



**RETURN <sup>to</sup> HOCKEY**

**COVID-19 RESPONSE**

# RETURN TO HOCKEY MEMBER PLAN

# Introduction

BC Hockey Members are focused on reviewing and applying the guidelines within the primary resources outlined in this section to create their Association 'Return to Hockey' plans. BC Hockey has created this document to serve as tool to assist Members in the formation of these plans with the understanding that aspects of each plan may be unique from Member to Member. There is also an understanding that these plans are fluid and must be adaptable to updates provided by the health authority, sport sector or national sport organization (Hockey Canada).

## Primary Resources

### Review and Follow:

- Provincial Guidelines [CLICK HERE](#)
- viaSport (Sport Sector) return to activity guidelines [CLICK HERE](#)
- Hockey Canada guidelines [CLICK HERE](#)
- BC Hockey Return to Hockey Phases [CLICK HERE](#)

BC Government	viaSport (Sport Sector)	Hockey Canada
General hygiene protocols	Shared equipment protocols	Regulations & registration
Group sizes	Transition from training to games	Certification & training
Physical distancing measures	Transition from non-contact to contact activity	Season structure
Travel restrictions		Program delivery model
Phase transition timelines	Facility & spectator protocols	Events & communications

☐ This step complete

## Communications Officer

Responsibilities can include:

- Monitoring all updates from the public health authority, via Sport & Hockey Canada
- Communication with local facilities (public & private) on guidelines and updates
- Ensuring teams are following the prevention guidelines set by Hockey Canada
- Ensuring COVID-19 cases are reported: Health authority, BC Hockey, MHA, league & facility

☐ We have appointed a Communications Officer:

☐ This step complete

# Facilities

The **Communications Officer** should lead correspondences with all applicable facilities. The Communications Officer should collaborate with neighboring MHAs and the District MHA when facilities are used by multiple Members. A 'Return to Hockey' plan should include details for all facilities that your MHA plans to use. Therefore, the following section may need to be completed for each individual facility. Also, facility guidelines may need to be evaluated during each phase and updated:

Facility Name:

- What facility guidelines and requirements are in place specific to physical distancing?
  
  
  
  
  
- Are there restrictions specific to the number of people allowed in public areas?
  
  
  
  
  
- Are masks required when entering the facility? ☐ Yes ☐ No
  
  
- Are the following areas accessible within the facility or facilities used?
  - ☐ Yes ☐ No Main Lobby
  - ☐ Yes ☐ No Team, Officials' or alternate (accessibility) dressing room(s) & showers
  - ☐ Yes ☐ No Observations or Spectator areas
  - ☐ Yes ☐ No Washrooms
  - ☐ Yes ☐ No Area designated for isolation
  - ☐ Yes ☐ No Ice surface or surfaces (ex. Rink 1)
  - ☐ Yes ☐ No Other
  
- Outline the protocols that will be in place for each area and if an area is not available alternative options that will be in place that need to be conveyed to the participants?
  - ☐ Main Lobby (e.g. Foot traffic flow, physical distance signage, sanitation stations etc)

☐ Dressing room(s) (e.g. physical distance markers, post-activity only etc)

☐ Observations or Spectator areas (Limits, physical distance markers etc.)

☐ Shower and Washroom facilities

☐ Isolation area & Other areas (if applicable)

Ice Surface(s)

How many participants are allowed on the ice? *NOTE: This will vary depending on activity level, age group, specific requirements within a facility in order to adhere to the mitigation guidelines identified by the Health Authority. It is important to outline all potential limits.*

☐ This step complete

# Participant Meeting & Administration Checklist

Topics to include in orientation of participants and parents / guardians should include but are not limited to the below:

## Review of Facility and Member protocols for physical distancing guidelines:

- ☐ Protocols within the facility prior to activity (e.g. physical distancing markers)
- ☐ Protocols during on-ice activity and off-ice activity (e.g. Phase 2 = 2m spacing)
- ☐ Protocols within facility post-activity

