



## North Bay & District Girls Hockey Association Change Room Monitor Policy

Adherence to a change room policy enhances the safety of the players, coaching staff and parents/guardians as well as reduces the likelihood of misconduct (i.e., bullying or abuse). Each team, excluding the senior and intermediate teams, is required to assign a minimum of four adult female change room monitors. One of which is to be present at all times, although it is suggested that coaches and room monitors practice the “two-deep” policy.

Each room monitor is required to have “Speak Out” or “Respect In Sport for Leaders” training and Vulnerable Sector Police Checks (to be updated every 3 years or as requested by the NBDGHA). The Association will reimburse the costs directly to the applicant. No copies of Police Checks will be accepted, originals only. Police checks are required for year 1 and Declarations signed for each of the following two years until renewal.

Together this group of women must communicate in advance of every practice and game with respect to who the designated monitors will be for that practice or game. This will ensure that the girls are not left unattended. It is strongly recommended that the room monitors prepare a schedule to coincide with the team’s ice times. Should it be known in advance that no monitor will be available for a particular practice or game, the players are to be asked to either get dressed at home or change in a washroom area as the change room door will need to be left open.

The dressing room monitor is to supervise the conduct of the players in the change room. Inappropriate behaviour (i.e., swearing, horseplay) is to be addressed immediately by asking the player to stop. If she continues to misbehave, it is to be brought to the attention of the coach for further discussion with the player’s parents.

Cell phones and other mobile recording/picture taking devices are not permitted to be used in the change rooms.

When the team exits a change room, the monitor is to ensure all garbage has been disposed of properly and no personal items remain behind.