th Overall	6th Overall
Febrary 8	Memorial Gardens	9:15 AM	Semi-Final 1	1st Overall	4th Overall
Febrary 8	Pete Palangio Kelly	9:15 AM	Semi-Final 2	2nd Overall	3rd Overall
Febrary 8	Pete Palangio Demarco	1:30 PM	Finals	Winner of Semi-Final 1	Winner of Semi-Final 2

U15HL

North Bay Jr.Lakers Blue #6221
North Bay Jr.Lakers Green #6220
Barrie Sharks Silver #172

Huntsville Sting Black #4565
Huntsville Sting Gold #4566
Orillia Hawks #3168

DAY	Arena	TIME	TYPE	HOME TEAM	AWAY
Febraury 6	Pete Palangio Kelly	12:15 PM	Round Robin	North Bay Jr.Lakers Green	Huntsville Sting Black
Febraury 6	Pete Palangio Demarco	1:00 PM	Round Robin	Barrie Sharks Silver	Huntsville Sting Gold
Febraury 6	Pete Palangio Kelly	1:15 PM	Round Robin	North Bay Jr.Lakers Blue	Orillia Hawks
Febraury 7	Pete Palangio Kelly	2:15 PM	Round Robin	Orillia Hawks	North Bay Jr.Lakers Green
Febraury 7	Pete Palangio Demarco	3:00 PM	Round Robin	Huntsville Sting Black	Barrie Sharks Silver
Febraury 7	Pete Palangio Kelly	3:15 PM	Round Robin	Huntsville Sting Gold	North Bay Jr.Lakers Blue
Febraury 7	West Ferris	7:00 PM	Round Robin	North Bay Jr.Lakers Green	Huntsville Sting Gold
Febraury 7	Pete Palangio Demarco	8:00 PM	Round Robin	Barrie Sharks Silver	Orillia Hawks
Febraury 7	Pete Palangio Kelly	8:15 PM	Round Robin	North Bay Jr.Lakers Blue	Huntsville Sting Black
Febraury 8	West Ferris	1:00 PM	Consolation	5th Overall	6th Overall
Febraury 8	Pete Palangio Kelly	10:15 AM	Semi-Final 1	1st Overall	4th Overall
Febraury 8	Pete Palangio Demarco	11:00 AM	Semi-Final 2	2nd Overall	3rd Overall
Febraury 8	Pete Palangio Demarco	2:30 PM	Finals	Winner of Semi-Final 1	Winner of Semi-Final 2

U18HL

North Bay Jr.Lakers Blue #6225
North Bay Jr.Lakers Green #6226
Temiskaming Shores Puckhounds #7841
Sudbury Blue #1041

DAY	Arena	TIME	POOL	TYPE	HOME TEAM	AWAY
Febraury 6	Pete Palangio Demarco	12:00 PM	Pool A	Round Robin	North Bay Jr.Lakers Blue	North Bay Jr.Lakers Green
Febraury 6	Pete Palangio Kelly	2:15 PM	Pool A	Round Robin	Temiskaming Shores Puckhounds	Sudbury Blue
Febraury 7	Pete Palangio Demarco	4:00 PM	Pool B	Round Robin	North Bay Jr.Lakers Green	Temiskaming Shores Puckhounds
Febraury 7	Pete Palangio Kelly	4:15 PM	Pool B	Round Robin	Sudbury Blue	North Bay Jr.Lakers Blue
Febraury 7	West Ferris	8:00 PM	Pool B	Round Robin	North Bay Jr.Lakers Green	Sudbury Blue
Febraury 7	Pete Palangio Kelly	9:15 PM	Pool B	Round Robin	North Bay Jr.Lakers Blue	Temiskaming Shores Puckhounds
Febraury 8	Pete Palangio Kelly	11:45 AM	Pool A	Round Robin	4th Overall	3rd Overall
Febraury 8	Pete Palangio Demarco	12:30 PM	Pool A	Round Robin	1st Overall	4th Overall
Febraury 8	Pete Palangio Demarco	4:00 PM	Pool B	Round Robin	Winner Semi-Final 1	Winner of Semi-Final 2



North Bay Jr Lakers

Tournament Rules 2026



1. Hockey Canada and OWHa rules shall apply. All Teams Must Register at Headquarters **Pete Palangio Arena**. Any team using an OWHa Pickup Consent Form must bring this to Headquarters **BEFORE** your team's first game. Failing to do so may result in forfeiture of games
2. Games will consist of 10-10-12 stop time
3. There will be a 3-minute warm-up prior to each game. All games begin immediately upon completion of the 3-minute warmup. The clock will **NOT** stop at the 10-minute mark but will continue until the first stoppage of the game. The Games Officials are to give a Warning whistle to prompt teams as a reminder to get ready for face-off.
4. All teams **Must** be available to play up to 20 minutes prior to the scheduled start time.
5. The OWHa minimum suspension guidelines will be strictly enforced. All suspensions will be enforced according to the latest OWHa Constitution, By-laws, and Regulations & Rules.
6. Players will tap gloves after each game.
7. If the goal spread at any time of the third period reaches 5 goals, the clock will run until the spread is reduced to 3 goals, then stop time will resume.
8. **One-30 second time-out** will be allowed for each team **ONLY** during Quarterfinals, Semi-final, and Championship games. Overtime does not allow for an additional time out. There are **NO TIMEOUTS** in Round Robin Games.
9. A player may only participate with **one** designated team in a tournament and may only participate in **one** tournament on any date.
10. To be eligible to participate in the tournament, the participant's name must appear on the team roster form submitted with the entry form. Changes to the roster must be made in writing and will not be permitted after registration prior to the first game. Players on Ontario teams must be registered with the OWHa. The OWHa "Pickup Consent" through RAMP will be honoured and must be included where necessary based on OWHa Rules.
11. Teams will be awarded 2 points for a win, 1 point for a tie and zero (0) points for a loss.

