



PHL Showcase Weekend 1

October 13-17, 2022

ITINERARY

HOTEL

SureStay Plus Best Western

600-680 2 Street SE,
Drumheller, Alberta T0J 0Y0
(403) 823-8887

RINK

**Town of Three Hills
Parks and Recreation**
Three Hills, AB T0M2A0
Phone: 4034435822

THURSDAY, OCTOBER 13

6:00 PM Saddle Dome Opens
7:30 PM Calgary Flames Game

FRIDAY, OCTOBER 14

9:00 AM	Breakfast	Hotel
9:20 AM	Load Equipment	Hotel
9:30 AM	Depart for Arena	Hotel
10:30 AM	Players Arrive @ Arena	Three Hills Ice Arena
11:00 AM	Pre-Tournament Practice	Three Hills Ice Arena
1:30 PM	*TEAM Lunch	YAVIS (249 3rd Avenue West. Valley Plaza Shopping Center. Drumheller, AB T0J0Y0) 403.823.8317
2:30 PM	Study Hall	Hotel
3:45 PM	Load Equipment	Hotel
3:50 PM	Pre-Game Meal	On Your Own (Subway Style)
4:00 PM	Depart for Arena	
5:00 PM	Arrive at Arena	Three Hills Ice Arena
6:30 PM	GAME: MUSTANGS @ NA	Three Hills Ice Arena
10:00 PM	TEAM Curfew	Players should be in rooms

SATURDAY, OCTOBER 15

9:00 AM	Breakfast	
10:00 AM	Study Hall	Hotel

11:00 AM	Lunch	On Your Own
11:45 AM	Load Equipment	
11:50 AM	Depart for Arena	
1:00 PM	Players Arrive	Three Hills Ice Arena
3:30 PM	GAME: NA @ RUSTLERS	Three Hills Ice Arena
4:45 PM	Pre-Game Meal	
6:00 PM	Players Arrive	Three Hills Ice Arena
7:30 PM	GAME: PHANTOMS @ NA	Three Hills Ice Arena
10:00 PM	TEAM Curfew	Players should be in rooms

SUNDAY, OCTOBER 16

8:00 AM	Breakfast	
8:20 AM	Load Equipment	
8:25 AM	Depart for Arena	
9:30 AM	Players Arrive	Three Hills Ice Arena
11:00 AM	GAME: NA @ METHOD	Three Hills Ice Arena

NOTES:

Curfew: Please adhere to all team curfews. They are established to give you the needed sleep rest/ratio you need to perform at your best ability for the weekend agenda.

Downtime: No physical activities such as swimming, hot tubbing, etc. All Players **MUST** be in their own rooms; no wrestling, horseplay, etc. Please ensure players are rested, fueled, and hydrated during this time.

TEAM Snack/Lunch: These meals are **MANDATORY** team meals; all parents are responsible for food costs; payment links can be found [HERE](#).