## Review guidelines regarding the number of people / facility patrons that are permitted:

- ☐ Within the facility at any given time
- ☐ On the ice at any given time
- ☐ In any off-ice training spaces at any given time

## Participant arrival / departure procedure:

- ☐ Established time spacing between ice bookings to minimize group cross-over
- ☐ Established arrival expectations (e.g. Participants arriving dressed for activity)
- ☐ Activity check-in / attendance to assist with possible need for contact tracing
- ☐ Protocols for participants requiring assistance (e.g. para-hockey, younger ages)
- ☐ Established designated drop-off & pick-up areas and procedures

## During Activity:

- ☐ Participants should have individually labeled water bottles (cleaned after use & filled at home)
- ☐ Personal equipment not being used must be stored in an isolated area (e.g. car)
- ☐ No sharing of personal equipment & strict hygiene protocols communicated
- ☐ Coaches, HCSP and Officials prepared to assist in all protocols

## Preparing for Programming / Activity (Registration and Administration):

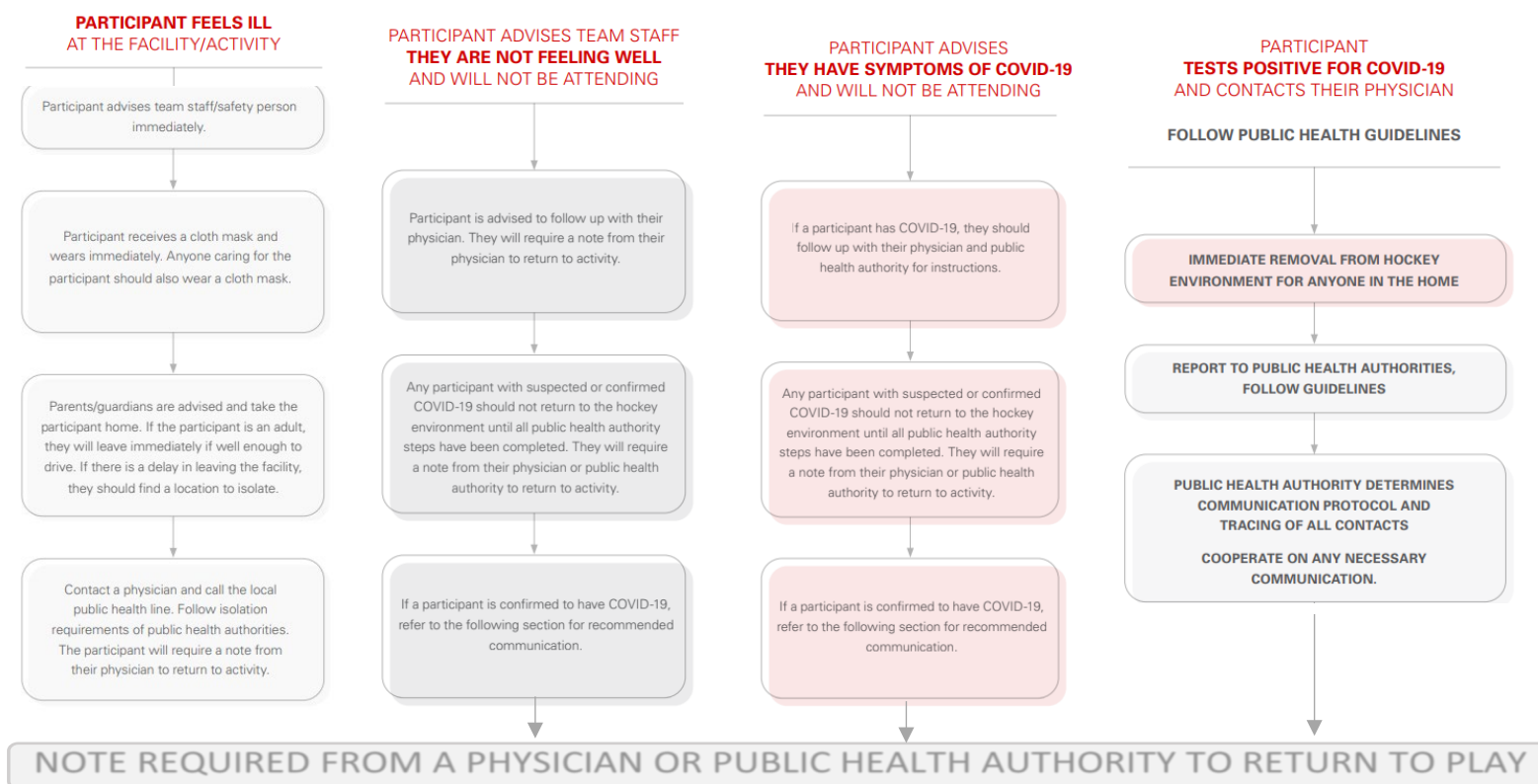
- ☐ Pre-registration for all activities or programs (e.g. no on-site payments)
- ☐ Payment policy is flexible to make activities or programming accessible
- ☐ Refund policies in place, communicated and flexible (ex. Dependant upon illness)
- ☐ Ensure that all participants that are unwell or displaying symptoms **must** stay home