12. Standings after the round robin will be calculated based on the points awarded as per **rule#12**.

In the **event of a tie**, the following criteria will be used to break the tie.

- a. Winner between the tied teams when they played head-to-head. **(Applies to 2-way ties only, 3 or more teams tied start with tied breaker 13b)**
- b. Most wins.
- c. Average Goal Differential.
- d. Fewest Goals Against.
- e. Most Goals For.
- f. Fewest Penalty Minutes.
- g. Coin Toss.

Follow Tie breaking rules in Order. Once a Tie Breaking Rule has been used or is not applicable it cannot be used again.

13. Division specific criteria for advancing past the round robin portion of the tournament will be published once the number of teams in each division has been confirmed
14. **Elimination- Quarterfinals, Semi-Finals and Championship games** are played to a winner. Overtime and shoot-out rules are explained on the next page.
15. Home teams must wear dark coloured jerseys where possible. In the event of a conflict, the home team must change their jerseys. Visiting teams will advise opposing team of any conflict 30 minutes prior to game time. Pinnies may be used as required. House teams are requested to bring 2nd set of jerseys or pinnies to avoid conflict.
16. All players and team officials must sign the game sheet prior to each game.
17. **Flooding of the ice will occur at the end of each game in most divisions, and may be deferred at the Tournament Committee's discretion**
18. It is the team's responsibility to ensure a clean dressing room is left upon completion of their game. All teams must vacate the dressing room within 30 minutes after their game is completed
19. Game decisions made by the Referees are final with no appeals. Tournament Officials will only make decisions outside the responsibilities of the Referees.

Tournament organizers and committees are not liable or responsible for acts of god, injuries and unforeseen events causing the cancellation of any part of whole if this event.

Please note parents are NOT allowed on the ice at any time to take photos. Only rostered members of teams are allowed in the bench areas.

Overtime Rules

- In the event of a tie at the end of regulation time a SUDDEN VICTORY FIVE (5) MINUTE OVERTIME will commence. Teams **WILL** change ends to begin the overtime.
- Teams will play **3 on 3 plus goalies**. Players may be changed at any time. Goalies may be “pulled” at any time and a substitute player from the bench may be used.
- If a penalty occurs during the 5 - Minute Stop Time overtime, the teams play 4 on 3
- If a second penalty is called on the SAME TEAM and the first penalty has not expired, then it will be treated as a delayed penalty and will commence when the first penalty expires.
- The Maximum a Team may be at a disadvantage is 4 on 3
- Penalties do NOT expire at the end of regulation time.
- If still tied, a shoot-out will occur.
- Each team **MUST** designate 3 shooters (S1, S2, S3) with the arena convenor BEFORE the start of the game.
- Any player(s) serving a penalty at the end of overtime will not be eligible to participate in the shoot-out and **MUST** remain in the penalty box. The coach must designate a shooter(s) to take her place(s) immediately at the end of regulation time.
- All players except shooter and goalies **will be on the bench TO START**.
- Shooters from both teams will shoot at alternating times, the home team will decide who shoots first
- Once a player has shot, **they will go directly to the penalty box**.
- This is a BEST of 3 Shootout.
- If still tied, each team will designate one shooter at a time until there is a winner.
- A player may not shoot for a second time until all players on the game sheet signed (except goalies) have shot.



No.	Player	Pos.
4	Selene Wozney	D
6	Tessa Kosec	D
8	Neha Gill	D
9	Mykelti Potts	F
11	Madyson Naumann	F
12	Megan Hayhurst	F
14	Abby Lunney	F
15	Haley Howe	F
16	Lana Duriez	F
17	Tahlia Fisher	F
19	Carlie Primomo	F
21	Sarah Kjemhus	D
22	Elizabeth Laberge	D
23	Taylor Yeo	F
27	Liberty Aime	F
40	Allie Lehmann	G
52	Grace Roynon	D
55	Sara Stefanic	F
61	Hannah Brunton	G
68	Melissa Svienson	F
71	Claire Cheon	G
72	Anna Snyder	D
77	Ella Allen	D
84	Jordan Sladics	G
88	Peyton Gabruck	F
96	Jill Hennessy	F

Head Coach	Darren Turcotte
Assistant Coach	Kiara Jefferies
Assistant Coach	Madison Solie
Goalie Coach	Patrick Rochefort
Head Trainer	Wayne Eyre

No.	Player	Pos.
5	Sydney Brooks	D
7	Kamryn Szumlinski	F
8	Marieeve Roussel	D
9	Kylie Laliberte	F
10	Emily Olson	F
11	Emerie Maltby	F
16	Jersie Lindley	F
17	Claire Robinson	D
19	Hayley Szymanowski	F
20	Lily Spencer	F
21	Kayla O'Toole	D
22	Zoey Dupuis	F
23	Elle Spencer	F
24	Abby Glandon	F
25	Ella Jackson	F
26	Olivia MacMillan	F
29	Haley Murphy	F
33	Kathryn Raitano	G
34	Acadia Carlson	G
38	Sarah Howell	G
58	Gabrielle Lehoux	D
59	Danielle Menko	D
73	Kayla Renaud	G
76	Kara den Hoed	D
77	Clara Chisholm	F
89	Estee Foder	F
91	Rylee Crego	D
95	Marra Klassen	D

Head Coach	Kelly Paton
Assistant Coach	Nik Knezic
Assistant Coach	Ashey Stephenson
Goalie Coach	Dave Dolecki