



## **NOTIFICATION OF SUSPENSION SERVED**

**EMAIL TO COMMISSIONER:** Marc Beerling Email: [Beerling.marc@gmail.com](mailto:Beerling.marc@gmail.com)

**Name of team:**

**DIVISION:**

(U11, U13, U15, U18, FEMALE)

**Player/Coach Suspended:**

**Penalty #:**

**How many games:**

**Game where suspension occurred:**

**Date of Suspension:**

**Type of Game: NERHL      Game #      Exhibition      Tournament**

**Notification that Suspension(s) have been served in the following games:**

**Game #(if NERHL)      Tournament      Date      Where**

**COACHES & PLAYERS:**

**While under suspension coaches & players are not to participate in any hockey related activity (other than team practices) i.e. coaching another team or refereeing.**