



NA Prep Practice Weekend 7

December 3-4, 2022

ITINERARY

HOTEL

No defined team hotel

RINK

Warner Civic Arena
508 4 Ave,
Warner, AB T0K 2L0, Canada

SATURDAY, DECEMBER 3

12:30 PM	Players Arrive	Warner Ice Arena
1:00 PM	Classroom	Warner Ice Arena
2:30 PM	Off-Ice Training	Warner Ice Arena
4:30 PM	On-Ice Session	
6:15 PM	Dinner	Warner Ice Arena
7:30 PM	On-Ice Session	

SUNDAY, DECEMBER 4

8:30 AM	Players Arrive	Jersey assignments, get dressed
9:00 AM	On-Ice Session	Warner Ice Arena
10:30 AM	Players Depart	

NOTES:

Curfew: Please adhere to all team curfews. They are established to give you the needed sleep rest/ratio to perform at your best for the weekend agenda.

Transportation: Provided by NA Prep

Team Snack/Lunch: We are ordering Subway for the players; please ensure that you have paid for your child's \$10 meal so we can complete the order. The link to pay is [HERE](#).