☐ This step complete

## Hygiene & Illness Protocols

Information regarding hygiene and illness protocols may be subject to change. This section is meant to not only provide resources for such protocols but ensure Members are prepared to make necessary updates as more information or best practices are established.

- ☐ Reviewed Federal Government hand hygiene guidelines [CLICK HERE](#)
- ☐ Process for participants to disclose symptoms or confirmed case of COVID-19
- ☐ HCSP responsible for initiating illness protocol during activity
- ☐ Ill participants must provide a Doctor's note prior returning to hockey activity



(Source: Hockey Canada Safety Guidelines - Sections 7-8)

## Emergency Action Plan – Emergency Safety Kit

It is important to include COVID – 19 protocols within every program or team Emergency Action Plan (EAP). It is valuable to provide coaches, managers and HCSP volunteers with resources to assist in the construction of each team's EAP. Your MHA 'Return to Hockey' plan should also include COVID – 19 specific resources within all team emergency safety kits to ensure that HCSP and team officials are prepared to deal with a health crisis. Hockey Canada's EAP resource [CLICK HERE](#)

### Enter Emergency Action Plans

# Member 'Return to Hockey' Plan (Template)

Below is viaSport's Return to Sport Activity Chart. 'Return to Hockey' plans should comply with these guidelines. Member plans should outline how it aligns with the activity chart for each phase. Particular attention should be paid to Phases 2 & 3 before any hockey programming begins. These plans may require updates as new resources are made available. Therefore, plans should be regularly reviewed and updated to reflect any changes.



## Return to Sport Activity Chart

### Phase 1

### Phase 2

### Phase 3

### Phase 4

	<b>Strictest Controls</b> Prior to May 19, 2020	<b>Transition Measures</b> Approx. May 19th to Sept	<b>Progressively Loosen</b> Future date TBC	<b>New Normal</b> Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom Screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (biking, running, etc).</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>Contact sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>Some shared equipment</li> <li>Enhanced cleaning protocols in place</li> </ul>	Shared equipment

Enter Plan Comments

# Return to Hockey Plan - Phase 2

Category	Transition Measures	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<input type="checkbox"/> Maintain physical distance (2 metres) <input type="checkbox"/> No non-essential travel <input type="checkbox"/> No groups over 50 people		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene <input type="checkbox"/> Symptom screening in place		
Facility	<input type="checkbox"/> Outdoor activities recommended <input type="checkbox"/> Indoor facilities slowly re-opening		
Participants	<input type="checkbox"/> Small groups <input type="checkbox"/> No or limited spectators		
Activities (Contact to non-contact)	<input type="checkbox"/> No contact should occur <input type="checkbox"/> Non-contact alternative training <input type="checkbox"/> Fundamental movement & training		
Competition	<input type="checkbox"/> In member activity <input type="checkbox"/> Modified non-contact game play		
Equipment and Surfaces (facility)	<input type="checkbox"/> Minimal shared equipment <input type="checkbox"/> Disinfect shared equipment and surfaces before, during and after activity		

