



Goal Safety Policy Adopted on: May 18, 2023 Approved by: NEUSC Board of Directors Last Updated: May 18, 2023

North East United Soccer Club (NEUSC) is committed to continually educating coaching staff & players on the issue of goal (net) safety. It is everyone's responsibility to use equipment properly. Net or goal related injuries are very high.

The majority of goals are constructed of metal, and weigh between 150-500lbs. Typical injuries include: blunt force trauma to the head, neck, chest, and limbs. Historically, most injuries occur when the net or goal has been tipped over. The risk of movable goals tipping can be mitigated through proper construction and anchoring. Goals can either be counterweighted at the back or anchored to the ground.

NEUSC Safety Tips:

- <u>NEVER allow anyone to climb on the net or goal framework</u>. Players and Coaches should never hang from the crossbar of a net
- Securely anchor or counterweight movable goals at ALL TIMES. Sandbags are provided at the Upper Three Corner Pond Field Facilities on Bauline Line.
- Movable goals should ONLY be used on LEVEL fields of play
- Movable goals should ONLY be moved by NEUSC Staff, Board Members or Registered Coaches
- Always exercise extreme caution when moving goals and allow adequate manpower to move goals of varied sizes and weights
- Always check the integrity of the goals and nets. If something looks out of place or doesn't seem safe, don't use the goal and notify the NEUSC Board of Directors as required.
- Ensure safety/warning labels are clearly visible (UNDER the crossbar, on sides of posts AT EYE LEVEL)

NEUSC Board of Directors is to notify the Town of Torbay or the applicable facility owner of any goals and nets that appear to be unsafe or deficient for repair and/or replacement as applicable.

If at any time, you are unsure whether a goal is suitable for use, err on the side of caution and do not use. Notify the NEUSC Board of Directors as soon as possible and notify those in the area to exercise caution and avoid use of the equipment until deemed safe for use.