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| **RIGHTS** | **RESPONSIBILITIES** |
| To be treated fairly | To treat others fairly |
| To express my ideas and to be listened to. | To listen to others and consider the worthiness of their ideas. |
| To participate in the game as a unique person and athlete. | To do my best. |
| To have good coaching. | To co-operate with my coach. |
| To be safe. | To follow safety rules; and the responsibility not to endanger others. |
| To be treated with respect. | To treat others with respect including: teammates, opponents, coaches, and officials. |
| To have personal equipment safe and unharmed. | To leave other people’s equipment alone unless you have permission. |
| To share in making decisions for the team. | To act and think in a responsible manner and to allow others to have a share in decision making. |
| To participate and play. | To attend practices/ games; perform the best I can and be a constant learner. |
| To be a member of the team. | To be a reliable, trustworthy member. |
| To have good equipment. | To take care of equipment – mine/team. |
| Not to be embarrassed or insulted. | To not embarrass or insult others. |
| To experience the “Joy of Playing” | To make the best of my experience by trying hard and being positive. |

Adapted from *The Coaches’ Guide to Dealing with Parents and Problem Athletes.*