Enter Phase 2 Plans

☐ This step complete



# Return to Hockey Plan - Phase 3

Category	Progressively Loosen	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<b>Refer to Public Health Authority</b> <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene <input type="checkbox"/> Symptom screening <input type="checkbox"/> Expansion of Training Activities		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Increased group sizes <input type="checkbox"/> Spectator limitations		
Activities (Contact to non-contact)	<input type="checkbox"/> Pair or small group contact skills		
Competition	<input type="checkbox"/> Inter-member game play <input type="checkbox"/> Regional / District game play considered		
Equipment and Surfaces (facility)	<input type="checkbox"/> Some shared equipment <input type="checkbox"/> Disinfect shared equipment and surfaces before, during and after activity		

Enter Phase 3 Plans

☐ This step complete

# Return to Hockey Plan - Phase 4

Category	New Normal	Compliance Plans	
		Member Overview	Facility Overview
Restrictions	<b>Refer to Public Health Authority</b> <input type="checkbox"/> Physical distancing <input type="checkbox"/> Travel Guidelines <input type="checkbox"/> Group size / gathering guidelines		
Enhanced Protocols	<input type="checkbox"/> Increased hand hygiene		
Facility	<input type="checkbox"/> Outdoor activities <input type="checkbox"/> Indoor activities		
Participants	<input type="checkbox"/> Large groups allowed <input type="checkbox"/> No restrictions for spectators		
Activities (Contact to non-contact)	<input type="checkbox"/> No restrictions		
Competition	<input type="checkbox"/> Provincial competitions <input type="checkbox"/> Large scale events		
Equipment and Surfaces (facility)	<input type="checkbox"/> Shared equipment		

Enter Phase 4 Plans

☐ This step complete

# Reporting and Compliance

## Prior to Season – Reporting and Compliance

- ☐ Communications Officer was established
- ☐ 'Return to Hockey' plan created and shared to all relevant parties
- ☐ Protocols have been established with all relevant facilities
- ☐ Orientation with parents / guardians, volunteers, officials and facilities has occurred
- ☐ Policies are in place regarding registration, refunds and other administrative processes

## Phase 2: Transition Measures – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (2 metres)
- ☐ Gathering and group sizes (No greater than 50)
- ☐ Travel (no non-essential travel / single member programming)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening

Programming has been delivered within guidelines regarding participants:

- ☐ Small group activities
- ☐ No spectators or limited spectators (within all previous guidelines)

Programming has been delivered under the following activity and competition protocols:

- ☐ Fundamental movement skills
- ☐ Modified training activities and drills
- ☐ No contact between participants during any activities
- ☐ Modified play introduced, if applicable (adhering to all other Phase 2 guidelines)
- ☐ Minimal shared equipment and procedure for disinfecting before, during and after activity

Enter notes on successes during Phase 2

Enter notes on challenges during Phase 2

## Phase 3: Progressively Loosen – Reporting and Compliance

Programming was or is being delivered within guidelines for the following restrictions:

- ☐ Physical Distancing (TBD)
- ☐ Gathering and group sizes (TBD)
- ☐ Travel (TBD)

Programming was or is being delivered within guidelines for the following enhanced protocols:

- ☐ Increased hygiene measures
- ☐ Symptom screening, if applicable

Programming has been delivered within guidelines regarding participants:

- ☐ Group sizes
- ☐ Spectator limitations

Programming has been delivered under the following activity and competition protocols:

- ☐ Expanding training activities
- ☐ Pair or small group contact skills
- ☐ Inter-member game play (adhering to all other Phase 3 guidelines)
- ☐ Inter-region / district game play (adhering to all other Phase 3 guidelines)

Enter notes on successes during Phase 3

Enter notes on challenges during Phase 3

## Phase 4: New Normal – Reporting and Compliance

Enter Comments regarding implementation of Phase 4