



North East United Soccer Club
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Playing Up or Down Policy

Adopted on: Dec. 4, 2022
Approved by: NEUSC Board of Directors
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Northeast United Soccer Club (NEUSC) supports advanced players playing up as aligned with Canada Soccer's principles of Long-Term Player Development (LTPD).

We also support players playing down if the player is struggling technically & socially in their age group if appropriate.

Requests to play up or down must be sent to the NEUSC Board of Directors by email to neuscsoccer@outlook.com. Requests are to include the name and age of the player, the current division of play, the requested division of play and reasons for the request.

The selection of a player to play at a higher or lower age category will ONLY be supported if the player meets all guidelines noted below, and the request is supported and approved by the Technical Director, applicable Coaches and NEUSC Board of Directors (as required):

- To play up, the player must demonstrate a high degree of individual & technical skill, physical strength, speed, fitness, soccer knowledge & has the ability to socially & technically blend in with players of the intended older age group.
- To play down, the player must demonstrate that they are struggling technically & not fitting in socially.

Playing up or down in Metro or Premier Youth League, is also set & evaluated as per the guidelines of the specific NLSA league rules.