

PHL Showcase Weekend 3

December 9 - 11, 2022

ITINERARY

HOTEL Sandstone Inn 212 8 Ave NW, Milk River, Alberta TOK 1M0

Warner Civic Centre C508 4 Ave, Warner, Alberta

TOK 2L0

FRIDAY, DECEMBER 9

10:30 AM Players Arrive Warner Civic Centre - LOCKER ROOM 4

11:00 AM Pre-Tournament Practice Warner Civic Centre

1:00 PM TEAM/FAMILY Lunch Catered at Warner Civic Centre

3:30 PM Players Arrive Warner Civic Centre - LOCKER ROOM 4

5:00 PM GAME: Silverbacks @ NA Warner Civic Centre - LOCKER ROOM 4

7:15 PM Dinner OYO On Your Own

10:00 PM **TEAM** Curfew

SATURDAY, DECEMBER 10

11:00 AM Players Arrive Warner Civic Centre - LOCKER ROOM 4

12:30 PM GAME: NA @ Lakeland Lightning Warner Civic Centre - LOCKER ROOM 4

3:00 PM TEAM/FAMILY Lunch Catered at Warner Civic Centre

4:00 PM Downtime Players should be in rooms

5:00 PM Players Arrive Warner Civic Centre - LOCKER ROOM 4

5:10 PM TEAM Snack Warner Civic Centre - LOCKER ROOM 4

6:30 PM GAME: Method @ NA Warner Civic Centre - LOCKER ROOM 4

10:00 PM TEAM Curfew Players should be in rooms

SUNDAY, DECEMBER 11

6:30 AM Players Arrive Warner Civic Centre - LOCKER ROOM 4

8:00 AM GAME: Wranglers @ NA Warner Civic Centre - LOCKER ROOM 4

NOTES:

Curfew: Please adhere to all team curfews. They are established to give you the needed sleep rest/ratio to perform at your best for the weekend agenda. **Downtime:** No physical activities such as swimming, hot tubbing, etc. All Players **MUST** be in their own rooms; no wrestling, horseplay, etc. Please ensure players are rested, fueled, and hydrated during this time.

TEAM Snack/Lunch: These meals are MANDATORY team meals; all parents are responsible for food costs; payment links can be found HERE.